



STRONSAY LIMPET



No. 83

*Funded by the Stronsay Development Trust
Published on the last Thursday of the month*

MAY 2012

A New Look for the *Limpet*!

This month's *Limpet* is in a new style thanks to the desktop publishing skills of Paul Beaumont who moved into Glenfield a few months ago. I'll continue to edit the *Limpet*, run the financial side of things and handle the distribution & postal subscriptions whilst Paul will put the newsletter into the new format.

Please let me know what you think of the new layout—brickbats and/or bouquets! Contact details are on the back page of every *Limpet*.

Bruce Fletcher, Claremont, Stronsay

Diamond Jubilee Medals

STRONSAY COMMUNITY COUNCIL

Chairperson: Ion Stevenson, Srindaiea, Stronsay, KW17 2AJ. Tel: 616256

Clerk: Colin McAlpine, The Hill, Stronsay, KW17 2AT. Tel: 616446



In commemoration of Queen Elizabeth II's Diamond Jubilee, Stronsay Community Council would like to present every young person, aged sixteen years or under, a Diamond Jubilee medal.

The presentation, to which everyone is cordially invited, will take place in the Community Centre on Monday 4th June 2012 during celebrations organised by the Community Association. Details of these will be on display separately.

It is hoped as many young people and their parents as possible will be present for the presentation of medals and will be a memorable occasion for all concerned.

The next edition of the *Limpet* will be published on Thu. 28 June. Items for inclusion in that edition should be submitted by Wed. 20 June. Contact details are on the back page.

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Modified Proposed Plan and Action Programme

STRONSAY COMMUNITY COUNCIL

Chairperson: Ion Stevenson, Srindaiea, Stronsay, KW17 2AJ. Tel: 616256

Clerk: Colin McAlpine, The Hill, Stronsay, KW17 2AT. Tel: 616446

Publication of the Modified Proposed Plan & Action Programme May 2012

Orkney Islands Council has published the Modified Proposed Plan and Action Programme. This is open for public consultation and a copy of the document can be borrowed from the Clerk. Alternatively this, along with copies of the TOWN AND COUNTRY PLANNING (SCOTLAND) ACT 1997, PLANNING ETC. (SCOTLAND) ACT 2006, and THE TOWN AND COUNTRY PLANNING (DEVELOPMENT PLANNING) (SCOTLAND) REGULATIONS 2008, are available in both PDF and interactive map formats at www.orkney.gov.uk following the Local Development Plan link on the left hand side of the home page.

Consultation period

A seven week consultation period has been allocated and will end on **18th June 2012**. **It is important that any person who wishes to make representations on the Modified proposed Plan does so during this period to ensure that their views can be considered at the formal Scottish Government process timetabled for late 2012.** Written representations should be addressed to "The Planning Manager (Development Planning and Regeneration)" at Orkney Islands Council, School Place, Kirkwall KW15 2AT before 18th June 2012. ■

An Old Document

It's Queen Elizabeth's Diamond Jubilee this year. The first Diamond Jubilee celebrated in the UK was that of Queen Victoria in 1897, Stronsay's kirk celebrated this with a "Jubilee Soiree" on Friday 2nd April 1897. Jim Cooper kindly loaned the original document for scanning. Some names were pencilled in against the five "addresses" but these haven't come out very well in the scanned image; they were "Frazer Archless", "Brownlie Stronsay", "Paterson Westray", "Heirvison Kirkwall" and "Leaskey Orphir". Does anyone know where or what "Archless" is?

