

STRONSAY LIMPET

Funded by the Stronsay Development Trust

ISSUE 246 - December 2025





TIMETABLES

Loganair - interisland timetable 26 October to 15 February 2026
Orkney Ferries—refit timetable 2026 4 Jan to 7 Mar 2026
Orkney Ferries - winter timetable 29 September 2025 to 2 May 2026
OIC - school holidays 2025-2026

DATES FOR YOUR DIARY 2025/2026

Santa's float	Sat 20 Dec
Waste collection (NOTE revised date)	Wed 24 Dec
11:30pm carol service in the kirk	Wed 24 Dec
Waste collection (NOTE revised date)	Wed 31 Dec
Hogmanay Dance	Wed 31 Dec
Orkney Ferries refit timetable starts	Sun 4 Jan 2026
Mobile library van visit	Mon 16 Feb 2026

COFFEE AT CLEAT 2025 - FINAL RESULT £1,570.39

At long last the final total for MacMillan Coffee at Cleat this year is £1,569.39 Many thanks to everyone who supported us in any way!

ORKNEY FERRIES = DRAFT TIMETABLES

Draft winter 2026-27 ferry timetables are now available online: **DRAFT** Inter Island Ferry Timetables – Winter 2026/27

GP & COMMUNITY NURSE ROSTER

The rosters for the island's GP & community nurse are regularly updated online at https://stronsaylimpet.co.uk/RosterGPandNurse.html

STRONSAY STITCHERS

None planned for January but watch the Stronsay Facebook page in case of any changes.

The next edition of the Limpet will be published on Sat 31 Jan 2026, the deadline is 7pm on that date. Contact details for the Limpet are on the back page of every edition.

OPENING/CLOSING DATES FOR CHRISTMAS AND HOGMANAY

	Surgery	Hotel	Olivebank	Ebenezer & Post Office	Fishmart cafe
Sun 21 Dec	Closed	Normal	Closed	?	10-2:30
Mon 22 Dec	Normal	5-10:30	9-5	?	8-2:30
Tue 23 Dec	Normal	5-10:30	9-5	?	Closed
Wed 24 Dec	Normal	5-12	9-5	?	Closed
Thu 25 Dec	Closed	12-5	Closed	?	Closed
Fri 26 Dec	Closed	12-12	Closed	?	Closed
Sat 27 Dec	Closed	5-12	10-1	?	10-2
Sun 28 Dec	Closed	12-10:30	Closed	?	10-2
Mon 29 Dec	Normal	5-10:30	9-5	?	10-7
Tue 30 Dec	Normal	5-10:30	9-5	?	10-5
Wed 31 Dec	Normal	5-10:30	9-5	?	Closed
Thu 1 Jan	Closed	12-10:30	Closed	?	Closed
Fri 2 Jan	Closed	5-12	Closed	?	4-7
Sat 3 Jan	Closed	5-12	11-1	?	8-6

NO FERRY THU/FRI 25/26 DEC AND THU/FRI 1/2 JAN

REFIT TIMETABLE STARTS SUN 4 JAN

OIC WASTE COLLECTION - REVISED DATES

Waste collection over the Xmas/Hogmanay period will be on Wed 24 Dec 2025 and Wed 31 Dec 2025 instead of Thu 25 Dec 2025 and Thu 1 Jan 2026.





Courtney Peace (McCheyne-Robb)





Where compassion meets adventure

Real Life Story: Courtney Peace (McCheyne-Robb) - Project Manager

For Courtney, joining NHS Orkney was about coming home. Originally from Stronsay, she had spent 10 years living in Grampian before deciding to return to Orkney. "I'd been working remotely for NHS Grampian from Orkney for two years, but I wanted to work for NHS Orkney because I'm invested in what happens here. The work feels more meaningful when you can see the positive impact on your own community."

Courtney joined NHS Orkney in June as a Clinical Governance Support Officer, stepping into a role that gave her new experiences and insights into a different side of the NHS. "I was involved in things I'd never done before and worked alongside a fantastic team."

Recently, she moved into her current role as Project Manager within the Improvement Hub team. "It's an exciting change, and I'm looking forward to getting settled in and contributing to projects that improve care for everyone."

Living in Orkney has been just as rewarding as working here: "I love the close-knit nature and sense of community. It's easy to form deep friendships, and there's a shared culture that makes it easy to connect with people. Plus, the island environment creates a healthy work-life balance - nature is right on your doorstep."

Courtney also enjoys learning about Orkney's history and heritage: "It's fascinating and always useful knowledge to have."

Her proudest moment? "Joining NHS Orkney. I finally felt right at home."

Discover more about careers with NHS Orkney and explore our opportunities: https://www.ohb.scot.nhs.uk/working-for-us/

GREETINGS

The Limpet's editor sends greetings to all readers and contributors, wishing them all a very happy Xmas and a peaceful New Year.

A big "thank you" to the posties & Post Office for delivering parcels & post; to the management & staff at Olivebank & Ebenezer for delivering groceries; to all involved in delivering courier items; and to all at Geramount surgery for your support over the last 12 months. This year I will be making donations to the St Martin-in-the-Fields Christmas appeal in lieu of greetings cards.

Bruce Fletcher (Claremont)

Merry Christmas and a Happy New year to all our friends on Stronsay and all our friends away. All the Best for 2026. Love and Best wishes from Jeannie, Gavin & Rebecca xxx

As I am now away until early January, I want to wish all my friends and foot clients a very happy Christmas and best wishes for 2026. I won't be sending cards this year so sending my good wishes via the Limpet instead. I'm equally happy not to receive cards too so it doesn't fill up my post box for the kind folk that are checking that for me. Thank you, Shirley x

Simone and David would like to wish everyone in Stronsay a good festive season and the best for 2026.

A big thank you from Simone to all you lovely customers who have supported Star Island Soap & Textiles throughout this year.

David and Ruth send our best wishes for a happy Christmas and New Year.

Flora & Butch wish their friends & neighbours in Stronsay "a happy Christmas & a prosperous New Year"

The Stronsay Development Trust wishes everyone a Merry Christmas and a Happy New year.

Sorry I haven't had time to send Christmas cards to many folk this year due to only just coming back from a holiday. The hopes and wishes are just the same, for all Stronsay folk, a very happy Xmas and all the best for 2026.

Dianne

We would like to wish my dear Mum and Dad, David and Ellie Harrison at Newfield a lovely Christmas. We may be miles away but thinking of you both. All our love and best wishes all the way from Blackpool, Amy, Peter, Freddie and Fezel xxxx

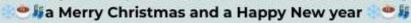
19th December 2025

Stronsay Development Trust

IEWSLETTER

♣ ★ The Stronsay Development Trust would like to wish everyone ♣ ★ ★







Thank You!*

Another month and another huge thank you!

This time, we'd like to thank Dianne Riley Moore, who stepped up as Treasurer in March this year. Dianne has now stepped down from the Board of Trustees and has been replaced by Andrew Fraser in the role of Treasurer.

Thank you, Dianne, for the many hours of voluntary time you dedicated to establishing the financial procedures that will help take the Trust forward.

Stronsay Development Trust is inviting applications for co-opted trustees to join our Board.

This is an opportunity to support the ongoing work of the Trust and contribute to projects that benefit the island and wider community.

We welcome interest from anyone who feels they can bring skills, experience, or enthusiasm to the role. Meetings are held regularly, and trustees work together to guide the Trust's activities and future direction.

> To apply, please send a short expression of interest by email to Office@StronsayDevelopmentTrust.com,

or drop a letter into the Trust postbox

& Festive Office Hours & **Christmas Period**

All Trust operations will be closed from 25th December to 4th January. Normal services will resume on 5th January.

To December Opening Hours

Office:

Monday: 9:00-12:00

Recycling Centre

Monday: 9:00-12:00 Wednesday: 9:00-12:00

Recycling & Transport

Community Transport

Every *Tuesday and Thursday

Bookings can be made to meet all boats (Nordic Sea, Varagen and the Earls) both morning and evening

Bookings can also be made to meet the morning and afternoon planes.

We are also available throughout the day Tuesday and Thursday for local use.

(Outwith these times, the local Taxi Company is available Contact Bayview Transport for details of the Taxi service)



Telephone transport bookings can be made by leaving a message with Neil on 07398 627742.

Bookings can also be made by emailing neil@stronsaydevelopmenttrust.com.

Single journeys are charged at £1.00 and return journeys £2.00.

Concessions are reduced to 50p per single journey. Under 22s ride for free in line with Young Scot.

Please do not leave booking requests on the office phone, as messages on that line are only checked during office hours and may lead to missed bookings.

Cardboard Logs M Boxes Now Available at Ebenezer Stores M and the Woods yard office M

Stronsay Development Trust is pleased to announce that along with Ebenezer stores, boxes of cardboard logs are now available to purchase from the Woods Yard office reception area out of office hours.

These environmentally friendly logs offer a convenient alternative fuel option for your home.

Each box is priced at £7.00

A QR code is displayed on the office door for electronic payments. Alternatively, cash can be left in the black post box inside the door.

(please include your name and amount paid)

If you would prefer to pay by Direct Debit, BACS or Invoice, please contact Vicki@StronsayDevelopmentTrust.com

Boxes can also be collected from the recycling centre during normal office hours.

Our cardboard shredding machine is amazing

But it can only take card.

Please do not leave any items other than cardboard in the recycling bins!

Do not leave juice cartons, milk cartons or polystyrene packaging as these cannot be processed.

We also ask that card be clean, dry, and free from plastic tape wherever possible.



