



STRONSAY LIMPET

FUNDED BY STRONSAY DEVELOPMENT TRUST

ISSUE 94 - April 2013

Published on the last Thursday of the month



LIMPET—IMPORTANT CHANGES

LIMPET EMAIL ADDRESS

- The email address of the Limpet has been changed. All email for the Limpet should now be sent to stronsaylimpet@btinternet.com. Other contact details remain unchanged and can be seen at the foot of the back page.

LIMPET FACEBOOK PAGE

- The Limpet's Facebook is no longer in use as not everyone has (or wants) a Facebook account. The Limpet's new blog is now set up and can be accessed by pointing your browser at <http://stronsaylimpet.islandblogging.co.uk>. You can provide feedback to the Limpet via this blog.

LIMPET WEBSITE

- The Limpet website <http://www.stronsaylimpet.co.uk> will remain active and act as a repository for online versions of the Limpet.

These changes took effect on Tuesday 16 April 2013.

The next edition of the *Limpet* will be published on Thu 30 May. Items for inclusion in that edition should be submitted by 7pm on Sun 26 May. Contact details on back page

A TOUCH OF THE MEDITERRANEAN ON STRONSAY



Carol Cotterill's lemon trees in the community greenhouse. The trees were a present from Carol's son on Mother's Day 2012 "so that she always had a lemon for her G&T"



STRONSAY COMMUNITY FUND

Important notes for applicants

Experience so far has taught us that all applications are ready for a board decision quicker following a discussion with staff. This discussion stage has now become a required part of the application. Policy has been amended to reflect this.

Whether we like it or not - as a registered charity, the trust has to have a formal process and an audit trail to show why money has been given away and to whom.

This protects the fund but also means any applications need to be received at least 10 days before a board meeting

Update on Grant applications.

I am pleased to report that there were three grants awarded at the April board meeting.

1. **Individual applicant: £3000** towards work equipment which will help a young person stay and be employed on Stronsay.
2. **First Responders Group: £611.40 for AED Training Equipment.** This will enable the responder group and others to keep their life saving training and skills up to date.
3. **Healthy Living Centre: a fund of up to £7500** to enable individuals to be referred by their GP or Community Nurse on prescription, to receive a personally tailored exercise and health monitoring programme at the Healthy Living Centre. This will be at no cost to the patient and is a pilot scheme for a year.

The board has also asked SDT staff to investigate and propose other healthy exercise/ activities e.g. swimming, that could be considered for support by the community fund.

Fuel Poverty Grants

The board has approved a pilot scheme for 2013 in order for residents to apply for a £150 fuel poverty grant which will be paid in November.

- Paid directly to the domestic electricity provider via their account number or key card.
- Grants not available for businesses, second homes or holiday lets.
- Applicants must be the bill payer
- One application per bill payer

Application forms will be available in September

(continued on next page)

Educational and skills training bursaries

The board has approved £20,000 for a pilot scheme for a year, to support individual education and skills learning for residents of all ages who will be able to apply for up to £1000 in grant funding

Education and learning

- Regular lessons being taken by school age children, outside school
- Further Education
- Higher Education including UHI and Open University
- Towards Fees, Travel, books

Skills Training

- Recognised skills training courses
- Towards travel, tools, specialised clothing and books

Application forms should be available by the end of May 2013 and the pilot scheme will run from when application forms are available.

All pilot schemes will be monitored and reviewed by the board in the light of take up, results and the funds available in future years.

Julia Crocker

Admin and Finance Support Officer

April 2013

Registered Office: Stronsay Development Trust

Clifton, Stronsay, Orkney KW17 2AR

A Company Limited by Guarantee SC271553

A Scottish Charity SC038888



STRONSAY TOURISM GROUP

Wednesday 1st May

7pm in the Breakfast Room at the Stronsay Hotel

If you have any ideas to contribute or an interest in what we discuss please come along.

Jacqui Dennison

DEAR RESIDENTS OF STRONSAY

Now that we have returned to our somewhat more crowded everyday lives "down south" I would like to express our thanks to all members of the Stronsay community for the welcome we received during our stay on Stronsay with my sister, Shirley Grummitt and the family at St Johns, during Easter.

My own special thanks to the fellow Land Rover owners who made contact and allowed me to talk to them and take photos for an article which I have written for Land Rover owner magazine. This article has now been submitted to the editorial team and I hope we will see it in print sometime soon.

We all found Stronsay a fascinating place and the views, sunsets & beaches were stunning, no doubt helped by the glorious weather we experienced for the whole of our stay! Whoever on Stronsay has the job of ordering the weather did a great job! Our brief explorations of other parts of Orkney were equally rewarding.

It was great to meet everyone and we hope to return again at some point when we can.

