

# STRONSAY LIMPET

FUNDED BY STRONSAY DEVELOPMENT TRUST

ISSUE 35 APRIL 2008



#### **Fiona Margaret Stout**

29 - 01 - 1933 - 13 - 03 - 2008

Fiona Ried was born in Kirkwall at Ayre Mills returning soon after her birth to Stronsay. She had four brothers Archie, Billy, Sandy and John and three sisters Betty, Olive and Margaret. They were brought up in a cottage at the Lower Station in Stronsay and Fiona attended the North School later going to Central School in 1942 On leaving school she started work at Whitehall and later in the Post Office. In 1951 Fiona married a former school contemporary James Stout in Saint Magnus Cathedral in Kirkwall returning to stay at



1983

Runthall on Stronsay. They had three children Jim, Anne and Colin all the births being attended by the local midwife Babbie Burgess. They later moved to Grandview in 1962/3. Fiona worked in the local fish factory, supplementing her income by taking in tradesmen who came to work on various projects on the island. She and her husband later bought the Stronsay Hotel which they ran for twenty years. An annual event during this period was a Cancer Fund Raising event which proved very successful. On their retirement they moved to Earnmore and later to 2 Whitehall. During the twelve years I have served on Stronsay it was my good fortune to get to know both Fiona and her husband Jimmy very



good fortune to get to know both Fiona and her husband Jimmy very well. On my Friday morning visit I was always treated as an extra family member regaled by sea tales from Jimmy and good common sense encouragement by Fiona. As a morale booster she was second to none and I along with the rest of the community will mourn her passing for a long time to come.

She is survived by her husband, her three children, four grandchildren and two great grandchildren.

By Dr G.McKay

#### THE LATE MRS CHRISTIANE KIRK

1925 - 2008

Simone and Jack would like to thank everyone for their kindness and consideration and in particular Dr. McKay and Dr. Rawlinson, Linda and Katrina.

She enjoyed coming to stay with us in Stronsay many times over the years, even though she always maintained it was "too cold". But then again, she always said the same about anywhere in the UK compared to her native France! May she rest in peace in her adopted Yorkshire.

BROTHER ALBAN 10 - 01 - 1917 10 - 02 - 20

I first met Brother Alban and his older companion Father Cummins a week or so after they arrived on Stronsay in 2003. Both were complaining of excessive tiredness and on asking them where they had come from I was informed that they had come from Perth. I sympathized with them that the journey from Perth was guite long and tiring for men of their advanced years. It was not until some time later that I was told that they had indeed come from Perth, but they had not mentioned that it was Perth Australia. Such, I was later to come to understand, was typical of these two men, who saw nothing remarkable in the



they had undertaken to spend the last remaining years of their lives with members of the religious community to which they belonged.

Brother Alban was born at Peria in the northernmost part of the North Island of New Zealand. Lawrence William McMullen as he was then known, was the fourth child of Terence McMullen and Mary Catherine nee Lyons. Terence McMullen initially worked as County Surveyor and later took up farming in Central North Island. Of the nine children no less than five followed religious vocations Lawrence ioined The Little Brothers of Mary a religious teaching order who run Catholic schools throughout the world. He took his first vows in 1938 and as Brother Alban Michael taught for most of his life in Fiji and New Zealand.

He became increasingly alarmed by the changes brought about by the Second Vatican Council in the mid 1960's and during this time met Father Cummins who

had traveled from Australia to New Zealand to say the Traditional Latin Mass. He later became a companion to Father Cummins traveling with him to Australia and later to Stronsay

Towards the end his health deteriorated quite rapidly but he faced the inevitable in his normal calm manner sustained throughout by his deep religious faith. He passed quietly from this life on the evening of 10th February 2008

Requiescat in Pace

Dr G.McKay



Br Alban Circa 1945

### JUST ANOTHER DAY by Dr George McKay

Already however it was possible to estimate the success of the haul as flat fish - plaice and soles - sink, unlike round fish-haddock and cod - which float to the surface due to the rapid expansion of their swim bladders as a result of decompression. No great weight to be pulled up this morning - still too early in the season for the main migration to have started. Still, in the cod end once it had been lifted aboard, there was about a hundred weight of mixed flats - lemon soles, plaice, dabs and a few skate-a fairly average haul for the season. The fish were sorted into boxes, the net readied for the next haul then the boat lay idly for an hour awaiting the dawn when the next haul would be started into much deeper water.

