

# **STRONSAY LIMPET**

Funded by the Stronsay Development Trust

# **ISSUE 242 - August 2025**





# **TIMETABLES**

Loganair - interisland timetable 17 Feb 2025 - 25 Oct 2025
Orkney Ferries summer timetable 4 May 2025 to 28 Sep 2025

MV Nordic Sea timetable 2 Jun - 28 Sep
OIC - school holidays 2024-2025

# **DATES FOR YOUR DIARY 2025**

Wacky Weaving art workshop (details inside)	Wed 3 Sep		
Bingo night	Sat 20 Sep		
Stronsay Stitchers	Thu 25 Sep		
Public concsultation—ferry replacement	Fri 26 Sep		
5 minute Freehand Drawings art workshop (details inside)	Wed 1 Oct		
Bonfire Night followed by Quiz	Fri 7 Nov		
Christmas Craft Fair	Sat 22 Nov		
Christmas Tree Lighting & peedie concert	Sat 29 Nov		
Hogmanay Dance	Wed 31 Dec		

# **GP & COMMUNITY NURSE ROSTER**

The rosters for the island's GP & community nurse are regularly updated online at <a href="https://stronsaylimpet.co.uk/RosterGPandNurse.html">https://stronsaylimpet.co.uk/RosterGPandNurse.html</a>

# NEXT NORTHERN ISLES FERRY SERVICES CONTRACT

Have your say on the next Northern Isles Ferry Services contract:

https://bit.ly/4IENgwj.

Transport Scotland is running a public consultation to gather views on how the Northern Isles Ferry Services could be improved in the next contract commencing in 2028. The consultation is open until 13 October.

Next edition of the Limpet will be published on <u>Tue 30 Sep 2025</u>, the deadline is 7pm on that date. Contact details for the Limpet are on the back page of every edition.

# PLANNED CHANGES TO LOGANAIR KIRKWALL/EDINBURGH ROUTE

Originally posted on Friday 22 August

https://www.liammcarthur.org.uk/news/article/mcarthur-raises-concerns-about-changes-to-loganair-timetable

Orkney's MSP Liam McArthur has today voiced concerns about planned changes to the Loganair Kirkwall-Edinburgh route.

Under changes which will come into effect next year, the first flight of the day will now be northbound from Edinburgh to Kirkwall, with the plane no longer overnighting in Orkney. This will mean those travelling south will have a later arrival time and shorter overall day.

Mr McArthur spoke to Loganair management earlier this week who confirmed that the airline will 'keep the changes under review' and remain responsive to customer feedback.

Commenting on the changes, Mr McArthur said:

"Loganair's decision to make changes on the Kirkwall-Edinburgh route from next year are a concern, particularly the move to make the first flight of the day northbound rather than southbound.

"By not overnighting the plane in Kirkwall, Loganair will leave passengers with a later arrival time in Edinburgh and a shorter day. The move also potentially puts at risk connections through Edinburgh to Orkney in the morning.

"From my discussions with Loganair's management this week, I understand the pressure on the company in looking to support an expanded timetable. I also welcome the willingness to keep these proposals under review over the longer term.

"However, I would encourage anyone adversely affected by the changes to get in touch with me or indeed Loganair directly. Ultimately, these are lifeline services there to meet the needs of islanders".

# **STRONSAY MEN'S SHED**

The Stronsay Men's Shed have their own Facebook page up and running now, if you would like to contact them direct please do pm them.

https://www.facebook.com/profile.php?id=61558772842680



# **Public Consultation**

# Ferry Replacement Programme Outline Vessel Design

Stronsay Community Centre

Friday, 26 September 2025
Open afternoon

**4pm – 9pm** 

(Presentation will be held 7 - 9pm)

Any queries please contact transport@orkney.gov.uk



www.orkney.gov.uk/transport

# ORKNEY FERRIES ADDITIONAL FOOT PASSENGER SERVICE MONDAY 2ND JUNE – SUNDAY 28TH SEPTEMBER

We would like to advise customers that the Nordic Sea will be providing an additional foot passenger service between Kirkwall and Stronsay, Sanday & Eday from Mon 2nd June to Sun 28th September. The timetable for this service can be found online at <a href="https://www.orkneyferries.co.uk/timetables">https://www.orkneyferries.co.uk/timetables</a> and a copy is reproduced below.

All passengers wishing to use this service must book and make payment in advance of travel.



#### **Additional Foot Passenger Sailings**

Monday 2nd June - Sunday 28th September

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Depart Kirkwall	06:15	06:15	06:15	06:15	06:15	11:30	11:30
Arrive Stronsay	07:50	07:50	07:50	07:50	07:50	13:05	13:05
Depart Stronsay	07:55	07:55	07:55	07:55	07:55	13:10	13:10
Arrive Sanday	08:20	08:20	08:20	08:20	08:20	13:35	13:35
Depart Sanday	08:25	08:25	08:25	08:25	08:25	13:40	13:40
Arrive Eday	08:40	08:40	08:40	08:40	08:40	13:55	13:55
Depart Eday	08:45	08:45	08:45	08:45	08:45	14:00	14:00
Arrive Kirkwall	10:00	10:00	10:00	10:00	10:00	15:15	15:15

	Monday	Tuesday	Wednesday	Thursday	Friday
Depart Kirkwall	13:30	13:30	13:30	13:30	13:30
Arrive Stronsay	15:05	15:05	15:05	15:05	15:05
Depart Stronsay	15:10	15:10	15:10	15:10	15:10
Arrive Sanday	15:35	15:35	15:35	15:35	15:35
Depart Sanday	15:40	15:40	15:40	15:40	15:40
Arrive Eday	15:55	15:55	15:55	15:55	15:55
Depart Eday	16:00	16:00	16:00	16:00	16:00
Arrive Kirkwall	17:15	17:15	17:15	17:15	17:15

All sailings will be subject to forecasted weather and tidal conditions. Boarding will be at the link spans via the bow ramp of MV Nordic Sea.

Passengers wishing to use this service will need to book and make payment in advance of travel, booking is available via our website www.orkneyferries.co.uk or by calling our office during opening hours on 01856 872044



# AUGUST 2025

# Wellbeing

August has been another busy and exciting month, filled with creativity, learning and plenty of community spirit.

We started off with our art workshop, where everyone got hands-on with pastels. It was brilliant to see people experimenting with colour and technique, and discovering just how fun (and a little bit messy!) chalks can be.

Our gardening workshop was another highlight this month. We got practical with seasonal jobs like weeding, hoeing and watering, and shared plenty of tips for tackling Orkney's unique gardening challenges. It was a lovely session with lots of knowledge shared.

We also enjoyed a wildlife workshop, where we explored the hidden life of local rockpools. Slowing down to spot the tiny marine creatures was a real treat, and a great reminder of the fascinating world right on our doorsteps. Looking ahead to September, we've got three brilliant workshops lined up:

- Art: Wacky Weaving a fun, hands-on session using cut-out magazine images, paper shapes and bold patterns to create colourful, one-of-a-kind artworks. A playful way to spark creativity and try something totally different.
- Gardening: We'll focus on key seasonal jobs, from keeping soil healthy to exploring composting, pest control and crop rotation. A great chance to share tips and get inspired for the months ahead.
- Photography Basics: Learn about lighting, composition and how to capture great photos using the rule of thirds. Bring your curiosity - no fancy equipment needed.

# Development Officer Update

Craftship Enterprise Site - Progress Update

Following our initial announcement, Stronsay Development Trust has now submitted a Stage 1 Scottish Land Fund application for the potential community purchase of the Craftship Enterprise site. An independent valuation will take place next week as the next formal step in the process. We spoke to many of you at the Massive Weekend as part of our ongoing community consultation for the Place Plan—gathering your views on potential housing plots and ideas for how the Craftship building could be used if the purchase goes ahead. Thank you all for your feedback and ideas. We'll continue the conversation in the coming months and make sure that community voices remain central to any future use of the site.



#### Wellbeing Project

Looking ahead, we also invited your thoughts on the Wellbeing Project—what's worked well, what could be developed further, and what support the island needs going forward. Your input is helping shape the future of wellbeing activity on Stronsay. As the current VAO-funded wellbeing project comes to a close at the end of September, discussions are underway around collaborating with other Northern Isles to seek funding from the National Lottery or similar sources to support the development of a new wellbeing project in 2026. A consultant on behalf of VAO will visit Stronsay during September to gather local views on what worked well. We will publicise the date of the visit nearer the time for those who wish to take part or share feedback.

