

North Isles Sports

2024



Schedule of Events

10.30am - 12.30pm

Soup & Sandwiches
in the school

11.15am

SPORTS START

2.45pm

Team Events

4.00pm

Teas in the Community Hall

4.15pm

Tug O'War

5.50pm

Presentation of Prizes by James Rendall

9.30pm

Dance in the Westray School

Northern Limit – Adults over 16 £8, Under 16s £4

Saturday,
15th June, 2024

Westray

Supported by



ORKNEY
ISLANDS COUNCIL

ORDER OF ATHLETICS EVENTS

Event 1. 100 metres

School Girls	School Boys	Womens	Mens
1st	1st	1st	1st
2nd	2nd	2nd	2nd
3rd	3rd	3rd	3rd

Event 2. Long Jump

High Jump

Shot Putt

School Girls	Mens	Womens
1st	1st	1st
2nd	2nd	2nd
3rd	3rd	3rd

Event 2a. Primary 75m Sprint

P4&5 Girls	P4&5 Boys	P6&7 Girls	P6&7 Boys
1st	1st	1st	1st
2nd	2nd	2nd	2nd
3rd	3rd	3rd	3rd

Event 3. 200 metres

School Girls	School Boys	Womens	Mens
1st	1st	1st	1st
2nd	2nd	2nd	2nd
3rd	3rd	3rd	3rd

Event 3a. Primary Standing Long Jump

P4&5 Girls	P4&5 Boys	P6&7 Girls	P6&7 Boys
1st	1st	1st	1st
2nd	2nd	2nd	2nd
3rd	3rd	3rd	3rd

Event 4. Long Jump

High Jump

Shot Putt

School Boys	Womens	Mens
1st	1st	1st
2nd	2nd	2nd
3rd	3rd	3rd

Event 5. 400 metres			
School Girls	School Boys	Womens	Mens
1st	1st	1st	1st
2nd	2nd	2nd	2nd
3rd	3rd	3rd	3rd

Event 5a. Primary Shot Putt			
P4&5 Girls	P4&5 Boys	P6&7 Girls	P6&7 Boys
1st	1st	1st	1st
2nd	2nd	2nd	2nd
3rd	3rd	3rd	3rd

Event 6. Long Jump		High Jump	Shot Putt
Mens		School Boys	School Girls
1st		1st	1st
2nd		2nd	2nd
3rd		3rd	3rd

Event 7. 1500 metres	
Womens	Mens
1st	1st
2nd	2nd
3rd	3rd

Event 8. Long Jump		High Jump	Shot Putt
Womens		School Girls	School Boys
1st		1st	1st
2nd		2nd	2nd
3rd		3rd	3rd

Event 9. 4 x 100 metres Relay	
School (Mixed)	Seniors (Mixed)
1st	1st
2nd	2nd
3rd	3rd

TEAM EVENTS

School Girls Netball
Vs
Vs
Vs
Vs

Senior Football
Vs
Vs
Vs
Vs

School Boys Football
Vs
Vs
Vs
Vs

Senior Netball
Vs
Vs
Vs
Vs

Tug O' War	
Vs	Vs
Vs	Vs

The Competition for Primary Pupils is organised by the Host Islands School. Points will be awarded and will count towards the Eco Tours Primary Cup, but not towards any other Cup/Sheild.

PHOTOS

Stronsay 2023



Womens 100m.



Adam Holland during his 1500m record breaking run.



Sanday's Grace Muir just before crossing the finishing line.



Papa Westray's Tim Ross competing in the Long Jump



Sanday's School Girl's Shot Put Competitor



Spectators relaxing & enjoying the Sports

NORTH ISLES SPORTS RECORDS

100 metres

School Girls	Lucy Cairns	Sanday	12.74 secs	2010 (W)
School Boys	Connor Hareus	Westray	11.26 secs	2022 (Sa)
Womens	Linsey Miller	Stronsay	13.06 secs	2004 (W)
Mens	Billy Hareus	Sanday	11.09 secs	1984 (Sa)

200 metres

School Girls	Susan Boyd	Sanday	30.23 secs	2008 (Sa)
School Boys	Andrew Rodgers	Sanday	25.72 secs	2008 (Sa)
Womens	Pamela Wilson	Sanday	28.50 secs	1994 (Sa)
Mens	Thomas Newton	Sanday	24.40 secs	2008 (Sa)

400 metres

School Girls	Donna Tulloch	Sanday	1.12.00 mins	2000 (St)
School Boys	Thomas Newton	Sanday	1.00.82 mins	2005 (Sa)
Womens	Arlene Walls	Sanday	1.11.54 mins	2007 (W)
Mens	Thomas Newton	Sanday	0.55.54 mins	2008 (Sa)