Community Grants

Craft Club at Stronsay Junior High - Made Possible by the Development Trust

Thanks to the generous support of the Stronsay Development Trust, our after-school Craft Club at Stronsay Junior High is already off to a wonderfully creative start. So far, pupils have been busy exploring a wide range of hands-on activities that encourage creativity, patience and pride in making things themselves. Using pipe cleaners, they have created bracelets, festive decorations and flowers, developing fine motor skills while experimenting with colour and design. We've also used paper and card to make mini books, giving pupils the chance to plan, fold, bind and personalise their own creations from start to finish.

More recently, Craft Club has taken on a slightly sparkly feel, with pupils creating pictures using sequins and penguins made from mini pom-poms - activities that have sparked lots of conversation, collaboration and laughter alongside careful concentration. Our next session will focus on Christmas cards, introducing die-cutting and folding techniques so pupils can produce high-quality cards to give to family and friends.

The most exciting part is that this is just the beginning. Over the coming weeks and months, the funding from the Development Trust will allow us to introduce pupils to new and more specialised crafts, including mini pottery and glass fusing, as well as macrame needlework and other traditional and modern techniques. These experiences are rarely accessible to children on a small island, and they offer valuable opportunities to build confidence, resilience and practical skills in a calm, social setting.

We are incredibly grateful to the Stronsay Development Trust for investing in this project. Their support is already making a real difference, providing pupils with creative opportunities that enrich school life and strengthen the connection between the school and the wider community.









An update and thank you from the Stronsay School after a grant of £1,400 was awarded to support the Lego

LEGO at Stronsay Junior High - Building Creativity and Learning

Thanks to funding from the Stronsay Development Trust, pupils at Stronsay Junior High have been enjoying new LEGO resources that are already having a positive impact on learning and play

To begin with, pupils have been working collaboratively on a range of Christmas-themed LEGO sets. These have proved hugely popular, encouraging teamwork, problem-solving and perseverance as pupils followed instructions, supported one another and celebrated their finished models together. Alongside this, we invested in large mixed boxes of LEGO bricks, giving pupils the freedom to design and build winter-themed landscapes of their own. These openended sessions sparked imagination and rich discussion, with pupils planning their ideas, adapting as they built, and proudly explaining their creations to others

While the LEGO resources are used most frequently with upper primary pupils, younger learners have also benefited. In lower primary, pupils used the mixed bricks to design and build lighthouses as part of their learning about electricity, incorporating simple circuits to create working lights. This hands-on approach helped pupils make meaningful connections between design, construction and scientific understanding, while keeping learning engaging and memorable. Looking ahead, these mixed LEGO sets will continue to be used across the school to support learning in a wide range of contexts. The flexibility of LEGO means pupils can use it to represent ideas, places and stories linked to whatever direction their class topics take - from landscapes and settlements to scientific processes, narratives and problem-solving challenges. This approach allows pupils to experience the full benefits of LEGO, combining creativity with communication, collaboration and critical thinking.

We are very grateful to the Stronsay Development Trust for making this possible. Their support has enabled us to provide high-quality resources that enrich learning, support wellbeing, and offer pupils engaging ways to explore and express their understanding across the curriculum





The Community Grants Scheme is designed to support the local community, its aim is to empower individuals, groups, and organisations to carry out projects that benefit the island's development, sustainability, and well-being

£16,299.38

has been granted to the community from the Stronsay Development Trust scheme

For more details, visit the Stronsay Development Trust Padlet page where you can scan the QR code or download a copy of the application form alternatively, email Vickie Stronsay Development Trust.com / call the office on 01857 616410

All applications will be treated in confidence - details of grants awarded will only be advertised with the recipients' permission



Membership

Why Join

- Shape community decisions
- Have your say on projects
- · Help unlock funding

Members

We have over 25% of the eligible population already signed up as members.

Your Voice, Your Community, Your Trust.

Did you know ..
the more people who
join our Development
Trust, the stronger our
case is when applying
for funding?

Funders want to see that our community is united and represented.

How to Join

Ready to apply? Joining is free and easy!

Find the application form using one of the options below:

Scan the QR code

Email: <u>Vicki@</u> StronsavDevelopmentTrust.com

Contact the office on 01857 616410

Associate

Don't live here permanently but have an interest in how the Island is shaped?

No Problem, become and associate member

Associate Member



Full Membership



Opening Hours (from January 2026)

Office: Monday 9:00-12:00

Recycling: Access available during office hours.

Transport: Tuesdays and Thursdays (See advert above for details)

Emai

Development: Shani@StronsayDevelopmentTrust.com

Finance: Vicki@StronsayDevelopmentTrust.com

Community Grants: Vicki@StronsayDevelopmentTrust.com

Transport: Neil@StronsayDevelopmentTrust.com Recycling: Neil@StronsayDevelopmentTrust.com Bike Hire: Neil@StronsayDevelopmentTrust.com

General: Office@StronsayDevelopmentTrust.com Chair: Molly@StronsayDevelopmentTrust.com

Address

Stronsay Development Trust Unit 1 Woods Yard

Stronsay KW17 2AR

Office:

01857 616410, 07904 578120

Transport, Recycling & Bike Hire:

& Bike Hire; 07398 627742

Stay Up to Date with the Stronsay Development Trust!

The Stronsay Development Trust monthly newsletters can be found on our Padlet page — just search Padlet

Stronsay Development Trust or follow the link at the top of our Facebook page.

For more information, please contact the office on 07904 578120 or email

office@StronsayDevelopmentTrust.com



Jennifer's book

Ruffling a Few Feathers

Now available to purchase on Amazon.co.uk (and Amazon.com)

Paperback, ebook, Kindle Select

Search: Books/Kindle: Ruffling a Few Feathers, Jennifer Graham

Thank you to all who attended the book launch, making it such a special event.

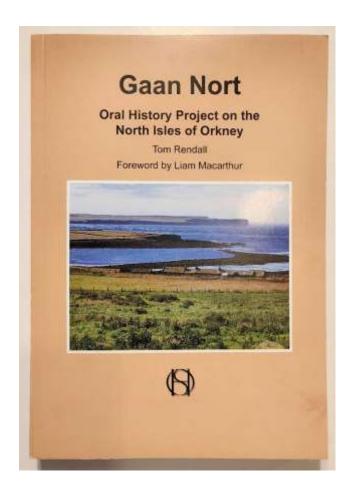
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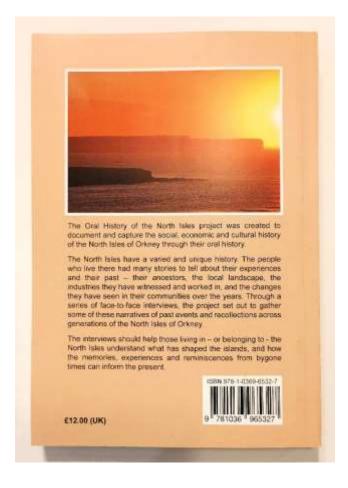
By Tom Rendall

This is a new book just out and is the end result of the project on the oral history of the North Isles.

A number of Stronsay folk participated in this project and extracts from all their interviews are included in the book.

Priced at £12 this would make a great Christmas present, or buy one for ourself! There are still a few copies available locally – message me on Facebook, email me at ian.cooper56@gmail.com, phone 01857 616322 or call along Steenysheed for a copy. (Before 21st December or after 7th January please)





STRONSAY COMMUNITY COUNCIL

Chair: Louise McQuaid Vice Chair: Damian Stout

SCRAP CAR SCHEME

Stronsay Community Council is pleased to announce the reopening of the Scrap Car Scheme for a further five vehicles.

The scheme will be administered by the Community Council and will remain open until five vehicles have been registered for removal. The vehicle owner will be responsible for arranging for the vehicle's disposal.

The haulage cost from Stronsay to Kirkwall will be met by Stronsay Community Council.

If you wish to dispose of a scrap car please:-

Request a Verification Form from the Island Link Officer – tel: 616446 email: stronsaycc@gmail.com or by writing to the address below;

Complete the Verification Form and liaise with the haulier for the vehicle's delivery to Kirkwall;

The completed Verification Form must be presented to the scrap yard at the time of vehicle delivery, along with all necessary documentation, (the vehicle's V5 document) to meet the DVLA and dismantler requirements.

A Verification Form will be required for <u>each separate delivery of a car</u> to the scrap yard.

Should you require any further information please do not hesitate to get in touch.

Colin McAlpine Stronsay Island Link Officer,

Tel: 616446

Email: stronsaycc@gmail.com

27 October 2025

STRONSAY COMMUNITY COUNCIL

As from 27 October 2025, the following have been confirmed as members of Stronsay Community Council: -

Maya BAR-TOR Bennicuml, Stronsay, KW17 2AJ

email; mayabartor@gmail.com

Shane HOURSTON Housebay Cottage, Stronsay, KW17 2AJ

tel: 07593965600

email: s.hourston@yahoo.co.uk

Louise McQUAID Bayview, Stronsay, KW17 2AR

Chair tel: 616376

email: louisemcquaidcc@gmail.com

James SEATON Thorfinn, Stronsay, KW17 2AS

tel: 07470111871

email: safehandsno_1@hotmail.com

Damian STOUT Linksness, Stronsay, KW17 2AT

Vice Chair tel: 616258

email: damienstout@btinternet.com

The role of a Community Councillor is to ensure that they work for the best interests of the whole community and remain representative of, and accountable to, the represented community.

If you have a community related issue that you wish to bring to the attention of the Community Council, please contact any of the above members, or the Clerk, tel: 616446 email: stronsaycc@gmail.com

Colin McAlpine
Island Link Officer/Clerk
27 October 2025

EMERGENCY NUMBERS

On the back page of every edition of the Limpet there is a list of useful telephone numbers including the emergency numbers for reporting problems with water or electricity.