Recycling - Next Steps

Pollowing the recent SDT Board meeting, we're pleased to confirm that the recycling service will continue, with interim support from Viv, who is helping to keep the project running smoothly. Discussion will take place regarding the project at the next Board meeting.

#### Community Transport - Ongoing Development

The community transport service plans continue to evolve as part of our parallel planning, and the SDT Board will review all current proposals at their next meeting. We're committed to promoting eco-friendly travel options, including: The HiTrans EV points rewards scheme The carbon savings achieved through our new electric vehicle Increased use and support for our E-bikes These efforts aim to improve local travel while supporting the island's commitment to low-carbon living. We'll keep you informed as plans develop.

#### Carbon Neutral Islands & Climate Action Plan

Thank you to everyone who contributed ideas and feedback at the Massive Weekend on our Carbon Neutral Islands projects and Climate Action Plan. Your views are helping us finalise the Place Plan and shape meaningful local climate action for Stronsay. A special thank you to Gilles from Community Energy Scotland (CES), who joined us at the event to meet some of you and discuss CES's role in supporting the hand-in of our Climate Action Plan report as part of the wider Carbon Neutral Islands programme.

Stronsay Sports & Water Sports Club - Get Involved

We are currently exploring the formation of a Stronsay Sports and Water Sports Club to support youth and adult participation, provide insured and safe access to equipment like kayaks, and prepare for Stronsay's hosting of the North Isles Sports in 2026. If you'd like to be involved, have ideas to share, or want to support this project in any way, we'd love to hear from you. Staying Connected Thank you once again to everyone who took time to speak with us and offer your views over the past month. With decisions now made and several projects progressing, we'll continue to keep the community informed and involved every step of the way.

Together, we're building something great for Stronsay.



# Bike Maintenance

The Stronsay Development Trust, with funding from HITRANS, is delighted to announce the arrival of three bike maintenance stations for the island. The first station has now been installed outside our offices at Woods Yard. Each station comes equipped with a sturdy stand, a pump, and a range of tools to help keep bikes in good working order - free for anyone in the community to use. A big thank you goes to HITRANS for providing the stations and installation costs, to Sinclair Haulage for generously delivering the stations free of charge and to Castlehill Construction for installing the first one.



# Thank You!

A big thank you to Daniel Carter, Michael Cooper, and the extended SDT team for clearing up the yard — it looks so much better now! Your hard work is really appreciated.

## Contacts

The SDT Volunteer Board are: Naomi Bremner (Chair), Kevin Kent (Vice Chair), Dianne Riley-Moore (Treasurer), Mike Holland, Elsie Dennison, James Seaton, Ian Stevenson, Andrew Fraser, Carrie Stout and Molly-May Allen and Marion Miller.

Padlet noticeboard: https://tinyurl.com/2ntnzk3n Email contact details:

Vicki: vicki@stronsaydevelopmenttrust.com
Shani: shani@stronsaydevelopmenttrust.com
Steph: stephanie@stronsaydevelopmenttrust.com
Aimee: aimee@stronsaydevelopmenttrust.com
Board: office@stronsaydevelopmenttrust.com
Or message: Facebook.com/StronsayDevelopmentTrust

# **MASSIVE WEEKEND CRAFT SALE**

We had a really tremendous turnout for the Sunday afternoon and the weather was brilliant. Many thanks to everyone who joined us and to all who worked so hard to make this our best Massive so far.









# THE PAST, PRESENT, FUTURE ART WORKSHOP

Christopher Andrew Maier

The Past, Present, Future Art Workshop took place on 09 July, and was attended by Stronsay residents whose ages were wide-ranging! Imagine the kinds of memories that were conjured, from WWII international service and first television, to the futuristic reality of actually texting on a cell phone to Australia to complete a momentary "Secret Square" assignment efficiently. The Community Centre's large LED screen provided a dynamic visual aspect to the lessons. Prehistoric cave art and modern quilting images suggested that "following the lines" has always been useful in realizing ideas. Most importantly, we considered that, in order to succeed, an artist must measure technically, visually and emotionally. Looking forward to our next workshop 06 August. It will be held in the same location, but we'll be peering through a completely different creative window, suitably entitled Polished Pastels. No art skills necessary!







(Details of future workshops are on the next page)

# STRONSAY HOUSES PHOTOGRAPHY PROJECT

As part of a project I'm working on I'm hoping over the next few months to take a photo of every house on the island. The photo would be taken from a discreet distance and wouldn't interfere with anyone's privacy but if you would prefer not to have a current photo of your house included in this project please let me know.

As part of the same project I'm hoping to find past photos of as many local houses as possible and hope some of the 'Limpet' readers may be able to help. These photos don't necessarily have to be particularly large, old or clear, and even photos of folk with the house in the background would be appreciated, as would any of the small black and white snaps that were common at one time. If you have any such photos please let me know as I would love to have a copy of them. If I could borrow the photo just long enough to make a copy before returning the original to you that would be great. I would take great care of it and would also supply a 7" x 5" or 8" x6" copy of the original for you to add to your own photo collection if you wish.

If you do have any such photos you're willing to let me copy please let me know by email at <a href="mailto:ian.cooper56@gmail.com">ian.cooper56@gmail.com</a>, phone 01857 616322 or drop in past Steenysheed anytime.

Thanks in advance, Ian Cooper

# **ART WORKSHOPS FOR BEGINNERS!**

All workshops are held in the Community Hall and last from 1:30pm to 4:30pm.

# Wacky Weaving (Wed 3 Sep)

Step into the unpredictable world of Wacky Weaving, where interwoven paper curves and zigzags are paired with magazine images to create unforgettably zany one-of-a -kind images, guaranteed to tilt the mind and free the spirit.

Join our experienced art teacher Christopher Andrew Maier in this workshop to discover his unique method for paper weaving, developed expressly for his students, challenging them to think outside the box. No art skills required.

3 hours with supplies provided, including a take home project consisting of several slick matted A4 assemblages protected by clear Contact paper, suitable for personal gifts or greeting cards.

(see poster on next page)

# Five Minute Freehand Drawing (Wed 1 Oct)

How many 3D objects pass before your eyes as you make your way through your alert daily life? 10,000? 50,000? Any single one of those myriad objects could be worth contemplating for just a few minutes, to focus on and appreciate simplicity, the end result being a little pencil sketch that would fit in the palm of your hand.

Join our experienced art teacher Christopher Andrew Maier in this 3 hour workshop to "Stop and smell the roses", looking closely at the simple things in life. Bring your key ring and something small that is meaningful to you! Timed music is added to the mix for fun. Ready? Set? Go!

3 hours with supplies provided, including a take home project consisting of nine matted individual sketches, proving that you are able to slow down, for once in your life.

# **BROADBAND ON STRONSAY**

Full fibre broadband (FTTP = "Fibre To The Premises") is now available on Stronsay. Openreach are installing the fibre network but to connect yourself to the fibre network you need to register with one of the approved providers. If you are interested then:

- 1. Go to <a href="https://www.openreach.com/broadband-network/fibre-availability">https://www.openreach.com/broadband-network/fibre-availability</a>.
- 2. Enter your post code.
- 3. Select your address from the list provided.
- 4. Click on "Check availability" and then either:
  - a. Click on "Learn more" then click on "Register my interest" or
  - b. Click on "Register interest" and follow the instructions.



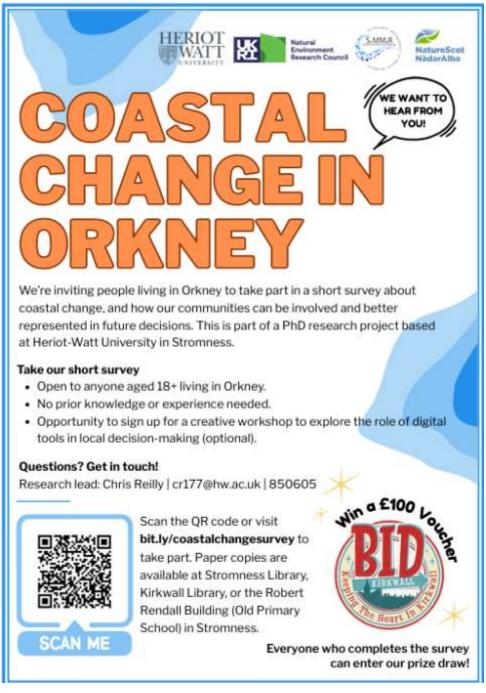
# **HAVE YOUR SAY ON OUR COASTS AND SEAS**

The sea is at the heart of island life, shaping our livelihoods, our heritage, and our everyday experiences. Decisions about how our marine and coastal areas are managed affect us all, so it's important that everyone has the opportunity to be heard.