Slowly, reluctantly the darkness started to lift, first beyond the lights of Fraserburgh with Kinnaird Head lighthouse flashing its regular warning. Then gradually the cliffs two or three miles distant started to take

on a more solid outline-And not by eastern windows only With the dawn comes in the light

Slowly the dark surface of the sea changed to pewter, small waves visible on its surface. Time to start again. From almost the same position the dhan is cast over but this time the gear is payed out to the north - out towards the steeply sloping edge of the Southern Trench where the sea bed falls rapidly from a flat plain two hundred feet below them to a dark mysterious canyon whose maximum depth reaches close to eight hundred feet down. On the edge of this slope haddock and young cod appear with amazing regularity. Where they come from no one really knows. Do they come from the depths of the trench? Unlikely as the bigger boats which are able to work this deeper water seem to catch a different size offish-larger cod, dogfish. Do they travel along some mysterious pathway known only to themselves on the edge of the abyss stopping briefly at well defined spots like the traders of old in the caravanserai on the old Silk Road out of China? So much mystery surrounds the migration pattern. Only experience, built up over the years has shown definite stopping points where they are vulnerable and where the human predators wait to intercept them. Today, early in the season, only two or three boats are present but in a few weeks time thirty or forty boats will be there waiting.

Out goes the first side of warps, followed by the net. The boat turns south to head back towards the dhan. Today the wind is light from the southeast as is the tide. To tow the gear evenly the warps must be brought up on the port side so the last tail of the second warp must be brought round from the starboard side, aft round the wheelhouse and forward to the winch ready to start the tow. He bends down, picks up a few turns of warp, slings them on his left shoulder, jumps across the ready stacked fish boxes, grabs a rope stay leading up to the fish derrick and waits until the boat rolls slightly to starboard then swings out and aft to land aft side of the wheelhouse as she rolls back to port. Instead of landing safely behind the wheelhouse there is sudden darkness. On the side of his face there is a sudden rhythmic beat - the pulsation of the propeller. Although he has no recollection of falling he is at one level completely aware of what has happened. The rope stay had broken under his weight, throwing him overboard. The fisherman's worst nightmare had begun, he is in the water. In the water - fully clothed in heavy cumbersome gear, mid November in the North Sea - not a recipe for a long happy life. On the positive side he is young, heavily muscled after years of physical exertion and well accustomed to the cold. Although it is something that he had never really thought about he certainly would not consider himself heroic - and yet there is no sense of panic. Uncertain which way he is facing - up or down - there seems little point in struggling. Relax and go with the flow- seconds later his head breaks the surface and at least he can breathe again. From his viewpoint, a few inches above the water surface the boat already appears far distant and still sailing away from him. Has anyone seen him go over? Then slowly, ever so slowly the boat starts to turn to starboard, slowly retracing her course. At least he has been seen. Now the more immediate concern is to stay afloat until they reach him. The first thoughts are of the heavy water filled thigh boots - or rather one boot - he never could remember if both were still on when he surfaced. The first thought is to kick them off to increase buoyancy. Then the sudden thought - they were bought new last week - too expensive to lose. Then rational thought takes over. This is the real thing-not some film drama - a quick flick of the foot and the remaining boot slips slowly from his foot to start its descent to the seabed far below. Then some sixth sense tells him that close beside him is the warp which they have just paid out. Down goes his left hand and there sure enough, a foot or two below the surface is the rope.