With our best wishes,

Alan, Sue & Emily King (Brother, Sister-in law & Niece respectively)
Cambridge"



Some of the Stronsay Land Rovers

LETTER FROM SCHOOL PLACE

Since I last wrote, I have been away with my two youngest children (both in primary) for a week's horse riding in Lanark over Easter in the snow. I think we have all improved our cantering and jumping abilities, but I came back with the most aches.

My report in my last "Letter" that the 2014 North Isles ferry refit timetable is going to be exactly the same as this year's was premature. As reported in "The Orcadian" (11th April), the Development & Infrastructure Committee has recommended that the proposed refit timetable be sent back to be discussed further by the Ferry Services Consultative Committee. (This is a committee on which community council transport reps also sit.) This means we have another chance to call for a fairer service for Stronsay, Sanday and Eday. If you, the public, have anything you wish to say about the refit timetable and how you think it can be improved, please write to me or e-mail me before this meeting takes place on the 29th April. Lobby your community council transport rep, too.

At the Policy & Resources Committee meeting, webcasting was rejected in favour of podcasting on an amendment, preceded by an amusing speech (which deserved podcasting), by councillor Harvey Johnston. Councillors also approved the recommendation by the Constitutional Reform Working Group (of which I am a member) for Orkney to host this autumn a conference on constitutional reform involving OIC, Shetland Islands Council and Comhairle nan Eilean Siar (Western Isles Council). At this will be debated what constitutional settlement would be in our best interest. We shall also be engaging with the Scottish and UK governments and other relevant organisations, such as "Yes Scotland" and "Better Together". We intend to future-proof Orkney whatever the outcome of the 2014 referendum may be.

I have now been my first community council meeting in Westray, and I shall be coming to Stronsay for the AGM of the Stronsay Development Trust.

Stephen

Cllr Dr Stephen Clackson

West Manse, Sanday

stephen.clackson@orkney.gov.uk

LATEST BIRD SIGHTINGS

More Chaffinches arrived on the island shortly after Sue and I left for a three-week holiday in Kent in late March, including parties of a dozen or so at Lower Millfield and Dale. The first Pied Wagtail arrived on 30th March - nearly a month later than usual - and 2-3 had arrived at the traditional nest-site adjacent to the Waterworks Pond by 3rd April. The first Wheatear was seen on 10th April and three other migrants were seen by Norman & Kath at Dale on 12th - Robin, Dunnock and Chaffinch - almost the same combination of migrants which greeted us back at Castle on 18th:- Robin, Dunnock and Brambling! Other interesting sightings while we were away were a drake Goosander on the Matpow Loch (less than ten records for the island), and two Wood Pigeons together, seen by Nigel and Juliet in the Lower Millfield garden. Wood Pigeons can be seen in huge numbers on agricultural land throughout much of the UK but two together here on Stronsay is a rare sight indeed!

Other recent sightings - all migrant species, none of which nest on Stronsay - include Chiffchaff and Goldcrest at Osen; Chaffinch and Dunnock at the feeding rock in the Hotel garden; 2 Siskins seen by Barbara at the nut feeders in the garden at Strynie, and a female Goshawk by the Mill at dusk on 18th April. A Swallow flew across the road by the Kirk on 20th April and a small group of Siskins arrived at our own nut feeders at Castle on the same day. It was interesting - and intriguing - to hear from a friend in Kent that he had seen a small party of Siskins in his suburban garden the same day, perhaps indicating a huge movement of the species from the wintering grounds in the south towards the northern nesting grounds on Mainland Europe where many of the birds which Winter in the UK breed.

(see photographs on next page)



Siskin at the Castle peanut feeder, April 2013. Similar views of this small colourful species were enjoyed by Barbara Smith in the garden at Strynie

(more photographs on next page)

Here are some photographs that had to be omitted from the March edition of the Limpet because there was not enough space.



*Iceland Gull at Bay - very similar overall colouration to Gyrfalcon
(more photographs on next page)*



'Long-eared Owl at Dale. (Photo Norman Kent).

(more photographs on next page)



'Male Red-breasted Merganser between the piers in Whitehall (Photo Bill Miller)

CRAFT (Part 1)

©Val Lucas

Written by Val for a magazine over 40 years ago

Today we tend to see crafts as a hobby, a way of making things for gifts or items for the home. Some even feel that if they make an article as gift which is admired and they obtain a few more orders that maybe they can earn a living—well, believe me “It ain’t that easy” as they say. I know with over 45 years of being a freelance worker, writer, craft-designer, teaching in schools, hospitals, homes, evening classes, operating a craft business i.e. setting it up & training staff (and it’s still going after 39 years), giving talks & demonstrations to groups, craft shows plus capital outlay, insurance, guild memberships (I’m not talking about the ones you sign on the dotted line and pay £10 every year, I’m talking of the “big boys”);, producing trade account references, bank references, customer references, places of work, qualifications which cost a few noughts after the £ sign (i.e. £500 or so per year per guild).