<u>Stronsay Parish Church</u>	
<u>Jubilee Soiree</u>	
on	
<u>Friday 2^d April 1897 at 7 P.M.</u>	
<u>Rev^d Joseph Caskey, Pastor will preside</u>	
<u>Programme</u>	
Anthem	"Wake the Song of Jubilee" Choir
Chairman's Remarks	
Anthem	"Hosanna to the Son of David" Choir
Quarlett	"Tho' your sins be as Scarlet" Party
Address	
Solo	"He shall feed His Flock" (Handel) Miss J. Gorie
Anthem	"I will extol Thee" Choir
Address	
Chorus	"I'm on the field of Battle" Choir
Interval Service of Fruit & Cake	
Anthem	"We sing our Song of Jubilee" Choir
Chorus	"A Year ago" Choir
Address	
Chorus	"When Christ was Journeying" Choir
Solo	"Rock'd in the cradle of the Deep" Mr J. Stevenson
Address	
Quarlett	"Give me thy Heart" Party
Chorus	"march and let your heart be Glad" Choir
Address	
Anthem	"Praise ye the Lord" Choir
Doxology	"Cast thy burden on the Lord" Choir
G.M.	

Bag the Bruck 2012

The SOS committee would like to thank everyone who helped 'Bag the Bruck' this year! A special mention also, to Don, Cameron and Val for their help supplying tractors to gather the bags up, this saves a lot of mauling! Also to Sheena, Arna, Wilma, Doris and Val for supplying the goodies we enjoyed after! Below are some pictures of our happy gatherers!

MANY THANKS!

Gaylor Smith



Bag the Bruck 2012 (continued)



Bag the Bruck 2012 (continued)



Photographs on this page by Roger Neville-Smith



The warmth in the community greenhouse has encouraged my salad seedlings to grow and I have already eaten some spinach, lettuce and radish. Success outside last year was patchy and I am sure I can improve the chances of growing something green and edible.

While looking for an essential piece of detritus in the jungle of my garage I found a very smart flat pack cold frame that I last used three years ago. This would be ideal for growing delicate plants outside and needed to be put up without delay. The instructions have long since blown away but I knew it would be obvious. A little while later I gazed at the impossible dilemma; the cover and the slot-together frame appeared to be completely different sizes and there were several poles which did not fit anywhere and it was so low that even a stunt double for Kermit the Frog would have claustrophobia. I remember camping trips like this where arriving in the dark and rain, children tired and wailing, the tent resists all sane attempts at construction.

I lay on my back staring into the deformed cloche hoping for inspiration. At this point the over-grown puppy, remembering that her job description includes behaving like a hyperactive hearth rug, jumped over the impenetrable fence, assumes I am wanting to play and starts licking my ear canals clean. I recover before drowning in dog enthusiasm and eventually work out the correct shape. I then weighed it down, all round the

edge strip, with water filled milk cartons and relaxed knowing that a good job was complete.

The weather changed this morning and, as I thoughtfully chewed my breakfast, noticed through the window, horizontal snow traveling at speed. I remembered my executive cloche and thought about the soil warming up under its protection. I blinked and was fairly sure that a huge kite flew past the window which was strange because most of the children were away in Kirkwall. I wrapped up well and went to admire the cloche again but was alarmed to see a space where it had been but, alas, no more. It only lasted 3 days before the Met office turned up their wind machine and blew it away.

It would be silly to get discouraged and I feel that the weekend will be a good time to set up a search party, retrieve the aeronautic escapee, and plan even better restraint. ■

On Friday the 4th of May the S1/S2 class and the two standard grade pupils went on an art trip to The Pier Arts Centre in Stromness which our art teacher, Mrs Brown organised for us.

We were given a tour of the gallery by Carol Dunbar, the gallery Education Officer. Carol showed us the work of lots of artists and focused on those who used different fonts and different styles of text in their artwork. We looked at the work of many different artists including Ross Sinclair, The Soulisquoy Printmakers, Margaret Gardiner, Barbara Hepworth and Ben Nicholson.



In the afternoon we had workshops on fonts and different ways of displaying words and phrases. We talked about the Ross Sinclair piece “I love really life” which is a neon sign and then we made our own artwork about what we loved. We then experimented with a selection of materials to make words and phrases.

