

STRONSAY LIMPET

Funded by the Stronsay Development Trust ISSUE 240 - June 2025



Published after 7pm on the last day of the month

TIMETABLES

Loganair - interisland timetable 17 Feb 2025 - 25 Oct 2025 Orkney Ferries summer timetable 4 May 2025 to 28 Sep 2025 <u>MV Nordic Sea timetable 2 Jun - 28 Sep</u> <u>OIC - school holidays 2024-2025</u>

DATES FOR YOUR DIARY 2025

Stronsay's Massive Weekend	Fri 16, Sat 17, Sun 18Aug
Bingo night	Sat 20 Sep
Bonfire Night followed by Quiz	Fri 7 Nov
Christmas Craft Fair	Sat 22 Nov
Christmas Tree Lighting & peedie concert	Sat 29 Nov
Hogmanay Dance	Wed 31 Dec

STRONSAY IS MASSIVE!

T-shirts and hoodies (and stickers!) now available to order through 59 Degrees North (Sanday printing business)





Link to shop:

https://59-degreesnorth.co.uk/stronsay-massive-shop/

SHOW YOUR STRONSAY SPIRIT AT THE NORTH ISLES SPORTS

GP & COMMUNITY NURSE ROSTER

The rosters for the island's GP & community nurse are regularly updated online at <u>https://stronsaylimpet.co.uk/RosterGPandNurse.html</u>

Next edition of the Limpet will be published on <u>**Thu 31 Jul 2025**</u>, the deadline is 7pm on that date. Contact details for the Limpet are on the back page of every edition.



Accommodation -Stronsay Hotel-Tel: DI857616207 stransayhotel@gmail.com

-Storehouse B&B-Tel: DI857 BI6263 annemaree.carter@btinternet.com

-Stronsay Fishmart & Hostel-Tel: 01857 616401 Fishmartcafehostel®gmail.com

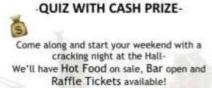
Including images by Stronsay Photographic

Stronsay's Massive Weekend has been brought to you by the Stronsay Community Association With sponsorship from Cooke Scotland



For any further information or queries; Email: massiveweekend@outlook.com Facebook: Stronsay Community Association

COMMUNITY HALL; 7:30PM



Adults £3 Under 16's: Free

SATURDAY 161 AUGUST; COMMUNITY HALL; 11AM

Get your 5-a-side teams ready! -Fun Netball--Fun Football--Team Games-

Also open inside the Community Hall: -Inflatables--Carnival Style Games-







OBSTACLE COURSE; 4PM

Put your team to the final test!

Mystery course with a timed race to crown the BEST of the BEST!



Stronsay Community Hall will be open and available for Hot food, Tea, Coffee and Drams!

Raffle tickets available-

COMMUNITY HALL; 8PM

-Dance to The Stronsay Band!-Adults: £5 Under 16's: £1 -Bar--Supper--Raffle Tickets-Everyone welcome!

SUNDAY 17" AUGUST

COMMUNITY HALL; 12PM -FLOATS-Floats will be travelling past the hall at 1:30pm (North to South) following the pipe band

Make sure you're there to see it! -Kirkjuvagr Dancers-

-Stromness RBL Pipe Band-

-Horticultural Show-

-Vintage Club--Craft Sale-

-BBQ-

-Inflatables--Carnival Style Games-

-Bar-

-Raffle will be drawn on Monday 18th-





Boat departing Stronsay-Westray: <u>4:20pm</u> Boat departing Stronsay-Sanday: <u>5:50pm</u> Boat departing Stronsay-Eday: <u>5:40pm</u>

Stronsay's MASSIVE Weekend

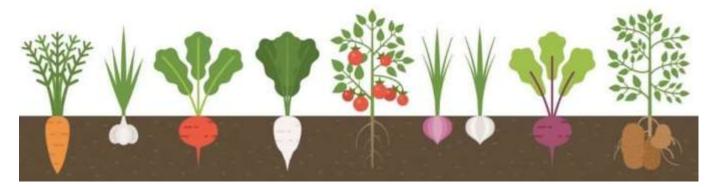
We are proud to announce...

Stronsay's Horticultural Show Sunday 17th August 2025 @ 12-4pm

> <u>Categories will include:</u> Fruit and vegetables, produce, baking, flowers, industrial, junior, photography, etc.

For the full list of classes and rules for this event, please see our Schedule- available in shops and on our Facebook page!

Fee covering all entries to adult competition- £2 Child classes - Free



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Stronsay Horticultural Show 17/08/25 (part of the Massive Weekend 2025)

Fee covering all entries to adult competition - £2 Child classes - Free

Rules

- 1. Exhibits must be entered between 9.30am 11am on Sunday 17th August 2025
- You can enter any number of classes in any number of sections, but you can only put ONE entry into each class.
- 3. Each entry must have an envelope securely fixed with section and class on the outside and name and address of entrant on the inside.
- Exhibits must be removed after 4pm and before 6pm on Sunday the 17th of August 2025.
- 5. Children can enter the adult section on payment of the adult fee.
- We will do our best to take care of your exhibit, but we are not liable if it is damaged or lost.
- Take care to check sizes; exhibits which are not as stipulated on the schedule will not be judged
- 8. The decision of the judge is final.

Section | Flowers

- 1. Arrangement in an egg cup
- 2. Inspired by Stronsay

Section II Fruit and vegetables

- a) All fruit and vegetables must be grown by the exhibitor
- 1. 1 cauliflower or broccoli
- 2. 4 carrots
- 3. 3 onions
- 4. 2 beetroot
- 5. 4 potatoes

Section III Produce - Preserves

- 1. Strawberry jam
- 2. Other fruit jam
- 3. Chutney

Section IV Produce

- 1. Bottle of home brew
- 2. 6 hen eggs

Section V Baking and cooking

- 1. Classic Victoria sponge jam filled
- 2. 4 Fattie Cutties
- 3. 2 sausage rolls
- 4. 4 chocolate chip cookies
- 5. Coronation chicken

Section VI Industrial

- 1. Any knitted article
- 2. Any item in plain sewing
- 3. Any article in wood
- 4. A drawing or painting

Section VII Junior - Six years and under

- 1. Handwriting 5 letters of the alphabet
- 2. Decorated stone not bigger than 12cm
- 3. Lego or duplo model own design, no larger than 25cm on any direction

Section VIII junior - 7 to 10 years

- 1. Handwriting four lines of a poem
- 2. Decorated stone not bigger than 12cm
- 3. Lego model own design, no larger than 25cm on any direction

Section IX junior - 11 to 15 years

- 1. Handwriting four lines of a poem
- 2. Flower Arrangement in a cup and saucer
- 3. Lego model own design, no larger than 25cm on any direction

Section X Photography

- 1. Animal
- 2. Landscape
- 3. Colourful



Orkney Ferries, Kirkwall, KW15 1LG Telephone: 01858 372044 Email: info@orkneyferries.co.uk www.orkneyferries.co.uk



MASSIVE Weekend - Stronsay Saturday 16 and Sunday 17 August 2025

Unless prevented by any unforeseen occurrence sallings in connection with the above will be as follows:

Saturday 16 August 2025

Depart	Kinowall	0700	Arrive	Eday	0815
Depart	Eday	0830	Arrive	Stronsay	0905
Depart	Stronsay	0920	Antive	Kinowall	1100
Depart	Kitoval	0740	Arnve	Sanday	0905
Depart	Sanday	0915	Arrive	Stronsay	0950
Depart	Stronsey	1000	Artive	Kinwal	1140
Depart	Kirkwall	1600	Arrive	Stronsay	1740
Depart	Stronsay	1750	Artive	Eday	1825
Depart	Eday	1835	Antive	Kiriowati	1955
Depart	Kinowall	1640	Arrive	Stronsay	1820
Depart	Stronsay	1830	Arrive	Sanday	1905
Depart	Sanday	1915	Arrive	Kirkwal	2040