STRONSAY COMMUNITY COUNCIL

There are currently two vacancies on Stronsay Community Council. Any individual aged 16 and over may stand for election for the Community Council representing their home address, providing they are on the Electoral Register.

This is a great opportunity to make a difference to the community you live and work in, to help distribute Council funding locally, and to shape the way that Council services are provided.

To discuss further, please contact the Democratic Services Team, Orkney Islands Council on 01856 873535 extension 2264 or email communitycouncils@orkney.gov.uk A public meeting will be held to fill the vacancy at a date to be confirmed.

ROAD SAFETY ON STRONSAY!

As the daylight hours shorten would pedestrians please avoid wearing dark clothing and opt for high visibility or brightly coloured clothing And, regardless of the time of day, would drivers please go slow & wide when passing pedestrians because the verges are not suitable to be stood upon as they have been dug up for fibre and/or trampled by livestock.

STRONSAY AND THE GREAT SCOTTISH TAPESTRY

The Great Scottish Tapestry spent two weeks on Stronsay in 2013. At the time the Stronsay Stitchers described the event in an article in the Stronsay Limpet. To read the article and see the many accompanying photographs of local folk putting in a few stitches go to page 6 of the March 2013 edition of the Limpet: https://stronsaylimpet.co.uk/ISSUE93Mar2013.pdf.

STAY UP TO DATE

WITH THE STRONSAY DEVELOPMENT TRUST!

The Stronsay Development Trust now produces a **monthly newsletter** to keep everyone informed about our projects, events, and community news.

A copy of the newsletter will be sent out from **The Limpet** at the end of each month. You can also **download a copy** from the **Stronsay Development Trust Padlet page** (search *Padlet Stronsay Development Trust* or follow the link at the top of our Facebook page).

If you'd prefer a printed or emailed copy, please **contact the office** on **01857 616410** or email **Stephanie StronsayDevelopmentTrust.com**.



STRONSAY COMMUNITY ASSOCIATION

https://www.vaorkney.org.uk/directory/stronsay-community-association

Why not hire the Stronsay Community hall? We have a kitchen and fully licensed bar, with two large halls and a small meeting room; perfect for weddings, parties, games, meetings and much more!

- Disco equipment
- Table tennis
- Badminton
- Air hockey
- Pool Table

For more information & bookings contact Anne-Maree Carter email

annemaree.carter@btinternet.com

Rooms for hire from only £2 per hour plus hydro charge. Adult supervision (over 18) must be present during hire.

STRONSAY MEN'S SHED – NEW MEMBERS WELCOME!



The Stronsay Men's Shed meets every Saturday at 10.30am in the Mission Hall, Lower Whitehall. We're a small but lively group who enjoy getting together to share a cuppa, swap stories, play games, and work on small projects – with plenty of tea, biscuits and bacon rolls to keep us going!

The Men's Shed movement began in Australia and is now thriving across Scotland. It's all about creating a welcoming place where men can come together, enjoy companionship, learn new skills, and support each other. As the Scottish Men's Sheds Association say:

"Sheds are for all men – a place to be yourself, to learn, to share, to laugh, and to belong."

Stronsay Men's Shed has its own aims and purpose, shaped by members, with a small informal committee to help things run smoothly. We're not about red tape – we're about friendship, community, and having a space where men of all ages (18+) and backgrounds can meet.

Recent projects have included making a puppet theatre for the school children, which was a great success, and we're now working to improve the Mission Hall with plans for a workshop, kitchen and more activity spaces.

We welcome donations to help keep things going, but most of all we welcome **new members**. Whether you fancy lending a hand with a project, just want to enjoy some company, or have ideas for how the Shed could grow, you'll be warmly welcomed.

So why not pop along one Saturday and see what it's all about? You'll find friend-ship, fun, and a good brew waiting for you!

Contact Roger Neville-Smith 07773 889 334

https://www.facebook.com/profile.php?id=61558772842680





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Records of a Bygone Age Stronsay's Side Schools Part 7 – A school in the North

Although the South School was the longest lasting and busiest of Stronsay's side schools, the other schools in the North End, Rothiesholm and, to a lesser extent, Papa Stronsay also played a significant part in local education for many years.

I've always had an active interest in the North School and Schoolhouse as it was bought by my uncle and aunt Dave and Nan Fotheringhame after it was closed as a school. When they moved away my parents bought it for use as a farm cottage, also making use of the old school building as an implement shed and general store.

To better understand its history and original purpose we need to go back to the introduction of the 1872 Education (Scotland) Act which enshrined in law compulsory education for every child in Scotland between the ages of 5 and 13. This Act stated that "There shall be provided for every parish and burgh a sufficient amount of accommodation in public schools available for all persons resident in such parish and burgh for whose education efficient and suitable provision is not otherwise made..." and was the catalyst for a huge leap in the provision of education in Stronsay.

This Act was to be overseen by the Scotch Education department in London and a vital component of its implementation was the formation of elected School Boards in every burgh and parish, Boards who were charged to "maintain and keep efficient every school under their management, and shall from time to time provide such additional school accommodation as they shall judge necessary."

With the Act gaining Royal Assent in August 1872, the formation of around 1,000 School Boards in Scotland moved rapidly forward and, with Stronsay and Eday linked together to form a joint School Board, elections were soon held there.

Those successful in the first election were Colonel David Balfour of Balfour, Rev Joseph Caskey of Stronsay, Rev James Ingram of Eday, Mr Adam Horne of Eday and Mr Thomas Scott of Stronsay and they moved to their first meeting on 25th March 1873.

At this meeting, noting that "in performing their duties under this Act, it shall be lawful for any school board to acquire by purchase or otherwise sites for schools, teachers houses and gardens, and to enter into contracts for the erection of schools and teachers houses thereon..." it was resolved to proceed immediately with the erection of two Female Infant Schools, complete with schoolhouses, one in the north end of the island and one in the south. There were about 10 school age children in the area of the Rothiesholm peninsula and, as these scholars would be some distance from the existing school in the centre of the island and either of the proposed new schools it was agreed to correspond with the Education Department as to how these children could best be educated.

By the end of October 1873 grant applications for funding the new schools had been submitted to the Scotch Education Department and had been agreed by them. Sites for the new schools had also been agreed, the 'South' school at the junction of the Housebay and Everby roads and the 'North' school at the junction of the Whitehall road with the main road near Clestrain. Both sites were owned by Colonel Balfour and I've been able to have a look at the original title deed for the land at the North School, written in beautiful copperplate script but with no punctuation whatsoever which does make it a little difficult to read. It begins:

"I David Balfour of Balfour and Trenabie Heritable Proprietor of the subjects hereinafter disponed in consideration of the Feu Duty hereinafter stipulated to be paid to me do hereby under authority of an Act passed in the Fifth year of the reign of Her Majesty Queen Victoria entitled "An Act to afford further facilities for the conveyance and endowment of sites for schools" The Education (Scotland)act 1872 And all other Acts powers and authorities enabling me herein Sell alienate and in feu-farm dispone from me my heirs and successors to and in favour of the School Board of the Parishes of Stronsay and Eday in Trust for the purposes of the said Acts and to be applied as a site for a Public School within the meaning of the said Education (Scotland) Act 1872 in the Parish of Stronsay for a playground for the Scholars and for a residence for the Teacher or Teachers in the said school and for no other purpose whatever"



The beautifully written first page of the original feu agreement between Colonel Balfour and the School Board

It then goes on to give the area and location of the site and, with no GPS available, describes the site at the North School as "bounded on the South by the public road leading from Clestrain to the Pier at Whitehall Stronsay and on the North and West by lands belonging to me the said David Balfour" Interestingly, in what must have been an early 'cut and paste' type error, the document states that the site is bounded "on the East by the public road leading from the North end of Stronsay to and forming a Junction with the Public Road leading from Housebay to Odiness and Kirbuster", with this description undoubtedly referring to the feu grantd for the South School, not the North!

The date of entry was given as Martinmas 1874, with the feu duty for the site, set at ten shillings and sixpence (52½p), to be paid to David Balfour or his heirs and successors at Martinmas 1875 and annually thereafter. Martinmas, one of the 4 Scottish quarter days or 'term days' fell on November 11th (later 28th November) and was the date on which most farm and property lets and employment contracts began and ended. The deed, dated 6th October 1875, was signed by David Balfour and witnessed by his factor Marcus Calder and his butler Alexander Robertson but it was March the following year before the deed was finally registered in Edinburgh.

Tenders for building both North and South Schools and attached Schoolhouses were submitted in April 1875, with the South School tender being accepted and moving rapidly ahead, opening its doors in October 1876. The tender for the North School, however, failed to find favour with the School Board and was put on hold. The project was again put out to tender in October 1876 but this time attracted no interest. It was advertised once again in March 1877, this time attracting a tender for £641 from Robert Fea of Kirkwall and one for £545 from James Chalmers from Sandybank. This lower tender found favour with the School Board, with the caveat that he should be bound and obliged to have the works completed by 31st December that year. The construction of this new school also attracted grant funding of £492 from the Scotch Education Board.

Sadly there is no record of another Board meeting until October 1878 by which time the North School was in full use, with certificated teacher Mrs Margaret Tolmie in post from September 1878, staying in the Schoolhouse with her two daughters, and receiving a salary of £40 which was increased to £45 eighteen months later. Although the contractor was bound to have the school finished by the last day of 1877 it seems fairly certain that it would have first opened its doors, with Mrs Tolmie in charge, in September 1878.