I think that everyone enjoyed the day and would like to visit again to see different exhibitions in the future. ■

Parent Council Annual General Meeting

STRONSAY PARENT COUNCIL

Chairperson: Gaynor Smith, Grind, Stromsay, KW17 2AN. Tel: 616412

Clerk: Colin McAlpine, The Hill, Stromsay, KW17 2AT. Tel: 616446



Annual General Meeting

An invitation is extended to anyone with parental responsibilities for a child registered at Stromsay Junior High School to the Parent Council Annual General Meeting to be held in the school at 7.30pm on Thursday 7th June 2012.

The meeting will include:

- A Chairperson's report on the work of the Parent Council during the past year.
- A discussion of issues that anyone with parental responsibility for a child registered at school may wish to raise by letter and forwarded to the Clerk at least one week in advance of the meeting.
- Approval of the accounts.
- Election of Office Bearers.

Upper Primary Tag Rugby

by Jude Erdman & Lewis Butcher

On Friday 4th May 2012 Upper Primary went to Kirkwall to take part in a Tag Rugby Festival at the Pickaquoy Centre. There were lots of schools there and we played against 4 of them. We won 2 matches and lost 2 matches. We got our picture taken and went to get our stuff. Then we walked back to the boat to go home. It was fun. ■

SOS Concert DVD

Stronsay Parent Council

SOS

Support Our School

SOS CONCERT

3rd March 2012

DVD's now on sale

At Olivebank

At Ebenezers

Only

SUPPORT OUR SCHOOL

Junior Orchestral Course concert



James, Rebecca, Dianne and Molly at the Picky Centre after the Junior Orchestral Course concert on the 17th of May. These Stronsay pupils had spent 4 intensive days practicing for the very impressive concert with 200 youngsters from around Orkney. Well done to the four of them!

Letter from School Place

Well, I'm in — and on first preferences alone, so there was no doubt this time. A big thank you to all who voted “1” for Clackson! But whether you voted for me or not, I am now in School Place to represent you. You can drop me a line at: West Manse, Sanday, Orkney KW17 2BN or at the Council Offices, Kirkwall, Orkney KW15 1NY. My council e-mail address is: stephen.clackson@orkney.gov.uk.

At the time of writing this, I am still in the throes of “induction”, which means I'm spending a lot of time away from home in Kirkwall. We have had our first statutory general meeting, and a new convener was elected, Dr Steven Hedde. Like me, Steven has a PhD in physics, so he should be able to tackle anything!

I have been placed on the following committees: Policy & Resources; Education, Leisure & Housing, and Licensing. I've also been appointed to the Orkney & Shetland Valuation Joint Board, and I'm OIC's representative on the University of the Highlands and Islands Foundation.

I plan to attend community council meetings and parent council meetings from time to time on your island, so look forward to seeing you then.

Cllr Dr Stephen Clackson

The plant I have cooked with this month is a well known woodland plant. Although not native to Stronsay I have seen it in several gardens.

Wild Garlic - Ramsons - *Allium Ursinum*

This bulbous perennial with its distinctive garlicky scent starts flowering in late spring. Both the leaves and flowers can be used. To identify bruise the leaves between the fingers. The plant gives a wonderfully mild garlicky flavour when used in cooking. Here is how I used it in a recipe. It went down really well at dinner time.

Wild garlic roasties with garlic dip

Serves 4

- 8-10 medium sized potatoes
- A good “handful “of wild garlic leaves and flowers finely chopped
- 2 tablespoons of Olive oil
- Course sea salt
- Freshly ground black pepper
- Any fresh herbs such as Thyme and Bay leaves (dried would be ok too)
- 3 tablespoons of Mayonnaise

Pre boil the potatoes in their skins and let them cool. Pre heat the oven to 200 degrees and put olive oil in a roasting dish placing it in the oven until oil is hot. Peel potatoes and cut into chunks. Place them in the roasting dish taking care with the hot oil. Add all the wild garlic leaves half of the flowers and the other herbs and seasoning. Give it a good stir so that the oil and herbs gets mixed. Put back in the oven for approximately 45 minutes. Add the remaining chopped flowers to the mayonnaise place in a small dish and leave until serving.

Enjoy!