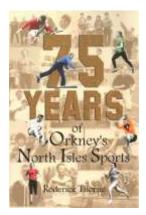
Sunday 17 August 2025

Depart	Kineat	0840	Active	Eday	0955
Depart	Eday	1005	Arrive	Stronsay	1040
Depart	Stronsay	1050	Active	Ritowall	1230
Depart	Kitiowall	0900	Active	Banday	1025
Depart	Sanday	1035	Arrive	Stronsay	1110
Depart	Stronsay	1150	Artive	Kidongil	1330
Depart	Kinwal	1545	Arrive	Stronaay	1725
Depart	Stronsay	1740	Artive	Eday	1815
Depart	Eday	1825	Ārīve	Kiniwali	1940
Depart	Kinowall	1600	Arrive	Stronsay	1740
Depart	Stronsay	1750	Armve	Sanday	1825
Depart	Sanday	1835	Active	Kinoval	2000
Depart	Kittwall	0920	Active	Westray	1045
Depart	Westray	1055	Arrive	Stronsay	1215
Depart	Stronsay	1620	Arrive	Westray	1740
Depart	Westray	1800	Active	Kidowali	1925



All bookings must be made and paid for in advance for this event. For Conditions of Carriage of Passengers and Cargo please see notices exhibited in the vessels, company premises and website.

75 YEARS OF ORKNEY'S NORTH ISLES SPORTS



Published by Sanday Community Association, grant-aided by the Heritage Lottery Fund and the North Isles Landscape Partnership, the book outlines the origin of the Sports and contains contemporary reports for many of the times the Sports have taken place. These reports are of Track and Field athletics performances; there are no reports of Football or Netball games although comprehensive winners' lists are included for these team events.

Paperback - dimensions 240 x 160 mm

340 pages 280 illustrations

Contents:

- Introduction and Acknowledgments
- 2 chapters; 1945-49 & 1950-54
- Structure and Organisation
- 7 chapters, decade by decade, 1955-2024, covering:
- Relays
- Tug o' War
- Winners lists, 1949-2024, of individual athletics events, and team events Relays, Football, Netball and Tug o' War.
- Records and record-holders
- Hall of Fame
- Index of 700 names

These books were on sale on Sanday on North Isles Sports Day, and now there are less than 50 left. 20 are held in reserve, in case there are any folk on Stronsay who would like a copy.

Priced at just £15, this is a fascinating insight into the history of the North Isles Sports, all recorded in a very readable format and including lists of winners over the years, records held and a 'Hall of Fame' of some of the outstanding athletes over the past 75 years.

If you would like to reserve a copy before they are all gone please contact Ian Cooper on 01857 616322, <u>ian.cooper56@gmail.com</u> or call along Steenysheed **before 10**th **July!**

STRONSAY COMMUNITY COUNCIL

Chair: Louise McQuaid Vice Chair: Damian Stout AYRE OFFSHORE WINDFARM

The Community Engagement Manager, Thistle Wind Partners, an Edinburgh-based business, founded with a focus on Scottish offshore wind development has notified Stronsay Community Council that later this year they will be submitting marine licence applications to construct an offshore windfarm and associated transmission infrastructure for the Ayre Offshore Windfarm. The proposed windfarm will have the potential to generate around 1GW of renewable energy and is located 22km off the east coast of Orkney.

The licensable activity consists of:

Up to 67 wind turbines (floating or fixed foundations)

Up to two offshore substations, connected to the turbines via inter-array cablesUp to three Interconnector cables

Up to 20 Subsea collectors. Up to four export cables to the landfall location of Sinclair's Bay in Caithness.

Thistle Wind Partners will be sharing their progress with a series of formal Pre-Application Consultation (PAC) events as detailed below. This will enable the team to gather feedback prior to finalising their proposals and they hope that you will be able to attend. A virtual consultation room will also be available for those unable to attend in person at <u>www.twp.scot/ayre</u>

Wednesday 27th August 2025 Deerness 10:00am – 1:00pm, Deerness Community Centre, KW17 2QH

Wednesday 27th August 2025 Kirkwall 3:00pm – 7:00pm, St Magnus Centre, KW15 1PA

Thursday 28th August 2025 Kirkwall 9:30am – 12:30pm, St Magnus Centre, KW15 1PA You are welcome to attend any of the above meetings either in person or virtually.

Should you require any further information please contact Allan Tait, Community Engagement Manager, Thistle Wind Partners, email: <u>a.tait@twp.scot</u> telephone: 07523 687 412

Colin McAlpine

Island link Officer/Clerk 10 June 2025

<u>Records of a Bygone Age</u> Stronsay's Side Schools Part 5 – Weddings, Walks and the End of an Era

Last month we left the South School celebrating the end of the war in Europe and Japan, and also taking an active part in the Victory Celebrations in June 1946.

Continuing with the celebratory aspects of school and island life, the school was used as a wedding venue on numerous occasions. One of these was on 24th October 1945, when the marriage took place between Tom Miller, Park of Holland, and Mary Shearer, Kirkhall in a ceremony conducted by local minister Rev George Ramage. The school was pressed into use once again on 21st May 1947, this time to celebrate the marriage of George (Dod) Groat and Jessie (Cissie) Tulloch from the nearby farm of Arifea. The school was closed to pupils that day to allow preparations to take place.

The school was again closed because of a wedding on 20th November 1947, this time as a public holiday to celebrate the royal wedding of Princess Elizabeth (later to be Queen Elizabeth II) to Philip Mountbatten. Another festive holiday was given on 26th April the following year to celebrate the Silver Wedding Anniversary of King George VI and Queen Elizabeth.



The marriage of Princess Elizabeth to Philip Mountbatten and the silver wedding of Elizabeth's parents King George VI and Queen Elizabeth were both celebrated nationwide.

Although the war was now well past and food imports were slowly getting back to pre-war levels food rationing in Great Britain was still very much in force. With this in mind, school pupils in some of the Commonwealth countries were organising local collections of non-perishable food and sending to schools in this country one of these collections, a box of food gifted by children in Adelaide, Australia, was received at the school in March 1948. This must have been quite a novelty, and also quite a large parcel, as Miss Fotheringhame notes that it was enjoyed by pupils over a period of four days.

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Following the introduction of government-funded free school milk for all pupils, a consignment of 22 tins of National Dried Milk was received at the school in April 1948, with Miss Fotheringhame recording that this free milk was being served daily. Similar consignments were noted every few months until the last consignment of 20 tins was recorded in April 1950.

This dried milk was mixed with water and shared out in individual cups to the pupils but, with most of the children being used to ample supplies of fresh cow's milk, didn't find favour with everyone. During the winter months the kettle was boiled up on the fire, with a hot drink of cocoa and dried milk then being served up. Some former pupils also remembered Miss Fotheringhame buying 'hard biscuits' from Swanney's bakery in the Village and pupils getting one of those biscuits spread with butter along with their cocoa.



National Dried Milk and 'Nutritious and Sustaining' Cocoa will no doubt bring back memories to many of our older readers.

Paying some regard to fire safety in the schoolroom, in February 1949 a new fire extinguisher was fitted to the wall by John Mitchell.

Also in February was a visit to the Meal Mill to see it in operation. A demonstration of the whole process, from drying the grain to grinding and bagging the bere meal and oat meal, was given by the appropriately named James Miller, together with a description of how water pouring over the big water wheel was used to provide power to all the machinery in the mill.

In addition to encouraging her pupils to take a keen interest in nature and the world around them, another activity which had been encouraged by Miss Fotheringhame as part of the school curriculum for some time was gardening, a pursuit which had been commended in a previous Inspectorate report. Although seldom mentioned in the log, it was noted that the 1949 activities had begun in the Schoolhouse garden on 19th April.

