

STRONSAY LIMPET

Funded by the Stronsay Development Trust

ISSUE 239 - May 2025





TIMETABLES

Loganair - interisland timetable 17 Feb 2025 - 25 Oct 2025
Orkney Ferries summer timetable 4 May 2025 to 28 Sep 2025

MV Nordic Sea timetable 2 Jun - 28 Sep
OIC - school holidays 2024-2025

DATES FOR YOUR DIARY 2025

Darts knockout at the Hotel & Bar	Sat 7 June
The Chase Quiz	Fri 13 Jun
Stronsay's Massive Weekend	Sat 17 Aug & Sun 18 Aug
Bingo night	Sat 20 Sep
Bonfire Night followed by Quiz	Fri 7 Nov
Christmas Craft Fair	Sat 22 Nov
Christmas Tree Lighting & peedie concert	Sat 29 Nov
Hogmanay Dance	Wed 31 Dec

STRONSAY IS MASSIVE!

T-shirts and hoodies (and stickers!)
now available to order through
59 Degrees North
(Sanday printing business)





Link to shop:

https://59-degreesnorth.co.uk/stronsay-massive-shop/

SHOW YOUR STRONSAY SPIRIT AT THE NORTH ISLES SPORTS

GP & COMMUNITY NURSE ROSTER

The rosters for the island's GP & community nurse are regularly updated online at https://stronsaylimpet.co.uk/RosterGPandNurse.html

Next edition of the Limpet will be published on **Mon 30 Jun 2025**, the deadline is 7pm on that date. Contact details for the Limpet are on the back page of every edition.

ORKNEY FERRIES ADDITIONAL FOOT PASSENGER SERVICE MONDAY 2ND JUNE – SUNDAY 28TH SEPTEMBER

We would like to advise customers that the Nordic Sea will be providing an additional foot passenger service between Kirkwall and Stronsay, Sanday & Eday from Mon 2nd June to Sun 28th September. The timetable for this service can be found online at https://www.orkneyferries.co.uk/timetables and a copy is reproduced below.

All passengers wishing to use this service must book and make payment in advance of travel.



Additional Foot Passenger Sailings

Monday 2nd June - Sunday 28th September

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Depart Kirkwall	06:15	06:15	06:15	06:15	06:15	11:30	11:30
Arrive Stronsay	07:55		07:55	-	07:55	13:10	13:10
Depart Stronsay	08:00		08:00		08:00	13:15	13:15
Arrive Sanday	08:30	07:40	08:30	07:40	08:30	13:45	13:45
Depart Sanday	08:35	07:45	08:35	07:45	08:35	13:50	13:50
Arrive Eday	08:50	08:00	08:50	08:00	08:50	14:05	14:05
Depart Eday	08:55	08:05	08:55	08:05	08:55	14:10	14:10
Arrive Kirkwall	10:10	09:20	10:10	09:20	10:10	15:25	15:25

4	Monday	Tuesday	Wednesday	Thursday	Friday
Depart Kirkwall	13:30	13:30	13:30	13:30	13:30
Arrive Stronsay	15:10		15:10	129	15:10
Depart Stronsay	15:15		15:15		15:15
Arrive Sanday	15:45	14:55	15:45	14:55	15:45
Depart Sanday	15:50	15:00	15:50	15:00	15:50
Arrive Eday	16:05	15:15	16:05	15:15	16:05
Depart Eday	16:10	15:20	16:10	15:20	16:10
Arrive Kirkwall	17:25	16:35	17:25	16:35	17:25

All sailings will be subject to forecasted weather and tidal conditions. Boarding will be at the link spans via the bow ramp of MV Nordic Sea.

Passengers wishing to use this service will need to book and make payment in advance of travel, booking is available via our website www.orkneyferries.co.uk or by calling our office during opening hours on 01856 872044



🎉 Celebrating the small wins! 🎉

After months of work between the SDT and Scholes, that's the **Stronsay Development**Trust up to date with its accounting!

They should be available for downloading shortly. 📄 💂

Thanks to everyone involved!



Year End 31 Aug 2024 Annual Return Received 29 May 2025

Accounts Received

Yes





Your item was delivered on

29-05-2025.

Delivered



Contact Details - 01857 616410

Development Officer	Shani Hall	Shani@StronsayDevelopmentTrust.com
Assistant Officer	Aimee Stout	Aimee@StronsayDevelopmentTrust.com
Assistant Officer	Steph Rome	Stephanie@StronsayDevelopmentTrust.com
Admin/Finance	Vicki Holland	Vicki@StronsayDevelopmentTrust.com

Office Hours

Monday to Friday 9am-11am

May be subject to change depending on online meetings and other SDT commitments, please check our Facebook page for updates

Bike hire must be booked in advance - please contact the office for bookings

Due to our recycling officer leaving we are placing a hold on any cardboard deliveries/pickups.

Thank you for your cooperation!

STRONSAY COMMUNITY COUNCIL

As from 19 May 2025, the following have been confirmed as members of Stronsay Community Council: -

Maya BAR-TOR Bennicuml, Stronsay, KW17 2AJ

Email; mayabartor@gmail.com

Dominic BLYTH St. Catherines, Stronsay, KW17 2AN

tel: 616242

email: saniman@live.co.uk

Shane HOURSTON Housebay Cottage, Stronsay, KW17 2AJ

tel: 07593965600

email: s.hourston@yahoo.co.uk

Louise McQUAID Bayview, Stronsay, KW17 2AR

Chair tel: 616376

email: louisemcquaidcc@gmail.com

James SEATON Thorfinn, Stronsay, KW17 2AS

tel: 07470111871

email: safehandsno 1@hotmail.com

Damian STOUT Linksness, Stronsay, KW17 2AT

Vice Chair tel: 616258

email: damienstout@btinternet.com

Shirley WHITEMAN St. John's Cottage, Stronsay, KW17 2AT

tel: 616438

The role of a Community Councillor is to ensure that they work for the best interests of the whole community and remain representative of, and accountable to, the represented community.

If you have a community related issue that you wish to bring to the attention of the Community Council, please contact any of the above members, or the Clerk, tel: 616446 email: stronsaycc@gmail.com

Colin McAlpine Island Link Officer/Clerk 19 May 2025

STRONSAY COMMUNITY COUNCIL

Chair: Shirley Whiteman Vice Chair: Damian Stout

SCRAP CAR SCHEME

Stronsay Community Council is pleased to announce the reopening of the Scrap Car Scheme for a further five vehicles.