How did “crafts” start and why? Let’s take patchwork which can include and has in the past applique, quilting and embroidery. The Cairo museum has what is considered to be the oldest surviving example of patchwork with applied work in existence. It also appears to lay the ground rules of patchwork with applique. This piece of work is a funeral pall and over 3,000 years old.

In Britain patchwork has been practised for centuries mainly due to social conditions of the time; also, for the wealthy, a way of portraying events. Small pieces of fabrics could be cut as figures, homes, trees, etc. Most of the Crusader’s brightly patterned banners were in fact made by applied materials acquired in the Low Countries and Italy.

The next stage of imported development occurred around the 17th century and was due to importing cotton chintz from India plus other long-lasting fabrics, silk etc. which were incorporated into patchwork. One such example is a bedcover made at that time of 5 different shapes found in a repetitive pattern. This very fine bedcover is also quilted and has embroidery; it is at Leven’s Hall near Kendal, Lancashire.

At times the import of such fabrics was limited, possibly due to various wars of which the British are renowned for either starting or joining in.

To start with, patchwork, applique and embroidery came into being through thrift—repairing clothing, bedding, etc to purely cover the holes in items. As time went by the craft evolved into more decorative and finer works. In those times it became more disciplined, imaginative & creative. Also a degree of application of the value of plain, unpatterned areas of design by using scraps left over from dress-making. These scraps were augmented by using white or unbleached calico.

(to be continued)

BITTER IRON-Y

Well, after those last two heavy-going articles I thought it was time to give readers a break (if but temporarily) and concentrate on something REALLY depressing. Without any difficulty I decided that the topic of housework needed a good thrashing. It's been festering away, dormant, near the bottom of what's left of my brain, and true to therapeutic principles it's time to drag out its traumatic aspect and give it a good airing.

Housework is like sex, great when you're in the mood for it. (Oops, better not analyse that one too deeply). It's also a wonderful distraction from any activity that involves thinking, or possibility of going 'in-depth' or doing anything that could be described as 'meaningful'. There are occasions when a painting I'm working on is particularly challenging (or I just can't be a***d with it) and, suddenly, I decide, the fridge needs cleaning. Or, I'm just getting stuck in to a stonker of an essay and, for some reason, folding up that pile of washing becomes necessary to do, RIGHT NOW. Better still, are those times when I've let the cleaning slide for a good while, then decide the house needs a good blitz. Then it's a case of blast up the music and just clean and Hoover and tidy and all the plethora of tasks that I flit to and from like a demented... um, well, can't think of an original simile, so; just demented, I guess. Not concentrating on one task at a time, but adding extra tasks to my workload, gathering to me as the momentum speeds up, not finishing one job before another distracts me. Either an exercise in sheer masochism, or an energetic creativity of its own. The job gets done, and I feel better, end of.

But, what about when you can't put it off any longer and you're either pushed for time or you really, really, really can't be bothered with this b*** ****t? Bearing in mind that my 'dirt threshold', as it were, is at a healthily disrespectful level? (Ok; what I mean is, I'm a slob).

There is a small list of my most dreaded domestic tasks and the top three are:

- Peeling tatties
- Dusting
- Ironing

I only peel tatties when I want mash or clapshot; and the dusting is done regularly every four months. Actually, dusting, of itself, isn't so bad. It's all the STUFF I have to dust, the bits and ornaments, plant pots etc that get in the road. If a room consisted of nothing but clear window shelves, no mantelpieces, bookshelves, sideboards, pictures etc how much easier would it be?

Last, but most dreaded on my hitlist is IRONING. Which is, quite simply, never done. EVER. I don't possess an iron, and never intend to. If I resemble a wrinkled prune with my clean unpressed garments then so be it.

So, imagine my chagrin when at a tutorial at college learning the craft of batik, or 'tie-dye' I have to face my nemesis: an iron.

Batik: basically putting a pattern on cloth using melted wax then dipping it in colour dyes. The wax acts as a 'resist' to the colour, letting your pattern stand out .

(continued on next page)

For, in order to finish the task, the wax has to be ironed out of the fabric using a small tree's worth of newspaper each time to absorb it; the wax doesn't come out all in one go. In fact, it doesn't entirely come out at all. I spent half an hour with one small piece of fabric, followed by a word to the wise from my tutor, before I realised it wasn't going to happen. A small, but persistent patch of wax would appear on the paper each time round, no matter how many re-runs, firmly and irritably pressed. Anyways; a boring subject to all but those who have been there and dunnit.

