



TIMETABLES

[Loganair - interisland timetable 20 Feb 2023 to 28 Oct 2023](#)

[Orkney Ferries - summer timetable 7 May 2023 to 24 Sep 2023](#)

[Orkney Ferries - North Isles excursions 2023](#)

DATES FOR YOUR DIARY

Peedie variety concert	Fri 2 Jun
Visit of Swan sailing ship	Sat 10 Jun
Parish cup - Stronsay v Westray (at Stronsay)	Sun 11 Jun
Bumblebee walk	Wed 14 June
North Isles Sports followed by dance to Stronsay Band	Sat 17 Jun
Snorkelling safari with Kraken Diving	Sat/Sun 24/25 June
Stronsay Wellbeing Week—for details see pages 9-16 of this edition	Sat 24 June to Fri 30 June
Stronsay Stitchers	Thu 29 Jun
Dragonfly and damselfly spotting	Sat 1 July
Botanical walk	Fri 7 July
OIC Special Collection	Mon 7 Aug
County show	Sat 12 Aug
Massive weekend!	Sat/Sun 19/20 Aug
Bingo night	Sat 23 Sep
Deal or No Deal Quiz Show	Sat 7 Oct
Bonfire night	Sat 4 Nov
Christmas Craft Fair	Sat 25 Nov
Christmas Tree Lighting	Sat 2 Dec

GP & COMMUNITY NURSE ROSTER

The latest available roster for the Doctor and the Community Nurse can be found on the Stronsay Limpet's website at <https://stronsaylimpet.co.uk/RosterGPandNurse.html>

The next edition of the [Limpet](#) will be published on **Fri 30 June 2023**. Items for inclusion should be sent to editor@stronsaylimpet.co.uk, the deadline is 7pm on that date. The postal address of the [Limpet](#) is "Stronsay Limpet, Claremont, KW17 2AR".

VISIT OF SWAN SAILING SHIP SATURDAY 10 JUNE

The Swan sailing ship is coming to Stronsay on the 10th June as part of their trip along the Scottish Herring trail from Shetland to Anstruther. The crew and passengers will have a tour of Stronsay. Stronsay residents are invited to look round the ship during the day and to learn about her history since she was built in Shetland in 1900.



<https://www.swantrust.com>

ORKNEY FERRIES

Parish Cup - Stronsay vs Westray - Sunday 11th June

To accommodate the Stronsay vs Westray Parish Cup match on Sunday 11th June, the service to Westray has been amended. After departing Westray, we will continue on to Stronsay for the match instead of returning to Kirkwall. Sailing times will be as follows:

- Depart Kirkwall 0920
- Arrive Westray 1045
- Depart Westray 1055
- Arrive Stronsay 1215
- Depart Stronsay 1620
- Arrive Westray 1740
- Depart Westray 1800
- Arrive Kirkwall 1925

We request that those wishing to travel, book and pay for their journey online in advance, as this service is likely to be very busy .



ORKNEY FERRIES—DISABLED ACCESS

Due to the ongoing issues with the Varagen disabled access chairlift and its repair, it has been requested that we look at dedicating one of the Earls to Stronsay and Eday on one day each week, this is to allow those with restricted mobility the ability to access toilets / facilities etc on a day return basis. As a result of this request, we have reviewed our timetables and have put this in place on the following dates;

Thursday 8th June

Thursday 15th June

Thursday 22nd June

Thursday 29th June

We are working with the stairlift provider to progress the repair of the stairlift, and we are currently awaiting the delivery of spare parts. We will continue to review the situation and will make further amendments to the timetable if necessary to facilitate travel on the Earls.

Stronsay
Orkney's Island of Bays

Accommodation-

Stronsay Hotel

Tel: 01857 616410

stronsayhotel@gmail.com

Storehouse B&B

Tel: 01857 616263

Stronsay Fishmart & Hostel

Tel: 01857 616401

Including images by
Stronsay Photographic

Stronsay's Massive Weekend has been
brought to you by the
Stronsay Community Association
With sponsorship from
Cooke Aquaculture Scotland