The scheme will be administered by the Community Council and will remain open until five vehicles have been registered for removal. The vehicle owner will be responsible for arranging for the vehicle's disposal.

The haulage cost from Stronsay to Kirkwall will be met by Stronsay Community Council.

If you wish to dispose of a scrap car please:

- Reguest a Verification Form from the Island Link Officer tel: 616446 email: stronsaycc@gmail.com or by writing to the address below;
- Complete the Verification Form and liaise with the haulier for the vehicle's delivery to Kirkwall:
- 3. The completed Verification Form must be presented to the scrap yard at the time of vehicle delivery, along with all necessary documentation, (the vehicle's V5 document) to meet the DVLA and dismantler requirements.

A Verification Form will be required for each separate delivery of a car to the scrap yard.

Should you require any further information please do not hesitate to get in touch.

Colin McAlpine Stronsay Island Link Officer,

Tel: 616446

Email: stronsaycc@gmail.com

20 August 2024

STRONSAY COMMUNITY COUNCIL

Chair: Louise McQuaid Vice Chair; Damian Stout

ROAD CLOSURES FOR ORKNEY 2025 INTERNATIONAL ISLAND GAMES

The Chair of the Orkney 2025 Organising Committee has advised Orkney will be expecting approximately 2,200 athletes and team members from 23 other islands to compete in 12 sports across 20 venues between 12 and 18 July 2025.

To ensure the safe and smooth running of the road-based events some temporary road closures will be required. There will also be road closures associated with the opening ceremony.

During the closure there will be no vehicular access along the route affected, except for emergency vehicles. Pedestrian access will be maintained at all times where there is a footway.

Below is a link to comprehensive details about the roads affected and the timings.

Please note that all restrictions and closures are provisional at this stage and are subject to change. If you have any queries regarding the closures, please contact the Games Office at info@orkney2025.com

Colin McAlpine Stronsay Island Link Officer/Clerk 26 May 2025

https://stronsaylimpet.co.uk/IslandGamesRoadClosures-2.pdf

STRONSAY HOUSES PHOTOGRAPHY PROJECT

As part of a project I'm working on I'm hoping over the next few months to take a photo of every house on the island. The photo would be taken from a discreet distance and wouldn't interfere with anyone's privacy but if you would prefer not to have a current photo of your house included in this project please let me know.

As part of the same project I'm hoping to find past photos of as many local houses as possible and hope some of the 'Limpet' readers may be able to help. These photos don't necessarily have to be particularly large, old or clear, and even photos of folk with the house in the background would be appreciated, as would any of the small black and white snaps that were common at one time. If you have any such photos please let me know as I would love to have a copy of them. If I could borrow the photo just long enough to make a copy before returning the original to you that would be great. I would take great care of it and would also supply a 7" x 5" or 8" x6" copy of the original for you to add to your own photo collection if you wish.

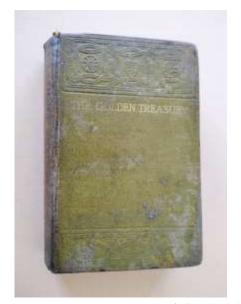
If you do have any such photos you're willing to let me copy please let me know by email at <u>ian.cooper56@gmail.com</u>, phone 01857 616322 or drop in past Steenysheed anytime.

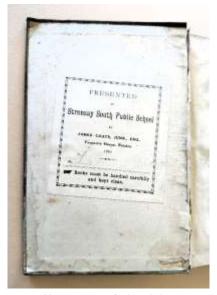
Thanks in advance,

Records of a Bygone Age Stronsay's Side Schools Part 4 – War and Peace (and a trip to the toon)

In last month's article, South School teacher Miss Elizabeth Fotheringhame had recorded in the school log of 1924 that good use was being made of the rural library and that 'the encouragement given to home reading from the rural library is noted with satisfaction.' It was known that the Central School was in possession of one of the many libraries gifted to schools by philanthropist James Coats, millionaire owner of the J & P Coats thread and weaving company of Paisley and this note posed the question of whether this 'rural library' may have been another of those.

By one of those strange coincidences this question was to be answered just a few days later when Barbara Smith donated an old book to the Heritage Centre. This book, 'The Golden Treasury' book of poetry, wasn't maybe all that special to look at but inside the front cover was a bookplate giving confirmation that this book was number seven in a library presented to the Stronsay South Public School by James Coats.





One of the books originally part of the library presented to Stronsay South Public School by philanthropist James Coats

We return now to 1936 and the continuing story of the South School, with national events very much to the fore. Following the death of King George V in January 1936 and the abdication of his son Edward VIII later that same year, King George V's second son succeeded to the throne as George VI in December 1936. The Coronation of George VI as King and his wife Elizabeth as Queen was held on 12th May 1937 and was marked as a public holiday. All schools were closed and, in celebration, the log notes that 'The children were entertained to a picnic and tea in the Central School, where they were presented with mugs from the island. The boys were also given ties and the girls handkerchiefs, paid for from the Central School fund.'

This appears to have been quite a celebration, with a part of the report in the Orkney Herald of 19th May shown below.

The Coronation festivities began Wednesday at 1 p.m. with the school children's sports down in a field of Samson's. When the children's sports were over at 2.30 p.m., they were assembled at the top of the field, just inside the gate and there Mr Fotheringhame, chairman of S.M.C., and member of the County Council, addressed children and grown-ups. Then the National Anthem was sung and three cheers were raised for the King and Queen. He then handd out to each child a Coronation mug, the gift of the island, there being a mug for every child in the island under 14. In the evening Mr Fotheringhame received a gift from the committee for his services there that day. Thereafter the childrn assembled in the school where the ladies of the W.R.I. had laboured and were labouring to supply the inner needs of the children. The King and Queen's health was then drunk (in tea) out of their Coronation mugs by the children. Tea over, they went back to the field to witness the adults' sports. While the children were being looked after in the Central P.S. the adults were similarly provided for in the Public Hall by a band of W.R.I. ladies.

Most of those in attendance went home to hear the King's speech on the radio at 8 p.m. before returning to the Public Hall at 9 p.m. for a dance which lasted until 3 a.m. the following morning. Dancing was interrupted briefly at 11 p.m. to allow a celebratory bon-fire to be lit by Miss Gorie, long-time teacher at the Central School and president of the local WRI.

Another ramble followed on 25th June, taking the children firstly to see Housebay's farm steading and then walking out along the shore past the Wart and on to Torness.