That instrument of slavery, that object-to-be-avoided, has met me, face to face, and LAUGHED at me. It has informed me, in no uncertain terms, that, not only has it conquered me, but ON MY OWN TURF. In the complacency of the domestic scene it didn't stand a chance. But it smacked me in the eye in that most hallowed, that most sacrosanct of grounds: ART. After all, ART is COOL, right? Things as 'mundane' as irons don't exist in this most 'exalted' of places, yeah? The very place I would least expect it and in which I felt safe. Standing over a pile of samples I've just created, in a room that is too warm already, the sun beaming in through huge windows, the heat-press going and I have been advised not to open the windows lest the temperature in the pots of melted wax cool down. B*****D!

What an irony, I thought. Hey! 'Iron-y'. Geddit? Har, har. Ok, the sound of sludge called my sad sense of humour, being scraped from the bottom of the barrel hasn't escaped your notice either; or is it just the sound of my steam induced hysteria?

Anyway, a parting shot of a thought before I put this subject out of its misery, for everyone's sakes.

With all the technology, smarts and general wizardry of technology in this faster, ever changing world, did not someone create a 'one-stop-shop' machine that could sort all this crazy stuff out?

With all the imagination and inventiveness (not to mention money) that is spent on sophisticated methods of killing each other; why has it not been invested on creating a magical wand that would do the b*****y housework instead?????

Bitterly and heatedly,

(Hisssssssssssssssssssssssssssssssssss)

Jenny Stone.

BLOW AWAY GARDENING TIPS APRIL 2013

Thankfully, after so many rehearsals, I think the long-time expected show “String Time” might be ready to go. My eagerness in the greenhouse has been rewarded by many seedlings. They look anxiously outside and snuggle back under the fleece. The ground remains very cold but I am sorting that out!

Encouraged by a gardening program on TV I decided that covering the soil in polythene would be good and cut large pieces that I had already purchased but forgotten the reason. Nicely placed and held down with water-filled milk cartons, I sat back to congratulate myself. The following night the wind blew up and, predictably, the polythene escaped with the enthusiasm of a crazed parascender. So now it is back in place, held down with heavy stones in place of the excitable bottles which skidded off at the first opportunity.

Some successes in the Community Greenhouse include lettuce “Winter Density” which has survived the whole winter in modules before being planted out. Now those and Corn Salad are being eaten which is a reward for having faith in autumn.

On impulse, I have bought a soil testing kit: never used one before and no idea what to do with the result. Can’t wait. As the sun shines and the temperature creeps up, the desire for sowing seeds has become irresistible, so all areas which are away from cats and dogs have been called into commission. I have no plans for the excess crops yet but that is a problem for next month.

Roger Neville-Smith

21 April 2013

SPANISH SCHOONER WRECKED ON STRONSAY

UPDATE

Further to my article in the February Limpet re the Spanish schooner “Nostra Senora del Carmen”, an advert in the Orcadian of 28th February, 1863, reads as follows :

Sale of Wreck in the island of Stronsay – To be Sold by PUBLIC ROUP, at SANDYBANK, in the island of STRONSAY. on Wednesday, the 4th day of March next, 1863, the WRECK and MATERIALS of the Schooner, “ Nuestra Senora Delcarmen”, belonging to Bilbao, in Spain, including Chains, Warps, Masts, Rigging, Yards, Spars, Sails, Two Boats, a Lot of Old Iron, and Iron Stroped, Double and Single Blocks, Side Lights, and a variety of Other Articles. Also, 58 tons 4cwt of Cod Fish (damaged)

The Mainsail and Foresail are new, and several of the other Sails are very little worse. The Standing Masts are also nearly new, and as the vessel was Oak Built, and partly Copper fastened, the Sale is well worth the attention of the Public.

The Stronsay Packet “Elizabeth” will leave Kirkwall Pier on the morning previous to the Sale, for the convenience of intending purchasers. Sale to commence at Eleven o’clock forenoon.

Malcolm Green, Auctioneer, Stronsay 14th February, 1863.

The next article in the Orcadian reads as follows :

The WRECK and MATERIALS of the late Stronsay Packet, “THOMAS and MARY” will be sold by PUBLIC ROUP, in the island of PAPA STRONSAY, on Thursday, the 5th March, immediately after the Sale of Wreck in Stronsay is concluded.

Malcolm Green, Auctioneer, Stronsay, 14th February, 1863.