We are running a short community survey to gather perspectives on coastal change and decision-making in Orkney, to understand how these processes can be better designed to empower local voices and create fairer, more accessible decision-making. Whether you work on the sea, enjoy the coast, or simply want to share your experiences, your input matters.

The survey is open until 15th September and is a simple multiple-choice form that only takes a few minutes to complete. You can take part online using the QR code or the link in the poster.

Your participation is greatly appreciated, thank you for your support!





#### Contact Details - 01857 616410

Development Officer	Shani Hall	Shani@StronsayDevelopmentTrust.com
Assistant Officer	Aimee Stout	Aimee@StronsayDevelopmentTrust.com
Assistant Officer	Steph Rome	Stephanie@StronsayDevelopmentTrust.com
Admin/Finance	Vicki Holland	Vicki@StronsayDevelopmentTrust.com

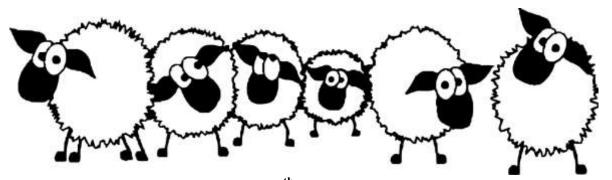
## Office Hours

## Monday to Friday 9am-11am

May be subject to change depending on online meetings and other SDT commitments, please check our Facebook page for updates

Bike hire must be booked in advance - please contact the office for bookings

# Stronsay Stitchers



Thursday 25<sup>th</sup> September 2025 7.00pm-9.00-pm, Church Hall, £2.00/person, refreshments

We are an informal group who meet once a month to do our own stitchy things. You can bring any projects you're working on such as crochet, needlework, knitting, rug hooking etc.

Everyone welcome.



IS PLEASED TO ANNOUNCE...

# THE CARDBOARD RECYCLING FACILTY IS NOW OPEN!





# **RECYCLING GUIDELINES**

- ✓ ALL CARDBOARD IS DRY
- ✓ ALL CARDBOARD IS FLATTENED
- ALL TAPE IS REMOVED



# HAVE A LARGE DELIVERY OF CARDBOARD?

Staff can arrange access to Unit 2 for bigger drop-offs.

Please contact us in advance at: ECO@STRONSAYDEVELOPMENTTRUST.COM

If the bins are full please contact eco@Stronsaydevelopmenttrust.com. Please do NOT leave cardboard outside of the unit other than in the bins provided.

Thank you for helping us keep Stronsay clean and green!





"Supporting Stronsay's future—creating opportunities, strengthening community, and sustaining island life."

Charity registration number SC038888 (Scotland) Company registration number SC271553

The Islands Small Grant Scheme is designed to support local communities, its aim is to empower individuals, groups, and organisations to carry out projects that benefit the island's development, sustainability, and well-being.

#### ENTERTAINMENT GRANT

#### Funding of up to £500 per event.

Available to help groups host events on Stronsay, the funding can be used to cover expenses such as travel and accommodation for visiting performers, freight for equipment, decorations, catering or venue hire.

#### **EDUCATION & TRAINING GRANT**

## Funding of up to £1000, to fund a maximum of 50% of the course fees.

Available for Stronsay residents to assist with course fees for any kind of training or educational course.

# YOUNG PERSONS TRAVEL EXPENSES GRANT

#### Funding of up to £200 per person per year.

Available for Stronsay residents under the age of 22 and in full time education to assist with travel expenses to the mainland to attend organised events.

### SUPPORT PLACE PLAN INITIATIVES

## Funding of up to £15,000 is available, to fund a maximum of 60% of the total cost.

Available to Stronsay residents to support local projects that align with the goals and priorities set out in the recent Place Plan, empowering groups of residents, organisations and community groups to develop sustainable initiatives that reflect the shared vision of our island's future.

All applications will be treated in confidence and decisions will be made jointly by the Stronsay Development Trust Trustees

# **STRONSAY COMMUNITY COUNCIL**

As from 19 May 2025, the following have been confirmed as members of Stronsay Community Council: -

Maya BAR-TOR Bennicuml, Stronsay, KW17 2AJ

Email; mayabartor@gmail.com

Dominic BLYTH St. Catherines, Stronsay, KW17 2AN

tel: 616242

email: saniman@live.co.uk

Shane HOURSTON Housebay Cottage, Stronsay, KW17 2AJ

tel: 07593965600

email: s.hourston@yahoo.co.uk

Louise McQUAID Bayview, Stronsay, KW17 2AR

Chair tel: 616376

email: louisemcquaidcc@gmail.com

James SEATON Thorfinn, Stronsay, KW17 2AS

tel: 07470111871

email: safehandsno 1@hotmail.com

Damian STOUT Linksness, Stronsay, KW17 2AT

Vice Chair tel: 616258

email: damienstout@btinternet.com

Shirley WHITEMAN St. John's Cottage, Stronsay, KW17 2AT

tel: 616438

The role of a Community Councillor is to ensure that they work for the best interests of the whole community and remain representative of, and accountable to, the represented community.

If you have a community related issue that you wish to bring to the attention of the Community Council, please contact any of the above members, or the Clerk, tel: 616446 email: stronsaycc@gmail.com

Colin McAlpine Island Link Officer/Clerk 19 May 2025

# Records of a Bygone Age The Poem and the Coat of Arms reunited: Coincidence or fate?

Stronsay's oldest resident, Mrs Brenda Maxwell from Hillcrest, passed away a few months ago at the grand old age of 96. While clearing out Brenda's house her daughter Elizabeth Ritchie found a few items, photos and documents which she thought would be of interest for the Heritage Centre and was kind enough to gift these to the Centre.

Among these documents was a light-hearted hand written poem by Margaret 'Bunty' Stevenson (later Miller) from the Bu, signed and dated 1943, at which time Bunty would have been a young 15-yearold lass. Here is the poem:

# The Coat of Arms

Within the lounge of Trolley-Dale, among its many charms, There hangs above the mantelpiece Harriet's Coat of Arms. Now I'll proceed to tell you how it came to grace that place And gaze with long and haughty stare on each admiring face.

It fell upon a certain day when Harriet went to dote
Upon her favourite egg-layer, a braw white Wyandotte.
The Wyandotte, I needs must say, lived by the rocky shore
And 'mid the tangles and the ware found 'Jumping Jecks' galore.

As was her wont our Harriet's eyes swept downward toward the sea.

There strutting to and fro the sand were scorries one, two, three.

Still onward swept the gimlet gaze and came to rest upon

Something lying on the sand so golden in the sun.

With shining eyes and twinkling feet, the Wyandotte forgot,
Harriet clattered down the beach and rushed towards the spot.

Nearer and still nearer till at her very feet
The coat of arms smiled proudly up with paint so bright and neat.

With a screech that made the rabbits cringe and shiver with surprise She clasped it to her bosom with rapture in her eyes.

And then as if the forest fiend were roaring in her track She tore along the sandy grass to Trolley-Dale right back.

She burst into the parlour but Mother wisno' there; She found her in the garden and did the old dear stare! "My, Harro! Where'd you find it?" She exclaimed with popping eyes. "Upon the sands of Cleva, can thoo believe thee eyes!"

(continued on next page)

"Oh Harriet, come and wash it and we'll hing it in the lounge; My, is it no right bonny? Fairly maks me hert tae bounce."

Harriet washed and polished it and hung it in its place
And long she gazed upon her prize with rapture in her face.

That then is the story of Harriet's Coat of Arms
And if you ever see it don't forget to praise its charms.

M Stevenson Bu 1943

The person referred to in the poem could only be Mrs Harriet Hourston, a friend and neighbour of Bunty's, with the name Trolley-Dale seemingly a substitute for Harriet's home of Mount Pleasant. I was fascinated by this poem, the strange story it told and just what might lie behind that story.

Harriet and her husband, both now long gone, had left the island in 1966, with Bunty's parents Robert and Ruby Stevenson from the Bu buying the house of Mount Pleasant as a retirement home. They too had passed away some time ago but their daughters Liz and Jean Stevenson, still live there. One Sunday a week or two after being given the poem Arna and I went on a social visit to Mount Pleasant, but with me armed with a copy of this poem to show Liz and Jean and very much hoping that they might be able to shed some light on this mysterious Coat of Arms, the subject of the poem.