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There were a number of interesting sightings in March this year including several Siskins around 10th when singles were seen by Viv in the village shop garden and Leonora in the Hescombe garden, and two together were seen by Wendy at Linkshouse and Trish at Earnmore. A loose flock of over 50 Skylarks was seen on and off at Briarlea, and Ross Goodwin had several sightings of a Glaucous Gull and a party of Snow Buntings at Holland. Two over-wintering Sandwich Terns were seen on the Blan Loch on 11th, the same day as a female Stonechat was seen in the Dale Quarry and a Dunnock arrived in the garden at Southbank. A party of Gadwall were present on the Bu Loch (two still there on 19th April) whilst in Mill Bay 4 Slavonian Grebes were seen offshore and the wintering Water Rail was seen scurrying along the edge of the Mill Stream on several occasions. The first Pied Wagtail was seen (typically!) by Norman Kent at Dale on the late date of 19th, and two Rooks on 27th and over 40 Jackdaws on 31st were also seen at Dale. Vying for 'Bird of the Month' were the beautiful male Grey Wagtail found by Norman and Kath at Dale on 28th and the equally colourful male Yellowhammer found by Paul and Ellen at Fernside on 31st. Both were sadly 'short-stayers' - typical of spring migrants moving north to the breeding grounds. March ended with sightings of several Goldcrests and the first Bonxie (Great Skua) on 31st

Early April brought the usual influx of Great Northern and Redthroated Divers, and a flock of over 40 Purple Sandpipers was seen several times along the shore in Mill Bay where they were taking advantage of the extensive areas of exposed rock between Linkshouse and The Reserve. Sightings of single Greenfinches on 2nd - at Dale at 9am; Castle at noon, and at Earnmore at 3.30pm - may all have been of the same individual, but with 10 together reported by Carol in the Hotel garden on 3rd, followed by six at Earnmore the same day, they were probably different birds. A Wood Pigeon at Cleat on 4th however, was probably the bird seen by Hazel in the Airy garden next day. A few thrushes were seen in early April, and the Dale Quarry struck again on 7th when two Snow Buntings were seen there- and photographed - by Norman Kent. 6 Greenfinches were at Earnmore on 6th and Linkshouse on 8th, and 31 Jackdaws were seen briefly at Dale on 11th.

The first Chiffchaff was in the Castle garden on 11th with one at Cleat a few days later, and a few Robins arrived around this time. A Blackcap was seen by Jim Cooper at Cleat on 15th and an owl seen briefly in the Northbank garden by Jim Sinclair the same day was almost certainly a Long-eared.

With spring migration well under way and east winds forecast to continue, the recent sightings of a Lapland Bunting at Housebay and a Hawfinch in the Southbank garden - both by Ross Goodwin - are sure indications that birds are being blown off course on their journey northwards. Both sightings illustrate just how unpredictable birdwatching can be!

John & Sue Holloway

#### STRONSAY ROCK SCHOOL

On Saturday 22<sup>nd</sup> and Sunday 23<sup>rd</sup> March the last in a series of Rock Schools to hit Orkney took place, this time in Stronsay. Once again, the Rock School was organised by Walter Gorman, Community Education Worker for Orkney Islands Council and funded by the Childcare Partnership.

Over the 2 days 13 young people took part in Bass Guitar with Brian Cromarty, Electric Guitar with John Pettigrew, Drums with Johnny Foulis, Singing and Song Writing with Gemma MacGreggor and Sound Engineering with lan Sandison. The group tried each of the workshops and once again their hard work paid off when it all came together in a tuneful production of music and song on the final day.

Throughout the weekend the group worked hard learning new musical techniques and also completed work which will be assessed and accredited by Youth Scotland leading to a Dynamic Youth Award.

Evaluation forms were completed on the last day and it was encouraging to see that all participants enjoyed themselves, saying that the only thing that would have improved the weekend was if it could have lasted longer!

Participants included: Keith Holland, Craig Stout, Emily Bourn, Jacqueline Srmfh, Kevfh Kent, Branwen Bourn, Diane Smith, Andrew Fraser, Juliette McCheyne-Robb, Courtney McCheyne-Robb, Henry Bourn and Harmony Bourn, they are pictured here with the tutors.



#### A letter to the dogs of Stronsay.

Dear Doggies,

/If you are fortunate enough to be taken to Millbay by car for your exercise can I make a plea that you speak seriously to your owner or dog walker and ask them to clear up any of your droppings off the access road or grassed areas should you have an accident before you reach the beach.