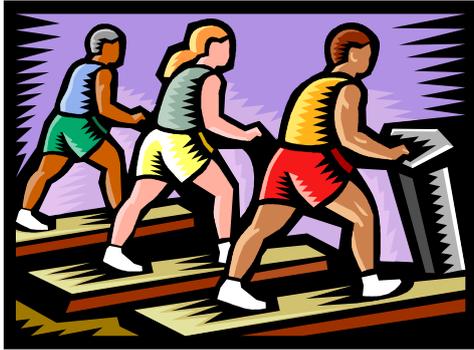
As the sale of the Schooner items was some three months after the shipwreck, I presume that the cod fish was fish that had been salted down, and en-route to Spain.

I believe that Malcolm Green, the auctioneer, was the Great grandfather of Malcolm Green, who, until his death last year, visited Stronsay to meet up with his relatives from the Stronsay Dennison families, and who was a great fund-raiser at the time the Stronsay swimming pool was being built.

I intend to do some research into the “Thomas and Mary” for a future article in the Limpet.

Bill Miller, Glenmanna, Stronsay.

STRONSAY HEALTHY LIVING CENTRE



Supervised session times from Monday 4th March 2013

	am	pm
Monday	Buddy	4.15-6.15
Tuesday	Buddy	Buddy
Wednesday	Buddy	4.15-6.15
Thursday	Buddy	4.15-6.15
Friday	Buddy	4.15-6.15
Saturday	Closed	Closed
Sunday	Closed	Closed

Under the 'Buddy' system members may use the gym if they feel confident to exercise with another member who is also inducted, over 18 and pre-paid.

Buddy hours are the same as school opening times.

A code will be needed to access the gym.

14 & 15 year old member—use is limited to periods when a fitness advisor is on duty (see above).

16 & 17 year olds must be with an inducted member who is over 18 or at a time when a fitness advisor is on duty.

New inductions by appointment only.

TEL No : 616449

NOW AND THEN

2013 photograph by Bill Miller



Millbank and the Stronsay Mill taken from a postcard sent to Canada over 100 years ago. Peter Sinclair 1841 - 1919 known as Peter o' Winds, holding the sack barrow, and James Chalmers 1854 - 1939, of Millbank, the "Miller", standing behind the horse and cart.



A DUTY OF CARE FOR OUR STRONSAY COMMITTEES?

Our public notice Boards display long agendas/minutes for the Schools Parents, the Community Council and the Development Trust. We should recognise and value those who give their time and commitment to running these and other local Committees. Some view these community activists as busy bodies who want to change too much (rocking the boat) others regret how long some progressive ideas take to implement.

We need to care for the quality, vitality, and performance of enabling bodies. Many are charities that have defined “public benefit” objectives and values. Key concepts of governance are transparency, accountability, and openness. This can sound great but vague in practice. What does it mean?

The Highlands and Islands Enterprise (HIE) in January 2013 published “Investing in Your Community” “A guide to Managing Community Funds”. On page 11 we find the “Key features of an Open Culture”

- Have open meetings
- Advertise all meetings and activities as widely as possible
- Time meetings so that people can attend – vary times if possible
- Structure meetings to allow for open discussion – good chairing is essential
- Record/minute all events and activities and make these available as soon as possible afterwards
- Make all appropriate documents and information easy to access
- Actively engage with every member of your community
- Provide alternative, anonymous or private ways to give feedback and opinion
- Have clear and open elections/appointments procedures
- Advertise and promote what you do at every opportunity, inviting feedback
- Provide and publicise clear opportunities for the community to review and influence all aspects of what you are doing

Do you agree with this? Many committees here and elsewhere will fall short of these expectations. With about £3 millions to be spent from Stronsay’s Community Fund in the coming generation some skills upgrading will be essential for public accountability.

Having an open culture means having higher levels of trust in each other and in committees we serve, or who represent us. It means recognition that different opinions exist and that unity of purpose does not require uniformity in response to all issues. Because someone disagrees does not impute his or her motivation. The vast majority of people want to see public service committees’ governed/staffed by those who are competent and able. A culture of openness will at first seem quite a risky path to go along if fears prevail. Calculated risks have to be taken. Mistakes are inevitable but with successes are tools for learning. Leadership requires the encouragement of the best ways to strengthen individual and collective cohesion to inclusive values. “Openness” does not override Data Protection legislation and a sensitive approach will respect the need for some privacy.

Does anyone else wish to write on his or her concepts of “accountability” and “transparency”?

Leo Martini-Brown, Waterhall, Whitehall, Stronsay, Orkney, KW17 2AS
(01857 616332 E: lmartinibrown@yahoo.co.uk)

RAINBOW DAY!