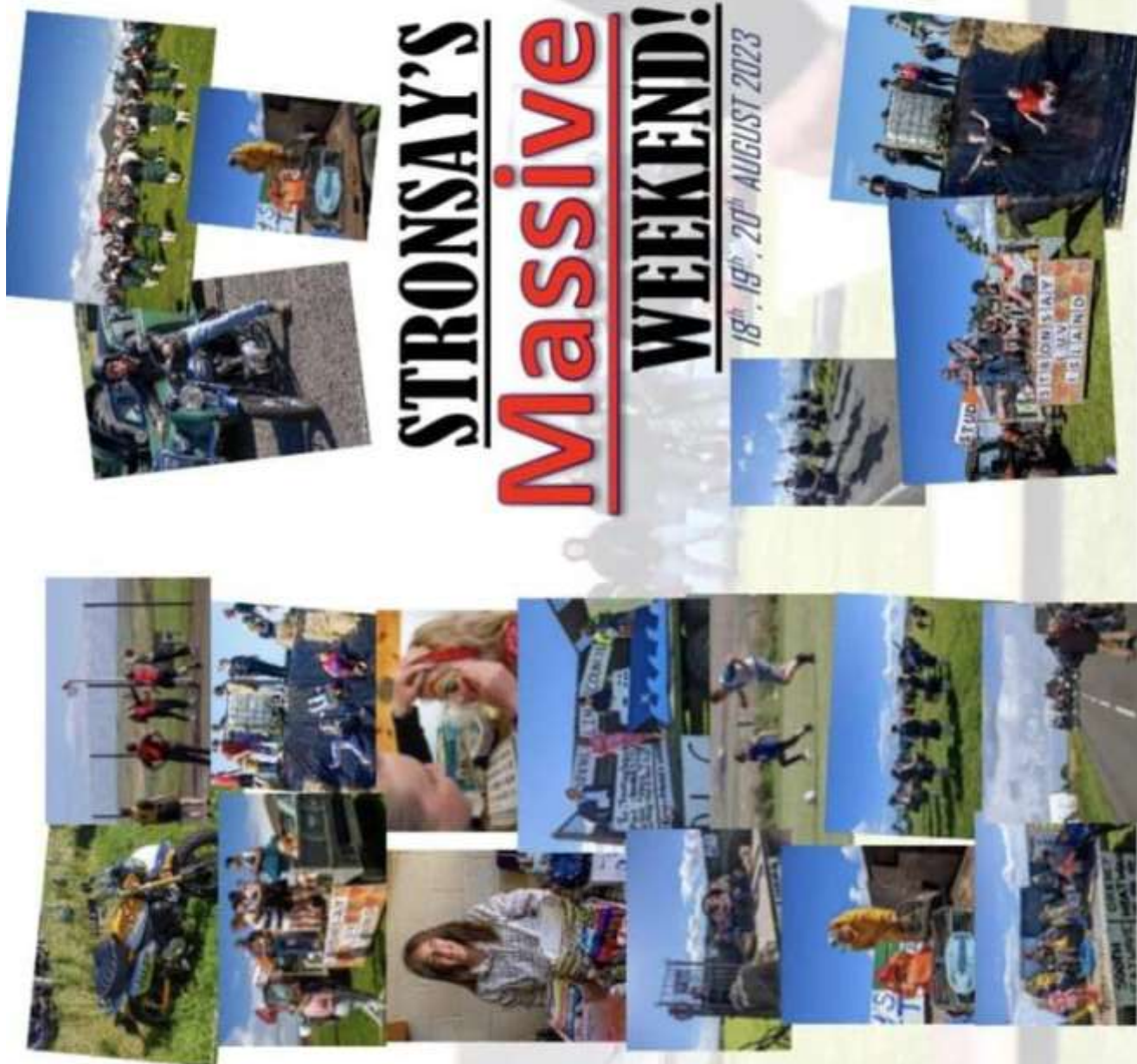
Cooke
AQUACULTURE
SCOTLAND

Thank you!

For any further information or queries;
Email: massiveweekend@outlook.com
Facebook: Stronsay Community Association

STRONSAY'S Massive WEEKEND!

18th, 19th, 20th AUGUST 2023



FRIDAY 18th AUGUST;

STRONSAY HOTEL; 7PM-1AM

-JAMMING SESSION-

Come along and start your weekend with a cracking night at the Hotel!

Bring your instruments if you have one!
Raffle tickets available

OBSTACLE COURSE; 3:30PM

Put your team to the final test!

Mystery course with a timed race and Team Games to crown the BEST of the BEST!



SATURDAY 19th AUGUST;

COMMUNITY HALL; 11AM START

Get your 5-a-side teams ready!
Teams preferably in by 5pm Thursday 18th to:
massiveweekend@hotmail.com

- Fun Netball-
- Fun Football-
- Inflatables-
- Team Games-
- Carnival Style Games-



COMMUNITY HALL; 12PM

-FLOATS-

Floats will be travelling past the hall at 1:30pm

(North to South) following the pipe band
Make sure you're there to see it!

-Vintage Club-

-Stromness RBL Pipe Band -

- BBQ-
- Craft Sale-
- Inflatables-
- Bar-

-Carnival Style Games-

-Last Chance for Raffle Tickets-



Boat departing Stronsay-Westray: 4:20pm
Boat departing Stronsay-Sanday: 5:50pm
Boat departing Stronsay-Eday: 5:40pm

COMMUNITY HALL; 9PM

-Dance to The Gablos!-

Adults: £5 Under 16's: £1

-Bar-

-Supper-

-Raffle Tickets Available-

Everyone welcome!

I hope that many of you will have heard by now that we are running a project funded by the North Isles Landscape Partnership to record the wildlife on our island. We hope to involve as many people as possible in adding records and increasing our knowledge of the wildlife we share the island with. As well as providing records to the various recording schemes that already exist we will also pull together what we have seen and recorded into a report at the end of the year.

Why bother - we already know about wildlife in Orkney ? Its a fair question, and its true we already know a lot about the wildlife we have and the importance that Orkney has in the natural world. That's particularly true of the more 'obvious' wildlife we see around us - seals, otters, and the abundant bird life we have. We know we have internationally important numbers of seabirds and wading birds such as curlew. Orkney as a whole holds over a quarter of the total British breeding population for half a dozen species - from Arctic terns to Oystercatchers. Orkney also holds, including healthy Stronsay populations, 13% of the world population of Atlantic seals and 5% of the smaller Harbour seals. You can find plants on Orkney you won't see elsewhere in the UK - such as Scottish primrose (although not on Stronsay) and Oysterplant. Insects find the Orkney and Stronsay climate a challenge - but even so we do have insects that have become very rare or have disappeared from the rest of the UK - such as the Great Yellow and Moss Carder bumblebees. Wildlife recording is also giving us important information on trends in populations - the first step in understanding what is changing and why. For example we now know Atlantic seal populations are increasing whilst Harbour seal populations are decreasing (and decreasing most of all in the Stronsay area, but we are not sure why). So we know a lot, but there is still an awful lot more to learn. And the people best placed to add to this knowledge are those who live on, work on, and understand the islands.