Another satisfying HMI report was received in October, where 'The 14 children on the roll respond eagerly to the kindly training they receive. In the basic subjects of instruction most of them make quite satisfactory progress and recreational activities are cultivated with much success and enjoyment. Handwriting and sewing also receive due attention.'

In January 1938 Nurse Emma Slorach, Stronsay's first regular District Nurse, visited the school in what was the first of many regular visits by her. Miss Slorach was later to marry Alfred Meil from Samsons and was to become a well-respected nurse and something of an island institution. Widowed in 1952, she and her nephew George emigrated to Australia in 1958.

A weekly South End Young Men's Club had been held in the school on Monday evenings for some time and this group supported the school and island in various ways, one of which was to give a donation of 10/- (50p) to the school in December 1937. The price of shoes at that time isn't recorded but we are told that this sum enabled the school to buy gym shoes for a number of the pupils there!

The school was closed on 16th June 1939 to enable pupils and teacher to go on a trip to Kirkwall for the day if they wished and here, once again, we see involvement with the Young Men's Club, later to be renamed simply the South End Club. This annual day out, known locally as the 'June Trip Day', had first been arranged by the WRI in 1932 and thereafter organised jointly with the South End Club each year. This may well have been the only trip to Kirkwall many folk would have had in the year, and was one of only two days each year (the other being the County Show day in August) where it was possible for islanders to go to Kirkwall and return on the same day. This much anticipated annual event was to continue right up until the coming of new ferries and a daily roll-on roll-off service between Kirkwall and Stronsay in 1991 and was the highlight of the year for many young and not so young pupils.

The school had just opened with classes assembling on the morning of Monday 4th September 1939 when a telegram came through to the Clerk of the School Management Committee to say that all schools must remain shut that week due to war having been declared the previous day. Pupils were immediately sent home, with the school remaining closed until 11th September.

The log entry of 29th September recorded that 'During the last four afternoons the school has taken up work in the National interest viz in gathering potatoes on five neighbouring farms.' Just how popular this may have been with pupils wasn't recorded!

With war still very much in people's minds, it was noted that on 8th December there had been two air raid alarms but, as the planes sounded far away, school carried on as normal.

On 2nd February 1940 the log notes that 'There is a return of frost and snowdrifts.' and then, only a week later, to demonstrate that it would take more than a war to prevent their nature rambles, the entry states that 'The afternoon was bright and bracing. The children were taken to see the Picts Houses at Lamb Head.' Another less planned ramble occurred on the 19th when it was noted in the log 'With the school not being habitable because of smoke and the day being so fine the children were taken to the Hillock from 9.45 - 11 o' clock. They spent the rest of the day in the kitchen.'

More rambles were to follow in early summer, with the teacher taking the pupils to Burgh Head to study wild birds and collect flowers, followed by a trip to the Muckle Water the following week.

Although life was carrying on much as normal, the war was still at the forefront of folk's minds and in May 1940 a collection around the district raised 14/- (70p), this sum being despatched to the recently formed Tobacco Fund for British soldiers at the Front. The health risks of tobacco weren't yet known of course, and this gift would no doubt have been a welcome morale booster to those engaged in the war.

Another timely reminder about the war, this time much closer to home, was a visit to the school by PC Yorston in January 1941 to give the children a warning regarding the great danger posed by German mines being washed up on the beach. These mines came ashore quite regularly, particularly in bad weather, and although most of them exploded on contact with the shore, a number also failed to explode. A £1 reward was offered to the first person to report spotting a mine, quite a significant sum when a labourer's weekly wage would have been less than£2.

Still on the theme of war and mines, the school was dismissed at 2.00 pm on 14th November 1941 to allow pupils and their parents to collect their Points Ration Books to enable the purchase of clothes and food, many of which was subject to rationing by that time. There was apparently a fierce gale raging around that time, with a number of mines being driven ashore and exploding. Fortunately only minor damage was ever done, and that only to a few properties relatively close to where the mines went off although shrapnel from the rocks where it exploded and from the mine itself could carry some distance.



The stunning Gates o'the Castle at Rothiesholm Head, reduced to nothing but a ruckle o'stones by the explosion of a war-time mine.

Pupils took part in making a collection of waste paper in February 1942 which enabled the school to fill three sacks to go for recycling, with another three bundles ready for shipment to Kirkwall in April.

Around the same time an increase in attendance at the North School meant that 4 surplus desks at the South School were sent to the North. These were 'dual' desks, each desk built to accommodate two pupils.

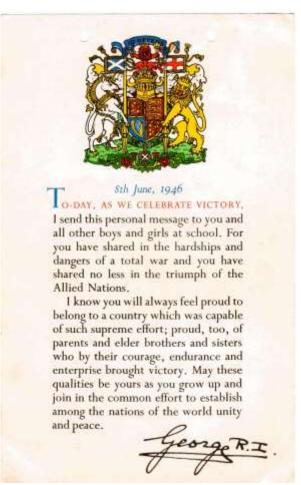
The ongoing war seemed to have little effect on the carrying out of routine school inspections and a HMI report in August 1942 noted that 'The roll at present numbers sixteen pupils. Attendance during the past session has been good. The pupils at all stages attain proficiency in the basic subjects.

The two oldest classes write a very creditable composition and give evidence of interest in their studies in geography. A good selection of poetry is offered for recitation and handwork is neatly executed. A praiseworthy project was the collection from fences of sheep's wool, later knitted into hospital blankets. Games and physical training have lately benefitted by the provision of rubber shoes. The school garden which is neatly kept produces flowers and vegetables.

The atmosphere is friendly but the school itself presents a depressing dingy appearance for which on the day of inspection the weather was only partially responsible. Some slight improvement might meantime be made by the introduction of pictures and the exhibition of the pupils' work on the walls.'

Scarlet Fever hit the island once more in 1943 and all the island's schools closed on 29th October, remaining closed for three weeks to try to limit the spread of the virus.

An outbreak of mumps affected the island early in 1945, with nearly every pupil who hadn't previously been affected succumbing this time round. With this epidemic only recently past, the school was shut for three weeks in April due to an outbreak of measles, with the building being thoroughly disinfected during that time.



The 'Victory' greetings card and message from King George VI, presented to every school pupil in Great Britain as part of the Victory celebrations on 8th June 1946.

(concluded on next page)

On a much happier note, the school was shut on 8th and 9th May 1945 as Victory in Europe Days and again on 15th and 16th August as Victory over Japan Days, celebrations that would have been greeted with delight and relief by young and old alike. The celebration of the end of the war wasn't yet complete as the following year official nationwide Victory Celebrations were held on 8th June 1946. At the local celebration of the event each pupil was given a Victory greetings card from the King, together with a shilling gifted by the Education Department as 'sports money' for Victory day.