We were hardly in through the door when Liz turned to Jean and said "Jean, there was something you were going to ask Ian about" to which I laughed, replying "and there was something I was going to ask you about too!" After some discussion about who was going first, Jean explained to us that there was an old wooden Coat of Arms that had been lying in a shed at Mount Pleasant gathering dust for years and they had wondered if this would be of any interest to the Heritage Centre. This was one of those surreal moments when I doubted I had actually correctly heard what had just been said, with thoughts flying through my mind: 'What if?' 'No, it couldn't possibly be...' 'Could it really be?'

Now it was my turn, showing them the poem and explaining how it had made its reappearance after so many years. Jean slipped quietly out through the door, soon to return with a rather dusty but truly magnificent wooden plaque or Coat of Arms, no doubt the very one that had inspired Bunty to put pen to paper. Writing this a few weeks later I still have difficulty taking in the coincidence that led to the Coat of Arms and the poem composed about it being reunited in such a fashion one bonny Sunday afternoon 82 years after the event. Coincidence or fate? I leave you to judge.

The Stevenson sisters remembered clearly the Coat of Arms hanging proudly above the fireplace in the lounge at Mount Pleasant, just where Mrs Hourston had hung it after finding it on the beach back in 1943. It was still hanging there when they bought the house in 1966 but the family soon decided the plaque just wasn't for them, removing it and consigning it to a shed where it sat quietly gathering dust for the next 60 or so years.

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I took the plaque home with me and measured it to be about 500mm left to right, the same top to bottom, about 40mm thick and made of quite a dark coloured wood. Careful wiping with some liquid soap and warm water soon removed 60 years of dust and grime, to reveal a beautifully painted surface, with colours still surprisingly bold and bright. Turning it over, the back showed details of the person this had been presented to all those years ago.

You've seen and read the poem and heard a little of the story behind it so hopefully that has piqued your interest and, if you're curious to see the Coat of Arms for yourself,





I've included photos of both its face and back below.

The front and back of the Coat of Arms, still in pristine condition.

A quick visit to Google was enough to find out that Lieutenant Leif Lund had been a ship's captain in the Royal Norwegian Navy during World War II but little more could be found there. I then contacted Leslie Burgher, the Royal Norwegian Consul for Orkney, hoping he might be able to point me in the direction of where more information could be found, and he was keen to help, passing on my query to some of his contacts in Norway. Comprehensive information on Lieutenant Lund's life and career came back very quickly from a Norwegian lady, Synnøve Marie <a href="Strømsvåg">Strømsvåg</a>, who had gathered the relevant information from her own contacts in the Norwegian Navy and forwarded a very comprehensive biography of Leif Lund.

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Lieutenant Lund and the King Haakon VII, the ship he commanded for about 10 months

This biography stated that Lieutenant (later Commander) Leif Henrik Rosenvold Lund was born in Norway in 1911 and had a long and distinguished career with the Royal Norwegian Navy. One of the ships he commanded during World War II was the 53m (175 ft) escort ship and Submarine Chaser *King Haakon VII* and it must surely be this ship to which the plaque refers. He took command of the newly built *King Haakon VII* in July 1942, serving aboard it on Atlantic convoy duties until being transferred to take charge of the corvette HNoMS (His Norwegian Majesty's Ship) *Rose* in May 1943. Originally stationed at Halifax in Canada, Lieutenant Lund and the *King Haakon VII* were stationed at the submarine base at Rothesay on the island of Bute from January until the end of March 1943, before returning to Canada to be based at St John's in Newfoundland. There can be little doubt that it was during this time when the ship was based at Rothesay that the plaque found its way into the sea, and it must have been sailing quite close to Stronsay at that time. It seems reasonable to assume that this plaque may have been a memento presented to (or due to be presented to) Lieutenant Lund around the time he finished his tour of duty on the *King Haakon* before transferring to take command of the *Rose*.

In addition to Lieutenant Lund's biography, Ms Strømsvåg also gave her thoughts on what the four quarters on the face of the plaque signified. The top left section of the plaque features an island silhouetted against a rising (or setting?) sun with a whale in the foreground, the significance of which she didn't know at the time, but the other sections were apparently well understood: the top right displays 'H7', representing King Haakon VII of Norway, which was also the name of Lieutenant Lund's ship; bottom right bears the lion rampant, the official Norwegian coat of arms, while the symbol bottom left depicts a harpoon crossed with a lightning bolt, representing Asdic (sonar), the technology used at that time to detect submerged submarines.

(concluded on next page)

The reverse of the plaque, as noted earlier, would appear to indicate this would have been a personal gift to Lieutenant Lund, relating to his time commanding the *King Haakon VII*. Although there is no record of when Harriet found the plaque '*lying on the sand so golden in the sun*', given the date of the poem and the date the *King Haakon VII* was in Scottish waters this must have been in the early months of 1943.

My original thoughts on seeing the plaque were that this, sadly, could well have been washed ashore from a ship lost at sea but, on considering the information that has come to light, this now seems highly unlikely. Given the condition that the Coat of Arms is still in it could only have been in the sea a few days at most, possibly only a matter of hours, but how it came to be in the sea in the first place must remain a mystery. The Coat of Arms and information about it is now on display in the Stronsay Heritage Centre and I believe we're very fortunate to be able to see, wonder at and enjoy such an unusual object, given up by the sea and now reunited with the poem and what is known of its history. I'll leave the last word to Bunty Stevenson and the closing lines of her poem from 1943.

'That then is the story of Harriet's Coat of Arms, And if you ever see it don't forget to praise its charms'.

Ian Cooper August 2025

# Have your say on the next Northern Isles Ferry Services contract



Join Transport Scotland's in-person community drop-in event to have your say on how the Northern Isles Ferry Services could be improved in the next contract commencing in 2028.

#### Drop in sessions

St Magnus Centre, Palace Road, Kirkwall, KW15 1PA 10 September 2025 10:00-12:30, 18:00-20:00

Stromness Community Centre, Church Road, Stromness, KW16 3BA 12 September 2025 10:00-12:00, 14:00-16:00





# (The following item is supplied for your information):

# Hello from Neighbourhood Watch Scotland (NWS)

The team at NWS are reaching out to ask for your assistance in cascading community information.

As you may already be aware landlines are changing, and the UK's telephone network is going digital. By January 2027, the old analogue network will be completely switched off and replaced by new digital landlines which will work using broadband. This change affects all industry providers and their customers. It is important that we help support members of our communities, especially the more vulnerable, to ensure that they are not adversely impacted by the switch off deadline as best we can.

There are two key campaigns that we wish to draw your attention to:

'National Telecare' campaign: This campaign relates to customers that use a telecare device such as personal alarms, pendant alarms, lifeline devices and home care monitoring systems. It is important that they take action to ensure that their equipment is compatible with the new digital technology. While many modern telecare systems are designed to work with both traditional and digital landlines, older models may require upgrades or replacements. Users should be encouraged to make contact with their landline provider for support as soon as possible. Further information is available at:

https://digitalphoneswitchover.com/?msclkid=c376cdc8940b1ff75bc4a55ce5cbbd6b

**BT Connected-Together campaign:** This initiative encourages friends, family, colleagues, neighbours to support vulnerable members of the community through the switch. This involves helping them to understand why it is happening, and how to prepare. The BT guide and the BT website can be accessed here: <a href="https://www.bt.com/about/all-ip/connected-together">https://www.bt.com/about/all-ip/connected-together</a>

Anyone who needs extra support to make the switch to Digital Voice, should register for this using the BT webform available on the <u>website</u>. An engineer will then be made available to assist them with transition.

We respectfully ask that you spread the word far and wide, and where possible use your networks to disseminate the key messages through your own streams including WhatsApp, social media, workplace Intranets / external websites etc. We also have additional information on our website:

https://neighbourhoodwatchscotland.co.uk/communities/connected-together

Thank you in anticipation for your support, by working together we can achieve so much more.

Best wishes from the NWS Engagement Team

Neighbourhood Watch Scotland SCIO - Charity Number: SC036510

c/o Scottish Fire and Rescue Service, 21 Claylands Road, Newbridge, Edinburgh, EH28 8LF

Tel: 01786 463732

info@neighbourhoodwatchscotland.co.uk

# Stephen Clackson's Letter from School Place

Reporting on the exploits and observations of your councillor during the summer recess.



Luggage lockers at Edinburgh Bus Station. Orkney should have them too.

During the recess I visited Edinburgh. It is instructive as a councilior to compare local services elsewhere with ours at home. For example, Edinburgh City Council provides luggage lockers at Edinburgh Bus Station (see photograph above). Such lockers as these would suit our ferry waiting rooms at Kirkwall and our travel centres perfectly. If Edinburgh City Council can do it, I'm sure Orkney Islands Council can do it too. I also like the way Edinburgh City Council runs its own buses. You may remember the very similar lockers I spotted at German railway stations last autumn (see Issue 142 of my Letter).