(continued on next page)

Rambles too continued as usual in June. In what was a first for these rambles, use was made of motor transport to convey teacher and pupils into Rothiesholm for the first part of the excursion. They then continued the outing by foot, with a walk out along the west shore of the peninsula to Scaval where they viewed the remains of a complex of small buildings and sheep folds enclosed by dry-stane dykes, all erected on a flat coastal strip nestling in the shelter of a steep grassy bank.. Later that week pupils were taken on a walk out past Housebay and on to the Crook Sand.



The remains of the buildings and enclosures at Scaval

Things didn't always go smoothly though, and one incident well remembered by a number of former pupils is worth recounting. This involved a bold young lad, John Stevenson from Kirbuster, who was always up for adventure and decided one day to crawl through the large drain (what Orcadians would call a 'brig') which went under the road at the school from one side to the other. As he slithered along the stone-built drain it gradually got narrower until he became firmly stuck! The teacher was called for and, so the story goes, this was the only time anyone had ever seen the normally unflappable Miss Fotheringhame get flustered! She quickly dispatched one of the older pupils to fetch the Council roadmen to the scene, thinking that the only way to rescue the young lad was going to be to dig up the road. Before their arrival however John discovered that he could drag himself slowly backwards and managed to reverse out of the drain. All ended well, although there is no record of what was said to the daring young lad when he eventually emerged!

The school closed early once again on 28th September to allow preparations for another wedding, this time the marriage of Edward Miller Bews and Margaret Ann Cooper. Barbara Smith (nee Cooper), a pupil at the time, recalls the pupils being given the leftover trifle and goodies to eat the next day.

Another HMI inspection took place in November 1949 and the resulting report paid tribute to the teaching of Miss Fotheringhame, who was soon to retire, as follows:

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'The teacher in charge, who is retiring shortly after thirty-eight years loyal and efficient service to the community, is to be complimented on the pleasant tone of her school and the creditable attainment of her pupils.' The report then went on to record 'On the day of inspection there were 14 pupils on the roll, all under 12 years of age, Their attendance this session had as usual been remarkably good. From the results of oral and written tests and from scrutiny of class exercises it was evident that the work in all subjects had received regular attention, and that the aptitude of the pupils had been carefully considered. The good use that had been made of modern texts in English and composition, the efforts made to foster readiness in oral answering and development of choral singing are specially commendable.'

At a small ceremony on 22nd December 1949 William Work, Chair of the School Management Committee, presented attendance prizes to the pupils and the school was dismissed for the Christmas holidays.

In what was to be her final entry in the school log book, dated that same day, Miss Fotheringhame stated *that 'This is my last day of teaching. Mrs Fiddler takes over in January.*

(signed) Elizabeth Fotheringhame.'



This 1948 photo shows a group of the last pupils to be taught by Miss Fotheringhame. Back row: Anna Rendall, Mary Jane Croy, John Cooper, Jim Cooper, Ian Fotheringhame, Dolina Fotheringhame, Adeline Corrigall. Middle row: Billy Rendall, Margaret Stevenson, Dorothy Peace, Murdo Fotheringhame, Irvine Miller, Ann Peace. Front row: Catherine Rendall, Peter Rendall, John Stevenson, Isobel Cooper, Leslie Allan, Peter Work.

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Miss Fotheringhame was held in high regard throughout the island, serving as a teacher at the South School for 38 years and being a stalwart of the island community, taking an active and often leading part in the work of several island organisations. She was my Grand Aunt and, although I never met her, she was referred to affectionately as 'Auntie Lizzie' by many in the island, often as a sign of respect rather than any close blood relationship. Auntie Lizzie retired to Edinburgh where she died in January 1960, with her remains coming home to be laid to rest in the island where she had spent most of her life.

Part 6 will be in next month's Limpet Ian Cooper June 2025



Thursday 31st July 2025 7.00pm-9.00-pm, Church Hall, £2.00/person, refreshments

We are an informal group who meet once a month to do our own stitchy things. You can bring any projects you're working on such as crochet, needlework, knitting, rug hooking etc.

Everyone welcome.

STRONSAY MEN'S SHED

The Stronsay Men's Shed have their own Facebook page up and running now, if you would like to contact them direct please do pm them.

https://www.facebook.com/profile.php?id=61558772842680

Stephen Clackson's Letter from School Place

Isles-based with an international outlook.



MV Eynhallow and MV Shapinsay at Brinian

I spent a great Saturday morning in Rousay taking up an invitation to attend the AGM of the Rousay, Egilsay & Wyre Development Trust, and I very much enjoyed looking round the information displays showcasing organisations active on the islands and conversing with ward constituents. I was kindly invited to a preview of the new heritage display at the recently renovated Pier Store, and I am the first to sign its visitors' book, just ahead of Liam McArthur MSP, who was also there.



At the Orkney schools' in-service day, I undertook (as a registered teacher) some training on "Keeping the Promise", "The Promise" refers to a commitment to ensure that all careexperienced children and young people (i.e. those in care, or who have been in care) in Scotland grow up loved, safe, and respected. It arose from the 2020 Independent Care Review recommendations. I passed the test with full marks and duly received my "Keeping the Promise Award" (shown left). Other councillors later got the chance to undertake this training too, as it is important in our role as corporate parents. Well done to Sanday Community School for being the first school in Orkney to qualify for the "We Promise Award".

Our all-day Policy & Resources Committee meeting was a long one, requiring suspension of standing orders so it could continue after 5 pm. Details of our budget show that we are needing to draw £18.4 million from our reserves to balance our total general fund revenue budget of £118.2 million for the forthcoming financial year. (Council tax accounts for £13 million of this total.) We agreed an increase in the money allocated to ongoing maintenance of our Isles linkspans, although at present this does not include the fabric of the huts. On the item to do with OIC's international engagement, I suggested we involve the public in order to make it more relevant and meaningful to ordinary people, with, for example, twinning arrangements at the community level. One that I have long had an aspiration to see arranged is between Sanday and the Faroe island of Sandøy. During the performance monitoring item, I brought up childcare and our "grant and subsidy" approach for child-minders in hard to sustain locations (such as the Isles). We were told the uptake had been low and that funds are still available, so I urge anyone considering registering as a childminder in the Isles to get in touch with OIC. Towards the end of the meeting, I grasped the opportunity to congratulate the staff at Kalisgarth for their very positive Care Inspectorate inspection evaluation.

Other meetings I've attended this month include: a confidential members' briefing; budget-setting and planning seminars; a virtual meeting of the UHI Foundation (on which I serve as OIC's rep). Housing Market Partnership meeting; meetings of the Education, Leisure & Housing Committee and the Monitoring & Audit Committee: and, as a guest, a special meeting of the Development & Infrastructure Committee dedicated to the "Evidence Base Report for Review of Orkney Local Plan."

Clir Dr Stephen Clackson Member for the North Isles Ward, Depute Convener Orkney & Shetland VJB

West Manse, Sanday stephen.clackson@orkney.gov.uk

Letter from School Place is also available on-line at clackson.info

Photo credits: Stephen Clackson & John Ross Scott.





Cllrs Clackson and Tierney discussing boats







Have you thought about becoming a childminder?

Do you love interacting with peedie people?

Are you looking for a role that allows you to be there at the start and end of the day for your own school aged children?

Perhaps you're looking for a new, rewarding career that fits around your family, where you can make a difference to children's lives every day?

The Council is working with the Scottish Childminding Association to launch a free training and support programme aimed at encouraging up to seven people to become childminders.

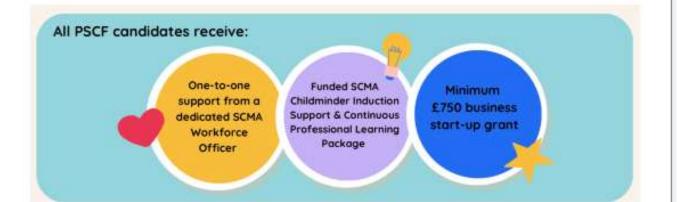
The Programme for Scotland's Childminding Future is being delivered by the Scottish Childminding Association with support from the Council's Early Years' Service and the Local Employability Partnership. It covers everything a new childminder will need to do to achieve registration. Once you are registered, you can join a supportive group of local childminders who are always keen to share tips and ideas.