Part 5 will be in next month's Limpet Ian Cooper May 2025



Thursday 26th June 2025 7.00pm-9.00-pm, Church Hall, £2.00/person, refreshments

We are an informal group who meet once a month to do our own stitchy things. You can bring any projects you're working on such as crochet, needlework, knitting, rug hooking etc.

Everyone welcome.

STRONSAY MEN'S SHED

The Stronsay Men's Shed have their own Facebook page up and running now, if you would like to contact them direct please do pm them.

https://www.facebook.com/profile.php?id=61558772842680

IMPROVING THE CANCER JOURNEY (ICJ) SERVICE NHS ORKNEY

If you or someone you know has been affected by cancer, *Improving the Cancer Journey* is here to help. *Improving the Cancer Journey*, in partnership with Macmillan, is a dedicated service to support anyone affected by cancer with their non-clinical needs. This could be the person with the cancer diagnosis, or it could be someone affected by that diagnosis, such as family or carers.

When someone is diagnosed with cancer, they often describe feeling like they're in a maze. It can be difficult to know what services are out there and where to access them. The *Improving the Cancer Journey* service is here to support with this, and help people to access the services that can support with their non-clinical concerns.

Non-clinical concerns may include:

- Supporting someone to access local teams that can help with money or housing worries and benefits
- Addressing caring or work responsibilities
- Connecting with those that can support with addressing physical concerns
- Accessing complimentary therapies
- Helping with emotional concerns, connecting with wellbeing support and services
- Accessing information to answer questions or concerns about cancer and treatment

When someone affected by cancer accesses the ICJ service, they will be offered a Holistic Needs Assessment, which is a simple check-list style questionnaire that helps to understand what means most to the person. The key areas addressed within a Holistic Needs Assessment are financial, practical, physical, emotional and spiritual.

Based on this assessment and meaningful conversations with an ICJ Link Worker, a support plan will be created to ensure the person affected by cancer is offered all the support they need.

Patients can be referred into the service through a self-referral form or via a professional referral. Both referral forms, alongside further information, can be found on the ICJ page of the NHS Orkney website - <u>Improving the Cancer Journey (ICJ) | NHS Orkney</u>.

The referral forms can be filled in online and sent to the ICJ email address – ork.icj@nhs.scot.

If you have any questions or would like to learn more about the ICJ service, please don't hesitate to get in touch. We are happy to support in any way we can.

Email: ork.icj@nhs.scot

Phone: 01856 888084 (Public Health Department)

Isles residents concessionary travel scheme



Are you?

- Age 65 +
- Disabled (must meet disabled person criteria)

You may be entitled to 24 free ferry journeys per year

Who do I contact for further information?

Transportation Service
Marine Services and Transportation
Enterprise and Sustainable Regeneration
Orkney Islands Council
School Place
KIRKWALL
KW15 1NY

Tel: (01856) 873535

E-mail: ferryvouchers@orkney.gov.uk

Web: www.orkney.gov.uk





School Place

KW15 1NY KIRKWALL

Tel: (01856) 873535

E-mail: ferryvouchers@orkney.gov.uk Web: www.orkney.gov.uk

Concessionary SmartCard. It is not transferable. access free travel is fraud and your entitlement to free concessionary trips on board Orkney person permitted to use the Ferry Services Allowing someone else to use the card to The concessionary card holder is the only Ferries may be withdrawn.

11

For full terms and conditions please visit:

www.orkney.gov.uk/transport.

local concessionary travel scheme operated by Orkney Islands Council and Orkney Ferries Ltd. Please note that your personal details will not be used for any purpose other than for the

0.0

A large print black and white version of this leaflet is available on request from Orkney Islands Council.

TRANSPORT





ISLES RESIDENTS

CONCESSIONARY

IRAVEL SCHEME





ORKNEY FERRIES CONCESSIONARY SMARTCARD

















www.orkney.gov.uk/transport

www.orkney.gov.uk/transport

Stephen Clackson's Letter from School Place Fiftieth Anniversary of Orkney Islands Council Issue.

This month I was back in Glasgow again, this time at their palatial and opulent City Chambers in George Square, for the first meeting in ages of the Scottish Councils' Committee on Radioactive Substances (SCCORS), on which I serve as OIC's representative. A new Pope having just been elected, it is maybe appropriate to tell you that the Glasgow City Chambers building boasts more marble than the Vatican. After the SCCORS meeting, a member of staff kindly gave me a private tour of some of the interior.







Back home in the OIC Chamber, I observed some of the University of the Arctic Board's *Spring Meeting 2025*. When I introduced myself to the delegates, I pointed out that if you travel due north from the North Isles ward there is no more land until you've passed over the North Pole and arrive at the Chukotka Autonomous Okrug in the far east of Siberia, hence we are practically Arctic ourselves. Then I was at a seminar on Orkney's place in the North and the Council's international Arctic engagement. And then, one of the items at the meeting of the UHI Orkney Stakeholder Group (formerly the Orkney College Management Council) was on the UHI Arctic Gateway Hub. Despite the glorious sunny spells we have been enjoying recently, the icy North very much seems to have been theme of the month.

Since my last *Letter*, I have also attended a meeting of the Policy & Resources Committee; a couple of confidential members' briefings; seminars on planning policies for new housing, road structures at risk, and waste strategy; and I've been along to meetings of Sanday Community Council and Stronsay Community Council. I was invited to a preview of a new exhibition at Stromness Museum entitled "Powered by People — Orkney's Renewable Energy Story", which is well worth looking at.

As you may have picked up in the media, "Zevi 1", the Artemis Technologies electric hydrofoil vessel has arrived. After familiarisation, it will undergo trials to evaluate its performance in Orkney waters by being put into service connecting Kirkwall with Shapinsay, Egilsay, Wyre and Rousay for a period of 3 years.

This May marked the golden jubilee of Orkney Islands
Council. As I explained in Issue 136 of my Letter, the
election for the new council took place on 7th May 1974,
and it existed for a year as a shadow authority until
16th May 1975, when it took over local government in
Orkney from Orkney County Council, Kirkwall Town
Council and Stromness Town Council. You can read the
minutes of OIC's first 2 statutory meetings at these URLs:
https://clackson.info/wp-content/uploads/2025/05/GM75MAY20.pdf
The ermine robe, tricorn hat and chain of office of the
former Provost of Kirkwall Town Council hang in a display

case at School Place. Who should wear them now?