I'd like to remind residents of the outer North Isles that they are entitled to free parking at Kirkwall Airport. You can get an application form from the airport or by e-mailing info@nial.co.uk, and you will need to provide a copy of your vehicle's V5 document. Once processed, your vehicle registration (one per household) will be added to the airport's automatic number plate recognition system, allowing free parking when travelling inter-Island. Very useful if you commute by air.

I've lost track of for how long we've been asking for a third aircraft, so I am delighted that one now appears to be in the offing at last. If utilised wisely and timetabled intelligently, a third aircraft could make a major contribution to improved connectivity in the North Isles. For example, it could permit more inter-Island links, and it could also enable sensible flight connections with external aviation services (e.g. for Islanders with NHS appointments south). How the third aircraft is to be deployed definitely needs to be fully discussed with the Island residents and their community council transport representatives.

Twenty-four days before the Sanday Show, the ban on gatherings of Galilformes was lifted, so chickens (including some of ours) were on display in the poultry section. Sadly, the ban remained in place for Ansertformes, so there were no ducks or geese at the Show. I'm pleased to say our black cock "Satan" won 1st Light Breed Cock/Cockerel.

It happened again! Thirteen months after the last pliot whale mass stranding on Sanday (see Issue 138), another 23 were found beached and dead, this time at Roo Beach. I visited the site (see photograph below) with the Council officer tasked with assessing the situation and met the Chairman of Sanday Community Council. We all agreed that this time the least disruptive and most effective solution would be to leave them in situ and let nature take its course. This approach was endorsed by the statutory agencies and other relevant bodies. The public is urged to stay away from the area in the meantime. Based on what is distressingly becoming our extensive experience, and working with organisations such as SEPA, NatureScot, BDMLR and SMASS, OIC is developing a comprehensive cetacean stranding protocol and guidance document. It'll be the first document of its kind developed by any council in Scotland, marking a significant step forward in coordinated stranding responses.

Throughout the recess I have remained an active councillor, keeping up with casework, answering e-mails, and also attending some council-related meetings. I ended the recess by joining fellow Sanday senior citizens on an outing to Calthness and Sutherland (on Highland Council's patch).

Stephen

Clir Dr Stephen Clackson Member for the North Isles Ward, Depute Convener Orkney & Shetland VJB

West Manse, Sanday stephen.clackson@orkney.gov.uk

Letter from School Place is also available on-line at clackson.info



Photo credits: Stephen Clackson & Kenny MacPherson.

# RADIO TELESWITCH SERVICE (RTS) BEING PHASED OUT STARTING ON 30TH OF JUNE 2025

This will affect households that use an older electricity meter for heating their home and for hot water, with some types of electricity meter needing changed. As part of this partnership, NWS is helping to raise awareness of this issue in Scotland.

# What is the Radio Teleswitch Service (RTS)?

RTS is a radio-based system introduced in the 1980s which enabled older electricity meters to switch between peak and off-peak rates. RTS is used for some traditional multirate meters and was designed to support those who use electricity for their heating and hot water. This may include those who use electric storage systems, panel heaters or immersion heaters in water tanks – some of which typically charge up overnight.

RTS is now reaching the end of its natural operational life. This means that the equipment that produces the radio signal cannot be adequately maintained anymore. The Radio Teleswitch Service is due to be closed (its signal will begin to be phased out from 30 June 2025). If your electricity meter relies on this service, it will need to be upgraded before the signal is switched off.

# How to find out if you have an RTS meter?

If you are not sure whether you have an RTS meter, there are a few things you can look out for:

- There may be a separate switch box near your meter with a radio Teleswitch label on it.
- Your property is heated using electricity or storage heaters.
- There is no gas supply to your area, this includes households in rural areas and high-rise flats.
- You get cheaper energy at different times of day. Your tariff might be Economy 7, Economy 10, or Total Heat Total Control.

# What happens if I do not upgrade my RTS meter?

If you decide not to upgrade, the heating and/or hot water provisions in your home or business could be affected.- Your heating and hot water may not work correctly. You may find that your heating and/or hot water is left continually switched on or off; or the charging-up happens at the wrong time of day.

Your bills could increase. Your electricity supplier will not be able to confirm how much electricity you have used during peak or off-peak times, which means your electricity costs could be much higher than before.

# VAN AVAILABLE FOR CHARITY WORK

The Pomona Prefect logo peedie red van is available for charity work on the island if anyone needs a man and a van and wants to help the island reach the target. Saturdays service and cost for this is suggested as £10 per hour min donation for half hour units. All to the Stronsay Defib fund. No live animals, persons transported or dirty, sloppy stuff carried. Limited load and not a taxi service. This is a temporary thing to raise money and not a challenge to any services on the island. Call Mick for all taxi work and Sinclair Haulage for freight!

Also, if anyone needs their car karcher jet washed and vaccuming and then can do at Ellerslie as you pass for a donation to same Defib Fund. Cost is £10 per basic body wash and wheels rinsed and boot/inside vacced. Limited to cars. No monster trucks, panel vans, lorries or camper vans sorry.

This charity service will be hopefully available until there are enough defib machines in position with the people trained to cover us all 24/7. Availability is limited to Saturdays.

Any questions and to book give me a call.

Nicandro J. Porcelli, Ellerslie. Telephone or text to - 07732 276046

# **ISLAND LINK OFFICE**

Commencing Wednesday 19<sup>th</sup> February 2025 the Stronsay Island Link Office, located in the Fish Mart, will be open every Wednesday between 10am and noon.

A range of services are available, including the collection of black bin bags, photocopying at 10p a copy, collect a form for Stronsay Community Council financial assistance, or a form for the scrap car scheme (still open for applications), raise issues or concerns that Stronsay Community Council may be able to address and even contact officers at OIC.

I look forward to seeing you, but if you are not able to call into the office I can be telephoned on 616446 or by email to stronsaycc@gmail.com

Colin McAlpine Stronsay Island Link Officer/Clerk 12 February 2025

If you see something in the Limpet that is inaccurate or no longer valid please drop a line to "*The Editor, Claremont KW17 2AR*" or email <a href="mailto:editor@stronsaylimpet.co.uk">editor@stronsaylimpet.co.uk</a>

# "IMPROVING THE CANCER JOURNEY" (ICJ) SERVICE NHS ORKNEY

If you or someone you know has been affected by cancer, *Improving the Cancer Journey* is here to help. *Improving the Cancer Journey*, in partnership with Macmillan, is a dedicated service to support anyone affected by cancer with their non-clinical needs. This could be the person with the cancer diagnosis, or it could be someone affected by that diagnosis, such as family or carers.

When someone is diagnosed with cancer, they often describe feeling like they're in a maze. It can be difficult to know what services are out there and where to access them. The *Improving the Cancer Journey* service is here to support with this, and help people to access the services that can support with their non-clinical concerns.

Non-clinical concerns may include:

- Supporting someone to access local teams that can help with money or housing worries and benefits
- Addressing caring or work responsibilities
- Connecting with those that can support with addressing physical concerns
- Accessing complimentary therapies
- Helping with emotional concerns, connecting with wellbeing support and services
- Accessing information to answer questions or concerns about cancer and treatment

When someone affected by cancer accesses the ICJ service, they will be offered a Holistic Needs Assessment, which is a simple check-list style questionnaire that helps to understand what means most to the person. The key areas addressed within a Holistic Needs Assessment are financial, practical, physical, emotional and spiritual.

Based on this assessment and meaningful conversations with an ICJ Link Worker, a support plan will be created to ensure the person affected by cancer is offered all the support they need.

Patients can be referred into the service through a self-referral form or via a professional referral. Both referral forms, alongside further information, can be found on the ICJ page of the NHS Orkney website - <u>Improving the Cancer Journey (ICJ) | NHS Orkney</u>.

The referral forms can be filled in online and sent to the ICJ email address – ork.icj@nhs.scot.

If you have any questions or would like to learn more about the ICJ service, please don't hesitate to get in touch. We are happy to support in any way we can.