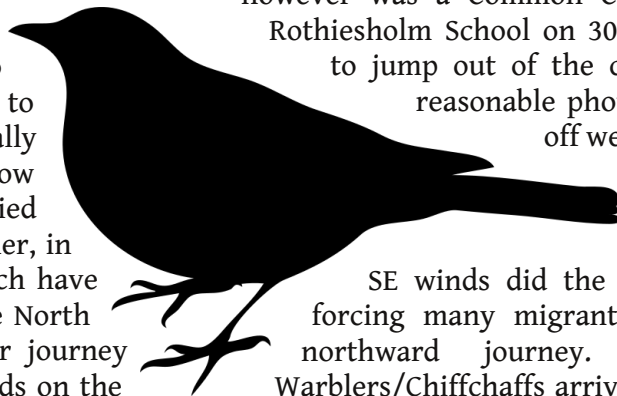
Warning! In order to avoid accidental poisoning eat only plants and mushrooms you can positively identify. Always refer to a field guide.

Recent Bird Sightings

by John & Sue Holloway

This latest report will begin at the end (if that makes sense!) as the weather-forecast for tonight (Wed. 23rd April) looks perfect for a big arrival of migrants - if the predicted SE winds and rain arrive!

Two Red-backed Shrikes (a pair) arrived near Holin Cottage this afternoon - a very unusual sight in Orkney of what is a very uncommon migrant in the U.K. They spent much of the afternoon catching bees, the male even making a 'larder' - for which the birds are renowned - on the barbed-wire fence. We managed to alert several people to the sighting and several managed to see both birds - albeit at generally long-range! The shrikes follow closely on the arrival of a few Pied Flycatchers and a Spotted Flycatcher, in the last 2-3 days - all species which have almost certainly drifted across the North Sea in the SE winds during their journey northwards to the breeding grounds on the continent. With the sudden rise in temperature over the last 3 days our Sand Martins have returned to their sandy cliff-face on The Reserve and two pairs of Swallows are now busy building at Castle. There have also been a small number of warblers in the last few days including a Sedge Warbler by the Mill Stream and a Lesser Whitethroat in same area. 3-4 Common Whitethroats have been seen in mid-May along with the more usual Willow Warblers and Chiffchaffs.



Going back to April, dozens of Robins arrived around mid-month and many stayed on into May. It will be interesting to see if any stay and nest as our usual wintering birds all leave the island in March/April and head off north-eastwards to their breeding grounds. There were a few surprises in mid-April - 5 Jackdaws near Roadside; a Ring Ouzel at Hescome, and a Redstart at Dale. A few Dunnocks and Brambling were seen, but the biggest surprise was a Yellow-billed Diver briefly in Mill Bay on 28th April. Surprise of the month however was a Common Crane flying over the Rothiesholm School on 30th May. We managed to jump out of the car and obtained one reasonable photo as the bird headed off westwards. (see photo).

The heavy overnight rain and SE winds did the trick on 7th-8th May, forcing many migrants to break off their northward journey. Over 15 Willow Warblers/Chiffchaffs arrived along with at least 10 Blackcaps, a Whinchat and best of all Wrynecks - at Holin Cottage and later (possibly the same bird) in the Castle drive. A Long-eared Owl flew in off the sea near Cleat (two arrived on Fair Isle the same day!) and another Ring Ouzel - a lovely male - was near Holin Cottage on 9th (see photo). Elspeth came across a male Redstart at the South School next day and at 6pm visitor Ken Barclay and I came across a fine male Marsh Harrier at the Bu Loch - the first bird of Ken's ten-day visit! (continued page 13)



Common Crane over Rothiesholm



Recent Bird Sightings (continued)

More birds arrived on 11th May, including another brief sighting of a Wryneck - this time at Northbank but bird of the day was a beautiful Wood Warbler in the garden at Helmsley (see photo). This bird came to within two feet of us, flycatching unconcernedly as we stood stock still, half-hidden by a stone wall. Unfortunately many migrants are not so obliging and an elusive Ortolan Bunting was seen in flight only - twice - at Mt Pleasant on 12th. Fortunately the bird was seen well enough - and was heard to call - but in spite of much searching we failed to find it on the ground. Carol reported a Brambling in the Hotel garden on 13th and others were seen at Airy the same day along with a Mealy Redpoll.