At this same meeting it was resolved that, as there was now sufficient school accommodation for all pupils on the island, the 'compulsory' clause of the 1872 act could finally be brought into operation on the island, this clause legally obliging every parent or guardian to send their child to school from the age of 5 until the age of 13.

There is no indication of how many pupils were enrolled when the school first opened but a school report in the Orkney and Shetland Telegraph of 9th September 1884 lists an average attendance of 32 so, as it states that attendance was extremely irregular, it would be safe to assume the number actually on the roll would have been quite a bit higher than this. The school had also qualified for a grant from the Scotch Education Department, this discretionary grant being based on performance and attendance levels.

Stronsay North Female Public School.—The attendance has been extremely irregular. Results fair. The children are still wanting in drill and activity. Order and sewing good. Average attendance 32. Grant earned, £21 8s.

The awarding of this grant wasn't guaranteed and, as reported in the Orkney Herald of 4th September 1889, was in danger of being withheld if it was felt a school was performing very poorly.

Stronsay North School.—There appears to be on the whole a slight improvement in the condition of this school since last inspection, although the result of examination is still considerably below average. Throughout the year the attendance has been most irregular, and an epidemic of whooping-cough lasting for three months made it particularly so. In the circumstances good results could hardly be looked for. The weakest points in the standard work are reading, which, like repetition, is "jerky" and monotonous, little or no attention being given to the colloquial grouping of words, penmanship, figuring, and sum setting. To improve these defects good specimens should be put before the pupils. Composition, spelling, knowledge of meaning, and occasionally arithmetic are of fair quality. Had it not been for the extremely irregular attendance caused by the epidemic, the grant could not have been recommended for English, on account of the lack of any intelligent knowledge of grammar, nor for history and geography, both of which were barely known. Payment of Grant under article 19 B (1) A is allowed with great hesitation. Writing, spelling, and arithmetic require the utmost attention. The pupils still speak low and in most indistinct tones. Grant, £19 7s.

By February 1891 the roll had increased to 46, rising to 56 a year later, this out of a total roll for all the Stronsay schools of 207. By 1897 the roll at the North School had fallen to 34, with a further fall in numbers to 24 by 1904.

The North School catered for all the children north of that school and also a number of the children from Whitehall Village and Papa Stronsay, although some of those preferred to attended the Central School which was only a little further away from the village.

In 1896 the joint School Board for Eday and Stronsay was disbanded, with each island now being granted their own Board. One of this new Board's first tasks in December of that year was to deal with a request submitted to the Board for the use of the North School for 'a social meeting' around the New Year. This was unanimously granted on the condition that no spirituous liquors should be used and that any damage would be the responsibility of those using the school.

Rev Brownlie, who had arrived late at the meeting and missed this item, noted his dissent to the decision and intimated that he was going to bring a resolution to the next meeting in the following terms: 'Forasmuch as it has come to the knowledge of members of this Board that in the past the schools have occasionally been used by parties for the purpose of dancing either with or without the consent of the Board, it is hereby received that this Board shall not henceforth grant the use of any school under their control for the purpose of dancing, and that the schoolmaster and schoolmistresses be informed of this resolution and that they be requested to prevent dancing within the schools as far as lies within their power.' Sadly there is no indication as to whether Rev Brownlie's resolution to ban dancing in school buildings found favour with the rest of the Board.

The North School was closed for 6 weeks from early December 1896 until mid-January 1897 due to an outbreak of whooping cough but there was better news for the pupils when all were given a day's holiday on 2nd April 1897 in honour of Rev Joseph Caskey's Golden Jubilee as minister to the Established Church in Stronsay. The pupil's good fortune continued with another day's holiday granted on 22nd June to celebrate Queen Victoria's Golden Jubilee.

In 1897, obviously feeling her talents weren't receiving the financial recognition they deserved, Mrs Tolmie submitted a request to the school Board for an increase in her salary from £47 to £65 but this was refused. Her salary was increased to £60 in 1901 though, to bring it in line with that being paid to the teacher at the South School.

When the school and schoolhouse were built no enclosing wall had been constructed but this was to be rectified when. in February 1899, tenders were sought for the erection of a wall around the playground, with the strict specification that it should be 4ft (1.2m) high with a cope set in lime mortar. The scarcement was stipulated to be at least 3 inches (75mm) thick, with the wall width to be 2feet (600mm) at the bottom and 1ft 2 inches (350mm) at the top, with pillars corresponding in style to the wall and finished with cement. The lowest tender received was from Peter Shearer of Schoolbrae, whose offer of 4/8d (23p) per fathom was accepted by the School Board. It was agreed at the same time that sufficient lime should be purchased from a cargo of lime due imminently to enable the dyke to be pointed with lime, and that the school and schoolhouse should also be lime pointed. These weren't the only improvements authorised by the School board around that time as it was also agreed that the kitchen and bedroom of the school-house should be painted and a new set of wall maps and a set of weights and measures for the school should also be purchased, along with a new coal scuttle.

(concluded on next page)



The North School and Schoolhouse as it is today. This has probably seen little outward change since the wall was built around the property in 1899, other than the addition of the little flat roofed extension.

In February 1905 it was noted that Miss Calder had resigned as teacher at the South School and the School Board agreed that Mrs Tolmie, who had been teacher at the North School since it opened in 1878, should be appointed in her place at a salary of £70 and a new teacher sought for the North School. It seems this didn't find favour with Mrs Tolmie, who preferred to stay in her current post, and the post at the South School was advertised soon after, but at a salary of £80. Mrs Tolmie's salary was increased by £5 the following year.

In February 1908, in what was a great shock for the whole island, Margaret Tolmie, who had been sole teacher at the North School since it first opened its doors in September 1878, died very suddenly at the age of just 61. She had taught more than a generation of North End bairns and the HMI reports for her school were usually very good, praising her teaching.

The School Board was quick to pay tribute to Mrs Tolmie, noting that 'Mrs Tolmie's name was a household word in this Parish. She had been Mistress of the North Public School nearly 30 years, during these years she had been a steady, persevering and faithful teacher of the scholars under her charge. Naturally of a bright and cheerful temperament she was ever kindly and considerate in her dealings with the children. After many years of hard and laborious service the Board would have desired to see her enjoy a period of leisure which had been honourably earned.'

Part 8 will be in next month's Limpet. Ian Cooper December 2025

Stephen Clackson's Letter from School Place

Championing the communities of Orkney's North Isles.

The agenda of the Policy & Resources Committee (P&R) meeting was so huge (see photograph below of me holding the papers) that we could not complete all the items at a single sitting, and some had to be deferred and taken at the following General Meeting (see below).

At the P&R meeting I tried to get the item on the North Isles linkspan system upgrade discussed in public, but the legal opinion was that, as the exempt information (e.g. procurement details) would still have to be excluded from the public forum, informed and substantive discussions would be hampered. I had to accept that argument but requested a press release on our decision be issued afterwards, which it was—see page 2 of the 27th November edition of *The Orcadian*. The dilapidated control cabins (which I drew attention to back in February—see Issue 145) are going to be replaced by something much better; modern control systems will be installed, and key hydraulic components are to be renewed. The work is due to commence early next year with completion by the autumn. I am pleased that my call for us to be focussing on improving the critical infrastructure on which our lifeline inter-island ferry services depend (as reported on the front page of the *The Orcadian* 30th October) is now being heeded and acted upon.

In the item entitled "Council Climate Change Study", I asked about whether any calculation is being made of the indirect greenhouse gas emissions caused by the Council's use of the Internet and e-mail traffic. I was told that this is currently not required by Public Bodies Climate Change Duties Reporting (PBCCDR). I believe this is a serious omission, as the assumption is otherwise made that the Internet has no impact on the climate, yet the datacentres it relies upon are major consumers of energy, exceeding that of many small countries.

The last General Meeting of the full council of 2025 incorporated the 13 items left over from P&R (see above) plus an additional item on public service reform, which meant it went on for considerably longer than is customary. In the Chief Social Work Officer Annual Report 2024/25 the contribution that older people make to our society was rightly acknowledged: "People over 65 years of age support our community in many ways—acting as unpaid carers, child minders, and volunteers, amongst many other roles. Their contribution, as wise, experienced, stable, citizens, to the communities and the society, is considerable, providing continuity and stability in our social fabric". One of those "many other roles" is, of course, being Orkney Islands councillors, of which a little over one-third fall into that category, and next year that will rise to nearer one half.

Other meetings I have participated in this month include: confidential members' briefings; a meeting of the Orkney & Shetland Valuation Joint Board; a meeting of the Sport & Leisure Member/Officer Working Group on outdoor education; a budget-setting challenge seminar; and an Orkney Health & Care briefing. The penultimate meeting I attended before we broke up for Christmas was of the House Working Group, at which one topic was the Council's revised flag-flying policy, which I had successfully got "referred back" at the General Meeting.

In the Isles, I went along to a meeting of Westray Parent Council, flew to North Ronaldsay for the shortest meeting of their community council I have ever attended (we finished before 9 p.m.!), and went back home for the lighting of Sanday's Christmas tree.

If you have ever built, or are building, a house in Orkney, Robert Askey would welcome hearing about your experiences for a book he is writing on the subject. He can be contacted at: robert_askey@hotmail.com

At the end of 1938, German painter and printmaker Otto Pankok (1893-1966), whose artworks were declared "degenerate" by the Nazis, sent his friends the New Year's greeting "1939 ist mit Vorsicht zu betreten" ("1939 should be approached with caution"). I have much the same feeling about 2026!