We are particularly keen to support people who live on islands and in rural areas to become childminders, so if you live in the country or on an island off mainland Orkney and are considering childminding as a career, we are keen to hear from you.

You'll find lots of support available to get started, including funding, training and advice through the Programme for Scotland's Childminding Future. To find out more and to register your visit interest, visit <u>https://getstarted.childminding.org/</u>

Please register your interest by Sunday 6th July

If you would like to chat further about this opportunity, please contact Catherine Diamond (Service Manager for Early Learning and Childcare) on catherine.diamond@glow.orkneyschools.org.uk or phone on 873535 ext 3220





You don't have to live with muscle or joint pain

Many muscle and joint problems can be managed at home with support from a team of Physiotherapists



Safely assess your condition using our online digital referral tool to connect you to the right care, in the right place.

Use the QR code below or by visiting: phio.eql.ai/provider/nhs-orkney-pc





<u>ORKNEY FERRIES</u> <u>ADDITIONAL FOOT PASSENGER SERVICE</u> <u>MONDAY 2ND JUNE – SUNDAY 28TH SEPTEMBER</u>

We would like to advise customers that the Nordic Sea will be providing an additional foot passenger service between Kirkwall and Stronsay, Sanday & Eday from Mon 2nd June to Sun 28th September. The timetable for this service can be found online at <u>https://www.orkneyferries.co.uk/timetables</u> and a copy is reproduced below.

All passengers wishing to use this service must book and make payment in advance of travel.



Additional Foot Passenger Sailings

Monday 2nd June - Sunday 28th September

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Depart Kirkwall	06:15	06:15	06:15	06:15	06:15	11:30	11:30
Arrive Stronsay	07:50	07:50	07:50	07:50	07:50	13:05	13:05
Depart Stronsay	07:55	07:55	07:55	07:55	07:55	13:10	13:10
Arrive Sanday	08:20	08:20	08:20	08:20	08:20	13:35	13:35
Depart Sanday	08:25	08:25	08:25	08:25	08:25	13:40	13:40
Arrive Eday	08:40	08:40	08:40	08:40	08:40	13:55	13:55
Depart Eday	08:45	08:45	08:45	08:45	08:45	14:00	14:00
Arrive Kirkwall	10:00	10:00	10:00	10:00	10:00	15:15	15:15

	Monday	Tuesday	Wednesday	Thursday	Friday
Depart Kirkwall	13:30	13:30	13:30	13:30	13:30
Arrive Stronsay	15:05	15:05	15:05	15:05	15:05
Depart Stronsay	15:10	15:10	15:10	15:10	15:10
Arrive Sanday	15:35	15:35	15:35	15:35	15:35
Depart Sanday	15:40	15:40	15:40	15:40	15:40
Arrive Eday	15:55	15:55	15:55	15:55	15:55
Depart Eday	16:00	16:00	16:00	16:00	16:00
Arrive Kirkwali	17:15	17:15	17:15	17:15	17:15

All sailings will be subject to forecasted weather and tidal conditions. Boarding will be at the link spans via the bow ramp of MV Nordic Sea.

Passengers wishing to use this service will need to book and make payment in advance of travel, booking is available via our website www.orkneyferries.co.uk or by calling our office during opening hours on 01856 872044



Contact Details - 01857 616410

Development Officer	Shani Hall	Shani@StronsayDevelopmentTrust.com
Assistant Officer	Aimee Stout	Aimee@StronsayDevelopmentTrust.com
Assistant Officer	Steph Rome	Stephanie@StronsayDevelopmentTrust.com
Admin/Finance	Vicki Holland	Vicki@StronsayDevelopmentTrust.com

Office Hours

Monday to Friday 9am-11am

May be subject to change depending on online meetings and other SDT commitments, please check our Facebook page for updates

Bike hire must be booked in advance – please contact the office for bookings

Due to our recycling officer leaving we are placing a hold on any cardboard deliveries/pickups.

Thank you for your cooperation!

Radio Teleswitch Service (RTS) being phased out starting on 30th of June 2025

This will affect households that use an older electricity meter for heating their home and for hot water, with some types of electricity meter needing changed. As part of this partnership, NWS is helping to raise awareness of this issue in Scotland.

What is the Radio Teleswitch Service (RTS)?

RTS is a radio-based system introduced in the 1980s which enabled older electricity meters to switch between peak and off-peak rates. RTS is used for some traditional multi-rate meters and was designed to support those who use electricity for their heating and hot water. This may include those who use electric storage systems, panel heaters or immersion heaters in water tanks – some of which typically charge up overnight.

RTS is now reaching the end of its natural operational life. This means that the equipment that produces the radio signal cannot be adequately maintained anymore. The Radio Teleswitch Service is due to be closed (its signal will begin to be phased out from 30 June 2025). If your electricity meter relies on this service, it will need to be upgraded before the signal is switched off.

How to find out if you have an RTS meter?

If you are not sure whether you have an RTS meter, there are a few things you can look out for:

- There may be a separate switch box near your meter with a radio Teleswitch label on it.
- Your property is heated using electricity or storage heaters.
- There is no gas supply to your area, this includes households in rural areas and high-rise flats.
- You get cheaper energy at different times of day. Your tariff might be Economy 7, Economy 10, or Total Heat Total Control.

What happens if I do not upgrade my RTS meter?

If you decide not to upgrade, the heating and/or hot water provisions in your home or business could be affected.- Your heating and hot water may not work correctly. You may find that your heating and/or hot water is left continually switched on or off; or the charging-up happens at the wrong time of day.

Your bills could increase. Your electricity supplier will not be able to confirm how much electricity you have used during peak or off-peak times, which means your electricity costs could be much higher than before.

STRONSAY COMMUNITY COUNCIL

As from 19 May 2025, the following have been confirmed as members of Stronsay Community Council: -

Maya BAR-TOR	Bennicuml, Stronsay, KW17 2AJ Email; <u>mayabartor@gmail.com</u>
Dominic BLYTH	St. Catherines, Stronsay, KW17 2AN tel: 616242 email: <u>saniman@live.co.uk</u>
Shane HOURSTON	Housebay Cottage, Stronsay, KW17 2AJ tel: 07593965600 email: <u>s.hourston@yahoo.co.uk</u>
Louise McQUAID	Bayview, Stronsay, KW17 2AR Chair tel: 616376 email: <u>louisemcquaidcc@gmail.com</u>
James SEATON	Thorfinn, Stronsay, KW17 2AS tel: 07470111871 email: <u>safehandsno_1@hotmail.com</u>
Damian STOUT	Linksness, Stronsay, KW17 2AT Vice Chair tel: 616258 email: <u>damienstout@btinternet.com</u>
Shirley WHITEMAN	St. John's Cottage, Stronsay, KW17 2AT tel: 616438

The role of a Community Councillor is to ensure that they work for the best interests of the whole community and remain representative of, and accountable to, the represented community.

If you have a community related issue that you wish to bring to the attention of the Community Council, please contact any of the above members, or the Clerk, tel: 616446 email: stronsaycc@gmail.com

Colin McAlpine Island Link Officer/Clerk 19 May 2025

STRONSAY COMMUNITY COUNCIL

Chair: Louise McQuaid Vice Chair; Damian Stout

ROAD CLOSURES FOR ORKNEY 2025 INTERNATIONAL ISLAND GAMES

The Chair of the Orkney 2025 Organising Committee has advised Orkney will be expecting approximately 2,200 athletes and team members from 23 other islands to compete in 12 sports across 20 venues between 12 and 18 July 2025.

To ensure the safe and smooth running of the road-based events some temporary road closures will be required. There will also be road closures associated with the opening ceremony.

During the closure there will be no vehicular access along the route affected, except for emergency vehicles. Pedestrian access will be maintained at all times where there is a footway.

Below is a link to comprehensive details about the roads affected and the timings.