Stephen

Clir Dr Stephen Clackson Member for the North Isles Ward, Depute Convener Orkney & Shetland V.JB

West Manse, Sanday stephen.clackson@orkney.gov.uk

Letter from School Place is also available on-line at clackson.info





VAN AVAILABLE FOR CHARITY WORK

The Pomona Prefect logo peedie red van is available for charity work on the island if anyone needs a man and a van and wants to help the island reach the target. Saturdays service and cost for this is suggested as £10 per hour min donation for half hour units. All to the Stronsay Defib fund. No live animals, persons transported or dirty, sloppy stuff carried. Limited load and not a taxi service. This is a temporary thing to raise money and not a challenge to any services on the island. Call Mick for all taxi work and Sinclair Haulage for freight!

Also, if anyone needs their car karcher jet washed and vaccuming and then can do at Ellerslie as you pass for a donation to same Defib Fund. Cost is £10 per basic body wash and wheels rinsed and boot/inside vacced. Limited to cars. No monster trucks, panel vans, lorries or camper vans sorry.

This charity service will be hopefully available until there are enough defib machines in position with the people trained to cover us all 24/7. Availability is limited to Saturdays.

Any questions and to book give me a call.

Nicandro J. Porcelli, Ellerslie. Telephone or text to - 07732 276046

ISLAND LINK OFFICE

Commencing Wednesday 19th February 2025 the Stronsay Island Link Office, located in the Fish Mart, will be open every Wednesday between 10am and noon.

A range of services are available, including the collection of black bin bags, photocopying at 10p a copy, collect a form for Stronsay Community Council financial assistance, or a form for the scrap car scheme (still open for applications), raise issues or concerns that Stronsay Community Council may be able to address and even contact officers at OIC.

I look forward to seeing you, but if you are not able to call into the office I can be telephoned on 616446 or by email to stronsaycc@gmail.com

Colin McAlpine Stronsay Island Link Officer/Clerk 12 February 2025



The Scottish Government is assessing the success of R100, a government funded programme which is extending access to faster broadband across Scotland.

To inform this, we are surveying households and organisations who:

- Are scheduled to receive faster broadband access
- Have been provided with faster broadband access and have taken up the connection
- Have been provided with faster broadband access but have not taken up the connection





To determine if your property is impacted by the programme, and complete a survey, please go to:

https://tinyurl.com/R100Evaluation.or scan the QR code below:



The deadline for all responses is 3 March 2025

Please email R100Evaluation@stantec. com if you have any further questions.

The Digital Phone Switchover



What you need to know

What is the digital phone switchover?

The UK's telephone network is changing. Between now and January 2027 most telephone providers will be moving their customers from old analogue landlines over to new upgraded landline services using digital technology. This means services that rely on the old landline system such as home phones, telecare and health devices will need to be compatible.



The good news is – your landline isn't going anywhere and for most consumers and businesses, this change will be straightforward. In fact, many customers are already making the switch when they upgrade to fibre broadband.

Your telecoms provider (for example, Vodafone or BT) should contact you before the switchover to check in and discuss what you need to do to make sure any reliant services you may have aren't affected. However, we're encouraging everyone to know what to expect.

The change may be as simple as plugging your phone into a broadband router rather than the phone socket on the wall, or you may be given a new router to do this.

Please note that your provider will move you to a digital service before January 2027. If you care for a vulnerable person, please keep an eye out for correspondence notifying of a switch over date.



If you have any concerns or questions, please contact your telecoms provider directly.



Do you or someone you know depend on their landline and/or use a telecare device connected to a phone line?

If yes, then please contact the Telecare Team at Orkney Islands Council.

Tel: 01856 873 535, Extension 2635

The Digital Phone Switchover



What you need to know

Other Devices

If you have other devices connected to your phone line that you may have purchased, such as alarm systems, you might need to upgrade your device to make sure it is compatible.

If you are unsure about how a device in your home or business might be affected, it is recommended you contact the equipment supplier or device manufacturer to find out whether it will remain functional on a digital phone line.

People who use health monitoring or telecare devices should check if the switchover will affect how they work.

Key Points To Remember

If you have any queries or have no means of making emergency calls you need to contact your communications provider.

If you have a telecare alarm please contact the telecare team at Orkney Islands Council: 01856 873 535 Extension: 2635

Check with the appropriate equipment manufacturers if you have any other devices supported by your existing telephone line (such as intruder alarms) to check it will work digitally.

Most telecare alarm providers will have upgrade plans, if your phone line has or is due to an upgraded by your communication provider let them know.

In a Power Outage

Digital landlines cannot carry an electrical power connection, so in the event of a power cut they will not work. If you have a mobile phone this can still be used, but if you've no other means of calling the emergency services your telecoms provider will offer a solution to allow calls to be made to emergency services.

You should tell your telecoms provider now if you have no other way of making emergency calls.

Scams

There have been incidents reported of scammers contacting vulnerable users in relation to digital migration.

Communication providers or telecare services will never call you to ask for money.

Contact is usually by letter and charges are only applied to normal invoices. If you are in any doubt as to the authenticity of a caller, just hang up and call your communications or telecare provider to report the incident, using a trusted phone number, such as the one on the bill.



Quit Your Way Orkney Stop Smoking Service



Let's talk about smoking Stopping smoking saves money



Quit Your Way Orkney is your free, friendly, local NHS stop smoking service.

Support from Quit Your Way Orkney includes:

- · Help to develop a personal 12-week quit plan
- · Support to develop plans to change your habits and control cravings
- Regular contact with a specialist stop smoking advisor
- · Encouragement and advice on maintaining your quit
- · Advice on correctly using stop smoking medications
- · Free access to a range of stop smoking medication
- · Telephone or video call appointments (using NHS Near Me)

Get started today

Phone: 01856 888084 or 0800 0356344 (Freephone number) Email: ork.quityourway@nhs.scot Online: scan the QR code below



You can also visit your local community pharmacy or GP Practice for free stop smoking support

Have you been supported by Quit Your Way Orkney before?

If you have used our service before and returned to smoking we will support you again, without judgement, to quit your way.