Toxicara canis is a worm that is sometimes carried in your stomach and is then evacuated with your faeces. The eggs are then introduced to the earth through the grass and are then ingested by children unlucky enough to be playing in the area. Toxocariasis then develops which can in certain circumstances cause blindness in children. Researchers at Yale University are now exploring the connection between Toxicara canis and allergic asthma in urban areas.

So you see it's not just a matter of me not liking mess on my boots or that your droppings look unsightly it's about what you think of children's futures.

Thank you John Walsh

#### STRONSAY LIFEGUARD NEW'S

Friday March 28<sup>th</sup> was a good day for Stronsay Swimming Pool. By the end of the day we had two new Lifeguards, a new Trainer/Assessor, two Lifeguards had renewed their qualifications and the pool passed its annual IQL inspection.

The two new Lifeguards are Sarah Stevenson and Christine Carter. As a result of them passing the NPLQ (National Pool Lifeguard Qualification) their trainer, John Chalmers, also gained his Trainer/Assessor award. John had a busy day as he also had to do the NPLQ test himself, along with Bob Tateson, because Lifeguard qualifications must be renewed every two years. It is vital for a small isles swimming pool to have its own Trainer/Assessor. They are needed not only to train new Lifeguards but also to supervise regular monthly training and practice for qualified lifeguards. If there was no ongoing training the IQL could, in theory, shut the pool down within a few months.

Congratulations to Sarah, Christine & John. Everyone who uses the pool will benefit from the hard work they put into gaining these qualifications. We should also give a big thank you to Sheena and Paul who are stepping down from Lifeguarding and the Swimming Club after 10 years of service. Sarah and Craig will now take over the Swim Club.

We are always on the lookout for new people to train as Lifeguards. You do not need to be an Olympic standard swimmer. You do need to be over 16, confident in the water and have a reliable and sensible attitude to the safety of other people. If you are interested contact any of the Lifeguards.

#### STRONSAY ARTS & CRAFTS, CLIFTON

HOPING TO OPEN SOON AS WELL AS PROMOTING & SELLING LOCAL CRAFTS WE SHALL BE STOCKING A VARIETY OF GIFTS FROM FAIR TRADE SOURCES.

ORKNEY BOOKS, MAPS, CARDS & SOME SUPPLIES LIKE WOOL & KNITTING NEEDLES. IF YOU PRODUCE ANY ART, CRAFTS, PHOTO'S, CARDS, ETC AND WOULD LIKE TO SELL THEM IN THE SHOP, OR HAVE IDEAS FOR MATERIALS /SUPPLIES THAT YOU WOULD LIKE TO SEE STOCKED. PLEASE CONTACT JULIA ON 616434 or EMAIL julia@stronsayartsandcrafts.co.uk

#### The Stronsay monsters relative.

A tale just for fun on the anniversary year of the Stronsay monster.

It was a warm misty day and the midges were biting but Marcus and Joe still went on their favourite walk over the heather and up to the cliff tops to watch the birds ducking and diving they crawled through the long grass parting it near to the edge so as to get a good look not disturbing the birds acrobatics. The grass was moist with droplets of mist but being young it did not seem to matter. They looked down onto the beach below gentle grassy banks stretched down to the stony shore rabbits could be seen popping in and out of their burrows sometimes as many as five or six young ones daring to come out of the safety of their homes. This morning was like no other however for no rabbits could be seen and all the gulls were far out to sea, there was a strange quietness about the place

It made them shudder. They thought they would not stay long today as they did not like the feeling.

They were just about to stand up and walk away when they were rooted to the spot not being able to move at all for out of the sea came a long grey neck with spines along it and a small head with large eyes the creature stretched out from the sea to reach the lush grass growing on the banks was it any wonder that there were no rabbits out this day. Marcus and Joe did not notice the cold and dampness of their clothes they did not speak but both lay as still as could be staring at the spectacle before them. As the sea monster finished one grassy bank so it rose further and further out from sea first one pair of legs appeared then another and another six legs in all its tail so long it never left the water. As the mist cleared far in the distance was a fishing boat surely they must see what was happening. The sun had started to come out and crackling could be heard as the heather started to dry out a fly kept bussing about around the boys heads until it had to be brushed aside the movement alerted the sea monster who looked up stretching it's head almost to the top of the cliff it studied the boys nodded it's head and winked then slowly slipped back into the sea. They ran home as fast as their legs could carry them both crashing through the door at the same time with tales of what they had seen. It made the national news lots of people came in boats and flew to Stronsay to take a walk amongst the heather they lay along the cliff top they set up a camera hours were spent watching but so far no more sightings. Of course it must have been the famous Stronsay monster's relative will he appear again this year if you go for a walk about the heathery hill keep quiet and look out to sea just in case. By Christine Richings.