How can I get involved ? We have set up a Stronsay Wildlife Recording Facebook page (just search for 'Stronsay Wildlife Recording' on Facebook) - which is a good place to start. Please join this group and use it to post any wildlife questions and observations/photos you have. If you don't know what it is that you have seen we can help identify things for you. It could be a flower, it could be an unidentified creepy-crawly - everything potentially counts. We will add all these casual records to recording schemes at the end of the year. I will also put more details of any more organised activities and updates on these pages.



We have got a portable moth trap for the project which I have started to run in our garden here in Lower Whitehall. The trap is basically a metal box with a light on top to attract moths - it runs on a chargeable battery. As we know its been a late spring and there don't seem to be many moths about at the moment - in fact we have only caught one species so far (Hebrew character) - but that is a moth that has not been recorded before on Stronsay. I expect though that we will see more species later in the summer and in to autumn. I would like to run the trap in different locations later in the year and

we are looking for folk who would like to have it in their garden for a night or two. I will show you how it is set up and help you empty the trap in the morning and identify what we have caught. So let me know if you would like to be involved.

Bumblebees are another group of insects we will focus on. Seven species of bumblebee have been recorded from Stronsay previously - and I know we have people who already record what they see in their gardens. Despite the cold spring we have recorded 5 species between us already this year - including Buff-tailed bumblebee which does not appear to have been recorded here



before. This is a picture of a Heath bumblebee (last recorded 2008) feeding on the dwarf willow in flower on Rothiesholm last week in May. Bumblebees can be tricky to identify so we are having a day on bumblebees on June 14th with Sami Sankey who has been carrying out bumblebee surveys for the Orkney Field Club. We will cover bumblebee identification and how to carry out a transect (a walk!) - no expertise necessary and please join us even if you just would like to learn more about bumblebees. We will meet at Erraid station house in lower

whitehall at 10.00 am - and you can join for as much of the day as you are able.

We will also have a morning walk around the Meikle water shoreline on July 1st looking for any dragonflies or damselflies we can find. There are very few records from Stronsay, but if we are going to find any then this is the most likely place. We will also look out for any birds, particularly waders and waterfowl that use the water and its shoreline and any interesting wetland plants. Again no expertise is assumed - and we will meet by 10.00 am at the Fishmart cafe.

We are also planning a botanical excursion on July 7th when we will be joined by John Crossley (botanical recorder for Orkney) where we will identify as many plants as we can at two locations - the maritime heath by the Vat of Kurbister (meet car pull in at 10 am) and the dune grasslands being bu sands (meet Bu Sands car park 1.00pm). Again beginners and experts alike are welcome. Again the cold spring seems to have slowed down our wildflowers, but they are slowly coming to life now - great displays of common primrose near the vat this year and



spring squill just starting to come out at the end of May.





The marine environment is very rich around Stronsay, although largely unseen until egg cases, empty shells etc get washed up on our beaches. This makes marine wildlife recording a particular challenge. However there is an opportunity to join a snorkelling safari on either June 24 or 25 - please contact Louise McQuaid for more information about this. But to whet your appetite here is what a Groatie Buckie looks like whilst it is inhabited ! - photo from Penny Martin from a recent dive off Stronsay.

So our up and coming wildlife recording excursions are;

Bumblebees - June 14th. Meet Erraid Station House 10 am - join us for half day or whole day (bring sandwiches if joining for whole day). Contact David Askew if interested, have questions etc

Snorkelling Safari - June 24 and 25 - contact Louise McQuaid.

Dragonflies and Damselflies (Meikle water) - July 1st - meet Fishmart by 10.00am. Contact David Askew if interested, have questions etc

Wildflowers - July 7th - meet Vat of Kirbister car pull in at 10.00am and/or Bu Sands car park at 1.00pm. Contact David Askew if interested, have questions etc.

I can be contacted on 07862 383625 (signal permitting !), by email on david_askew11@btinternet.com, or by messenger on Facebook - or by calling in and seeing us at Erraid Station House - or when I'm blocking the road birdwatching from the white camper van with the green roof.....

RECYCLING GUIDE FOR OUTER ISLES

Orkney Islands Council has published a “Household refuse and recycling welcome pack” which is available online at <https://tinyurl.com/3bjcbacm>.

Stronsay Wellbeing Week 24th – 30th June 2023

Programme of Events

Saturday 24th and Sunday 25th June

Sea Snorkel Safari

Cost: contact Louise McQuaid to book and for further information.



Sunday 25th June

Prostate Cancer Awareness Event with guest speaker Ken Amer.

Community Hall 2-4pm

Cuppa and Cake

Raffle with proceeds to Orkney Prostate Awareness

(donations of raffle prizes and cakes gratefully received)

All welcome. Contact Sheena Cooper for further information.

Monday 26th June

Tea & Talk Pop-in with Donna,

Stronsay Well-being Co-ordinator

10am – 12noon

Wood's Yard

Everyone welcome.

Cost: Free

Contact Donna Blyth for further information



Monday 26th June

Organ Recital by Bruce

Moncur Memorial Church 7-8pm

All welcome

Cost: Free

(Donations to the church if desired)



Monday 26th June

Adult Lane Swimming 6.30-7.10pm

Public session 7.10 – 7.50pm

Stronsay Swimming Pool

Cost £3.00 per person

For more information contact **Andy Rose**

Tuesday 27th June

Paper-making Pop-in hosted by Anna

Stronsay Greenhouse

10am – 1pm

Cost: Free

All welcome.