Email: ork.icj@nhs.scot

Phone: 01856 888084 (Public Health Department)



# Right Care Right Place

attend A&E, but it is not life If you think you need to or limb threatening call NHS 24 on 111 To check your symptoms visit: nhsinform.scot

# NHS inform

Check your symptoms

Health advice to help you Find local services and opening times

A handy app to help you check your symptoms and find your nearest service

NHS 24 Online App



# Mental Wellbeing

nhsinform scot/mind-to-mind Help for mental wellbeing

Coughs, colds, and sore throats

**Pharmacist** 

stay well

Breathing Space: 0800 83 85 87 For urgent mental healthcare call NHS 24 on 111

Help if you run out of your

repeat prescription

Diarrhoea or constipation

Aches, pains and UTIs

# Dentist

 Injury to mouth or teeth Swelling in mouth

Blurred or reduced vision

Flashes and floaters

Red and/or sticky eye

Optometrist

Toothache and general dental advice



# Minor Injuries

Cuts and minor burns

A range of clinicians, including

GP Practice

you with both physical and doctors and nurses, to help

mental health issues

Suspected broken bones Sprains and strains and fractures



# call NHS 24 on 111

For emergencies including: Suspected heart attack or stroke

Severe breathing difficulties

# 999 or A&E

When your GP and pharmacy are closed, and you are too ill

to wait call NHS 24 on 111

**⊕** ⊕

Severe bleeding



# Isles residents concessionary travel scheme



# Are you?

- Age 65 +
- Disabled (must meet disabled person criteria)

You may be entitled to 24 free ferry journeys per year

#### Who do I contact for further information?

Transportation Service
Marine Services and Transportation
Enterprise and Sustainable Regeneration
Orkney Islands Council
School Place
KIRKWALL
KW15 1NY

Tel: (01856) 873535

E-mail: ferryvouchers@orkney.gov.uk

Web: www.orkney.gov.uk





KW15 1NY

KIRKWALL

Tel: (01856) 873535

E-mail: ferryvouchers@orkney.gov.uk Web: www.orkney.gov.uk

Concessionary SmartCard. It is not transferable. access free travel is fraud and your entitlement to free concessionary trips on board Orkney person permitted to use the Ferry Services Allowing someone else to use the card to The concessionary card holder is the only Ferries may be withdrawn.

For full terms and conditions please visit:

local concessionary travel scheme operated by Orkney Islands Council and Orkney Ferries Ltd. Please note that your personal details will not be used for any purpose other than for the www.orkney.gov.uk/transport.

A large print black and white version of this leaflet is available on request from Orkney Islands Council.

# TRANSPORT







ISLES RESIDENTS

CONCESSIONARY

*IRAVEL SCHEME* 









11

ORKNEY FERRIES CONCESSIONARY SMARTCARD



















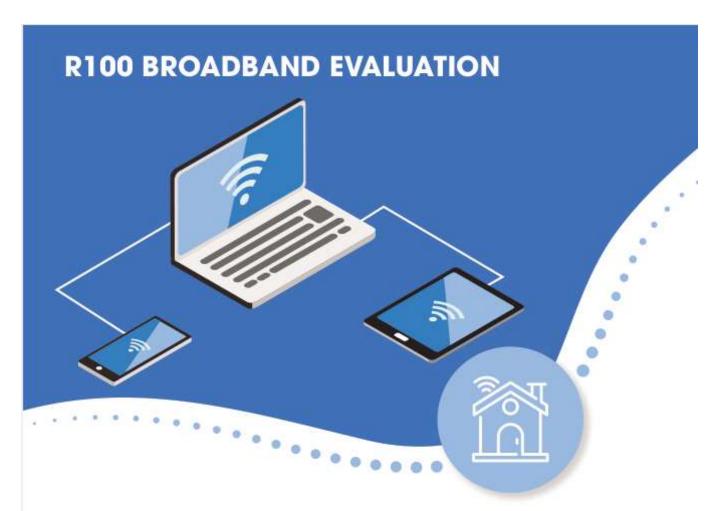




www.orkney.gov.uk/transport

www.orkney.gov.uk/transport

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The Scottish Government is assessing the success of R100, a government funded programme which is extending access to faster broadband across Scotland.

To inform this, we are surveying households and organisations who:

- Are scheduled to receive faster broadband access
- Have been provided with faster broadband access and have taken up the connection
- Have been provided with faster broadband access but have not taken up the connection





To determine if your property is impacted by the programme, and complete a survey, please go to:

https://tinyurl.com/R100Evaluation.or scan the QR code below:



The deadline for all responses is 3 March 2025

Please email R100Evaluation@stantec. com if you have any further questions.

# The Digital Phone Switchover



What you need to know

# What is the digital phone switchover?

The UK's telephone network is changing. Between now and January 2027 most telephone providers will be moving their customers from old analogue landlines over to new upgraded landline services using digital technology. This means services that rely on the old landline system such as home phones, telecare and health devices will need to be compatible.



The good news is – your landline isn't going anywhere and for most consumers and businesses, this change will be straightforward. In fact, many customers are already making the switch when they upgrade to fibre broadband.

Your telecoms provider (for example, Vodafone or BT) should contact you before the switchover to check in and discuss what you need to do to make sure any reliant services you may have aren't affected. However, we're encouraging everyone to know what to expect.

The change may be as simple as plugging your phone into a broadband router rather than the phone socket on the wall, or you may be given a new router to do this.

Please note that your provider will move you to a digital service before January 2027. If you care for a vulnerable person, please keep an eye out for correspondence notifying of a switch over date.



If you have any concerns or questions, please contact your telecoms provider directly.



Do you or someone you know depend on their landline and/or use a telecare device connected to a phone line?

If yes, then please contact the Telecare Team at Orkney Islands Council.

Tel: 01856 873 535, Extension 2635

# The Digital Phone Switchover



# What you need to know

#### Other Devices

If you have other devices connected to your phone line that you may have purchased, such as alarm systems, you might need to upgrade your device to make sure it is compatible.

If you are unsure about how a device in your home or business might be affected, it is recommended you contact the equipment supplier or device manufacturer to find out whether it will remain functional on a digital phone line.

People who use health monitoring or telecare devices should check if the switchover will affect how they work.

# Key Points To Remember

If you have any queries or have no means of making emergency calls you need to contact your communications provider.

If you have a telecare alarm please contact the telecare team at Orkney Islands Council: 01856 873 535 Extension: 2635

Check with the appropriate equipment manufacturers if you have any other devices supported by your existing telephone line (such as intruder alarms) to check it will work digitally.

Most telecare alarm providers will have upgrade plans, if your phone line has or is due to an upgraded by your communication provider let them know.

# In a Power Outage

Digital landlines cannot carry an electrical power connection, so in the event of a power cut they will not work. If you have a mobile phone this can still be used, but if you've no other means of calling the emergency services your telecoms provider will offer a solution to allow calls to be made to emergency services.

You should tell your telecoms provider now if you have no other way of making emergency calls.

#### Scams

There have been incidents reported of scammers contacting vulnerable users in relation to digital migration.

Communication providers or telecare services will never call you to ask for money.

Contact is usually by letter and charges are only applied to normal invoices. If you are in any doubt as to the authenticity of a caller, just hang up and call your communications or telecare provider to report the incident, using a trusted phone number, such as the one on the bill.



# MORE INFORMATION ON THIS LINK

https://www.gov.uk/government/collections/public-switch-telephone-network-pstn

# Quit Your Way Orkney Stop Smoking Service



Let's talk about smoking Stopping smoking saves money



Quit Your Way Orkney is your free, friendly, local NHS stop smoking service.

#### Support from Quit Your Way Orkney includes:

- · Help to develop a personal 12-week quit plan
- · Support to develop plans to change your habits and control cravings
- Regular contact with a specialist stop smoking advisor
- · Encouragement and advice on maintaining your quit
- · Advice on correctly using stop smoking medications
- · Free access to a range of stop smoking medication
- · Telephone or video call appointments (using NHS Near Me)

#### Get started today

Phone: 01856 888084 or 0800 0356344 (Freephone number) Email: ork.quityourway@nhs.scot Online: scan the QR code below



You can also visit your local community pharmacy or GP Practice for free stop smoking support

#### Have you been supported by Quit Your Way Orkney before?

If you have used our service before and returned to smoking we will support you again, without judgement, to quit your way.



\*The savings below are based on a 20 a day smoker quitting in 2023\*

1 day - £11.00

1 week - £77

1 month - £308

3 months - £924

6 months - £1,848

12 months - £3,696

Get support to quit and save from Quit Your Way Orkney:

Email: ork.quityourway@nhs.scot

Phone: 01856 888084 or 0800 0356344 (Freephone)

Online: scan the QR code using your phone camera

• •

You can also visit your local community pharmacy or GP Practice for free stop smoking support

# BAYVIEW TRANSPORT LTD

# Summer Timetable effective from Tuesday 22 April

South

8:35 Russland

8:37 Sunnyside

8:38 Blinkbonny

8:42 Odiness junction

8:44 Vat

North

8:28 Thorfinn

8:30 Dunera

8:31 Council Houses

8:37 Airport



# Advice on travelling with dogs

The welfare and safety of our passengers and crew is important, and we ask that you read the below information before you travel with your dog. These points apply to both foot and vehicle passengers travelling with dogs. We would like to make journeys as safe and comfortable as possible for all our passengers. Please take due care and show consideration for everyone on board.