We must resolve to find Pandora's Box and release Hope (Ελπίς).

Cllr Dr Stephen Clackson

Member for the North Isles Ward, Depute Convener Orkney & Shetland VJB

West Manse, Sanday stephen.clackson@orkney.gov.uk

Letter from School Place is also available on-line at clackson.info





GERAMOUNT SURGERY

Changes to Surgery opening hours!

Just a quick update on Surgery reception opening hours.

These changes will be taking effect starting on 15th September

Appointments are to be booked during these times.

Stronsay Surgery - Tel 01857 616321			
	Morning		
Monday	9:00am - 13:00		
Tuesday	9:00am - 13:00		
Wednesday	9:00am - 13:00		
Thursday	9:00am - 13:00		
Friday	9:00am - 13:00		

TO URGENTLY CONTACT THE DOCTOR OUTWITH RECEPTION TIMES,

PLEASE CALL THE BALFOUR HOSPITAL ON

01856 888 000

AND THEY WILL CONTACT THE DOCTOR FOR YOU.

EMERGENCY NUMBERS

On the back page of every edition of the Limpet there is a list of useful telephone numbers including the emergency numbers for reporting problems with water or electricity.

Analogue to Digital Conversion of the UK Telephony Network by January 2027 Overview

By January 2027, all residents and businesses in the UK connected to the Public Switched Telephony Network (PSTN) managed by BT Group via Openreach will need to adapt their use of landlines. This change marks a significant transition from analogue to digital lines, as the existing telephone exchanges, many of which rely on outdated equipment from the 1980s, will be decommissioned.

Key Changes

- **Digital Transition**: Users will need to connect their landlines through a router, similar to how broadband services are used today.
- **Provider Impact**: Not all telephone service providers are affected. Companies like SKY and TalkTalk operate their own equipment and may not be part of this transition. However, some customers using these services might still be on lines originally from BT, so checking with providers is essential.

Special Services: If you rely on devices like intruder alarms or telecare systems, it's crucial to consult your device provider to ensure compatibility with the new setup.

Importance of the Change

• **Router Requirement**: If you don't already have a compatible router, one will be provided by your supplier. The switchover date will be communicated by your telephone company, and on that day, traditional sockets will cease to function.

Potential Service Disruption: Failing to adapt to the new system could result in losing access to your telephone service.

Notification Process

Individual Timelines: The switchover will occur at different times for different users. While the infrastructure has largely been upgraded, notifications will be sent individually by each telephony provider, potentially at varying times until the January 2027 deadline.

What You Can Do Now

• **Device Audit**: Evaluate all devices connected to your telephone sockets and verify with suppliers if they will function through a router.

Business Considerations: Businesses should similarly assess their equipment to ensure compatibility with the new digital setup.

Be Cautious

Beware of potential scams targeting vulnerable individuals. If you receive any communication requesting payment or claiming urgent action is needed, verify its authenticity by contacting your telephone company directly using the number provided on your bill.

Additional Resources

For more information about the transition, visit:

Openreach All-IP Programme

Ofcom's Guide on Upgrading Landlines to Digital

This change represents a significant evolution in telephony services, aiming to enhance efficiency and reliability across the UK.

The Digital Phone Switchover



What you need to know

What is the digital phone switchover?

The UK's telephone network is changing. Between now and January 2027 most telephone providers will be moving their customers from old analogue landlines over to new upgraded landline services using digital technology. This means services that rely on the old landline system such as home phones, telecare and health devices will need to be compatible.



The good news is – your landline isn't going anywhere and for most consumers and businesses, this change will be straightforward. In fact, many customers are already making the switch when they upgrade to fibre broadband.

Your telecoms provider (for example, Vodafone or BT) should contact you before the switchover to check in and discuss what you need to do to make sure any reliant services you may have aren't affected. However, we're encouraging everyone to know what to expect. The change may be as simple as plugging your phone into a broadband router rather than the phone socket on the wall, or you may be given a new router to do this.

Please note that your provider will move you to a digital service before January 2027. If you care for a vulnerable person, please keep an eye out for correspondence notifying of a switch over date.



If you have any concerns or questions, please contact your telecoms provider directly.



Do you or someone you know depend on their landline and/or use a telecare device connected to a phone line?

If yes, then please contact the Telecare Team at Orkney Islands Council.

Tel: 01856 873 535. Extension 2635

The Digital Phone Switchover



What you need to know

Other Devices

If you have other devices connected to your phone line that you may have purchased, such as alarm systems, you might need to upgrade your device to make sure it is compatible.

If you are unsure about how a device in your home or business might be affected, it is recommended you contact the equipment supplier or device manufacturer to find out whether it will remain functional on a digital phone line.

People who use health monitoring or telecare devices should check if the switchover will affect how they work.

Key Points To Remember

If you have any queries or have no means of making emergency calls you need to contact your communications provider.

If you have a telecare alarm please contact the telecare team at Orkney Islands Council: 01856 873 535 Extension: 2635

Check with the appropriate equipment manufacturers if you have any other devices supported by your existing telephone line (such as intruder alarms) to check it will work digitally.

Most telecare alarm providers will have upgrade plans, if your phone line has or is due to be upgraded by your communication provider let them know.

In a Power Outage

Digital landlines cannot carry an electrical power connection, so in the event of a power cut they will not work. If you have a mobile phone this can still be used, but if you've no other means of calling the emergency services your telecoms provider will offer a solution to allow calls to be made to emergency services.

You should tell your telecoms provider now if you have no other way of making emergency calls.

Scams

There have been incidents reported of scammers contacting vulnerable users in relation to digital migration.

Communication providers or telecare services will never call you to ask for money.

Contact is usually by letter and charges are only applied to normal invoices. If you are in any doubt as to the authenticity of a caller, just hang up and call your

communications or telecare provider to report the incident, using a trusted phone number, such as the one on the bill.



VAN AVAILABLE FOR CHARITY WORK

The Pomona Prefect logo peedie red van is available for charity work on the island if anyone needs a man and a van and wants to help the island reach the target. Saturdays service and cost for this is suggested as £10 per hour min donation for half hour units. All to the Stronsay Defib fund. No live animals, persons transported or dirty, sloppy stuff carried. Limited load and not a taxi service. This is a temporary thing to raise money and not a challenge to any services on the island. Call Mick for all taxi work and Sinclair Haulage for freight!

Also, if anyone needs their car karcher jet washed and vaccuming and then can do at Ellerslie as you pass for a donation to same Defib Fund. Cost is £10 per basic body wash and wheels rinsed and boot/inside vacced. Limited to cars. No monster trucks, panel vans, lorries or camper vans sorry.

This charity service will be hopefully available until there are enough defib machines in position with the people trained to cover us all 24/7. Availability is limited to Saturdays.

Any questions and to book give me a call.

Nicandro J. Porcelli, Ellerslie. Telephone or text to - 07732 276046

ISLAND LINK OFFICE

Commencing Wednesday 19th February 2025 the Stronsay Island Link Office, located in the Fish Mart, will be open every Wednesday between 10am and noon.

A range of services are available, including the collection of black bin bags, photocopying at 10p a copy, collect a form for Stronsay Community Council financial assistance, or a form for the scrap car scheme (still open for applications), raise issues or concerns that Stronsay Community Council may be able to address and even contact officers at OIC.

I look forward to seeing you, but if you are not able to call into the office I can be telephoned on 616446 or by email to stronsaycc@gmail.com

Colin McAlpine Stronsay Island Link Officer/Clerk 12 February 2025

If you see something in the Limpet that is inaccurate or no longer valid please drop a line to "*The Editor, Claremont KW17 2AR*" or email editor@stronsaylimpet.co.uk

"IMPROVING THE CANCER JOURNEY" (ICJ) SERVICE NHS ORKNEY

If you or someone you know has been affected by cancer, *Improving the Cancer Journey* is here to help. *Improving the Cancer Journey*, in partnership with Macmillan, is a dedicated service to support anyone affected by cancer with their non-clinical needs. This could be the person with the cancer diagnosis, or it could be someone affected by that diagnosis, such as family or carers.

When someone is diagnosed with cancer, they often describe feeling like they're in a maze. It can be difficult to know what services are out there and where to access them. The *Improving the Cancer Journey* service is here to support with this, and help people to access the services that can support with their non-clinical concerns.

Non-clinical concerns may include:

- Supporting someone to access local teams that can help with money or housing worries and benefits
- Addressing caring or work responsibilities
- Connecting with those that can support with addressing physical concerns
- Accessing complimentary therapies
- Helping with emotional concerns, connecting with wellbeing support and services
- Accessing information to answer questions or concerns about cancer and treatment

When someone affected by cancer accesses the ICJ service, they will be offered a Holistic Needs Assessment, which is a simple check-list style questionnaire that helps to understand what means most to the person. The key areas addressed within a Holistic Needs Assessment are financial, practical, physical, emotional and spiritual.

Based on this assessment and meaningful conversations with an ICJ Link Worker, a support plan will be created to ensure the person affected by cancer is offered all the support they need.

Patients can be referred into the service through a self-referral form or via a professional referral. Both referral forms, alongside further information, can be found on the ICJ page of the NHS Orkney website - <u>Improving the Cancer Journey (ICJ) | NHS Orkney</u>.

The referral forms can be filled in online and sent to the ICJ email address – ork.icj@nhs.scot.

If you have any questions or would like to learn more about the ICJ service, please don't hesitate to get in touch. We are happy to support in any way we can.

Email: ork.icj@nhs.scot

Phone: 01856 888084 (Public Health Department)





Improving the Cancer Journey (ICJ) Service

Improving the Cancer Journey is here to support anyone living in Orkney that has been affected by cancer, with their non-clinical needs.