For more information contact **Anna Bliss-Davis**



Tuesday 27th June

Craft Workshop hosted by Diane

Craftship Enterprise 2-4pm

Booking required as there are limited places.

Cost: £7.50 per person including all materials and refreshments

Contact **Dianne Riley** to book and for further information

<https://www.facebook.com/craftshipenterprise>



Tuesday 27th June

Wellbeing Cinema

Eat, Pray, Love

Cert. PG-13+ Running Time 2 hrs 13 mins

Starring Julia Roberts

"Happily married Elizabeth Gilbert (Roberts) takes a right turn in her life by enduring a painful divorce and proceeding to take a round-the-world journey of self-enlightenment and fulfilment." IMDb

Based on a true story

Community Hall 7pm

(Please bring your own drink and sweets/popcorn)

Cost: Free



Wednesday 28th June

Nature Walk led by David Askew

Meet at the Fishmart Cafe at 10am

Please wear sensible shoes (and a waterproof coat if necessary).

Bring a water bottle, camera and binoculars if desired.

The walk will end at the Fishmart Café at around 12noon for those who would like to continue to chat over lunch.

All welcome

Cost: Nature Walk – Free; Lunch – as per menu.

Contact **David Askew** for further information

Please note that this walk is in addition to the forthcoming Wildlife Recording Project walks.



Wednesday 28th June

Home-Start Pop-in with Sarah 1.30 – 2.30pm

Development Trust Meeting Room, Wood's Yard

Sarah is looking forward to meeting you for a chat to let you know about the work of Home-Start and the volunteer scheme.

Cost: Free, including a cuppa and biscuit

Wednesday 28th June

Peedie Library 2.30 – 4pm

Moncur Memorial Church Hall

Cost: Free (donations towards refreshments can be made)

All welcome

Please contact **Viv Erdman** for more information





Wednesday 28th June

Meet **Bookbug!** With Sarah from Home- Start

Stories, songs and games for children aged 0 -7 and their parents and carers.

Play Park 3.30 – 4.30pm . If weather is unsuitable we'll go inside.

For more information contact **Donna Blyth**

Wednesday 28th June



Stronsay Bookworms 7.30 – 9pm

At Roadside

Come and share your books on the theme of wellbeing

All welcome (biscuits are welcome too!)

Cost: Free

Contact **Donna Blyth**

for more information

Thursday 29th June

Creative Writing for Mindfulness with Donna

Community Hall 10.30am – 12noon

If you prefer to use your own stationery or laptop, please bring it with you.

Cost: Free

For more information contact **Donna Blyth**





Thursday 29th June

Yoga for beginners with Wendy

Community Hall 2pm – 3pm

Please wear loose clothing and bring a water bottle.

Mats are available but feel free to bring your own.

Cost: £2.00 per person

Booking required as there are limited places.

Contact **Wendy Groat** to book and for further information

Thursday 29th June

Group Hypnotherapy led by Pamela

Community Hall 6.00pm - 6.45pm

Pamela is one of our NHS nurses and a qualified Complimentary Therapist.

Adults only

Cost: Free

Booking is essential as places are limited

To book, contact **Donna Blyth**

Do not use hypnotherapy if you have psychosis or certain types of personality disorder, as it could make your condition worse. (NHS)

Thursday 29th June

Everything You Need to Know About

A Talk by Dominic followed by Q&A

Community Hall 7pm – 8pm

All welcome

Cost: Free

For more information contact **Donna Blyth**



Thursday 29th June

Stronsay Stitchers

Moncur Memorial Church Hall 7pm – 9pm

Cost £2 per person

All welcome

Bring along anything 'stitchy' to do whilst you chat, and please bring your own refreshments.

For further information contact **Simone Kirk**.



Friday 30th June

Singing for Wellbeing with CJ

Moncur Memorial Church 10.30 – 12noon

Places are limited so booking is required

Cost £3.50 per person

To book, and for further information, contact **Donna Blyth**



Friday 30th June

Beach Games and Picnic with Anna

Bu Sands 4pm onwards

Please bring your own picnic

All welcome

Cost: Free

For more information contact **Anna Bliss-Davis**



Friday 30th June

Gardening for Wellbeing - A Talk by Roger

Community Hall 7 – 8pm

Cost: Free

For more information contact Roger Neville-Smith

CORONATION PARTY— 4 MAY

The FishMart Café was the venue for a Coronation Party to which all residents aged 80 or over had been invited. All agreed that Tara & John had excelled themselves and provided a feast fit for a king.

Thanks are due to helpers Anna & Margaret, to Roger for the photographs and to Christopher for providing the music and playing requests for the communal singing.



KIRK—TIME CAPSULE & TREE PLANTING

An event was held at Moncur Memorial Church on Sunday 7 May to celebrate the coronation of King Charles III. The 11am service was followed by a delicious pot luck lunch after which a tree (Elder) was planted and a time capsule was buried. The contents of the time capsule are made up of contributions from the island, the church and the school children

(Photographs from Roger Neville-Smith)





Hello again everyone.

It was Mental Health Awareness Week recently, and the theme this year was anxiety. The school sent out some guidance notes drawn up by Orkney Islands Council, extracts of which I summarise below, as they may be helpful to others.