The very cold weather and unfavourable winds for much of mid-May brought migration to a halt -

best indicated by the big numbers of Sanderling lingering on our sandy beaches, waiting for a weather-window in order to fly off to the breeding grounds in the High Arctic region. Things began to change on Sunday 20th and several Whimbrel were heard flying over during the next few days. The Sand Martins returned the same day followed by a Spotted Flycatcher and a Lesser Whitethroat on 21st.

Many thanks again to all who have called in with their sightings. ■

Stop Press: Another Red-backed Shrike was found early this evening at Ebenezer Cottage (Lower Whitehall) by Raymond, Margaret, and grandson John.



Ring Ouzel near Holin Cottage



The very obliging Wood Warbler at Helmsley

The Old Manse (progress report)

by Steve & Yvonne

Since the last report we have gotten on quite well in the Manse. Paul has been back to do more plastering, most of the top floor is now done. A large majority on the 1st floor is done too but the ground floor has yet to be started. Clive has been back and all of the lights now work at the flick of a switch and all of the ring main sockets are working (temporary sockets were used previously).



We have put drains in, connecting the house to the septic tank, but I had to block the pipes up as the smells in the house were not great. All of the cold feed plumbing is in and we are part way

through running the hot pipes in. We have bought a second hand kitchen to put in the utility room, which will do for a while.



Hopefully the contract for our turbine should be finalised in the next week or so and that will enable us to put in cables and pipes and finally finish off the plasterboarding, which we are so desperate to do. We have more or less everything to finish the job but little things keep causing a delay. I have told Steve we need to be in for christmas and it's the middle of May already..... I may need to nag. ■



The *Limpet* is freely available on the web where you can download it and print it for yourself. If you really want a printed copy then you can continue to do so but please think hard—do you really need a printed copy or could you manage with the online version, perhaps printing just one or two pages for reference?

If you currently receive a printed copy of the *Limpet* and decide that you can manage with the online version please tell the place from which you collect your printed copy.

www.stronsaylimpet.co.uk

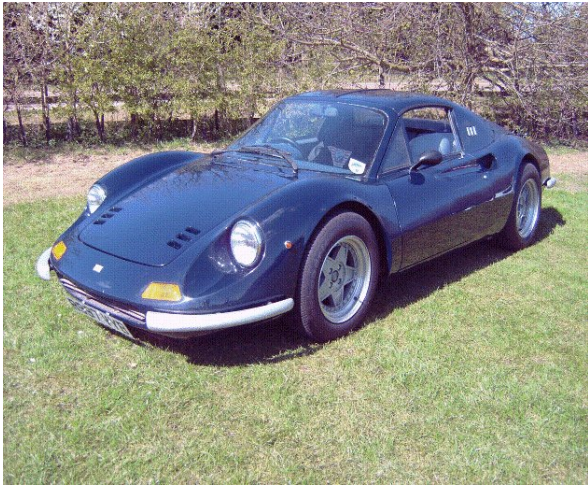
Our Jack

Me uncle was a sailor,
 Active in the war.
 He sailed to many places
 But he favoured Singapore.
 Jack Tar, that's the label
 For lads upon the sea
 And he walked with a rolling gait
 And was employed by Her Majesty.
 His picture was on our sideboard
 In my childhood home
 And I would polish the wooden frame
 Whilst wishing that I could roam.
 Although I never met him,
 For I'm much too young for that;
 I considered that he was handsome
 In his "dandy" sailor's hat.
 If ever there were flowers
 They were placed besides the frame.
 And he'd a look of me brother
 For their noses were the same.
 School holidays were great
 As I'm sure they are today,
 We children had our freedom
 And were always "out to play".
 But best of all, I think,
 Were my holidays at Nanas

Where I was likely spoilt,
 And we played cards for silver tanners.
 I would help her with her dusting
 For she'd a sideboard as well
 And uncle in a silver frame
 Sat besides a china bell.
 It's a long time since the war
 And childhood's long gone by
 But me uncle was a sailor
 And it made me nana cry.
 I've often sailed the ocean
 Now in these golden years
 And on boarding will always whisper
 To all Jack Tars—Cheers!