The savings below are based on a 20 a day smoker quitting in 2023

1 day - £11.00

1 week - £77

1 month - £308

3 months - £924

6 months - £1,848

12 months - £3,696

Get support to quit and save from Quit Your Way Orkney:

Email: ork.quityourway@nhs.scot

Phone: 01856 888084 or 0800 0356344 (Freephone)
Online: scan the QR code using your phone camera

You can also visit your local community pharmacy or GP Practice for free stop smoking support

BAYVIEW TRANSPORT LTD Summer Timetable effective from Tuesday 22 April

South

8:35 Russland

8:37 Sunnyside

8:38 Blinkbonny

8:42 Odiness junction

8:44 Vat

North

8:28 Thorfinn

8:30 Dunera

8:31 Council Houses

8:37 Airport



Service 4D Kirkwall Airport

New trial service commencing Monday 24 March 2025

(until 31 March 2026 initially)

Kirkwall Travel Centre	1515	1545
Palace Road	1518	1548
New Scapa Road Balfour Hospital	1521	1551
Kirkwall Airport arr	1528	1558
Kirkwall Airport dep	1530	1600
New Scapa Road Balfour Hospital	1536	1606
Pickaquoy Road	1537	1607
Kirkwall Travel Centre	1540	1610

Booking is recommended due to limited capacity

Call/Text/WhatsApp: 07438 268 883

by 10am on the day of travel

Or contact: 01856 870340 or 871515

Please state which time and where you will be boarding the bus.

Departs from Stance 4 - Kirkwall Travel Centre

- Service 4D will operate Monday Thursday afternoon during term-time* to fill the
 existing timetable gap on the half hourly Service 4 (operated by Stagecoach on
 behalf of Orkney Islands Council).
- The service 4D will be operated using a wheelchair accessible vehicle.
- National Entitlement Card and Young Scot card holders can travel free of charge on this service.

Operated by Orkney Travel on behalf of Orkney Disability Forum. Funded by Orkney Islands Council. Continuation of this trial will be subject to demand and budget availability.



*Term dates can be found at www.orkney.gov.uk/schools

For online timetable information please visit: www.orkney.gov.uk/transport

SAVE OUR SCREEN MACHINE!

Without urgent investment, the Screen Machine mobile cinema service will end. Please donate to our fundraising campaign to secure its future at:

www.crowdfunder.co.uk/p/save-our-screen-machine YouTube video https://youtu.be/fpUuDlnHS-o Frequently asked questions

SCAA - SCOTTISH CHARITY AIR AMBULANCE



Scotland's Charity Air Ambulance responds, on average, to two time-critical emergency call outs every single day. We are a national charity and receive no statutory government funding, so rely 100% on donations from the public to fuel our life-saving flights across Scotland.

MOBILE LIBRARY VAN VISITS 2025

12 May, 30 June, 25 August, 20 October, 15 December

For further information go to web page https://orkneylibrary.org.uk/mobile-library, send an email to library@orkney.gov.uk or telephone 01856 873166.

	Council Houses	8.45	-	9.45
Winter	School	10	-	12
	Kirk	12.45	2	3
	Fish mart	3.15	Η.	4.45
Sur	Council Houses	9.25	-	10
Summer/Refit	School	10.15	-	12
er/R	Kirk	12.45	2	3
0	Fish mart	3.15		5.30

SWIMMING POOL - OPENING TIMES

Charges - Adults £3, Children £1.50, Private Hires £15. To book a private hire phone Elsie on 616238.

Monday	Adult lane	6:30-7:10:00	Public session 7:10–7:50
Thursday	Private hire	6:30-7:10	Public session 7:10-7:50
Saturday	Private hire	2:00-2:40	Public session 2:40-3:20

OVERSEERS WANTED!

Always looking for reliable overseers for the swimming pool, please! Previous volunteers welcome. Involves taking payment, handing out bands, helping with evacuation procedures etc. Contact Mairi Dennison via Facebook messenger or tel 616331. We politely request that parents/guardians whose children use the pool regularly take a turn at overseeing, in particular.

STRONSAY COMMUNITY ASSOCIATION

Why not hire the Stronsay Community hall? We have a kitchen and fully licensed bar, with two large halls and a small meeting room; perfect for weddings, parties, games, meetings and much more!

- Disco equipment
- Table tennis
- Badminton
- Air hockey
- Pool Table

For more information & bookings contact Anne-Maree Carter email

annemaree.carter@btinternet.com

Rooms for hire from only £2 per hour plus hydro charge. Adult supervision (over 18) must be present during hire.

A NOTE FROM THE LIMPET'S EDITOR

Please let me know if anything in the Limpet requires updating or deleting. To contact the Limpet send an email to editor@stronsaylimpet.co.uk or write to "Claremont, KW17 2AR".

FOR SALE, WANTED, THANK YOU, etc



Stronsay at War

The Stronsay Heritage Society is planning to create a display and accompanying booklet for the Stronsay Heritage Centre to document *life in Stronsay* during the First and Second World Wars.

We are hoping that folks both in and outwith Stronsay will send us copies/scans/photographs of the following types of items:

- Written memories or diaries (of life in Stronsay or from Stronsay folk experiencing life elsewhere because of the war)
- Photos (of Stronsay or of Stronsay folk)
- Letters
- Postcards
- · Memorabilia or Souvenirs
- · Ration Cards
- · Recipes or household hints
- Fashion
- Products/Labels/Advertisements from local businesses
- Invoices/Receipts
- · Certificates or Awards
- · Programmes of Events, Fundraisers or Appeals
- Newspaper clippings about Stronsay

We can also borrow your originals and scan them ourselves if that's easier for you.

Naturally, if you'd like to donate any wartime-related artefacts or original photos to the Heritage Centre, we'd be very glad to receive them.

> Please contact Jennifer Graham (07973 716278) or Ian Cooper (616 322)

or via email: heritagesocietystronsay@gmail.com



FOR SALE, WANTED, THANK YOU, etc

Stronsay Craft Fair Charity Stall

We'd like to thank everyone who supported our charity stall in aid of "The Peedie Retreat" at the Craft Fair by donating and buying items. We raised an amazing £415! Ruth, Maya and Arna.

A message from Anna at the charity

"Thank you Stronsay for your incredible efforts fundraising at your craft fair. All your kindness will bring the dream of The Peedie Retreat closer to becoming a reality for Orkney".