We all feel anxious or stressed from time to time. It's a natural response to the uncertain world around us and can be connected to a range of causes that can hit any of us: work or home, school, relationships, social situations, how we feel about ourselves, or a change in life.

If we don't know how to cope with our feelings of anxiety, they can get out of control and stop us from doing the things we need to do, or cause us to be hurtful to others. The more often and the longer we feel anxious, the more it can become a problem. It's important we recognise and respond when we feel anxious, so that our anxiety doesn't become overwhelming.

It can affect us physically and mentally; heart rate increasing, headaches, loss of appetite, breathlessness or chest pain. (If so, you might see a healthcare professional to rule out another physical cause). Anxiety may make you feel tense or nervous, find it hard to relax, sleep or concentrate, or feel tearful. Others might notice you are more irritable or withdrawn, or unable to do normal tasks. You may seem fine on the outside but feel panicky inside.

Dealing with anxiety can be hard, but there are things we can do to help us manage. The Mental Health Foundation brought together some of their top recommendations. What works will be different from person to person so consider what might work for you.

Focus on your breathing When you're having anxious thoughts, try focusing on your breathing, concentrating on the feeling of your body as you breathe in and out. It can help you control thoughts. Try the **4-7-8 breathing technique** Close your mouth and quietly breathe in through your nose, counting to 4 in your head. Hold your breath and count to 7. Breathe out through your mouth, making a whoosh sound while counting to 8. Repeat 3 more times. Some people find relaxation exercises work too, while others find mindfulness useful.

Get moving Any amount of exercise can be a good help. Activity doesn't have to be vigorous; try some gentle stretches, yoga, or seated exercises. Or just go for a walk. Going for a run, swimming, or taking part in a fitness class can give you something else to think about. It needs a bit of concentration, so takes your mind off the anxious thoughts.

Keep a diary It's important that we don't try to ignore our worries. Taking the time to keep a record of what's happening in your life and how it's affecting you can help you understand what is triggering your feelings of anxiety, and so better prepare for and manage situations..

(continued on next page)

Sometimes it helps to give yourself a certain time of day to be your 'worry time'. It could be half an hour first thing in the morning for to sit with your worries and write them down in your diary. When that's out of the way, you can move on with the rest of your day. This can help you take control and stop anxiety getting in the way of what you want to do.

Challenge your thoughts Anxiety can lead us to think about things over and over again in our brain. This is called 'rumination' and it's not helpful. When you catch yourself ruminating try to write down the thought and to challenge it. Is what you're worrying about likely to happen? Are you being realistic? Have you had similar thoughts which have not turned into reality? This can make it easier to challenge the thoughts and stop them from overwhelming you.

Get support for money worries, which can be a common cause of anxiety. So seek help. Make sure you are claiming all the government supports that you're entitled to. You can also speak to an organisation such as Citizens Advice. Check out our advice on managing the cost of living here <https://www.orkney.gov.uk/helpinghand>

Spend time in nature We know that spending time in nature has a positive impact on our mental health. It can help us feel calmer and less stressed. This can be as simple as tending some flowers in a window box or going for a walk in the woods. Any amount of time doing this is good for us, but to really get the benefit, try to spend a significant period of time – maybe an hour or longer – when you can really connect with nature and immerse yourself.

Connect with people and talk about how you feel Anxiety can feel very lonely. Connecting with other people can help a lot. Spend time with friends or meet other people through activities such as volunteering, sport or social clubs, or peer support groups. If you're able to talk to people about how you feel, it can help to reduce your anxiety. Sometimes saying what's worrying you out loud can take away its power over you.

Try to get some quality sleep or rest Resting and having a good night's sleep is hard when your head is full of worries but there are some things that can help. If anxious thoughts keep you awake, write them down in your diary. If sleep is still not coming, get up and have a drink (no caffeine!) and wait until you're feeling more tired before going back to bed. To help get a routine allowing better sleep, keep a note in your diary of your sleep patterns, what time you went to bed, what you ate, how often you woke up etc.

Try to eat a healthy diet For many of us, feeling anxious might cause us to reach for sugary snacks, junk food or alcohol. It's important that we don't turn to unhealthy foods or drinks as a way to cope as they will do more damage in the longer term. Similarly, we should avoid smoking or taking recreational drugs. Eating healthy food regularly helps us to regulate our blood sugar and gives us the energy we need to live well. Remember caffeine in coffee, tea and fizzy drinks can affect your mood and cause sleep problems so it's best to have these in moderation and not too close to bedtime.

(Continued on next page)

Orkney Islands Council Resources for Mental Health support include:

Breathing Space is a free, confidential phone and web based service for people in Scotland experiencing low mood, anxiety or depression. They provide a safe and supportive space by listening, offering advice and providing information. Telephone 0800 83 85 87 www.breathingspace.scot

Samaritans Provides 24-hour, confidential emotional support to any person who is suicidal or despairing. Free helpline: 116 123 Email: jo@samaritans.org website <https://www.samaritans.org/>. **Cruse Scotland** - Everyone experiences bereavement at some stage in their life, whether it's the death of a parent, a loved one, a friend or a child. · Helpline is a freephone number (0808 802 6161) manned by a team of experienced volunteers offering listening support. Weekdays 9am-8pm and weekends 10am-2pm. · Webchat offers a text based messaging service with a trained counsellor. Accessible through website (<https://www.crusescotland.org.uk> - pop up bottom right of the screen) and is available 9am-9pm. ·

Blide Trust offer counselling in partnership with a qualified Counsellor and Living Life to the Full with Sheena Leask <https://www.blidetrust.org.uk/our-services/counselling-service-living-life-to-the-full>.