Please note that all restrictions and closures are provisional at this stage and are subject to change. If you have any queries regarding the closures, please contact the Games Office at info@orkney2025.com

Colin McAlpine Stronsay Island Link Officer/Clerk 26 May 2025

https://stronsaylimpet.co.uk/IslandGamesRoadClosures-2.pdf

STRONSAY HOUSES PHOTOGRAPHY PROJECT

As part of a project I'm working on I'm hoping over the next few months to take a photo of every house on the island. The photo would be taken from a discreet distance and wouldn't interfere with anyone's privacy but if you would prefer not to have a current photo of your house included in this project please let me know.

As part of the same project I'm hoping to find past photos of as many local houses as possible and hope some of the 'Limpet' readers may be able to help. These photos don't necessarily have to be particularly large, old or clear, and even photos of folk with the house in the background would be appreciated, as would any of the small black and white snaps that were common at one time. If you have any such photos please let me know as I would love to have a copy of them. If I could borrow the photo just long enough to make a copy before returning the original to you that would be great. I would take great care of it and would also supply a 7" x 5" or 8" x6" copy of the original for you to add to your own photo collection if you wish.

If you do have any such photos you're willing to let me copy please let me know by email at <u>ian.cooper56@gmail.com</u>, phone 01857 616322 or drop in past Steenysheed anytime.

Thanks in advance,

<u>IMPROVING THE CANCER JOURNEY (ICJ) SERVICE</u> <u>NHS ORKNEY</u>

If you or someone you know has been affected by cancer, *Improving the Cancer Journey* is here to help. *Improving the Cancer Journey*, in partnership with Macmillan, is a dedicated service to support anyone affected by cancer with their non-clinical needs. This could be the person with the cancer diagnosis, or it could be someone affected by that diagnosis, such as family or carers.

When someone is diagnosed with cancer, they often describe feeling like they're in a maze. It can be difficult to know what services are out there and where to access them. The *Improving the Cancer Journey* service is here to support with this, and help people to access the services that can support with their non-clinical concerns.

Non-clinical concerns may include:

- Supporting someone to access local teams that can help with money or housing worries and benefits
- Addressing caring or work responsibilities
- Connecting with those that can support with addressing physical concerns
- Accessing complimentary therapies
- Helping with emotional concerns, connecting with wellbeing support and services
- Accessing information to answer questions or concerns about cancer and treatment

When someone affected by cancer accesses the ICJ service, they will be offered a Holistic Needs Assessment, which is a simple check-list style questionnaire that helps to understand what means most to the person. The key areas addressed within a Holistic Needs Assessment are financial, practical, physical, emotional and spiritual.

Based on this assessment and meaningful conversations with an ICJ Link Worker, a support plan will be created to ensure the person affected by cancer is offered all the support they need.

Patients can be referred into the service through a self-referral form or via a professional referral. Both referral forms, alongside further information, can be found on the ICJ page of the NHS Orkney website - <u>Improving the Cancer Journey (ICJ) | NHS Orkney</u>.

The referral forms can be filled in online and sent to the ICJ email address – <u>ork.icj@nhs.scot</u>.

If you have any questions or would like to learn more about the ICJ service, please don't hesitate to get in touch. We are happy to support in any way we can.

Email: ork.icj@nhs.scot

Phone: 01856 888084 (Public Health Department)

Isles residents concessionary travel scheme



Are you?

- Age 65 +
- Disabled

(must meet disabled person criteria)

You may be entitled to 24 free ferry journeys per year

Who do I contact for further information?

Transportation Service Marine Services and Transportation Enterprise and Sustainable Regeneration Orkney Islands Council School Place KIRKWALL KW15 1NY

Tel: (01856) 873535 E-mail: ferryvouchers@orkney.gov.uk Web: www.orkney.gov.uk





VAN AVAILABLE FOR CHARITY WORK

The Pomona Prefect logo peedie red van is available for charity work on the island if anyone needs a man and a van and wants to help the island reach the target. Saturdays service and cost for this is suggested as £10 per hour min donation for half hour units. All to the Stronsay Defib fund. No live animals, persons transported or dirty, sloppy stuff carried. Limited load and not a taxi service. This is a temporary thing to raise money and not a challenge to any services on the island. Call Mick for all taxi work and Sinclair Haulage for freight!

Also, if anyone needs their car karcher jet washed and vaccuming and then can do at Ellerslie as you pass for a donation to same Defib Fund. Cost is $\pounds 10$ per basic body wash and wheels rinsed and boot/inside vacced. Limited to cars. No monster trucks, panel vans, lorries or camper vans sorry.

This charity service will be hopefully available until there are enough defib machines in position with the people trained to cover us all 24/7. Availability is limited to Saturdays.

Any questions and to book give me a call.

Nicandro J. Porcelli, Ellerslie. Telephone or text to - 07732 276046

ISLAND LINK OFFICE

Commencing Wednesday 19th February 2025 the Stronsay Island Link Office, located in the Fish Mart, will be open every Wednesday between 10am and noon.

A range of services are available, including the collection of black bin bags, photocopying at 10p a copy, collect a form for Stronsay Community Council financial assistance, or a form for the scrap car scheme (still open for applications), raise issues or concerns that Stronsay Community Council may be able to address and even contact officers at OIC.

I look forward to seeing you, but if you are not able to call into the office I can be telephoned on 616446 or by email to stronsaycc@gmail.com

Colin McAlpine Stronsay Island Link Officer/Clerk 12 February 2025

> If you see something in the Limpet that is inaccurate or no longer valid please drop a line to "*The Editor, Claremont KW17 2AR*" or email <u>editor@stronsaylimpet.co.uk</u>

R100 BROADBAND EVALUATION



The Scottish Government is assessing the success of **R100**, a government funded programme which is **extending access to faster broadband across Scotland**.

To inform this, we are surveying households and organisations who:

- Are scheduled to receive faster broadband access
- Have been provided with faster broadband access and have taken up the connection
- Have been provided with faster broadband access but have not taken up the connection



To determine if your property is impacted by the programme, and complete a survey, please go to:

https://tinyurl.com/R100Evaluation or scan the QR code below:



The deadline for all responses is 3 March 2025

Please email <u>R100Evaluation@stantec</u>. <u>com</u> if you have any further questions.

Survey = <u>https://tinyurl.com/R100Evaluation</u>

The Digital Phone Switchover



What you need to know

What is the digital phone switchover?

The UK's telephone network is changing. Between now and January 2027 most telephone providers will be moving their customers from old analogue landlines over to new upgraded landline services using digital technology. This means services that rely on the old landline system such as home phones, telecare and health devices will need to be compatible.

How will it affect me/what do I need to do?

The good news is – your landline isn't going anywhere and for most consumers and businesses, this change will be straightforward. In fact, many customers are already making the switch when they upgrade to fibre broadband.

Your telecoms provider (for

example, Vodafone or BT) should contact you before the switchover to check in and discuss what you need to do to make sure any reliant services you may have aren't affected. However, we're encouraging everyone to know what to expect. The change may be as simple as plugging your phone into a broadband router rather than the phone socket on the wall, or you may be given a new router to do this.

Please note that your provider will move you to a digital service before January 2027. If you care for a vulnerable person, please keep an eye out for correspondence notifying of a switch over date.



If you have any concerns or questions, please contact your telecoms provider directly.



Do you or someone you know depend on their landline and/or use a telecare device connected to a phone line?

If yes, then please contact the Telecare Team at Orkney Islands Council.

Tel: 01856 873 535. Extension 2635

The Digital Phone Switchover



What you need to know

Other Devices

If you have other devices connected to your phone line that you may have purchased, such as alarm systems, you might need to upgrade your device to make sure it is compatible.

If you are unsure about how a device in

your home or business might be affected, it is recommended you contact the equipment supplier or device manufacturer to find out whether it will remain functional on a digital phone line.

People who use health monitoring or

telecare devices should check if the switchover will affect how they work.

Key Points To Remember

If you have any queries or have no means of making emergency calls you need to contact your communications provider.