By Ellie from Newfield

They said that is was so
So who were we to doubt?
But I think it rather sad
That children will find out.
We were certain it was there,
Waiting for all time.
As sure as 'eggs are eggs'
And that the sun will always shine
My brother and I were duped
And made plans accordingly
As did our childhood friends.
We all believed you see,
In our world of black and white
Where all things are as they seem.
We children in our trust
Would continue in innocent dream
Whilst that perfect arch of promise,
Just always out of reach,
Becomes an icon of our childhood.
Like "James and the Giant Peach"
He had the air of a mythical hero.
My brother, my champion, was he
For he bred white mice in secret,
Such an act of bravery.
A worthy recipient of my respect
Was my fearless brother.
For who else would breed forbidden mice
Risking the wrath of our mother?
I am never quite sure just when
We children ceased believing,
When we sadly realised
That our world could be deceiving.
Yes, those rainbows of our childhood
Promising pots of gold
But innocence and trust, alas,
Deserts us as we grow old.
In the black and white days of childhood
When we children had faith in "dream"
And that pot of gold we so coveted
Was needed only for chocolate ice-cream.
Did it ever rain in our childhood
Or did the sun really shine every day?
To the children of my childhood
It certainly seemed that way.

©Helene Harrison

LOCAL BUSINESSES

STRONSAY HOTEL

The Stronsay Hotel is offering take away meals from 5pm daily (earlier if required). This menu is also available to eat in at the hotel (for a small extra charge) with the addition of some fine Orkney beef steaks, Rump or Sirloin the choice is yours.

Phone 616213

TAKE AWAY MENU

Homemade lasagne plus chips	£4.95
Homemade sausagemeat pie plus chips	£4.95
Homemade chicken curry plus rice or chips .	£4.95
Homemade chicken pie plus chips	£5.50
Breaded haddock plus chips	£5.50
Breaded wholetail scampi plus chips	£6.50
2 sausages plus chips	£2.40
2 fish fingers plus chips	£2.40
Portion of chips	£1.20
Portion of cheesy chips	£2.00
Portion of onion rings (8)	£1.00

INSTANT PHOTOS

Passport, visa, travel pass, driving licence,
gun licence, etc.

Personalised birthday, Christmas & get well
cards with your own special message or
photograph.

Business/Invitation cards.

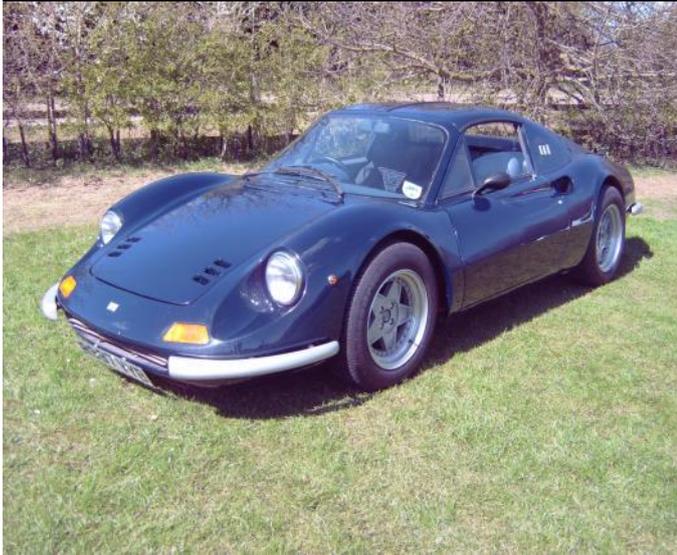
You name it! Tell me what you want & I'll
supply it.

Call Bill Miller on 616420

Business adverts

Up to 25 words - £1.50. 25 word advert with photo - £3. 25 to 50 words - £3 and so on.
The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES



“NEIL’S ON WHEELS”

All mechanical work undertaken, welding specialist,

MOT prep work, home start, towing service, no call out fee.

MOBILE: 07723 304 260

HOME: 01857 616454

ORKNEY STAR ISLAND **SOAP**



Real soap made by hand with care in Stronsay. In the Orkney naturals range there is Orange Bear made with Orkney Bere bran to gently exfoliate, Sea Salt & Tangle made with seaweed and very good to use after gardening and Beast in the Bath made with French pink clay to help cleanse pores, with the Stronsay Beast stamped into every bar. Say it with soap - favours for weddings or special occasions are a novel and increasingly popular gift idea. I can only make these on commission so please contact me to discuss your requirements.

Available in Stronsay at M. Williamson, Olive Bank and the Post Office, Whitehall Village.

Available online (NEW website) at: :

www.orkneystarsoap.co.uk

Tel: 616281.

Email: info@orkneystarsoap.co.uk

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LOCAL BUSINESSES

REDHOUSE PLANTS

Orders now being taken for
flowers and veg plants.
Phone Gil or Lindsay on 377

STRONSAY ARTWORKS

Original paintings of Stronsay Landscape;
Limited edition prints, greetings cards and
postcards which are available for sale at lo-
cal shops, Post Office, Hotel, B&B's and
the Fishmart. Commissions taken.