Shout is a free confidential 24/7 support for people in crisis <https://www.crisistextline.uk/> Other support services are available- speak to your GP

Please also consider your spiritual needs and how religious faith can help anxiety and stress. Christians are not people who escape stresses, worries, anxieties, but can find spiritual support and guidance helps alongside other steps suggested above. Jesus said: come to me you who are weary and burdened and I will give you rest. Prayer can particularly be a helpful way of sifting and letting out your feelings, and gaining inner clarity about what practical steps you might take, like asking for help, or deal with underlying problems . It helps me to be able to pray and know someone is listening, and that God cares for us ,and His Spirit can help us unblock ways forward, sometimes nudging others to act. The church can also help ; the wider church offers counselling services and I am more than happy to listen to anyone, as I have some counselling skills. Church services, with their range of sharing in prayer, listening, singing, chatting, can all help, including just being a means of getting out and finding fresh perspective. May God bless you as you open up to something of His Peace and Spirit when you most need it. Sincerely,

David Rev David I W Locke. MA M.Sc., BD



A big thank you to everyone who took the time to speak with project researcher, Andy Harrod on his visit to Stronsay. We now have some projects to continue over summer, and we will then be compiling the research report from the last 18 months' work across the North Isles.

The print workshop from Orkney Art Club was another success, with a group contribution to print the cover of the Stronsay Wildlife Recording Project. We have now purchased some printmaking equipment that can be borrowed or loaned to community groups or individuals who would like to continue and share their new skill.

David has lots of walks planned for the Stronsay Wildlife Recording Project. Your recordings will be part of the publication of a year of recording on Stronsay. We hope to include some original artwork to illustrate so you can use the printmaking skills for shells or plants that you find, or original drawings and photographs.

Kraken Diving will be returning to Stronsay with two sea snorkel days on 24th and 25th June. Please email sdtprojectofficer@gmail.com to book. I will respond with the information needed for your kit. It is fully funded so no cost for the day, open to anyone age 10 or over with 15 places per day. There are still some available!

Finally, we have our final project that will be running across Stronsay, Sanday, Eday, Westray, Papa Westray and North Ronaldsay. 'Wir Islands' is a weaving project that can be completed individually or within community craft groups. I have weaving squares available and yarn, but you can be as creative as you like and use local wool, your own spun yarn or bruck washed up on the beach! The sample squares from across the isles will then be compiled into one piece, and hope to tour it across all of the isles for communities to see next year. Contact Louise for more details and resources.

Thanks for the continued support with the project. The research findings will be shared to support future development across the North Isles with all resources and information on our website once it is launched.

Louise

Upcoming events

June 14th

Bumblebee walk

Saturday 24th and Sunday 25th June

Sea snorkel with Kraken diving

July 1st

Dragonfly and damselfly spotting

July 7th

Botanical walk

June- November

‘Wir Islands’ Weaving Project

For more details contact Louise McQuaid
sdtprojectofficer@gmail.com



SEA SNORKEL SAFARI

SATURDAY 24TH JUNE

SUNDAY 25TH JUNE

Kraken diving will be providing
sea snorkels on Stronsay.

Maximum 15 per session.

Minimum age 10.

Fully funded with all equipment
provided, instructors and
photographer.



to book email Louise
sdtprojectofficer@gmail.com



Stronsay Wildlife Recording Project

Bumblebee Walk June 14th

Meet 10am Erraid Station House

Join David and Sami Sankey to identify and transect bumblebees. Join for a half or full day.

An opportunity to record your sightings for the year of recording on Stronsay.

For details contact
David Askew
david_askew11@btinternet.com

Louise McQuaid
sdtprojectofficer@gmail.com





Stronsay Wildlife Recording Project

Dragonfly and damselfly spotting

**July 1st
Meet 10am at
Fishmart**

Join David to identify and observe dragonflies and damselflies at Miekle Water. Also a chance to record bumblebees and wildflowers

An opportunity to record your sightings for the year of recording on Stronsay.

For details contact
David Askew
david_askew11@btinternet.com

Louise McQuaid
sdtprojectofficer@gmail.com





Stronsay Wildlife Recording Project

Botanical Walk Vat of Kirbister July 7th

meet at Vat car pull
in 10am

Join David and John Crossley, botanical recorder for Orkney on a botanical walk at the Vat of Kirbister.

An opportunity to record your sightings for the year of recording on Stronsay.

For details contact
David Askew
david_askew11@btinternet.com

Louise McQuaid
sdtprojectofficer@gmail.com

Made with PosterMyWall.com





North Isles Community Weaving Project

Do you live on Stronsay, Sanday, Eday, Westray, Papa Westray or North Ronaldsay?

Be part of a community piece of art

'wir islands'

Complete a woven sample with video instructions from Orkney Art Club. It could include local yarn or bruck washed up on the beach, to represent your island.

You can take part at home, in a craft group or set up your own weaving group.