THE PEEDIE RETREAT

"Orkneys Peedie Place of Happiness"



The Peedie Retreat is an Orkney charity with the ambition of building and running a bespoke, fully accessible, detached accommodation for Orkney residents affected by Cancer or Multiple Sclerosis. To be built at Inganess Beach Kirkwall a natural and stunning location, close to local amenities and Health Care. The Retreat will be owned by the charity will always belong to The People of Orkney to always be used for its intended purpose. This inspirational building will be a place where Orkney people facing the medical conditions, will be able to come with their families, friends and loved ones, to be together and enjoy a break FREE OF CHARGE away from their worries and challenges, to rest, recuperate and connect with nature to find inspiration, hope and a Peedie Bit of Happiness. Orkney is a truly magical place but there is nothing more magical than time to be with those who love, care, and support you. We look forward to creating this perfect haven with the help & kindness of Orkney, who are making this happen for The People of Orkney

STRONSAY HOTEL & PUB

https://www.facebook.com/profile.php?id=100083375340593



FISHMART CAFE OPENING TIMES

Monday CLOSED

Tuesday CLOSED

Wednesday 9am - 2pm

Thursday 10am - 4pm

Friday 9am - 2pm

Saturday 9am - 2pm (Breakfast served all day)

Sunday 10:30am-2:30pm (Breakfast served all day)

<u>Local</u> business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page



What's on this June At the Stronsay Hotel & Bar

Monday 2nd June - £5 Mondays

Saturday 7th June - Darts competition, winner takes all

Monday 9th June - £5 Mondays

Saturday 14th June - Evening meals (available from 17.00-20.00)

Monday 16th June - £5 Mondays

Saturday 21st June - Takeaway (available from 17.00-20.00)

Monday 23rd June - £5 Mondays

Saturday 28th June - Quiz Night

Monday 30th June - £5 Mondays





happyfeetorkney@outlook.com

I am a fully qualified Foot Health
Practitioner and a certified ear care
provider, offering expert services with the
convenience of home visits at competitive
rates. For more information or to schedule
an appointment, please contact Shirley for
a fact or ear care appointment via email or
at 07767714634 to have the best foot and
ear care.

Happy Feet Foot and Ear Care 07767714634



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We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.

Reasonable prices.

Contact Craig or Christine for more information.

DONNA BLYTH EDUCATION SERVICES

Donna Blyth BA Hons, MEd, PGCE, SQH, CPT3A, CELTA Email: donnablyth@outlook.com

Tel: 01857 616242 / 07852 805780

Tuition in English Language, English Literature, EAL and Literacy for learners of all abilities from age 5 - adult

£25.00 per hour for 1:1 tuition

£45.00 per hour for groups of 2 or more depending on requirements (max 4)

Tuition in clarinet performance and music theory up to grade 5

£15 per 30min lesson for 1:1 tuition

Assessment for Applications for Examination Access Arrangements

Assessments and reports for EHCP and Coordinated Support Plan applications

I am GTCS, DBS and PVG Scheme registered.

I have valid, current Safeguarding and Prevent certification

References available if required

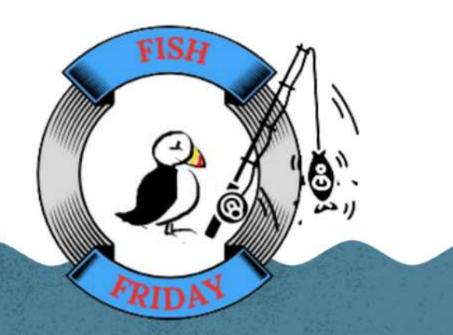
All enquiries and services provided are treated in confidence as far as possible and according to KCSIE legislation 2023



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FRIDAY CAFÉ SCHEDULE EVERY FRIDAY BEGINNING ZIST FEBRUARY NORMAL MENU: 9:00 AM - 12:00 PM FISH SUPPER (DINE-IN): 12:00 PM - 2:30 PM

FISH SUPPER (TAKEAWAY): 4:30 PM - 7:30 PM

NO BOOKING OR PRE-ORDERING NEEDED FOR TAKEAWAY. JUST DROP BY, ORDER, AND COLLECT AT THE COUNTER

FISH SUPPER	
KIDS FISH SUPPER	£8.00
SCAMPI SUPPER	£9.50
BATTERED SAUSAGE SUPPER	£8.00
MUSHY PEAS/PEAS/BAKED BEANS	£1.00
TARTARE SAUCE	50P
CAN/CARTON DRINKS	
BOTTLED DRINKS	£1.50

WE LOOK FORWARD TO SEEING YOU ALL

REDHOUSE PLANTS MARKET GARDEN



Seasonal vegetables available daily. Bedding, perennial and vegetable plants.

Local honey in season according to availability.

Open 09.00-17.00 Mon-Sat.

Redhouse, Lower Whitehall, Stronsay. Tel: (01857) 616 377

The Old Manse Bed and Breakfast Logie Easter, Kildary IV18 0NZ



The Old Manse is a listed building dating back to the 1780s set in a large woodland garden just off the A9 and commanding far reaching views of the surrounding countryside.

We are ideally located for those travelling to and from Orkney. The ferry terminals of Gills Bay (Pentland Ferries) and Scrabster (North Link Ferries) are no more that 2.5 hours drive with John O'Groats just 2 hours away.

Ensuite Double and twin rooms
Tel 01862 842357 Email <u>oldmanse.kildary@btinternet.com</u>
Web <u>www.oldmansebandbkildary.co.uk</u>

Holmsgarth Crafts





Seasonal Gifts, Memory bears, Stronsay book bags, and much more Many items can be personalised Made To Order







Contact Margaret McAnally - Holmsgarth Crafts | Facebook 07432614089





Traditionally hand-crafted in Stronsay—soaps, solid shampoo bars, conditioner bars and balms. Hand-spun and hand-dyed yarns from Orkney fleeces, woven throws, wall-hangings and more.

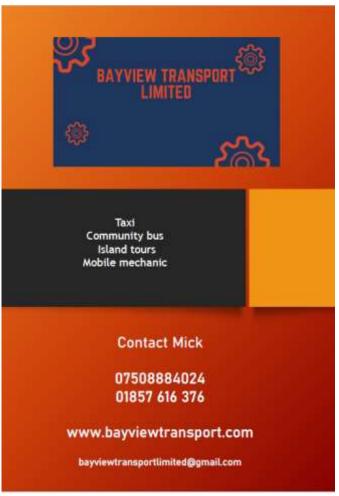
Orkney Star Island Soap, Isles View, Stronsay, Orkney, KW17 2AG.

Tel: (+44) 01857 616 281

Email: info@orkneystarislandsoap.co.uk
Web: http://www.orkneystarislandsoap.co.uk

Facebook: https://www.facebook.com/orkney.star.island.soap





COMMUNITY BUS



We have now extended the days and service of the bus. You can now book the bus between 9:00 and 3:00 Monday-Friday and we can arrange to drop/collect at the plane or ferry on request.