1500 metres

Womens	Sheila Tulloch	Westray	5.44.10 mins	1996 (Sa)
Mens	Adam Holland	Papa Westray	4.49.69 mins	2023 (St)

4 x 100 metres Relay

Schools	S Boyd, P Thompson, A Rodgers, C Grieve.	Sanday	55.00 secs	2008 (Sa)
Seniors	T Newton, C Wilson, A Walls, E Skea,	Sanday	54.00 secs	2007 (W)

Long Jump

School Girls	Lucy Cairns	Sanday	4.50 mtrs	2010 (W)
School Boys	Connor Hareus	Westray	5.62 mtrs	2022 (Sa)
Womens	Maureen Rendall	Westray	4.47 mtrs	1987 (Sa)
Mens	Stewart Rendall	Westray	6.08 mtrs	1995 (W)

High Jump

School Girls	Linsey Miller	Stronsay	1.43 mtrs	1996 (Sa)
School Boys	Connor Hareus	Westray	1.67 mtrs	2022 (W)
	Aiden Hourston	Westray	1.67 mtrs	2022 (W)
Womens	Linsey Miller	Stronsay	1.42 mtrs	2004 (W)
Mens	Gaius Bews	Westray	1.77 mtrs (Indoor)	2013 (W)
	Gaius Bews	Westray	1.71 mtrs (Outdoor)	2014 (Sa)

Shot Putt

School Girls	Amber Lawlor	Sanday	09.57 mtrs	2011 (Sa)
School Boys	Erland Drever	Westray	12.32 mtrs	1999 (Sa)
Womens	Claire Wilson	Sanday	10.89 mtrs	2009 (St)
Mens	Alan Drever	Westray	12.16 mtrs	1985 (St)

These records were taken from the following sources: 1949 – 1998, Rod Thorne's 'Fifty years of North Isles Sports'; 1999, The Orcadian; 2000 - 2003, OIC Data; 2004 - 2023, NIS Webpage. All records are based on the times, heights and distances available. All times for running events recorded in yards have not been included as distances differ once converted in to metres (e.g. 100 yards = 91 metres).



WESTRAY/PAPA WESTRAY SAILINGS Saturday 15th June 2024

Unless prevented by any unforeseen occurrence sailings in connection with the above will be as follows:

Depart	Pierowall	0900	Arrive	Papa Westray	0925
Depart	Papa Westray	0930	Arrive	Pierowall	0955
Depart	Pierowall	1000	Arrive	Papa Westray	1025
Depart	Papa Westray	1030	Arrive	Pierowall	1055
Depart	Pierowall	1815	Arrive	Papa Westray	1840
Depart	Papa Westray	1845	Arrive	Pierowall	1910
Depart	Pierowall	1915	Arrive	Papa Westray	1940
Depart	Papa Westray	1945	Arrive	Pierowall	2010

Exhibited in Company's Vessels,
Offices and Premises



North Isles Inter-Island Timetable

WESTRAY

Saturday 15th June 2024

Unless prevented by any unforeseen occurrence sailings in connection with the above will be as follows:

Depart	Kirkwall	0650	Arrive	Stronsay	0825
Depart	Stronsay	0840	Arrive	Eday	0915
Depart	Eday	0925	Arrive	Westray	1020
Depart	Westray	1035	Arrive	Kirkwall	1200
Depart	Kirkwall	0715	Arrive	Sanday	0840
Depart	Sanday	0900	Arrive	Westray	0950
Depart	Westray	1000	Arrive	Sanday	1050
Depart	Sanday	1100	Arrive	Eday	1120
Depart	Eday	1130	Arrive	Kirkwall	1245
Depart	Kirkwall	0800	Arrive	Westray	0925
Depart	Westray	0935	Arrive	Stronsay	1050
Depart	Stronsay	1100	Arrive	Kirkwall	1235
Depart	Kirkwall	1600	Arrive	Eday	1715
Depart	Eday	1730	Arrive	Stronsay	1805
Depart	Stronsay	1815	Arrive	Westray	1930
Depart	Westray	1945	Arrive	Kirkwall	2110
Depart	Kirkwall	1640	Arrive	Sanday	1805
Depart	Sanday	1815	Arrive	Westray	1905
Depart	Westray	1920	Arrive	Sanday	2010
Depart	Sanday	2020	Arrive	Kirkwall	2145
Depart	Kirkwall	1710	Arrive	Westray	1835
Depart	Westray	1850	Arrive	Stronsay	2005
Depart	Stronsay	2015	Arrive	Eday	2050
Depart	Eday	2100	Arrive	Kirkwall	2215

All bookings must be made and paid for in advance for this event

Orkney Ferries, [Shore Street, Kirkwall, Orkney, KW15 1LG.](#)
[Telephone \(01856\) 872044](tel:01856872044) Email info@orkneyferries.co.uk