#### OUIZ

- 1. Which fruit is a cross between a grapefruit and a tangerine?
- 2. What is noble rot?
- 3. From which language does the word 'alcohol' originate?
- 4. Which drink is made from the roots of the smilax plant?
- 5. Which is the only type of cheese that merits a mention in the 'Doomesday Book'?
- 6. Which Spanish town gives it's name to the alcoholic drink sherry?
- 7. What is the name of the tract that carries food through the body's digestive system?
- 8. What is the much shorter name of Feast of the Presentation of Christ in the Temple?
- 9. What Japanese delicacy is considered to be the world's most dangerous food?
- 10 Mozambique is the world's largest producer of which type of nut? ANSWERS BELOW and world and a superior of the superior of

A tangelo 2. A flavour - enhancing mould (Botrytis cinerea) used in the production of wines
 Arabic 4. Sarsaparilla 5. Cheshire cheese 6. Jerez de la Frontera 7. Alimentary 8 Candlemas.
 Fugu fish. If not prepared properly chef can release from the fish's internal organs tetrodotoxin, a powerful neurotoxin that can cause death in approximately 60 per cent of persons who ingest it

#### LIBRARY

NEXT VISIT Tuesday 6th May Village 9.15 - 11am School 11.30 - 2pm & 6.30- 8pm Gorries 2.30 - 4.30pm

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SHRUBS, ONION SETS & PERENNIALS NOW FOR SALE. ORDERS BEING TAKEN FOR VEG. PLANTS & BEDDING PLANTS. PLEASE CONTACT GIL or LINDSAY

TEL: 616377

Y I , FUNDRAISER FOR STRONSAY'S NEW MUSIC GROUP

8

COME ALONG TO THE COMMUNITY CENTRE SUNDAY 4th MAY 1.30 to 3.30pm AND LISTEN TO THE

'STRONSAY'S SILVER DARLINGS' HAVING A TUNE

THERE WILL BE A RAFFLE, TEA, COFFEE & HOME BAKES FOR SALE

TEA & COFFEE 50p JUICE 20p

HOME BAKES 30p

ANY DONATIONS OF RAFFLE PRIZES GRATEFULLY RECEIVED COME ALONG AND ENJOY A CUPPA AND A MUSIC FILLED AFTERNOON.

FUNDRAISING WILL BE ONGOING AS
NEGOTIATIONS ARE UNDER - WAY FOR THE PRODUCTION OF A CD
(GROUP CONSIST'S OF FIDDLE'S, CELLO'S, ACCORDIONS', TIN WHISTLE,
BASS & ACOUSTIC GUITAR, PIANO & A BANJO)

#### Stronsay Community Council

Clerk: Pat Wilcox Shamrock Lea Stronsay

Tel: 616353

Need to dispose of a scrap vehicle?

Here's what to do: 1 Request the relevant form from the Community Council Clerk
2. Complete the form and pass it with your payment to haulier when vehicle is collected

from you.

 Your payment will be refunded to you by OIC on their receipt of relevant signed paperwork from the haulier. cost of a single journey for car Stronsay / Kirkwall (currently £15.05)



## by LINDA SPENDLEY PETE THE PONY LEADS THE PARADE

Pete the Pony hadn't taken long to recover from his ordeal on Bonfire Night. He'd been stolen, but luckily, Mr Jones, his owner, and Tom, the blacksmith, hadn't wasted a moment in rescuing him. Pete had been a little bit shaky, but he was soon back to his normal self.