Call Mick 616 376 or 07508 884024

Roger at Stronsay Photographic

Available for

Portraits - groups and individuals

ID photographs - printing on site

Tuition

Special commissions

Cozy studio with professional lighting

Home visits



Contact via Stronsay Photographic Facebook page and Facebook or tel 616228 Special offers also on Stronsay Facebook page

See Stronsay Markets on YouTube https://youtu.be/8e6sz Z2eQU

Roger at Stronsay Markets



Local seasonal soft fruit and vegetables

Grown naturally without artificial fertilisers, pesticides or weed killer

Cropped same day (usually)

Check out Facebook "Stronsay Markets"

Contact me on stronsaymarkets@gmail.com and I can add you to the regular list of available produce

Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page

PATRICK McGrath LTD



Gas Safe Registered Engineer Plumber

Services include:

- Installation, servicing, maintenance of all domestic gas appliances
- Landlords gas safety checks
- · Bathroom fitting
- · Bathroom supply
- General heatings
- All other types of domestic, commercial, industrial plumbing works
- Isles work welcome

Call Patrick on **07933 488283**

Email: patrickmcgrathltd@gmail.com



Ebenezer Oil Heating









Oil boiler servicing, repair and replacement

Oil tank inspection and installation

Why not let me check out your heating system, I can advise upgrades to make your heating more efficient & cheaper to run

10 year parts and labour guarantee on all new Grant Vortex boilers

All my work is covered by the OFTEC Competent Persons Scheme

Why would you use anybody else?

Tel 01857 616207 Mob 07500682867 Email ebenezer@stronsay.org

Local business adverts are free!

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"NEIL'S ON WHEELS"



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260



Local business adverts are free!

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SINCLAIR HAULAGE LIMITED

Contact Details







General Enquiries: info@sinclairhaulage.com

Accounts Enquiries: accounts@sinclairhaulage.com

Livestock Bookings: livestock@sinclairhaulage.com

Phone: 01857 600 404

Postal Address: Sinclair Haulage Ltd

New Haulage Shed

How Farm

SANDAY KW17 2BJ

Office Opening Mon - Fri

09:00 - 17:00Times:

Livestock bookings should be made by emailing livestock@sinclairhaulage.com or calling 01857 600404.

Please note that we DO NOT use Gmail email addresses (e.g. sinclairhaulage@gmail.com). Please only use the above email addresses.

KEEPING WARM

These knitting patterns are from the 1940s so they may not be high fashion but they will keep you warm!

https://www.vam.ac.uk/articles/1940s-knitting-patterns

STRONSAY ON YOUTUBE

- Bicycle tour of Stronsay in August 2022 (poor audio quality)
- 59° North
- Links House, Stronsay: Finding the Mesolithic in Orkney
- Stronsay, Orkney
- The mystery of the Stronsay Monster
- Orkney—living and working
- 1930's stone crushing machine in action on Stronsay
- Stronsay harbour (taken from inside the harbour)
- Five reasons to visit Stronsay

HANDY EMAIL ADDRESSES & PHONE NUMBERS:

Ebenezer Stores <u>stronsaystores@gmail.com</u>	616339
Olivebank m.williamson1@btconnect.com	616255
Fishmart café <u>fishmartcafehostel@gmail.com</u>	616401
Hotel & pub stronsayhotel@gmail.com	616407
Red House plants	616377

OUR LADY'S CHAPEL, PIERHEAD OPEN FOR PUBLIC MASSES

Our Lady's Chapel on the pier is open for public Masses with the permission of the Bishop of Aberdeen.

Mass times are as follows:-

Sunday & holidays: 11am. Tuesday: 8.00am. All other days: 11.20am

STRONSAY KIRK

Details of services at Stronsay's Kirk for the next few weeks are now available on the kirk's website https://www.orkneycommunities.co.uk/stronsaykirk/calendar.asp?set=list.

Contact Kirk Secretary: elsie.dennison@live.co.uk

Stronsay kirk's Facebook page: https://www.facebook.com/groups/1553904828107651

STRONSAY CHESS CLUB

Meets from 12 to 2pm every Friday in the Fishmart Café Chess sets provided

USEFUL INFORMATION

Post Office opening hours Monday to Saturday 8:30am - 5:00pm. Sunday closed all day Post collection times Ebenezer post box 7:30am, Monday to Saturday Bank (RBS) Thursday 9:30am to 3pm (closed 12-1 lunch), phone 616262 OIC Special collection. 4 August 2025 Stronsay Island Link Office. Wed 10am-noon, tel 616446, email stronsaycc@gmail.com Wood's Yard 10am - 11am Mon-Fri. Phone 616410 Every week at 11am, see website https://tinyurl.com/strkirk Our Lady's Chapel, pier head Next mobile library van visit . https://tinyurl.com/orkmoblib Weekly rubbish collection . . . Thursday, bags out by 8am. Recycling skips nearly full? . . Send email to recycling@orkney.gov.uk Forward scam emails to report@phishing.gov.uk

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

Stronsay's Facebook page ... https://www.facebook.com/groups/476168409207488

Airy Fairy	
Community council 616446 Star Island Soap 616281 Companions Club 616438 Stranded seals, etc 616207/206/498 Craftship Enterprise 0778 511 1126 Stronsay Band 616345 Doctor 616321 Stronsay Pub & Hotel 616407 Ebenezer Stores 616339 Stronsay school	
Ebenezer Oil Heating 616207 Stronsay taxi, school 616376 or	
or 07500 682 867 transport, mechanic 07508 884 024	
Fish Mart 616401 diagnostics & repairs	
Golgotha monastery 616210	
or contact@the-sons.org Balfour hospital (24/7)01856 888000	
Hall bookings 616263 Water problems (24/7) 0800 0778 778	
or annemaree.carter@btinternet.com Electricity	
Highland Fuels 01856 873766 general enquiries 0800 048 3516	
Island Link Officer 616475 (lines open Mon-Fri 8am-5)	om)
Kirk secretary 616238 problems (24/7) 0800 300 999	
Limpet editor 616297 power cut (24/7) 105	
Medical emergency 616321 Police (non urgent) (24/7)101	
Neil's on Wheels 07723 304 260 Kirkwall Library 01856 873166	
Manse 616284 Dentists:	
Nurses	
Olivebank	
OIC out of hours 01856 873535 Com Dental Service 01856 888258	
Post Office 616499 Orkney Dental 01856 872030	
Red House Plants 616377 Vets:	
Registrar	
Scottish Fuels 01856 873105 Northvet 01856 873403 SDT office 616410	

HOW TO CONTACT THE LIMPET