To get involved contact

**Louise McQuaid
sdtprojectofficer@gmail.com**



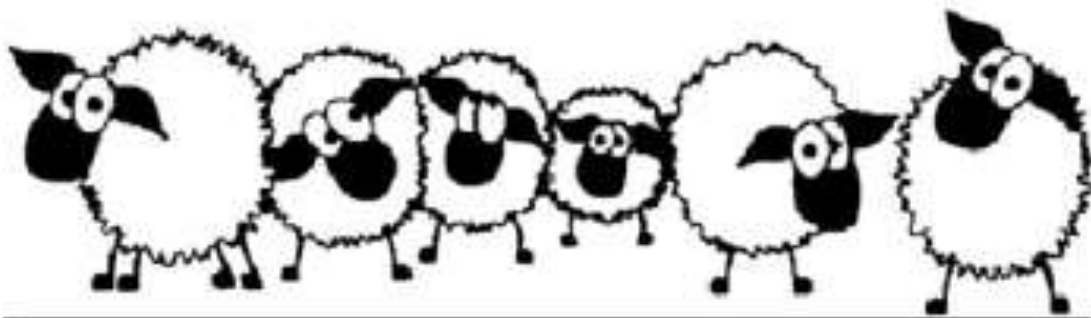
Made with PosterMyWall.com

STRONSAY SPRING CRAFT FAIR - 13 MAY 2023

A huge thank you to everyone who helped make this such a successful afternoon



Stronsay Stitches



Thursday 29th June, 7.00-9.00pm

Church Hall, £2/person

Please bring own refreshments

COMMUNITY COUNCILS – Their Future in Whose Hands?

Leo Martini-Brown

I thought about a heading such as “Protect & Survive” but our Stronsay Community Council (CC hereinafter) Chair recommended that I ought to stay neutral and ensure that any opinions I might have are personal and not those of the CC – with which I am in agreement.

There are 20 CCs in Orkney – established by the Local Government (Scotland) Act 1973 – that is well before devolution. The CCs consist of Councillors (usually 7 – 11 in Orkney) elected by those on the electoral register for each area. A Chair is annually elected who is supported by a Clerk; who is appointed, paid for and accountable to the Orkney Islands Council (OIC). Actions by a community council, whose meetings are generally open to the public, follow a formal minute which OIC/CC have approved and they are publicly available on shopkeeper’s noticeboards and online.

The Democratic Services department of OIC provides support and guidance and the sole point of entry to Council officers. Stronsay CC has been well backed over the years and when elections have been contested the turnout has been very high. The period between elections is usually four or five years. Unlike many other Scottish CCs OIC’s CC Scheme does not allow for co-options – and thus when I first served the Stronsay CC was all male and not bursting with youth! OIC Councillors are prevented from election and area OIC Councillors can speak at meetings with the CC’s Chair’s permission.

The Scottish Government and COSLA for some years have been keen on a Local Government Review and in March 2021 published an 18 page document headed “Democracy Matters” – see www.gov.scot – about “Your community. Your Ideas. Your Future”.

As part of **this initiative the Joint Forum of Community Councils in West Lothian has produced a “Blueprint for the Future Community Councils”** which they hope to see implemented in the year 2024/25 following a public convention. They hope support for this can be gained from an online Scottish Conference of all Community Councils and Councillors to be held at 10.30 am on 10th June. I hope to listen in and contribute. I have in particular asked for clarity on whether political allegiances will be declared by candidates as the blueprint asks for publication of individual statements seeking support. Currently all OIC CCs are free of party politics.

The Blueprint lists a huge range of potential expansion of local powers but there is no suggestion that CCs can have a parish rate as in England. A much greater clarity of roles and functions for effective local delivery is needed as since 1973 there has been a proliferation of land, development, community associations and charitable trusts. The Blueprint also insist on the creation of area and a national federation of CCs. I am open to a network in each Local Authority area and one for the remoter rural and islands but I believe we could be disadvantaged by a national managed central belt political cabal. The training provided by the Open University for CCs should be encouraged.

This West Lothian initiative might be a talking shop but there might be a hidden agenda so I will try and keep abreast of any significant developments. My initial thoughts are that there should have been an analysis of the present work of existing Cs. I do not see that the 32 Scottish unitary Councils and 3 island Authorities will easily give away their powers UNLESS there is a cost saving – that is at local level there will be more employment for volunteers or lower paid workers.

Comment invited: lmartinibrown@yahoo.co.uk

Stephen Clackson's Letter from School Place

A report from your councillor in the month of the Coronation of His Majesty King Charles III



In late April, we experienced what seemed to be an early coo-quak, and then rain fell on the reign during the Coronation Weekend in early May. Nevertheless, it did not deter a good turnout at Sanday Community Council's event for folk to gather to watch the Coronation together live on a big screen with refreshments. I was honoured to be invited to propose the toast to His Majesty. The coronation ceremony goes back over a millennium to the crowning of King Edgar of England by Saint Dunstan, and it traces its origins back even further to Zadok the priest and Nathan the prophet anointing Solomon king, as described in the first chapter of the *First Book of The Kings* in *The Bible*. I don't think King Charles III can trace his ancestry back to King Solomon, but, through his father, he is descended from Mithradates I, Shah of Persia & King of Babylon. With long practice, this country knows how to do monarchy properly, according it all the pomp, circumstance and pageantry it deserves. Who would want a slimmed-down, bland, European-style monarchy, or, perish the thought, a republic? (Not an unmitigated success when we tried it between the reigns of the previous two kings named Charles!) According to the 19th-century essayist and political journalist, Walter Bagehot, monarchy represents the dignified branch of our constitution, one to excite and preserve the reverence of the population. Moreover, our long-established, apolitical, hereditary monarchy provides stability and continuity, and it possesses a perspective that spans generations, not just the brief period until the next election. I have 2 acquaintances who attended the Coronation ceremony, our current Lord Lieutenant, and the current Norroy & Ulster King of Arms (he was a mere pursuivant when I first got to know him), and I have met and conversed with The Princess Royal (see [October 2018 issue](#)). The Royal Family touches all our lives in one way or another, and this is one of its great strengths. Long live The King! And may he be a shining inspiration to senior citizens everywhere!