Life at the riding stables was always quiet during the winter months, and Mr Jones was having trouble making ends meet. While he and Tom had been chasing after Pete, he'd told Tom about his money troubles. Tom had realised that Mr Jones wasn't a bad person, after all, just a very worried one.

To make things worse, Mr Jones had a nasty case of 'flu. Because he couldn't afford to pay anyone to look after the ponies, he'd struggled on by himself. One day, when Tom called to see him, Mr Jones was so poorly, he could hardly stand up.

"Why didn't you phone me?" asked Tom. "I could have helped. In fact, I still can. I think you should go upstairs to bed. I'll phone my wife, and when Holly gets home from school, they'll come, too."

Mr. Jones didn't have the strength to argue. Tom helped him into bed, made him a mug of tea, and then went outside to see to the ponies. First, Tom looked in the stables. They were an awful mess. Mr Jones had done his best. But. Oh dear!

Before he went to fetch a wheelbarrow, Tom phoned Lynn, his wife. He told her what had happened, and she agreed to come and help, as soon as Holly got home from school.

"I'll bring some food," she said, "and some clothes. It's the last day of term, so we can stay for a while. Are there any children booked in?"

"I don't know," answered Tom. "I'll check. We might have to cancel them."

"Don't do that," said Lynn, who'd been a riding instructress before she got married.
"I can take over if Mr Jones is still too poorly. It'll be fun."

"Okay," said Tom. "But you'd better hurry. The stables are a dreadful mess, and I expect the ponies will need a good groom."

#### WORD SEARCH PUZZLE

ABACUS	CABINET
ACROBAT	CABLE
AEROBICS	CALABRESE
BACCARAT	CARIBOU
BACKACHE	CAROB
BACKGAMMON	CATACOMB
BACTERIA	CELEBRATE
BALACLAVA	CHAMBER
BALCONY	CHARITABLE
BASILICA	CHILBLAIN
BATCH	COBRA
BLACK	COMBAT
BLEACH	CRAB
BRACELET	1 C 12 C 1 C 1 C 1 C 1 C 1 C 1 C 1 C 1 C
BRACKEN	
BRACKET	
CABARET	

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# **LOCAL BUSINESSES & ADVERTS**

# Stronsay Fish Mart Opening Hours CAFÉ, HOSTEL & INTERPRETATION CENTRE

THURSDAY 12:00 ~ 14:00 FRIDAY 17:00 ~ 19:00 SATURDAY 17:00 ~ 19:00 SUNDAY 12:00 ~ 14:00 & 17:00 ~ 19:00 TEL 616386

#### STRONSAY ARTWORKS

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Coming soon
Fresh Made Pizza's
IN OUR NEW PIZZA
OVEN made to order

Bookings Advisable.

#### OLIVEBANK DECORATE THE BAG COMPETITION

For the bag competition that Maurice and Sheila held there were 10 entries, (this number could have been better considering 150 bags were given out) Some of the bags were decorated on both sides and others on just one. It was a very hard job deciding which one would be the winner. Different techniques were used, some had been stitched others glued and quite a few had drawn designs on them. They were all exceptional. 3rd prize went to Doris, who admitted that it was actually Leah and Molly that were responsible for the wonderful artwork, Leah did one side, Molly the other. It consisted of very colourful design of sausages, papers and all other goods that Olivebank stock. Their prize was a large box of dairy box chocolates to which Molly replied 'Mom loves these' 2nd prize went to the Dr Rawlinson's wife who did a sewn design of a Bonxie with a map of Stronsay sewn on the other side. Their prize was a pack of 3 mugs. 1st prize went to Nan, her bag having a poetic version about the helpful staff, great bargains, offers, new stock and facilities available at Olivebank. The prize of a ewe and her lamb ornament was presented as Nan was in the shop at the time. The other 7 entries all received a large bar of chocolate. All bags had Olivebank mentioned on them and most bags mentioned the environmentally friendly issue. Many thanks to the 'girls'!! from the Limpet who had the awful task of deciding the winner as all entries were excellent. Well done everyone. Some of the many offers now available in Maurice's are, FRESH minced and diced venison, (due in Tuesday), a comprehensive stock of wines, many of which are on special offer. Also spring has arrived, compost and plant feed available, also for that spring clean, paint and brushes in stock.