Phone 01856 870075

Email jennystone001@btinternet.com



COMPUTER SERVICES

Advice, Internet connection issues, Web-
site design, Hosting, I.T. Training and
much, much more.

Contact Neil @ Schoolbrae, 616317

e-mail: enquiries@gb-en.eu

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GROUPS, CLUBS & ORGANISATIONS

STRONSAY GROUPS

This list is as up to date as possible. If you have an amendment or addition please contact Paul Riley, Tullimentan (616416). Thanks to all who helped compile it.

NAME OF GROUP	CONTACT DETAILS
Scottish Women's Rural Institute	Margaret Dennison, Ebenezer Cottage
Agricultural Society	Adrian Miller, Blinkbonny
Mothers & Toddlers	Katy Hearn, Schoolbrae
Greenhouse, Eco club, Young Greenhouse	Marion Miller, Blinkbonny
Sunshine Club (Church Children)	Heather Johnston, Bankhouse and Anne Maree Carter, Storehouse
Moncur Memorial Church Sunday School	Elsie Dennison, Odiness
Stitchers	Simone Kirk, Isles View
Shooters	Leslie Miller, Heygam
Community Council	Adrian Miller, Blinkbonny
Community Association	Damien Stout, Linksness
Hall Hire	Colin McAlpine, The Hill
Development Trust	Lisa De Geer, Fagerheim
Masons	Bill Miller, Glenmanna
Games Club	Gaynor Smith, Grind and Wilma Holland, Kirbister
Support Our School (SOS)	Gaynor Smith, Grind
Parent Council	Gaynor Smith, Grind
RNLI	Bill Miller, Glenmanna
Sports Club	Gary Dennison, Park of Hunda
Gym	Julie Andrew, Sampsons Lane
<i>(continued on next page)</i>	

Announcements by charities, local groups, clubs and organisations are FREE!

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GROUPS, CLUBS & ORGANISATIONS

Ambulance & 1st Responders	Andy Rose, Hillside
Stronsay Singers	Brian Crowe, Scoulter
Swim Club	Sara Stevenson, Glanascoul
Pool	Elsie Dennison, Odiness
Companions	Margaret Miller, Hunton and Wilma Stout, Whitehall Farm
Fire prevention and safety advice	Ian Cooper, Midgarth

STRONSAY POP-UP SHOPS

Stronsay Stitchers are hoping to organize pop-up shops in Stronsay about once a month through the summer. It will be an opportunity for all local crafts people to sell and exhibit their hand-made-in-Stronsay products again and will add a bit of colour and interest for islanders and visitors alike. We would like to hold our first Pop-Up shop in June, so we really need to hear from you now if you would like to be involved.

With that in mind we are going to be discussing all these things at our Stronsay Stitchers meeting on Thursday 25th April, 7-9.30pm in the Church Hall. All other Stronsay crafts people (crafts other than stitching) who are interested please feel welcome to join us on the evening. If you can't get to the meeting but would like to find out more then contact Simone on 616281 (evenings best).

CHURCH SALE

Our annual sale in aid of Church funds will be held in the Community Centre on
Thursday 23rd May at 7.30 p.m.

There will be the usual sales tables, tombola, bottle stall, quizzes and raffles. We are pleased to say that there will again be a selection of bedding plants, tomato plants, peppers etc. for sale.

The hall will be open from 2.00 – 3.00 p.m. that day and any goods or produce that anyone is able to donate will be gratefully received.

A warm welcome is extended to all to come along and support our fund-raising, grab a bargain and have a cup of tea.

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GROUPS, CLUBS & ORGANISATIONS



Orkney Health and Care
"Working together to make a real difference"



You're the Expert...

Living in Orkney with a Long Term Condition

Do you have a long term condition
like.....Diabetes, MS, Arthritis (amongst others)
OR do you care for someone who does...?

Join us for a fun, fact filled day

Look out for
further details
in local press

Where: Pickaquoy Centre
When: Saturday 27th April 2013
Time: 10am until 3pm

Why not come along to...

- **Share your experiences** – See how you can inform professionals about what helps you most and what could be done better
- **Browse the stands of local support groups** – find out what help and support is available to you
- **See exhibits of national specialists and charities**
- **Join taster sessions** of...tai chi; reflexology; massage, exercises to reduce falling and many more
- **Learn about** Managing Your Condition with a taster session of a new self management course & hear top tips on how to **maximise your health**

Just some of the local support groups and charities taking part in the event.....many more on the day



CROSSROADS

MND

PARKINSON'S UK



Chest Heart & Stroke Scotland



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**Orkney
Citizens Advice Bureau
Making a difference**



Free

Confidential

Visiting YOU 22nd May

at

Community Centre-Carpet room

Stronsay

12:30pm to 4:30pm

Unfortunately due to travel constraints this visit is for people with appointments only.