# Travelling in a vehicle

Ferries can be unfamiliar places for dogs. Space is often limited and can be noisy. When travelling with a vehicle it is recommended that, where possible they remain inside the vehicle for the duration of the journey.

# Behaviour on board

- Always use designated dog areas (please note that dogs are not permitted on the Nordic Sea unless they are in a pet carrier).
- Dogs must be kept on leads and under control whilst on board.
- Dogs must be kept off seats and clear of emergency exits.
- Dogs must not be left unattended in passenger areas.
- If your dog is unsociable or nervous when in an unfamiliar or busy environment, we strongly
  advise that owners fit a muzzle.
- Where it is deemed that a dog presents a risk to passengers or crew, we will request that for any future travel the pet either remains in a vehicle or is muzzled/contained within a pet carrier provided by the dog owner. A failure to comply with such a request will result in a refusal of travel on our vessels and services.
- Please note that if any damage is made to a vessel or premises, you will be liable for any losses, costs, or expenses incurred.
- We know that most pet owners are responsible and always clear up after their dogs. We request that this is also the case when travelling on board.
- Assistance dogs are permitted to all passenger areas (please see our assistance dog policy for further information – this is available on our website FAQs).



# Service 4D Kirkwall Airport

# New trial service commencing Monday 24 March 2025

(until 31 March 2026 initially)

Kirkwall Travel Centre	1515	1545
Palace Road	1518	1548
New Scapa Road Balfour Hospital	1521	1551
Kirkwall Airport arr	1528	1558
Kirkwall Airport dep	1530	1600
New Scapa Road Balfour Hospital	1536	1606
Pickaquoy Road	1537	1607
Kirkwall Travel Centre	1540	1610

Booking is recommended due to limited capacity

# Call/Text/WhatsApp: 07438 268 883

by 10am on the day of travel

Or contact: 01856 870340 or 871515

Please state which time and where you will be boarding the bus.

Departs from Stance 4 - Kirkwall Travel Centre

- Service 4D will operate Monday Thursday afternoon during term-time\* to fill the
  existing timetable gap on the half hourly Service 4 (operated by Stagecoach on
  behalf of Orkney Islands Council).
- The service 4D will be operated using a wheelchair accessible vehicle.
- National Entitlement Card and Young Scot card holders can travel free of charge on this service.

Operated by Orkney Travel on behalf of Orkney Disability Forum. Funded by Orkney Islands Council. Continuation of this trial will be subject to demand and budget availability.



\*Term dates can be found at www.orkney.gov.uk/schools

For online timetable information please visit: www.orkney.gov.uk/transport

# **SAVE OUR SCREEN MACHINE!**

Without urgent investment, the Screen Machine mobile cinema service will end. Please donate to our fundraising campaign to secure its future at:

www.crowdfunder.co.uk/p/save-our-screen-machine YouTube video <a href="https://youtu.be/fpUuDlnHS-o">https://youtu.be/fpUuDlnHS-o</a> Frequently asked questions

# **SCAA - SCOTTISH CHARITY AIR AMBULANCE**



Scotland's Charity Air Ambulance responds, on average, to two time-critical emergency call outs every single day. We are a national charity and receive no statutory government funding, so rely 100% on donations from the public to fuel our life-saving flights across Scotland.

# **MOBILE LIBRARY VAN VISITS 2025**

20 October, 15 December

For further information go to web page <a href="https://orkneylibrary.org.uk/mobile-library">https://orkneylibrary.org.uk/mobile-library</a>, send an email to library@orkney.gov.uk or telephone 01856 873166.

Winter	Council Houses	8.45	т.	9.45
	School	10	-	12
	Kirk	12.45	2	3
	Fish mart	3.15	Η.	4.45
Summer/Refit	Council Houses	9.25	-	10
	School	10.15	-	12
	Kirk	12.45	2	3

### **SWIMMING POOL - OPENING TIMES**

Charges - Adults £3, Children £1.50, Private Hires £15. To book a private hire phone Elsie on 616238.

Monday	Adult lane	6:30-7:10:00	Public session 7:10–7:50
Thursday	Private hire	6:30-7:10	Public session 7:10-7:50
Saturday	Private hire	2:00-2:40	Public session 2:40-3:20

### **SWIMMING POOL—OVERSEERS WANTED!**

Always looking for reliable overseers for the swimming pool, please! Previous volunteers welcome. Involves taking payment, handing out bands, helping with evacuation procedures etc. Contact Mairi Dennison via Facebook messenger or tel 616331. We politely request that parents/guardians whose children use the pool regularly take a turn at overseeing, in particular.

### STRONSAY COMMUNITY ASSOCIATION

Why not hire the Stronsay Community hall? We have a kitchen and fully licensed bar, with two large halls and a small meeting room; perfect for weddings, parties, games, meetings and much more!

- Disco equipment
- Table tennis
- Badminton
- Air hockey
- Pool Table

For more information & bookings contact Anne-Maree Carter email

annemaree.carter@btinternet.com

Rooms for hire from only £2 per hour plus hydro charge. Adult supervision (over 18) must be present during hire.

### A NOTE FROM THE LIMPET'S EDITOR

Please let me know if anything in the Limpet requires updating or deleting. To contact the Limpet send an email to editor@stronsaylimpet.co.uk or write to "Claremont, KW17 2AR".

## **STRONSAY HOTEL & PUB**

https://www.facebook.com/profile.php?id=100083375340593

# Bar opening hours

SUMMER HOURS APRIL - OCTOBER

Monday 10.30-14.30/18.00-22.30

Meals available from 10.30-14.30

Tuesday 10.30-14.30/18.00-22.30

Meals available from 10.30-14.30

Wednesday 17.30-22.30

Thursday 18.00-00.00

Friday 17.00-00.30

Saturday 17.00-00.30

Sunday Closed

Please see our 'Whats on' posters for information regarding meals, takeaways, social gatherings, clubs & events

<u>Local</u> business adverts are free!

## **STRONSAY HOTEL & PUB**

https://www.facebook.com/profile.php?id=100083375340593

### WHATS ON THIS SEPTEMBER

Monday 1st September - £5 Mondays (10.30-14.30)

Tuesday 2nd September - Open for light lunches (10.30-14.30)

Wednesday 3rd September - Open for light lunches (10.00-14.00)

Thursday 4th September - Open for light lunches (10.00-14.00)

Friday 5th September - Open for light lunches (10.00-14.00)

Saturday 6th September - Serving evening meals (17.00-20.00)

Monday 8th September - £5 Mondays (10.30-14.30)

Tuesday 9th September - Open for light lunches (10.30-14.30)

Wednesday 10th September - Open for light lunches (10.00-14.00)

Thursday 11th September - Open for light lunches (10.00-14.00)

Friday 12th September - Takeaway (17.00-20.00)

Monday 15th September - £5 Mondays (10.30-14.30)



#### happyfeetorkney@outlook.com

I am a fully qualified Foot Health
Practitioner and a certified ear care
provider, offering expert services with the
convenience of home visits at competitive
rates. For more information or to schedule
an appointment, please contact Shirley for
a fact or ear care appointment via email or
at 07767714634 to have the best foot and
ear care.

Happy Feet Foot and Ear Care 07767714634



Local business adverts are free!



We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.

Reasonable prices.

Contact Craig or Christine for more information.



## **REDHOUSE PLANTS MARKET GARDEN**

Seasonal vegetables available daily. Bedding, perennial and vegetable plants.

Local honey in season according to availability.

Open 09.00-17.00 Mon-Sat.

Redhouse, Lower Whitehall, Stronsay. Tel: (01857) 616 377



Local business adverts are free!

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Contact details for the *Limpet* are on the back page

#### **DONNA BLYTH EDUCATION SERVICES**

BA Hons, MEd, PGCE, SQH, CPT3A, CELTA

Email: donnablyth@outlook.com Tel: 01857 616242 / 07852 805780

Online tuition in English Language, English Literature, RE, EAL and Literacy for learners of all abilities from age 7 – adult including A level, GCSE and SQA National Certificates.