To find out more or self-refer into the service, contact us via:



01856 888084 (Public Health Department)





Patient Advice & Support Service

Use your rights Know your responsibilities Share your experience Make a difference Orkney Citizens Advice Bureau Anchor Buildings 6 Bridge Street KIRKWALL KW15 1HR

2 01856 875266



Do you have any feedback or comments, concerns or complaints about NHS Scotland?

We can help www.pass-scotland.org.uk

The Patient Advice & Support Service provides information, advice and support to patients, their carers and families about NHS Scotland healthcare. It is an independent service which is free, accessible and confidential.



More information and resources at www.pass-scotland.org.uk



Call us on 0800 917 2127



Contact us via email www.pass-scotland.org.uk/contact/

The Scattish Association of Citizens Advice Bureaux – Citizens Advice Scatland (Scattish charity number SC016637)





attend A&E, but it is not life If you think you need to or limb threatening call NHS 24 on 111 To check your symptoms visit: nhsinform.scot



NHS inform

NHS 24 Online App

A handy app to help you check

your symptoms and find your

nearest service

- Check your symptoms Find local services and
- Health advice to help you
- stay well

Mental Wellbeing



Coughs, colds, and sore throats

Pharmacist

- Breathing Space: 0800 83 85 87
 - For urgent mental healthcare call NHS 24 on 111

Help if you run out of your

repeat prescription

Diarrhoea or constipation

Aches, pains and UTIs

Dentist

Injury to mouth or teeth

Blurred or reduced vision

Flashes and floaters

Red and/or sticky eye

Optometrist





Minor Injuries

Cuts and minor burns

A range of clinicians, including

GP Practice

you with both physical and doctors and nurses, to help

mental health issues

Suspected broken bones Sprains and strains and fractures





For emergencies including: Suspected heart attack

When your GP and pharmacy are closed, and you are too ill

to wait call NHS 24 on 111

⊕ ⊕

- Severe breathing difficulties

999 or A&E

or stroke

- - Severe bleeding



Isles residents concessionary travel scheme



Are you?

- Age 65 +
- Disabled (must meet disabled person criteria)

You may be entitled to 24 free ferry journeys per year

Who do I contact for further information?

Transportation Service
Marine Services and Transportation
Enterprise and Sustainable Regeneration
Orkney Islands Council
School Place
KIRKWALL
KW15 1NY

Tel: (01856) 873535

E-mail: ferryvouchers@orkney.gov.uk

Web: www.orkney.gov.uk





School Place KIRKWALL

KW15 1NY

Tel: (01856) 873535

E-mail: ferryvouchers@orkney.gov.uk Web: www.orkney.gov.uk

Concessionary SmartCard. It is not transferable. access free travel is fraud and your entitlement to free concessionary trips on board Orkney person permitted to use the Ferry Services Allowing someone else to use the card to The concessionary card holder is the only Ferries may be withdrawn.

11

For full terms and conditions please visit:

local concessionary travel scheme operated by Orkney Islands Council and Orkney Ferries Ltd. Please note that your personal details will not be used for any purpose other than for the www.orkney.gov.uk/transport.

A large print black and white version of this leaflet is available on request from Orkney Islands Council.

TRANSPORT









ISLES RESIDENTS

CONCESSIONARY

IRAVEL SCHEME



ORKNEY FERRIES CONCESSIONARY SMARTCARD



















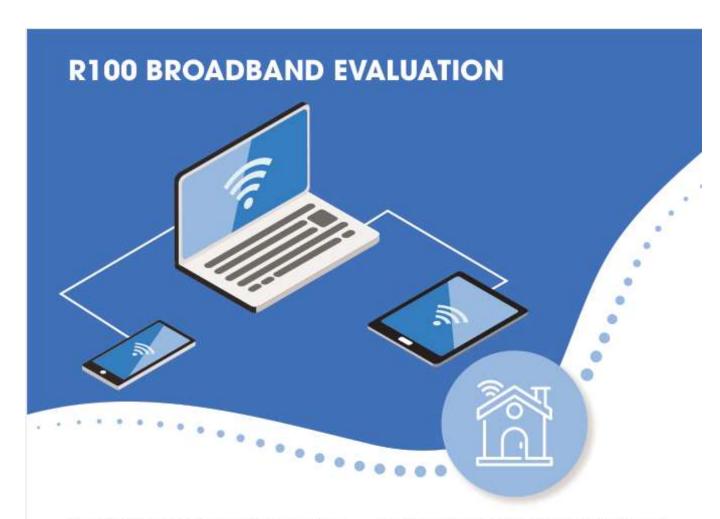




www.orkney.gov.uk/transport

www.orkney.gov.uk/transport

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The Scottish Government is assessing the success of R100, a government funded programme which is extending access to faster broadband across Scotland.

To inform this, we are surveying households and organisations who:

- Are scheduled to receive faster broadband access
- Have been provided with faster broadband access and have taken up the connection
- Have been provided with faster broadband access but have not taken up the connection





To determine if your property is impacted by the programme, and complete a survey, please go to:

https://tinyurl.com/R100Evaluation.or scan the QR code below:



The deadline for all responses is 3 March 2025

Please email R100Evaluation@stantec. com if you have any further questions.

Quit Your Way Orkney Stop Smoking Service



Quit Your Way Orkney is your free, friendly, local NHS stop smoking service.

Support from Quit Your Way Orkney includes:

- · Help to develop a personal 12-week quit plan
- · Support to develop plans to change your habits and control cravings
- Regular contact with a specialist stop smoking advisor
- · Encouragement and advice on maintaining your quit
- · Advice on correctly using stop smoking medications
- · Free access to a range of stop smoking medication
- · Telephone or video call appointments (using NHS Near Me)

Get started today

Phone: 01856 888084 or 0800 0356344 (Freephone number) Email: ork.quityourway@nhs.scot Online: scan the QR code below



You can also visit your local community pharmacy or GP Practice for free stop smoking support

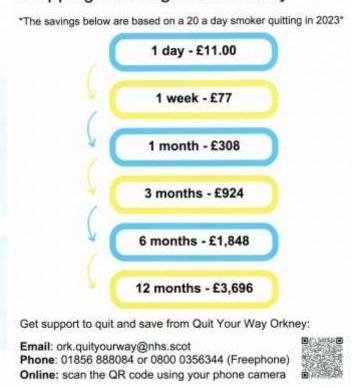
Have you been supported by Quit Your Way Orkney before?

If you have used our service before and returned to smoking we will support you again, without judgement, to quit your way.



Let's talk about smoking Stopping smoking saves money





You can also visit your local community pharmacy

or GP Practice for free stop smoking support

BAYVIEW TRANSPORT LTD Summer Timetable effective from Tuesday 22 April

South

8:35 Russland

8:37 Sunnyside

8:38 Blinkbonny

8:42 Odiness junction

8:44 Vat

North

8:28 Thorfinn

8:30 Dunera

8:31 Council Houses

8:37 Airport

SAVE OUR SCREEN MACHINE!

Without urgent investment, the Screen Machine mobile cinema service will end.

Please donate to our fundraising campaign to secure its future at:

www.crowdfunder.co.uk/p/save-our-screen-machine YouTube video https://youtu.be/fpUuDlnHS-o Frequently asked questions

SCAA - SCOTTISH CHARITY AIR AMBULANCE

Scotland's Charity Air Am Am Am and a gency call outs every single day ernment funding, so rely 100% across Scotland.

on average, to two time-critical emercharity and receive no statutory govne public to fuel our life-saving flights

Scotland's Charity Air Ambulance responds, on average, to two time-critical emergency call outs every single day. We are a national charity and receive no statutory government funding, so rely 100% on donations from the public to fuel our life-saving flights across Scotland.

MOBILE LIBRARY VAN VISITS 2026

16 Feb, 20 Apr, 15 Jun, 10 Aug, 5 Oct, 30 Nov

For further information go to web page https://orkneylibrary.org.uk/mobile-library, send an email to library@orkney.gov.uk or telephone 01856 873166.

Winter	Council Houses	8.45	π.	9.45
	School	10	-	12
	Kirk	12.45	2	3
	Fish mart	3.15	π.	4.45
Summer/Refit	Council Houses	9.25	-	10
	School	10.15	-	12
	Kirk	12.45	2	3
	Fish mart	3.15		5.30

ROYAL LIFE SAVING SOCIETY - LIFEGUARD TRAINING

Stronsay folk, this is a plea for anyone who can swim with a moderate fitness level to help the pool! We would like to invite you to become a Royal Life Saving Society pool lifeguard.

The qualification is a nationally recognised award and anyone over 16 years of age can apply!

We require at least four candidates to be able to run the course.

This is a great opportunity for younger folk to add to their qualifications and makes a big difference when applying for university or employment.

Anyone interested please contact Andy or Chris at the pool or via Facebook/ Messenger.

Thank you

SWIMMING POOL - OPENING TIMES

https://tinyurl.com/stronsaypool

Charges - Adults £3, Children £1.50, Private Hires £15. To book a private hire phone Elsie on 616238.

Monday	Adult lane	6:30-7:10:00	Public session 7:10–7:50
Thursday	Private hire	6:30-7:10	Public session 7:10-7:50
Saturday	Private hire	2:00-2:40	Public session 2:40-3:20

SWIMMING POOL—OVERSEERS WANTED!

Always looking for reliable overseers for the swimming pool, please! Previous volunteers welcome. Involves taking payment, handing out bands, helping with evacuation procedures etc. Contact Mairi Dennison via Facebook messenger or tel 616331. We politely request that parents/guardians whose children use the pool regularly take a turn at overseeing, in particular.