1st

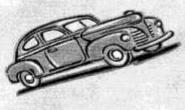


2nd

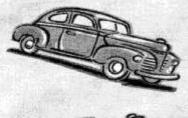


3rd

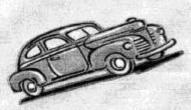








Cars Serviced & Repaired Exhaust & Tyre fitting MOT preparation



Ring Maurice 616255

#### CALF TRIPLETS

The first calf triplets to be born in thirty years at Airy farm arrived on April 1st two were born before midday and to everyone's surprise a third appeared after lunch. The mother an Aberdeen Angus cross not only carried three calves but was raising two more from her previous pregnancy. Raising twins, and carrying triplets, not bad five calves in thirteen months!

#### WANTED

Does anyone have an old (Victorian / Edwardian) chest of drawers for sale? Painted or polished wood, but must be in good condition.

> Tel: John & Sue Castle 616363

#### LEADER OF THE PACK

The dreaded 'Plastic' bag We have all heard of the 'pack' And we have all heard of the people who follow the 'pack' But here on Stronsay, we have our own leader of the 'pack' Congratulations Maurice, you are away ahead of the field by having supplied at your own expense those sturdy shopping bags to your regular customers, helping to eliminate the use of the 'plastic' menace.

Belle

# **96.5** lbs

# SPONSORED SLIM

Fundraising for Breast Cancer Campaign

Stronsay Slimmers completed the sponsored slim on 2<sup>nd</sup> April and we are delighted to announce that we lost 96.5 lbs between us!

Although the sponsorship is finished, the weight loss we have achieved has encouraged us to continue with healthy eating and exercise, and Linda has kindly offered to arrange monthly weigh-ins at the surgery.

If you have been generous enough to sponsor a slimmer, could we please ask that any sponsor money still outstanding be handed in as soon as possible so that we can forward it on to the charity. We hope to announce the total amount raised in the next issue of the Limpet. Thanks to everyone for their support.

#### HAPPY 13th BIRTHDAY FOR

MAY 9th SHANNON HAVE A GREAT DAY LOVE FROM U. STEVE, A.VONNIE, CRAIG & JODY

#### HAPPY 13th BIRTHDAY FOR

MAY 11th MOO GLAD YOUR BACK ON STRONSAY HAVE FUN LOVE FROM U. STEVE, A. VONNIE, CRAIG & JODY XXXX

# GROUPS, CLUBS AND ORGANISATIONS

#### FRIDAY NIGHT GAMES CLUB

FRIDAY NIGHT 8,00 TILL 10.00
ENTRANCE £1
COME ALONG FOR A FUN FILLED
NIGHT, AIR HOCKEY TABLE,
POOL TABLE, PLAY STATION 2,
NINTENDO WII & SING STAR,
SNOOKER, JUICE, CRISPS AND SWEETS
AVAILABLE

UP BY 10pm AT THE LATEST

#### MOTHER & TODDLER

Meets every Thursday 9.30 until 11am All pre school children welcome For more information phone Sarah 616406

#### STRONSAY SINGERS

Meet at the Hall every Monday 7.30 For more information tel: 616464

#### SWIM CLUB NEEDS YOU!

WANT TO IMPROVE YOUR TECHNIQUE & FITNESS LEVELS WANT TO HAVE A CHANCE OF ENTERING THE LONGHOPE GALA.

#### SWIMMING LESSONS

ANYONE INTERESTED IN LEARNING TO SWIM, YOUNG or OLD, ALL WELCOME CONTACT CRAIG or SARAH on 616375 or 616406



#### COMMUNITY ASSOCIATION

New reduced rate £5 per hour for room up to £15 max plus £5 for DISCO equipment.

A DJ from the Hall list must be used.

Now available to hire.