If you have a telecare alarm please contact the telecare team at Orkney Islands Council: 01856 873 535 Extension: 2635

Check with the appropriate equipment manufacturers if you have any other devices supported by your existing telephone line (such as intruder alarms) to check it will work digitally.

Most telecare alarm providers will have upgrade plans, if your phone line has or is due to an upgraded by your communication provider let them know.

In a Power Outage

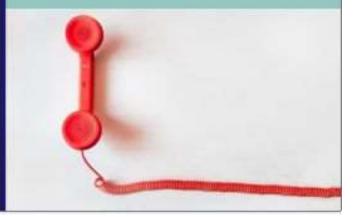
Digital landlines cannot carry an electrical power connection, so in the event of a power cut they will not work. If you have a mobile phone this can still be used, but if you've no other means of calling the emergency services your telecoms provider will offer a solution to allow calls to be made to emergency services.

You should tell your telecoms provider now if you have no other way of making emergency calls.

Scams

There have been incidents reported of scammers contacting vulnerable users in relation to digital migration. Communication providers or telecare services will never call you to ask for money.

Contact is usually by letter and charges are only applied to normal invoices. If you are in any doubt as to the authenticity of a caller, just hang up and call your communications or telecare provider to report the incident, using a trusted phone number, such as the one on the bill.



Quit Your Way Orkney Stop Smoking Service



Quit Your Way Orkney is your free, friendly, local NHS stop smoking service.

Support from Quit Your Way Orkney includes:

- · Help to develop a personal 12-week quit plan
- Support to develop plans to change your habits and control cravings
- Regular contact with a specialist stop smoking advisor
- Encouragement and advice on maintaining your quit
- Advice on correctly using stop smoking medications
- · Free access to a range of stop smoking medication
- · Telephone or video call appointments (using NHS Near Me)

Get started today

Have you been supported by Quit Your Way Orkney before?

Phone: 01856 888084 or 0800 0356344 (Freephone number) Email: ork.quityourway@nhs.scot Online: scan the QR code below



You can also visit your local community pharmacy or GP Practice for free stop smoking support If you have used our service before and returned to smoking we will support you again, without judgement, to quit your way.



Let's talk about smoking

NHS

Stopping smoking saves money Orkney

The savings below are based on a 20 a day smoker quitting in 2023



Get support to guit and save from Quit Your Way Orkney:

Email: ork.quityourway@nhs.scot Phone: 01856 888084 or 0800 0356344 (Freephone) Online: scan the QR code using your phone camera



You can also visit your local community pharmacy or GP Practice for free stop smoking support

BAYVIEW TRANSPORT LTD Summer Timetable effective from Tuesday 22 April

- South
- 8:35 Russland8:37 Sunnyside8:38 Blinkbonny8:42 Odiness junction8:44 Vat

North 8:28 Thorfinn 8:30 Dunera 8:31 Council Houses 8:37 Airport



Service 4D Kirkwall Airport

New trial service commencing Monday 24 March 2025

(until 31 March 2026 initially)

Kirkwall Travel Centre	1515	1545
Palace Road	1518	1548
New Scapa Road Balfour Hospital	1521	1551
Kirkwall Airport arr	1528	1558
Kirkwall Airport dep	1530	1600
New Scapa Road Balfour Hospital	1536	1606
Pickaquoy Road	1537	1607
Kirkwall Travel Centre	1540	1610

Booking is recommended due to limited capacity

Call/Text/WhatsApp: 07438 268 883

by 10am on the day of travel

Or contact: 01856 870340 or 871515

Please state which time and where you will be boarding the bus.

Departs from Stance 4 - Kirkwall Travel Centre

- Service 4D will operate Monday Thursday afternoon during term-time* to fill the existing timetable gap on the half hourly Service 4 (operated by Stagecoach on behalf of Orkney Islands Council).
- The service 4D will be operated using a wheelchair accessible vehicle.
- National Entitlement Card and Young Scot card holders can travel free of charge on this service.

Operated by Orkney Travel on behalf of Orkney Disability Forum. Funded by Orkney Islands Council. Continuation of this trial will be subject to demand and budget availability.



*Term dates can be found at www.orkney.gov.uk/schools

For online timetable information please visit:

www.orkney.gov.uk/transport

SAVE OUR SCREEN MACHINE!

Without urgent investment, the Screen Machine mobile cinema service will end. Please donate to our fundraising campaign to secure its future at: <u>www.crowdfunder.co.uk/p/save-our-screen-machine</u> YouTube video <u>https://youtu.be/fpUuDlnHS-o</u> <u>Frequently asked questions</u>

SCAA - SCOTTISH CHARITY AIR AMBULANCE



Scotland's Charity Air Ambulance responds, on average, to two time-critical emergency call outs every single day. We are a national charity and receive no statutory government funding, so rely 100% on donations from the public to fuel our life-saving flights across Scotland.

MOBILE LIBRARY VAN VISITS 2025

12 May, 30 June, 25 August, 20 October, 15 December

For further information go to web page <u>https://orkneylibrary.org.uk/mobile-library</u>, send an email to <u>library@orkney.gov.uk</u> or telephone 01856 873166.

	Council Houses	8.45	Ŧ.	9.45
Winter	School	10	-	12
nter	Kirk	12.45	2	3
	Fish mart	3.15	-	4.45
60	0 1111	0.05		
Ğ	Council Houses	9.25	-	10
Summe	School	9.25	-	10
Summer/Refit		-	-	

SWIMMING POOL - OPENING TIMES

Charges - Adults £3, Children £1.50, Private Hires £15. To book a private hire phone Elsie on 616238.

Monday	Adult lane	6:30-7:10:00	Public session 7:10–7:50
Thursday	Private hire	6:30-7:10	Public session 7:10-7:50
Saturday	Private hire	2:00-2:40	Public session 2:40-3:20

OVERSEERS WANTED !

Always looking for reliable overseers for the swimming pool, please! Previous volunteers welcome. Involves taking payment, handing out bands, helping with evacuation procedures etc. Contact Mairi Dennison via Facebook messenger or tel 616331. We politely request that parents/guardians whose children use the pool regularly take a turn at overseeing, in particular.

STRONSAY COMMUNITY ASSOCIATION

Why not hire the Stronsay Community hall? We have a kitchen and fully licensed bar, with two large halls and a small meeting room; perfect for weddings, parties, games, meetings and much more!

- Disco equipment
- Table tennis
- Badminton
- Air hockey
- Pool Table

For more information & bookings contact Anne-Maree Carter

email annemaree.carter@btinternet.com

Rooms for hire from only £2 per hour plus hydro charge. Adult supervision (over 18) must be present during hire.

A NOTE FROM THE LIMPET'S EDITOR

Please let me know if anything in the Limpet requires updating or deleting. To contact the Limpet send an email to editor@stronsaylimpet.co.uk or write to "Claremont, KW17 2AR".



FOR SALE, WANTED, THANK YOU, etc



Stronsay at War

The Stronsay Heritage Society is planning to create a display and accompanying booklet for the Stronsay Heritage Centre to document *life in Stronsay* during the First and Second World Wars.

We are hoping that folks both in and outwith Stronsay will send us copies/scans/photographs of the following types of items:

- Written memories or diaries (of life in Stronsay or from Stronsay folk experiencing life elsewhere because of the war)
- Photos (of Stronsay or of Stronsay folk)
- Letters
- Postcards
- · Memorabilia or Souvenirs
- Ration Cards
- · Recipes or household hints
- Fashion
- Products/Labels/Advertisements from local businesses
- Invoices/Receipts
- · Certificates or Awards
- Programmes of Events, Fundraisers or Appeals
- Newspaper clippings about Stronsay

We can also borrow your originals and scan them ourselves if that's easier for you.

Naturally, if you'd like to donate any wartime-related artefacts or original photos to the Heritage Centre, we'd be very glad to receive them.