HEALTHY LIVING CENTRE

https://tinyurl.com/stronsayhlc

SINCLAIR HAULAGE LIMITED

Contact Details







General Enquiries: info@sinclairhaulage.com

Accounts Enquiries: accounts@sinclairhaulage.com

Livestock Bookings: livestock@sinclairhaulage.com

01857 600 404 Phone:

Postal Address: Sinclair Haulage Ltd

New Haulage Shed

How Farm

SANDAY KW17 2BJ

Office Opening Mon - Fri

09:00 - 17:00Times:

Livestock bookings should be made by emailing livestock@sinclairhaulage.com or calling 01857 600404.

Please note that we **DO NOT** use Gmail email addresses (e.g. sinclairhaulage@gmail.com). Please only use the above email addresses.

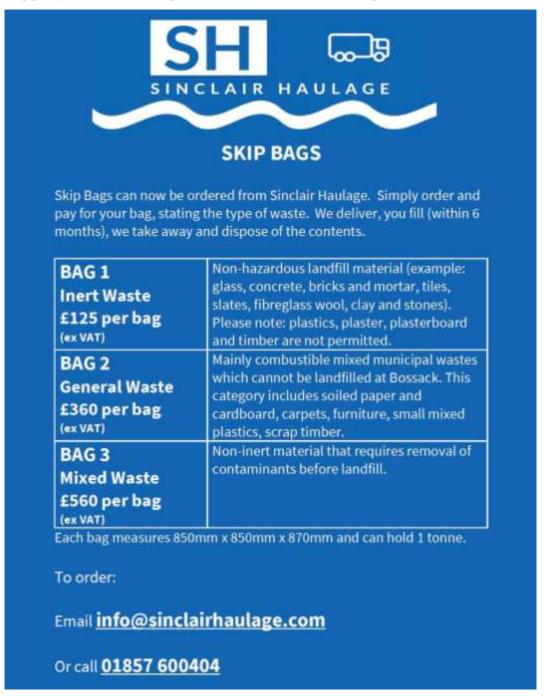
SINCLAIR HAULAGE LTD

Now introducing Skip Bags!

Due to difficulties getting skips out to the isles, we are now offering a skip bag service.

Having a clear out or renovating a property? Simply order and pay for your bag (telling us what you're planning to fill it with), we deliver, you fill it and we take it away and dispose of the waste.

All shipping and waste disposal costs included in the price.



Local business adverts are free!



Livestock Bookings

To ensure Livestock Bookings are not missed and that we can plan vehicle and ferry space, bookings must be made as far in advance as possible by either emailing:

livestock@sinclairhaulage.com

OR calling:

01857 600404

Please **DO NOT** message via text, Facebook, WhatsApp etc and please do not use any other email address.

Once booking has been received, you will be given a booking reference. We will then be in touch to confirm collection day/time etc.

See next page for Xmas/Hogmanay opening hours



Local business adverts are free!



<u>Local</u> business adverts are free!

BREAKFAST MENU

FILLED ROLLS

Baconf35	0
SausageE3.5	0
Fried eggE35	0

TOAST

Jam/butter	f2.00
Fried egg	E3.00
Scrambled	egg£3.00

PANCAKES

Pancakes &

bacon_

syrup	50
Pancakes &	
bacon	£6.00
Pancakes.svrup &	

BAGELS

Ham & cheese	£4.00
Cream cheese	E4.00
Scrambled egg	£4.00
Fried egg	£4.00
Sausage	£4.00
Bacon	£4.00
Breakfast Bagel	£6.50
Scrambled egg, sausage, bacon and has	sh brown.

FULL BREAKFAST

2 slices of toast with butter, 2 sausages, 2 hash browns, bacon, fried or scrambled egg, beans or tomato. £9.00

STRONSAY MASSIVE BREAKFAST

Toast with butter, 2 sausages, lorn sausage, 2 bacon, fried/scrambled egg, beans/tomato, hash brown/tattie scone, black pudding, haggis. €12.00

Additional items 50p each

Available 8am-12 Daily

Local business adverts are free!

FISHMART CAFE MERCENTER FISHMART CAFE

MEAL DEALS

Kids lunch plate ____£5.50

includes a sandwich with any 2 fillings, a snack (options available) and any soft drink.

Panini meal _____£8.50

Includes a sandwich with any 2 fillings, a side salad or bag of crisps, and any drink.

Sandwich meal_____£6.00

Includes a panini with any 2 fillings, a side salad or bag of crisps and any drink.

BAKED TATTIE

Baked Tattie_____£8.50

Fresh baked Tattie with butter, a choice of 2 fillings (tuna, cheese, beans.) side salad and colesiaw.

OTHER

Chicken Burger____E8.50

Chicken burger in a roll with mayonaise & lettuice With a side salad and chips.

Chicken wrap _____£8.50

Chicken, mayo, lettuce & sweet chilli sauce. With a side salad & chips.

Sausage & chips _____£8.50

Sausages and chips with a side of beans or peas.

Chips_____£2.50

Cheesy chips _____£3.50

SANDWICHES/PANINIS

Sandwich ______E4.00

White, brown, or seed bread with a choice of 2 fillings including tuna, cheese, chicken, ham.

Toastie _____£4,50

Toasted white, brown, or seed bread with a choice of 2 fillings.

Panini _____£6.00

Panini with a choice of 2 fillings including chicken, ham, tuna, cheese, pesto, cranberry, tomato. With a side salad and coleslaw.

SOUP OF THE DAY

Soup & a Roll_____£5.50

Soup of the day with a bread roll and butter,

Soup & sandwich ____£7.50

Soup of the day & a sandwich with a choice of 2 fillings.

Soup & panini _____£8.50

Soup of the day & a panini with a choice of 2 fillings.

KIDS SPECIALS

Mini panini _____£5.50

Miniature panini with a choice of 2 fillings and a bag of crisps.

Chicken strips____£6.00

Chicken strips with chips and a portion of peas of beans.

Sausages

Sausages & chips with peas or beans.

£6.00

Available daily 11-2.30

Local business adverts are free!

FISHMART CAFE DRINKS

COFFEE	SO
Filter£2.00	
Decaff£2.00	All cans
latte£3.00	See drinks frid
Cappuccino£3.00	Carton
Chai latte£3.00	Orange, Apple,
Mocha£3.00	J20
TEA	Apple & Mang apple & raspb
Standard £1.50	Orange &
Decaff £1.50	Apple juic
Tea pot£2.00	Folkington's gl
Lady grey £1.50	Fruit shoo
English breakfast£1.50	Sparkling
Herbal tea £1.50	Still water
MILKSHAKES	10
Thin shake£2.00	Caramel
Thick shake£3.00	vanilla
Super shake £3.50	
Thick milkshake with squirty cream and sprinkles Chocolate, Strawberry, & Banana	H01
SEASONAL SPECIALS	Standard luxury
See specials board	
Availab	le Daily

SOFT DRINKS	
All cans	£1.40
See drinks fridge for available options	ş.
Carton	£1.20
Orange, Apple, Ribena.	
J20	£1.50
Apple & Mango, orange & passion fru apple & raspberry.	it,
Orange &	
Apple juice	£2.50
Folkington's glass bottle	
Fruit shoot	£1.00
Sparkling water	
Still water	£1.00
ICED COFFEE	
Caramel	£3.00
vanilla	_£3.00
Available Decaff	
HOT CHOCOLAT	E
Standard	£3.00
luxury	
1-125	

Local business adverts are free!



happyfeetorkney@outlook.com

I am a fully qualified Foot Health
Practitioner and a certified ear care
provider, offering expert services with the
convenience of home visits at competitive
rates. For more information or to schedule
an appointment, please contact Shirley for
a fact or ear care appointment via email or
at 07767714634 to have the best foot and
ear care.

Happy Feet Foot and Ear Care 07767714634



Local business adverts are free!



We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.

Reasonable prices.

Contact Craig or Christine for more information.



REDHOUSE PLANTS MARKET GARDEN

Seasonal vegetables available daily. Bedding, perennial and vegetable plants. Local honey in season according to availability.

Open 09.00-17.00 Mon-Sat.

Redhouse, Lower Whitehall, Stronsay. Tel: (01857) 616 377



Local business adverts are free!

DONNA BLYTH EDUCATION SERVICES

BA Hons, MEd, PGCE, SQH, CPT3A, CELTA

Email: donnablyth@outlook.com Tel: 01857 616242 / 07852 805780

Online tuition in English Language, English Literature, RE, EAL and Literacy for learners of all abilities from age 7 – adult including A level, GCSE and SQA National Certificates.

Prices -£25.00 per hour for 1:1 tuition; £45.00 per hour for groups of 2 or more depending on requirements (max 3)

11+ Tuition in English, Maths, Verbal Reasoning and Non-verbal Reasoning. £25.00 per hour individual students only as lessons are school-specific.

Tuition in clarinet performance and music theory up to grade 5. £15 per 30min lesson for 1:1 tuition

GTCS, DBS and PVG Scheme registered.

Valid, current Safeguarding and Prevent certification (updated 12.08.25) References available.