We are here to advise on any issue. To make an appointment or arrange a home visit, please contact (01856) 875266 no later than Friday 10th May.

For cancellations please contact the above number as soon as possible.

Impartial

Independent

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GROUPS, CLUBS & ORGANISATIONS

HOY HALF MARATHON

I will be taking part in the Hoy Half Marathon on 16th June (postponed from last year) fundraising for Friends of [ANCHOR](#) (Aberdeen and North Centre for Haematology, Oncology and Radiotherapy).

Sponsor forms are in the shops and around the island again, or get in touch with me on 616238. Any donations much appreciated!

Mairi Dennison

STRONSAY BOTANICAL GROUP

Are you interested in wild plants and flowers? I am interested to hear from anyone interested in wild plants and flowers who might like to meet up a few times during the flowering season for "botanical walks", mapping and surveying.

Contact Marion Miller on 616354 or by email macleod.marion@gmail.com

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GROUPS, CLUBS & ORGANISATIONS (continued)

MOBILE LIBRARY

Next visit:

Tuesday 21 May

Council Houses: 9:15—10

Stronsay School: 10—12

Stronsay Kirk: 12:30—3

Fishmart: 3:15—5:30

Mobile library schedule http://www.orkneylibrary.org.uk/html/mobile2_timetable.htm

Kirkwall library contacts - 01856 873166 or general.enquiries@orkneylibrary.org.uk

Kirkwall library website - <http://www.orkneylibrary.org.uk>

Kirkwall library online book catalogue - <http://212.219.208.10/TalisPrism>

Check new library opening times

www.orkneylibrary.org.uk/html/opening.htm#NewHours

FRIDAY NIGHT GAMES CLUB

Ages 10 or over only

Friday night 8pm until 10pm

Entrance £1

Come along for a fun filled night

Air hockey table

Pool table

Play station 2

Nintendo Wii & Sing Star

Snooker

Juice, crisps and sweets available

STRONSAY COMMUNITY ASSOCIATION

Rooms for hire from only £2 per hour plus hydro charge.

Special event coming up? Why not hire the disco equipment with rotating glitter globe and pulsating coloured lights for only £5 plus room and hydro charge? A DJ from the Hall list must be used.

Also available for hire: badminton, table tennis and snooker all at £2 per hour plus hydro. All equipment provided.

Adult supervision (over 18) must be present during hire.

For details and booking contact Colin on 616446.

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USEFUL INFORMATION

POST OFFICE OPENING TIMES

Monday	8:30—12
Tuesday	Closed
Wednesday, Thursday, Friday	9—12 and 1—3
Saturday	8:30—12 and 1—3

Post collection times	07:30, Monday to Saturday
Replacement bin bags.	Telephone OIC (Technical Services) on 01856 873535
Sunday service at the Kirk	11 am
Our Lady's chapel, pier head	Daily Masses at 7:30 am and every Sunday at 9 am
Next Special Collection	??
Rubbish collection	Tuesday (bags out ready by 9am)

Doctor	616321	Castle Bird Reserve	616363
Nurses	616480	Balfour hospital	01856 888000
Medical emergency	01856 888000	Hydro	0800 300 999
Registrar	616239	All water enquiries	0845 601 8855
Hall bookings	616446	Kirkwall Library	01856 873166
Post Office	616278	Kirkwall Police	01856 872241
Companions	616261	Vets:	
Kirk	616311	Flett & Carmichael	01856 872859
Stronsay Hotel	616213	Northvet	01856 873403
Olivebank	616255	Dentists:	
Ebenezer stores	616339	Great Western Rd	01856 879683
Neil's on Wheels	616454	King Street	01856 875348
Taxi	616335	Earls Palace	01856 872958
		Golgotha monastery.	616210

Email contact@the-sons.org

HOW TO CONTACT THE [LIMPET](#)

Send an email to stronsaylimpet@btinternet.com, phone Bruce Fletcher on 616297 (after 10:30 & before 21:00, please!) or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page

SUBSCRIPTIONS TO [THE LIMPET](#)

You can send a subscription to a friend or relative for a birthday present?

12 editions for £20.00 including P&P

Please make cheques—UK banks only—payable to “Stronsay Development Trust”.

UK only. Non-UK subscriptions, please ask for a quote. Contact Bruce, details above

The Stronsay Development Trust, a Scottish Charity SC038888

<http://www.orkneycommunities.co.uk/SDT>

Supported in its activities by HIE Orkney, Orkney Islands Council, and
Orkney Community Planning Partnership