> Please contact Jennifer Graham (07973 716278) or Ian Cooper (616 322) or via email: heritagesocietystronsay@gmail.com



<u>Items on this page are free!</u> The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page





STRONSAY HOTEL & PUB

https://www.facebook.com/profile.php?id=100083375340593

SUMMEN HOI	URS APRIL - OCTOBER
Monday	10.30-14.30/18.00-22.30 Mean melatis form 10.30-14.3
Tuesday	10.30-14.30/18.00-22.30 Mesti available from 10.30-14.3
Wednesday	17.30-22.30
Thursday	18.00-00.00
Friday	17.00-00.30
Saturday	17.00-00.30
Sunday	Closed

<u>Local</u> business adverts are free! The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES



LOCAL BUSINESSES



happyfeetorkney@outlook.com

I am a fully qualified Foot Health Practitioner and a certified ear care provider, offering expert services with the convenience of home visits at competitive rates. For more information or to schedule an appaintment, please contact Shirley for a faat or ear care appointment via email or at 07767714634 to have the best foot and ear care.

> Happy Feet Foot and Ear Care 07767714634



Hazel Shearer, Airy, Stronsay, Orkney, KW172AG • Phone 01857 616231 hazel.airyfairy@gmail.com • www.airyfairyonline.co.uk

Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page

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We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy. Reasonable prices.

Contact Craig or Christine for more information.

<u>Local</u> business adverts are free! The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page



Donna Blyth BA Hons, MEd, PGCE, SQH, CPT3A, CELTA Email: donnablyth@outlook.com Tel: 01857 616242 / 07852 805780

Tuition in English Language, English Literature, EAL and Literacy for learners of all abilities from age 5 - adult

£25.00 per hour for 1:1 tuition

£45.00 per hour for groups of 2 or more depending on requirements (max 4)

Tuition in clarinet performance and music theory up to grade 5

£15 per 30min lesson for 1:1 tuition

Assessment for Applications for Examination Access Arrangements

Assessments and reports for EHCP and Coordinated Support Plan applications

I am GTCS, DBS and PVG Scheme registered.

I have valid, current Safeguarding and Prevent certification

References available if required

All enquiries and services provided are treated in confidence as far as possible and according to KCSIE legislation 2023

An Ocean of

Opportunity

Awaits.



Fresh Salmon From Stronsay to the World

Cooke Scotland has nurtured and raised delicious salmon on Orkney for over ten years.

Since 2019, we have called Stronsay home where we proudly produce one of Scotland's finest quality foods, with one of the lowest carbon footprints of any farmed livestock.

There are so many varied careers within the Scottish salmon sector - a thriving industry with oceans of opportunity.

Find out more about joining the team by visiting our website.

Start Your Career with Cooke Today

cookescotland.com/careers

Local business adverts are free! The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page

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FISHMART CAFÉ—UPDATED OPENING HOURS

Just to let you know we have updated our opening hours. The change of hours is for Friday's, we are now shut in the morning and open from 12pm-2:30pm for the sit in Fish & chips menu and then takeaway from 2:30pm-7pm whilst stocks last. Takeaway Fish & chips can still be eaten in the cafe but with no table service.

100

	ART CAFE OPENING TIMES
Monday	CLOSED
Tuesday	CLOSED
Wednesday	9am - 2pm
Thursday	10am - 4pm
Friday	12pm - 2:30pm (Sit in)
	2:30pm – 7pm (Takeaway) Whilst stock last
	Fish Friday menu only
Saturday	9am - 2pm
Sunday	10:30am-2:30pm

RECYCLING GUIDE FOR OUTER ISLES

Orkney Islands Council has published a "Household refuse and recycling welcome pack" which is available online at <u>https://tinyurl.com/3bjcbacm</u>.

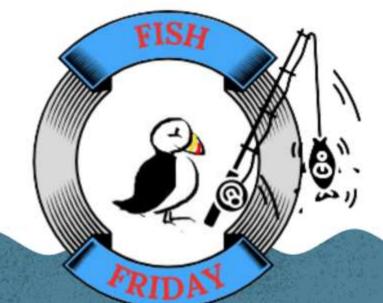
EMERGENCY NUMBERS

On the back page of every edition of the Limpet is a list of useful telephone numbers including the emergency numbers for reporting problems with water or electricity.



Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page



FRIDAY CAFÉ SCHEDULE EVERY FRIDAY

FISH SUPPER (DINE-IN): 12:00 PM - 2:30 PM FISH SUPPER (TAKEAWAY): 2:30 PM - 7:00PM, WHILST STOCK LASTS

NO BOOKING OR PRE-ORDERING NEEDED FOR TAKEAWAY. JUST DROP BY, ORDER, AND COLLECT AT THE COUNTER

FISH SUPPER	£12.00
KIDS FISH SUPPER	£9.00
SCAMPI SUPPER	£9.50
BATTERED SAUSAGE SUPPER	
MUSHY PEAS/PEAS/BAKED BEANS	£1.00
CAN/CARTON DRINKS	£1.40
BOTTLED DRINKS	

WE LOOK FORWARD TO SEEING YOU ALL

<u>Local</u> business adverts are free! The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page



REDHOUSE PLANTS MARKET GARDEN



Seasonal vegetables available daily. Bedding, perennial and vegetable plants. Local honey in season according to availability. Open 09.00-17.00 Mon-Sat. Redhouse, Lower Whitehall, Stronsay. Tel: (01857) 616 377

> The Old Manse Bed and Breakfast Logie Easter, Kildary IV18 0NZ



The Old Manse is a listed building dating back to the 1780s set in a large woodland garden just off the A9 and commanding far reaching views of the surrounding countryside.

We are ideally located for those travelling to and from Orkney. The ferry terminals of Gills Bay (Pentland Ferries) and Scrabster (North Link Ferries) are no more that 2.5 hours drive with John O'Groats just 2 hours away.

Ensuite Double and twin rooms

Tel 01862 842357 Email <u>oldmanse.kildary@btinternet.com</u> Web <u>www.oldmansebandbkildary.co.uk</u>

<u>Local</u> business adverts are free! The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page



Holmsgarth Crafts





Seasonal Gifts, Memory bears, Stronsay book bags, and much more Many items can be personalised Made To Order

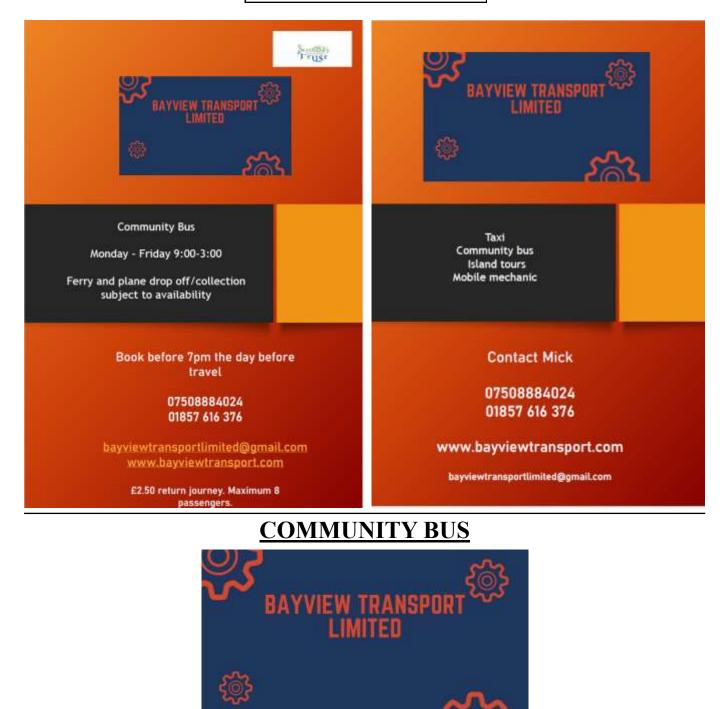


Contact Margaret McAnally - Holmsgarth Crafts | Facebook 07432614089





Traditionally hand-crafted in Stronsay—soaps, solid shampoo bars, conditioner bars and balms. Hand-spun and hand-dyed yarns from Orkney fleeces, woven throws, wallhangings and more. Orkney Star Island Soap, Isles View, Stronsay, Orkney, KW17 2AG. Tel: (+44) 01857 616 281 Email: info@orkneystarislandsoap.co.uk Web: http://www.orkneystarislandsoap.co.uk Facebook: https://www.facebook.com/orkney.star.island.soap



We have now extended the days and service of the bus.