All enquiries and services provided are treated in confidence as far as possible and according to current KCSIE legislation 2024

Reviews

"Just wanted to share that S.... got into Hampton. He is absolutely thrilled and we are so pleased that the hard work paid off. Thank you for all your help and support." (Parent of 11+ student)

"I am really pleased with my RE GCSE result. I got a 7 which is an A overall. Thank you so much for all of your help as without it this would have not been possible." (Y11 RE student)

"L... has to know that she is capable of reaching the target, and I think you play a huge role in that because she really enjoys the sessions with you and what you say really sticks in her head." (Parent of Y6 student)

"The skills that my daughter has acquired, and the clear and significant increase in her confidence and pride in her reading and writing skills, has been worth every penny." (Parent of GCSE English Language student)

"V... loved his sessions and said that he was in awe of how knowledgeable you were! Thank you so much." (Independent tutoring company on behalf of GCSE English Literature student)

"N... got an 8 in both English Literature and Language and would like to thank you for the immense help" (Independent tutoring company on behalf of GCSE English student)

"Donna is a remarkably warm, kind and empathetic tutor. We have both really enjoyed every interaction that we have had with her." (Parent of GCSE student)

Holmsgarth Crafts





Seasonal Gifts, Memory bears, Stronsay book bags, and much more Many items can be personalised Made To Order







Contact Margaret McAnally - Holmsgarth Crafts | Facebook 07432614089





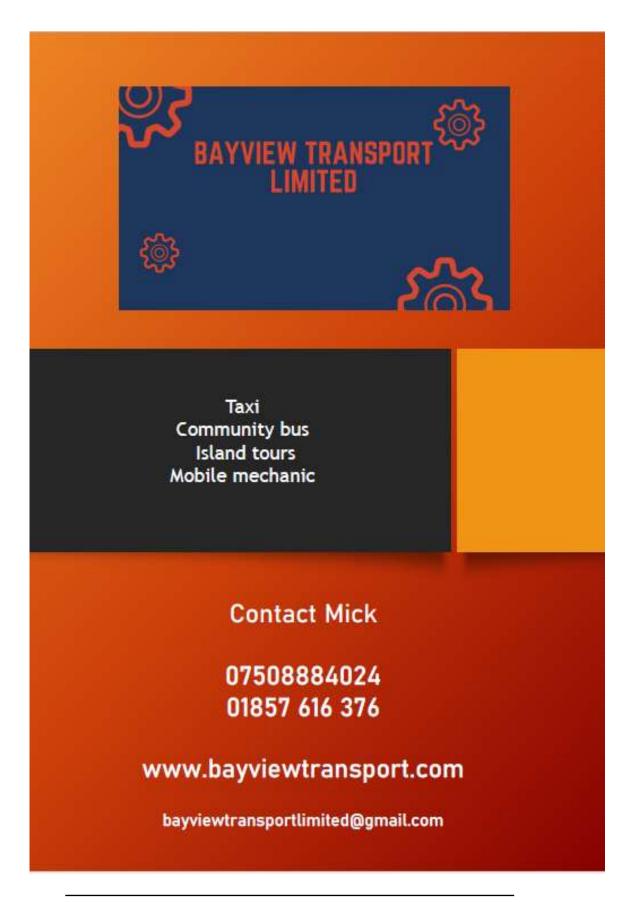
Traditionally hand-crafted in Stronsay—soaps, solid shampoo bars, conditioner bars and balms. Hand-spun and hand-dyed yarns from Orkney fleeces, woven throws, wall-hangings and more.

Orkney Star Island Soap, Isles View, Stronsay, Orkney, KW17 2AG.

Tel: (+44) 01857 616 281

Email: info@orkneystarislandsoap.co.uk
Web: http://www.orkneystarislandsoap.co.uk

Facebook: https://www.facebook.com/orkney.star.island.soap



https://www.bayviewtransport.com

Roger at Stronsay Photographic

Available for

Portraits - groups and individuals

ID photographs - printing on site

Tuition

Special commissions

Cozy studio with professional lighting

Home visits



Contact via Stronsay Photographic Facebook page and Facebook or tel 616228 Special offers also on Stronsay Facebook page

See Stronsay Markets on YouTube https://youtu.be/8e6sz Z2eQU

Roger at Stronsay Markets



Local seasonal soft fruit and vegetables

Grown naturally without artificial fertilisers, pesticides or weed killer

Cropped same day (usually)

Check out Facebook "Stronsay Markets"

Contact me on stronsaymarkets@gmail.com and I can add you to the regular list of available produce

Local business adverts are free!

PATRICK McGrath



Gas Safe Registered Engineer Plumber

Services include:

- Installation, servicing, maintenance of all domestic gas appliances
- Landlords gas safety checks
- · Bathroom fitting
- · Bathroom supply
- General heatings
- All other types of domestic, commercial, industrial plumbing works
- Isles work welcome

Call Patrick on **07933 488283**

Email: patrickmcgrathltd@gmail.com



Ebenezer Oil Heating









Oil boiler servicing, repair and replacement

Oil tank inspection and installation

Why not let me check out your heating system, I can advise upgrades to make your heating more efficient & cheaper to run

10 year parts and labour guarantee on all new Grant Vortex boilers

All my work is covered by the OFTEC Competent Persons Scheme

Why would you use anybody else?

Tel 01857 616207 Mob 07500682867 Email ebenezer@stronsay.org

Local business adverts are free!

"NEIL'S ON WHEELS"



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260



Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page

STRONSAY KIRK

Details of services at Stronsay's kirk for the next few weeks are now available on the kirk's website https://www.orkneycommunities.co.uk/stronsaykirk/calendar.asp?set=list.

Contact Kirk Secretary: elsie.dennison@live.co.uk

Stronsay kirk's Facebook page: https://www.facebook.com/groups/1553904828107651

HANDY EMAIL ADDRESSES & PHONE NUMBERS:

Ebenezer Stores <u>stronsaystores@gmail.com</u>	616339
Olivebank m.williamson1@btconnect.com	616255
Fishmart café <u>fishmartcafehostel@gmail.com</u>	616401
Hotel & pub stronsayhotel@gmail.com	616407
Red House plants	616377

Contact details for all OIC Councillors:

https://www.orkney.gov.uk/your-council/councillors-and-meetings/councillors

OUR LADY'S CHAPEL, PIERHEAD OPEN FOR PUBLIC MASSES

Our Lady's Chapel on the pier is open for public Masses with the permission of the Bishop of Aberdeen.

Mass times are as follows:-

Sunday & holidays: 11am. Tuesday: 8.00am. All other days: 11.20am

STRONSAY ON YOUTUBE

- Bicycle tour of Stronsay in August 2022 (poor audio quality)
- 59° North
- Links House, Stronsay: Finding the Mesolithic in Orkney
- Stronsay, Orkney
- The mystery of the Stronsay Monster
- Orkney—living and working
- 1930's stone crushing machine in action on Stronsay
- Stronsay harbour (taken from inside the harbour)
- Five reasons to visit Stronsay

STRONSAY CHESS CLUB

Meets from 12 to 2pm every Friday in the Fishmart Café Chess sets provided

USEFUL INFORMATION

Post Office opening hours Monday to Saturday 8:30am - 5:00pm. Sunday closed all day

Post collection times Ebenezer post box 7:30am, Monday to Saturday

Bank (RBS) Thursday 9:30am to 3pm (closed 12-1 lunch), phone 616262

OIC Special collection. Mon 9 Feb 2026

Stronsay Island Link Office. . . Wed 10am-noon, tel 616446, email stronsaycc@gmail.com

SDT Office Wood's Yard 10am - 11am Mon-Fri. Phone 616410

Sunday service at the Kirk . . Every week at 11am, see website https://tinyurl.com/strkirk
Our Lady's Chapel, pier head Mass: Sun & holidays 11am, Tue 8am, other days 11.20am

Next mobile library van visit. Mon 16 Feb 2026. https://tinyurl.com/orkmoblib

Weekly rubbish collection . . . ?

Recycling skips nearly full? . . Send email to recycling@orkney.gov.uk

Forward scam emails to report@phishing.gov.uk

Stronsay's Facebook page ... https://www.facebook.com/groups/476168409207488

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

Airy Fairy 616231	Silver Darlings 616412
Bank (Thursday only) 616262	Sinclair Haulage 600404
Community council 616446	Star Island Soap 616281
Companions Club 616438	Stranded seals, etc 616207/206/498
Craftship Enterprise 0778 511 1126	Stronsay Band 616345
Doctor 616321	Stronsay Pub & Hotel 616407
Ebenezer Stores 616339	Stronsay school 616246
Ebenezer Oil Heating 616207	Stronsay taxi, school 616376 or
or 07500 682 867	transport, mechanic 07508 884 024
Fish Mart 616401	diagnostics & repairs
Golgotha monastery 616210	
or contact@the-sons.org	Balfour hospital (24/7) 01856 888000
Hall bookings 616263	Water problems (24/7) 0800 0778 778
or annemaree.carter@btinternet.com	Electricity
Highland Fuels 01856 873766	general enquiries 0800 048 3516
Island Link Officer 616475	(lines open Mon-Fri 8am-5pm)
Kirk secretary 616238	problems (24/7) 0800 300 999
Limpet editor 616297	power cut (24/7) 105
Medical emergency 616321	Police (non urgent) (24/7)101
Neil's on Wheels 07723 304 260	Kirkwall Library 01856 873166
Manse 616284	Dentists:
Nurses 616321	Daisybank Clinic 01856 870547
Olivebank 616255	Deyanov Dental 01856 877118
OIC out of hours 01856 873535	Com Dental Service 01856 888258
Post Office 616499	Orkney Dental 01856 872030
Red House Plants 616377	Vets:
Scottish Fuels 01856 873105	Flett & Carmichael . 01856 872859
Scottish Fuels	

HOW TO CONTACT THE LIMPET

Send an email to editor@stronsaylimpet.co.uk or write to "Claremont, KW17 2AR".