© Helene Harrison

Local Businesses



“NEIL’S ON WHEELS”

All mechanical work undertaken,
welding specialist,
MOT prep work, home start,
towing service, no call out fee.

Mobile: 07723 304 260

Home: 01857 616454

STRONSAY ARTWORKS

Original paintings of Stronsay Landscape; Limited edition prints, greetings cards and postcards which are available for sale at local shops, Post Office, Hotel, B&B's and the Fishmart. Commissions taken.

Phone: 01856 870075

Email: jennystone001@btinternet.com

INSTANT PHOTOS

Passport, visa, travel pass, driving licence, gun licence, etc.
Personalised birthday, Christmas & get well cards with your own special message or photograph.
Business/Invitation cards.

You name it! Tell me what you want & I'll supply it.

Call Bill Miller on 616420

ORKNEY STAR ISLAND SOAP

Real soap made by hand with care in Stronsay. In our Orkney range we have Orkney Bere barley bran - seaweed with sea salt - clay with the Stronsay Beast stamped into each bar. Favours for weddings or special occasions are done on commission only. Please ring for details.

Available from our online shop and locally at Olivebank and Stronsay Arts & Crafts.

Tel: 616281

Email: info@orkneystarislandsoap.co.uk

Web: www.orkneystarislandsoap.co.uk



Local Businesses (continued)

STRONSAY ARTS AND CRAFTS SHOP

Stronsay and local craftwork
Orkney books, cards, gifts, photos and
more.

Open 6 days a week; Tuesday through
to Sunday 12.00 to 17.30.

Shop will close at the end of
September 2012.

Tel: Julia 616434

www.stronsayartsandcrafts.co.uk

COMPUTER SERVICES

Advice, Internet connection issues,
Website design, Hosting, I.T.
Training and much, much more.

Contact Neil @ Schoolbrae, 616317

Email: enquiries@gb-en.eu



Greeting, Private Sales & Wants

FOR SALE SEMI-DETACHED 1 BEDROOM BUNGALOW

Freshly decorated and new carpets throughout
Sale to include:

Fridge, Freezer, Cooker and washing machine
New Multi Fuel Burner in Lounge

Larger than average back garden comprising workshop (container) with power
points and lighting, 2 new good quality garden sheds, coal bunker and greenhouse

Price: £45,000

Ring: 01857 616388 or 616439

Business adverts

Up to 25 words - £1.50. 25 word advert with photo - £3. 25 to 50 words - £3 and so on.

Private adverts (for sale, wanted, birthday greetings, etc.)

Up to 25 words - £1.00. 25 word advert with photo - £1.50. 25 to 50 words - £1.50 and
so on.

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front
page. Contact details are on the back page.

Groups, Clubs & Organisations

STRONSAY STITCHERS

Thursday 31st May
Church Hall From 7pm-9.30pm

31
MAY

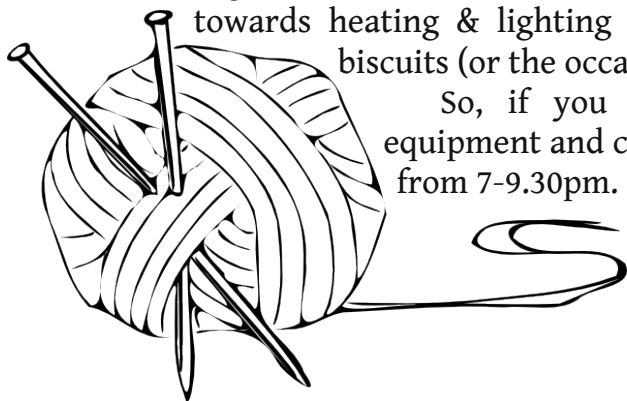
Please make a note for your calendar - in future our meetings will be held on Thursday and not on Friday evenings. This month's gathering will be on Thursday 31st May in the Church Hall from 7pm-9.30pm.