Badminton £2 per hour + hydro

Table tennis £2 per hour + Hydro

Snooker £2 per hour + Hydro

All equipment provided

Adult supervision (over 18) must be present

During hire. Any damage must be paid for

Adult supervision (over 18) must be present
During hire. Any damage must be paid for
to book. Please note that any groups or
individuals hiring the Hall require their own
Public Liability

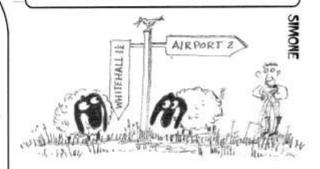
Please claim your lost property from the
Hall as if unclaimed it will be sent to
charity

CONTACT COLIN ON 446

#### COMPANIONS

2pm at the Hall all welcome Contact Jean 616307

#### FOOD FOR THOUGHT



"ANOTHER IMPORTANT ARCHAELOGICAL FIND FOR STRONSAY - THE ORIGINAL NEOLITHIC SETTLEMENT OF WHITEHALL RIGHT UNDER OUR FEET!"

#### SUBSCRIPTIONS FOR THE LIMPET

12 MONTHLY @ £9,00 WHICH INCLUDES POSTAGE AND PACKING FOR FRIEND OR FAMILY LIVING AWAY. WHY NOT SEND A SUBSCRIPTION TO A FRIEND OR RELATIVE FOR A BIRTHDAY PRESENT.

IF YOUR GROUP OR ORGANIZATION IS HAVING AN EVENT OR THERE IS ANY-THING GOING ON WHY NOT TELL US SO WE CAN TELL STRONSAY. NO EVENT IS TOO SMALL OR INSIGNIFICANT, WE ARE TRYING TO GIVE OUT LOCAL INFORMATION BUT CANNOT DO IT UNLESS YOU TELL US. HAVE YOU GOT A STORY OR A POEM OR OLD PHOTO'S OF STRONSAY TO SHARE, DON'T BE SHY. IF SO PLEEEASE CONTACT YVONNE, 375 OR HEATHER 453 OR EMAIL US ON hfazak@btinternet.com OR BY LETTER TO LOWER LEAQUOY.

# **USEFUL NUMBERS**

DOCTORS	616321/308	B&B AIRY	616372
NURSES	616453/232	LIBRARY	1856873166
HYDRO	0800300999	COMPANIONS	616307
BALFOUR HOSPITAL	01856888000	GALA	616463/339
<b>DENTIST</b> KING STREET	01856875348	REGISTRAR	616239
VET - FLETT & CARMICHAEL	01856872859	FISHMART	616386
VET - NORTHVET	01856873403	HALL BOOKINGS	616446
KIRK	616311	POST OFFICE	616217
STRONSAY HOTEL	616213	SPECIAL CONSTABLE	616216
MAURICE'S	616255	STRONSAY LIMPET	616375/453
EBENEZER STORES	616339	<b>DENTIST</b> GT WESTERN RD	01856879683

#### USEFUL INFO AND DATES

POST OFFICE TIMES - MON & THURS 9am-4pm

TUE, WED, FRI & SAT 9am-1pm

RE PLACEMENT BIN BAGS TEL: 01856 873535

SUNDAY SERVICE AT THE KIRK SUNDAY 11am

OUR LADY'S CHAPEL, PIER HEAD. - DAILY MASSES 7am SUNDAY 9am

NEXT SPECIAL RUBBISH COLLECTION MAY 8th

UP TO 5

**ITEMS £11.75** 

6 ITEMS TO FULL PICK UP

LOAD £54.64 LORRY LOAD £108.69 ????????????

#### WHATS ON AT THE COMMUNITY CENTRE

STRONSAY DEVELOPMENT TRUST AGM April 30th 7.30pm

RNLI AGM May 5th at 8pm QUIZ NIGHT 17th May

# IF ANYONE HAS ITEM'S SUITABLE FOR THE NEXT LIMPET PLEASE GET IN TOUCH WITH US BY MAY 14th ALL ARTICLE'S WELCOME

The Stronsay Development Trust, A Scottish Charity SC038888.

<a href="http://www.orkneycommunities.co.uk/SDT">http://www.orkneycommunities.co.uk/SDT</a>
Supported in its activities by HIE Orkney, Orkney Islands Council,

Communities Scotland, The Crofters Commission and

Orkney Community Planning Partnership.