Prices -£25.00 per hour for 1:1 tuition; £45.00 per hour for groups of 2 or more depending on requirements (max 3)

11+ Tuition in English, Maths, Verbal Reasoning and Non-verbal Reasoning. £25.00 per hour individual students only as lessons are school-specific.

Tuition in clarinet performance and music theory up to grade 5. £15 per 30min lesson for 1:1 tuition

GTCS, DBS and PVG Scheme registered.

Valid, current Safeguarding and Prevent certification (updated 12.08.25) References available.

All enquiries and services provided are treated in confidence as far as possible and according to current KCSIE legislation 2024

#### \*\*\*Reviews\*\*\*

"Just wanted to share that S.... got into Hampton. He is absolutely thrilled and we are so pleased that the hard work paid off. Thank you for all your help and support." (Parent of 11+ student)

"I am really pleased with my RE GCSE result. I got a 7 which is an A overall. Thank you so much for all of your help as without it this would have not been possible." (Y11 RE student)

"L... has to know that she is capable of reaching the target, and I think you play a huge role in that because she really enjoys the sessions with you and what you say really sticks in her head." (Parent of Y6 student)

"The skills that my daughter has acquired, and the clear and significant increase in her confidence and pride in her reading and writing skills, has been worth every penny." (Parent of GCSE English Language student)

"V... loved his .... sessions and said that he was in awe of how knowledgeable you were! Thank you so much." (Independent tutoring company on behalf of GCSE English Literature student)

"N... got an 8 in both English Literature and Language and would like to thank you for the immense help" (Independent tutoring company on behalf of GCSE English student)

"Donna is a remarkably warm, kind and empathetic tutor. We have both really enjoyed every interaction that we have had with her." (Parent of GCSE student)

# Holmsgarth Crafts





Seasonal Gifts, Memory bears, Stronsay book bags, and much more Many items can be personalised Made To Order







Contact Margaret McAnally - Holmsgarth Crafts | Facebook 07432614089





Traditionally hand-crafted in Stronsay—soaps, solid shampoo bars, conditioner bars and balms. Hand-spun and hand-dyed yarns from Orkney fleeces, woven throws, wall-hangings and more.

Orkney Star Island Soap, Isles View, Stronsay, Orkney, KW17 2AG.

Tel: (+44) 01857 616 281

Email: <a href="mailto:info@orkneystarislandsoap.co.uk">info@orkneystarislandsoap.co.uk</a>
Web: <a href="http://www.orkneystarislandsoap.co.uk">http://www.orkneystarislandsoap.co.uk</a>

Facebook: https://www.facebook.com/orkney.star.island.soap



# Roger at Stronsay Photographic

Available for

Portraits - groups and individuals

ID photographs - printing on site

Tuition

Special commissions

Cozy studio with professional lighting

Home visits



Contact via Stronsay Photographic Facebook page and Facebook or tel 616228 Special offers also on Stronsay Facebook page

See Stronsay Markets on YouTube <a href="https://youtu.be/8e6sz">https://youtu.be/8e6sz</a> <a href="https://youtu.be/8e6sz">Z2eQU</a>

# Roger at Stronsay Markets



Local seasonal soft fruit and vegetables Grown naturally without artificial fertilisers, pesticides or weed killer

Cropped same day (usually)

Check out Facebook "Stronsay Markets"

Contact me on stronsaymarkets@gmail.com and I can add you to the regular list of available produce

Local business adverts are free!

# PATRICK McGrath



### Gas Safe Registered Engineer Plumber

Services include:

- Installation, servicing, maintenance of all domestic gas appliances
- Landlords gas safety checks
- · Bathroom fitting
- · Bathroom supply
- General heatings
- All other types of domestic, commercial, industrial plumbing works
- Isles work welcome

Call Patrick on **07933 488283** 

Email: patrickmcgrathltd@gmail.com



# **Ebenezer Oil Heating**









Oil boiler servicing, repair and replacement

Oil tank inspection and installation

Why not let me check out your heating system, I can advise upgrades to make your heating more efficient & cheaper to run

10 year parts and labour guarantee on all new Grant Vortex boilers

All my work is covered by the OFTEC Competent Persons Scheme

Why would you use anybody else?

Tel 01857 616207 Mob 07500682867 Email ebenezer@stronsay.org

Local business adverts are free!

### "NEIL'S ON WHEELS"



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260



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# SINCLAIR HAULAGE LIMITED

Contact Details | | | |

General Enquiries: info@sinclairhaulage.com

Accounts Enquiries: accounts@sinclairhaulage.com

Livestock Bookings: livestock@sinclairhaulage.com

Phone: 01857 600 404

Postal Address: Sinclair Haulage Ltd

New Haulage Shed

How Farm

SANDAY KW17 2BJ

Office Opening Mon – Fri

Times: 09:00 – 17:00

Livestock bookings should be made by emailing <a href="mailto:livestock@sinclairhaulage.com">livestock@sinclairhaulage.com</a> or calling 01857 600404.

Please note that we <u>DO NOT</u> use Gmail email addresses (e.g. <u>sinclairhaulage@gmail.com</u>). Please only use the above email addresses.

### **KEEPING WARM**

These knitting patterns are from the 1940s so they may not be high fashion but they will keep you warm!

https://www.vam.ac.uk/articles/1940s-knitting-patterns

### **STRONSAY KIRK**

Details of services at Stronsay's Kirk for the next few weeks are now available on the kirk's website https://www.orkneycommunities.co.uk/stronsaykirk/calendar.asp?set=list.

Contact Kirk Secretary: elsie.dennison@live.co.uk

Stronsay kirk's Facebook page: https://www.facebook.com/groups/1553904828107651

### HANDY EMAIL ADDRESSES & PHONE NUMBERS:

Ebenezer Stores <u>stronsaystores@gmail.com</u>	616339
Olivebank m.williamson1@btconnect.com	616255
Fishmart café <u>fishmartcafehostel@gmail.com</u>	616401
Hotel & pub stronsayhotel@gmail.com	616407
Red House plants	616377

Contact details for all OIC Councillors:

https://www.orkney.gov.uk/your-council/councillors-and-meetings/councillors

# OUR LADY'S CHAPEL, PIERHEAD OPEN FOR PUBLIC MASSES

Our Lady's Chapel on the pier is open for public Masses with the permission of the Bishop of Aberdeen.

Mass times are as follows:-

Sunday & holidays: 11am. Tuesday: 8.00am. All other days: 11.20am

### STRONSAY ON YOUTUBE

- Bicycle tour of Stronsay in August 2022 (poor audio quality)
- 59° North
- Links House, Stronsay: Finding the Mesolithic in Orkney
- Stronsay, Orkney
- The mystery of the Stronsay Monster
- Orkney—living and working
- 1930's stone crushing machine in action on Stronsay
- Stronsay harbour (taken from inside the harbour)
- Five reasons to visit Stronsay

### **STRONSAY CHESS CLUB**

Meets from 12 to 2pm every Friday in the Fishmart Café Chess sets provided

### **USEFUL INFORMATION**

#### **EMERGENCY!** POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

Stronsay's Facebook page ... https://www.facebook.com/groups/476168409207488

Airy Fairy       616231         Bank (Thursday only)       616262         Community council       616446         Companions Club       616438         Craftship Enterprise       0778 511 1126         Doctor       616321         Ebenezer Stores       616339         Ebenezer Oil Heating       616207         or       07500 682 867         Fish Mart       616401	Silver Darlings
Golgotha monastery 616210	
or contact@the-sons.org	Balfour hospital (24/7) 01856 888000
Hall bookings 616263	Water problems $(24/7)$ 0800 0778 778
or annemaree.carter@btinternet.com	Electricity
Highland Fuels 01856 873766	general enquiries 0800 048 3516
Island Link Officer 616475	(lines open Mon-Fri 8am-5pm)
Kirk secretary 616238	problems (24/7) 0800 300 999
Limpet editor 616297	power cut $(24/7)$ 105
Medical emergency 616321	Police (non urgent) (24/7)101
Neil's on Wheels 07723 304 260	Kirkwall Library 01856 873166
Manse 616284	Dentists:
Nurses 616321	Daisybank Clinic 01856 870547
Olivebank 616255	Deyanov Dental 01856 877118
OIC out of hours 01856 873535	Com Dental Service 01856 888258
Post Office 616499	Orkney Dental 01856 872030
Red House Plants 616377	Vets:
Scottish Fuels 01856 873105	Flett & Carmichael . 01856 872859
SDT office 616410	Northvet 01856 873403
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### **HOW TO CONTACT THE LIMPET**