You can bring cross stitch projects, quilting, spinning, crochet, sewing, embroidery, mending, rug hooking, knitting, weaving or UFOs (un-finished objects) to name but a few. It's a great opportunity to get to grips with that old project that's been lurking in a corner for ages or start up a new one. You'll find us supportive, enthusiastic and tolerant (when it goes wrong!); bringing together a collective wealth of experience and knowledge.

We are an informal group that meets on the last Thursday of every month. You can come for as long or as little, or even as often as you like. A donation of £2.00 per session towards heating & lighting is all we ask and there will be tea, coffee, biscuits (or the occasional home bakes if we're very lucky!).

So, if you feel like it, pack your stuff, bring your equipment and come along on Thursday 31st May, Church Hall, from 7-9.30pm.

We'll look forward to seeing you then!



Stronsay Community Association Jubilee Celebrations Monday 4th June

4
JUNE

Treasure Hunt, 6:30pm for 7pm, leaving at 7pm prompt.
£5 per car followed by a "posh" supper and beacon lighting
Admission to supper only £2 adults, 50p under 16s
Admission to treasure hunt £5 per car (includes supper too)
Bar facilities, pool, PS2

Come along and join the celebrations, you won't see another Diamond Jubilee!
There may also be some celebrity surprise guests - you never know!!



MOBILE LIBRARY

19
JUNE

Next visit:

TUESDAY 19 JUNE 2012

Council Houses: 9.00am-11.00am

Stronsay School: 11.30am-2.00pm

Stronsay Kirk: 2.30pm-4.30pm

Stronsay School: 6.30pm-8.00pm

Mobile library schedule: www.orkneylibrary.org.uk/html/mobile2_timetable.htm

Kirkwall library contacts: 01856 873166 or general.enquiries@orkneylibrary.org.uk

Kirkwall library website: www.orkneylibrary.org.uk

Kirkwall library online book catalogue: <http://212.219.208.10/TalisPrism>

Check new library opening times:

www.orkneylibrary.org.uk/html/opening.htm#NewHours

2012 BONFIRE

24
JUNE

**Join us for the Papa Stronsay Barbeque &
Bonfire Night on Sunday 24th June 7.00 p.m.**

All are invited and welcome.

Golgotha Monastery Island, Papa Stronsay

Please bring desserts to share. All else provided.

The boat pick up is between 6.30 pm and 7 pm.

If you have any wood or burnable materials for building the bonfire, please bring it and set it down next to our red van or call us and we will pick it up.

616 210

Thank you.

FRIDAY NIGHT GAMES CLUB

Ages 10 or over only

Friday night 8pm until 10pm

Entrance £1

Come along for a fun filled night

Air hockey table, pool table, Play Station 2, Nintendo WII & Sing

Star, snooker

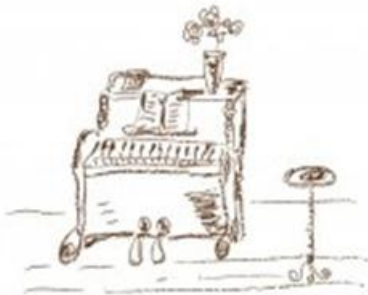
Juice, crisps and sweets available



CHURCH FUND RAISING IN THE BLUE DOOR

Stronsay Church has been fortunate in getting the use of the Blue Door charity shop in Kirkwall for the week beginning 9th July. This has come along at a very appropriate time for us as, in addition to the usual fund raising for the upkeep of the Church, we currently have two large additional projects that we need to raise funds for.

Firstly we need to purchase a new organ for the Church. The present organ is now more than 25 years old and has served us well over that time giving pleasure to many with music at church services, weddings, concerts and other events. It is now sadly showing its age with Bruce having to perform running repairs and administer first aid to keep it going and we feel the time has now come when we need to replace it before it needs major surgery!