You can now book the bus between 9:00 and 3:00 Monday-Friday and we can arrange to drop/collect at the plane or ferry on request.

Call Mick 616 376 or 07508 884024

Roger at Stronsay Photographic

Available for Portraits - groups and individuals ID photographs - printing on site Tuition Special commissions



Cozy studio with professional lighting Home visits

> Contact via Stronsay Photographic Facebook page and Facebook or tel 616228 Special offers also on Stronsay Facebook page

See Stronsay Markets on YouTube https://youtu.be/8e6sz_Z2eQU

Roger at Stronsay Markets



Local seasonal soft fruit and vegetables Grown naturally without artificial fertilisers, pesticides or weed killer Cropped same day (usually) Check out Facebook "Stronsay Markets" Contact me on <u>stronsaymarkets@gmail.com</u> and 1 can add you to the regular list of available produce

<u>Local</u> business adverts are free! The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page

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Patrick McGrath LTD



Gas Safe Registered Engineer

Plumber

Services include:

- Installation, servicing, maintenance of all domestic gas appliances
- Landlords gas safety checks
- Bathroom fitting
- Bathroom supply
- General heatings
- · All other types of domestic, commercial, industrial plumbing works
- Isles work welcome

Oil boiler servicing, repair and replacement



Call Patrick on **07933 488283** Email: patrickmcgrathltd@gmail.com

Ebenezer Oil Heating







Oil tank inspection and installation

Why not let me check out your heating system, I can advise upgrades to make your heating more efficient & cheaper to run

10 year parts and labour guarantee on all new Grant Vortex boilers

All my work is covered by the OFTEC Competent Persons Scheme

Why would you use anybody else?

Tel 01857 616207 Mob 07500682867 Email ebenezer@stronsay.org

Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page



"NEIL'S ON WHEELS"



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service MOBILE: 07723 304 260



<u>Local</u> business adverts are free! The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page

SINCLAIR HAULAGE LIMITED Contact Details General Enquiries: info@sinclairhaulage.com Accounts Enquiries: accounts@sinclairhaulage.com Livestock Bookings: livestock@sinclairhaulage.com Phone: 01857 600 404 Postal Address: Sinclair Haulage Ltd New Haulage Shed How Farm SANDAY KW17 2BJ Office Opening Mon – Fri 09:00 - 17:00 Times:

Livestock bookings should be made by emailing <u>livestock@sinclairhaulage.com</u> or calling 01857 600404.

Please note that we <u>DO NOT</u> use Gmail email addresses (e.g. <u>sinclairhaulage@gmail.com</u>). Please only use the above email addresses.

KEEPING WARM

These knitting patterns are from the 1940s so they may not be high fashion but they will keep you warm!

https://www.vam.ac.uk/articles/1940s-knitting-patterns

STRONSAY ON YOUTUBE

- Bicycle tour of Stronsay in August 2022 (poor audio quality)
- <u>59° North</u>
- Links House, Stronsay: Finding the Mesolithic in Orkney
- <u>Stronsay, Orkney</u>
- <u>The mystery of the Stronsay Monster</u>
- Orkney—living and working
- <u>1930's stone crushing machine in action on Stronsay</u>
- <u>Stronsay harbour (taken from inside the harbour)</u>
- Five reasons to visit Stronsay

HANDY EMAIL ADDRESSES & PHONE NUMBERS:

Ebenezer Stores stronsaystores@gmail.com	616339		
Olivebank <u>m.williamson1@btconnect.com</u>	616255		
Fishmart café fishmartcafehostel@gmail.com	<u>n</u> 616401		
Hotel & pub stronsayhotel@gmail.com	616407		
Red House plants	616377		
Contact details for all OIC Councillors:			
1	.11 1	 1	

https://www.orkney.gov.uk/your-council/councillors-and-meetings/councillors

OUR LADY'S CHAPEL, PIERHEAD OPEN FOR PUBLIC MASSES

Our Lady's Chapel on the pier is open for public Masses with the permission of the Bishop of Aberdeen.

Mass times are as follows:-Sunday & holidays: 11am. Tuesday: 8.00am. All other days: 11.20am

STRONSAY KIRK

Details of services at Stronsay's Kirk for the next few weeks are now available on the kirk's website <u>https://www.orkneycommunities.co.uk/stronsaykirk/calendar.asp?set=list</u>.

Contact Kirk Secretary: elsie.dennison@live.co.uk

Stronsay kirk's Facebook page: https://www.facebook.com/groups/1553904828107651

STRONSAY CHESS CLUB

Meets from 12 to 2pm every Friday in the Fishmart Café Chess sets provided

USEFUL INFORMATION

Post Office opening hours Monday to Saturday 8:30am - 5:00pm. Sunday closed all day
Post collection times Ebenezer post box 7:30am, Monday to Saturday
Bank (RBS) Thursday 9:30am to 3pm (closed 12-1 lunch), phone 616262
OIC Special collection 4 August 2025
Stronsay Island Link Office Wed 10am-noon, tel 616446, email stronsaycc@gmail.com
SDT Office Wood's Yard 10am - 11am Mon-Fri. Phone 616410
Sunday service at the Kirk Every week at 11am, see website <u>https://tinyurl.com/strkirk</u>
Our Lady's Chapel, pier head Mass: Sun & holidays 11am, Tue 8am, other days 11.20am
Next mobile library van visit. <u>https://tinyurl.com/orkmoblib</u>
Weekly rubbish collection Thursday, bags out by 8am.
Recycling skips nearly full? Send email to <u>recycling@orkney.gov.uk</u>
Forward scam emails to report@phishing.gov.uk
Stronsay's Facebook page <u>https://www.facebook.com/groups/476168409207488</u>

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

Airy Fairy 616231
Bank (Thursday only) 616262
Community council 616446
Companions Club 616438
Craftship Enterprise 0778 511 1126
Doctor 616321
Ebenezer Stores 616339
Ebenezer Oil Heating 616207
or 07500 682 867
Fish Mart 616401
Golgotha monastery 616210
or contact@the-sons.org
Hall bookings 616263
or annemaree.carter@btinternet.com
Highland Fuels 01856 873766
Island Link Officer 616475
Kirk secretary 616238
Limpet editor 616297
Medical emergency 616321
Neil's on Wheels 07723 304 260
Manse 616284
Nurses 616321
Olivebank 616255
OIC out of hours 01856 873535
Post Office 616499
Red House Plants 616377
Registrar 616239
Scottish Fuels 01856 873105
SDT office 616410

Silver Darlings 61	6412
Sinclair Haulage 60	
Star Island Soap 61	
Stranded seals, etc 61	
Stronsay Band61	
Stronsay Pub & Hotel 61	
Stronsay school61	
Stronsay taxi, school61	6376 or
transport, mechanic 07	
diagnostics & repairs	
Balfour hospital $(24/7)$ 01	
Water problems (24/7) 08	00 0778 778
Electricity	
general enquiries 08	
	on-Fri 8am-5pm)
problems (24/7) 08	
power cut (24/7) 10	
Police (non urgent) $(24/7)10$	
Kirkwall Library 01	856 873166
Dentists:	
Daisybank Clinic 01	
Deyanov Dental 01	
Com Dental Service 01	
Orkney Dental 01	856 872030
Vets:	
Flett & Carmichael . 01	
Northvet 01	856 873403

HOW TO CONTACT THE LIMPET

Send an email to editor@stronsaylimpet.co.uk or write to "Claremont, KW17 2AR".