The other project needing to be done urgently is to rewire the Manse. Following a

recent electrical inspection the Manse was found to be well short of the acceptable standard and we have had to make the decision to get it all rewired before we have a new Minister staying there.



If you are having a spring clean, a de-clutter, are downsizing or simply have something you don't need any more then we would be delighted to get it to send in to the Blue Door to help with our fund-raising. You don't need to wait until July as anything you do have would be gratefully received anytime at Ebenezer Stores or give it to Raymond, Elsie or Ian. During our week at the Blue Door the helpers there hold a raffle as well as selling goods so if you happen to be in town that week why not drop along to see them and perhaps pick up a bargain or two to fill all that space you've cleared! Any support you are able to give to our fund raising efforts would be greatly appreciated. ■

STRONSAY COMMUNITY ASSOCIATION

Rooms for hire from only £2 per hour plus hydro charge.

Special event coming up? Why not hire the disco equipment with rotating glitter globe and pulsating coloured lights for only £5 plus room and hydro charge? A DJ from the Hall list must be used.

Also available for hire: badminton, table tennis and snooker all at £2 per hour plus hydro. All equipment provided.

Adult supervision (over 18) must be present during hire.

For details and booking contact Colin on 616446.



STRONSAY HEALTHY LIVING CENTRE



Supervised session times from Monday 28th May 2012

	am	pm
Monday	Buddy	4.15-5.45
Tuesday	Buddy	4.15-6
Wednesday	Buddy	4.15-5.45
Thursday	Buddy	4.15-6
Friday	Buddy	4.15-5.45
Saturday	closed	closed
Sunday	closed	closed

Under the 'Buddy' system members may use the gym if they feel confident to exercise with another member who is also inducted, over 18 and pre-paid.

Buddy hours are the same as school opening times.

A code will be needed to access the gym.

14&15 year old member use is limited to periods when a fitness advisor is on duty (see above).

16&17 year olds must be with an inducted member who is over 18 or at a time when a fitness advisor is on duty.

New inductions by appointment only.

Tel: 616449

Announcements by charities, local groups, clubs and organisations are FREE!

The cutoff date for items to be included in the next edition of the *Limpet* is on the front page. Contact details are on the back page.

Useful Information

POST OFFICE OPENING TIMES	
Monday, Wednesday, Friday	8:30-12
Tuesday	closed
Thursday	8:30-12 and 1-3
Saturday	9-12

Post collection times 7:30, Monday to Saturday
 Replacement bin bags Telephone OIC (Technical Services) on 01856 873535
 Sunday service at the Kirk 11 am
 Our Lady's chapel, pier head Daily Masses at 7:30 am and every Sunday at 9 am
 Next Special Collections Friday 6 July 2012

Doctor	616321	Castle Bird Reserve	616363
Nurses	616480	Neil's on Wheels	616454
Medical emergency	01856 888000	Balfour Hospital	01856 888000
Registrar	616239	Hydro	0800 300 999
Hall bookings	616446	All water enquiries	0845 601 8855
Post Office	616278	Kirkwall Library	01856 873166
Companions	616261	Kirkwall Police	01856 872241
Kirk	616311	Vets:	
Monastery 616210	contact@the-sons.org	Flett & Carmichael	01856 872859
Stronsay Hotel	616213	Northvet	01856 873403
Fish Mart Hostel	616339	Dentists:	
Olivebank	616255	Great Western Rd.	01856 879683
Ebenezer stores	616339	King Street	01856 875348
		Earls Palace	01856 872958

HOW TO CONTACT THE LIMPET

Send an email to ricardian@btinternet.com, phone Bruce Fletcher on 616297 or write to *The Limpet, Claremont, Stronsay, KW17 2AR*.

The cutoff date for the next edition is Wednesday 20 June.

www.stronsaylimpet.co.uk

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Supported in its activities by HIE Orkney, Orkney Islands Council, and Orkney Community Planning Partnership