At our General Meeting, those who wanted the removal of the voting rights of the three religious representatives on the Education, Leisure & Housing Committee narrowly won the day. This was a change that I did not support.

Angus Campbell, Chairman of the Ferries Communities Board, met with us about "Project Neptune", a piece of consultancy commissioned by the Scottish Government to consider future provision of ferry services, and our views will be fed back to the Transport Minister. I was also at a very informative and frank meeting with Jonathan Hinkles, Chief Executive of *Loganair*, at which we were able to pose questions and air our views about the service. (A good excuse to give my *Loganair* tie an outing!)

Other meetings I've had at School Place this month include: seminars on the paper resulting from the Orkney College Business Review Member/Officer Working Group, and meetings concerning the Orkney & Shetland Valuation Joint Board.

It's been a delight to be out and about in the Isles a bit. I was able to attend in person the AGM of the Rousay, Egilsay & Wyre Development Trust, where it was great to catch up with what is going on in those islands and to see how their Trust is tackling the challenges thrown down by the pandemic period. I have also enjoyed guided tours of Eday School and Sanday School.

Some of our community councils are still short of their full complement of members. At his coronation, The King pledged "not to be served but to serve." Will **you** step up to serve your community by standing for one of the vacant community council places? Public meetings are being held to elect additional members at Shapinsay on 8th June and at Sanday on 15th June.

The last time a king was crowned in this country (1937), people were expected to be able to do sums like this: *What is the cost of 3 cwts 3 qtrs 15 lbs, if 27 cwts 21 lbs cost £379 2s 3d and 3 farthings?*

And that is without the benefit of a pocket calculator, a gadget not available back then (and a slide-rule would be of limited use in this instance). Give it a go, and I'll provide the answer next month.

Stephen

Cllr Dr Stephen Clackson

Member for the North Isles Ward, Depute Convener Orkney & Shetland VJB

West Manse, Sanday

stephen.clackson@orkney.gov.uk

Letter from School Place is also available on-line at clackson.info



Credits: The coronation cakes in the upper photograph were made by Sanday's Fayre Fairies. The lower photograph of me was taken by Elaine Snelson.

Records of a Bygone Age

The Church in Stronsay – Part 4

Rev John Thomson had been appointed as an assistant to James Mudie's United Presbyterian church near the end of his ministry and, following Rev Mudie's death in 1861, was himself ordained and inducted as minister before moving on to Edinburgh five years later. He was followed by Rev John Wilson in 1867 who in turn was followed by Rev David Buchanan in 1873.

It seems that at this time the secession church had been funding and running a school for the island children for some years, with two male and one female teachers. With the introduction of the Education Act of 1872 which made education compulsory, this duty was handed over to the School Board the following year. The female who had been teaching there was Peterina Peace who was to be appointed as the first teacher at the newly built South School in 1874 and continued to teach there for over 30 years.

Rev Buchanan was reputedly a good preacher, well-liked by most of his parishioners, and his stipend was soon raised to £180 but payment of this soon began to fall into arrears. He was apparently inclined to *'the making of ill-judged statements from the pulpit'* and this led to some of his congregation, presumably some of those who bore the brunt of these ill-judged statements, making a charge against him to Presbytery. Rev Buchanan offered his resignation providing that his stipend arrears, by then over £200, would be paid in full and this seemed to result in a reasonably amicable parting of the ways.

The next incumbent was 29 year old Lanarkshire born Claude Brownlie who was ordained and inducted to the UP Church in March 1885, marking the beginning of a period of long and successful ministry which was to last 35 years.



On the left is Rev Claude Brownlie, his wife Louisa and three of their five children: William, Margaret and Claude. William joined the army with the Royal Scots and was killed in Gallipoli in 1915. On the right is Rev Brownlie in his later years

(continued on next page)

There seems to have been a thriving congregation in this church, due no doubt in large part to the efforts of Rev Brownlie. Nearing the end of the 19th century, with the centenary of the foundation of the secession church in Stronsay fast approaching, ambition plans were put in place and implemented to mark this centenary. By far the biggest of these plans was to be the erection of a new Church Hall and associated rooms, with the ground for this measured off by James Sinclair of Hazelbank on 18th June 1900, while the first sods were cut that same day by David Cock junior of Linkshouse and Edward Sinclair of Orem's Fancy. The vigorous fund raising for this and other works had been going on for some time and in 1900 and through into 1901 the church was plastered, the roof repaired, a new belfry and trefoil fitted to the gable ends of the church and improvements made to the Manse and surrounding walls. During this same period the new Church Hall to seat 150, a vestry, a library and a ladies room were all built adjoining the church.



Here is Rev Brownlie with the Kirk Session of the United Free Church, taken in 1901. In the back row are: Robert Miller Coweshouse; James Cooper, Furrowend; Tom Scott, Dale; James Smith, Midhouse; James Chalmers, Rosebank. In the front row are: James Shearer, Sunnybank; Tom Peace, Comelybank; Rev Claude Brownlie, Manse; James Miller, Mansefield; Oliver Drever, Bay.

The celebrations themselves began at the church service of Sunday 4th August 1901, followed by gatherings in the church and hall on the 6th where Miss Sinclair, a photographer from Kirkwall, took photos of a number of the church groups and organisations. The main celebration started at 3.00 pm on the 7th, with a service attended by a great number of the island population and also several past ministers of the church. This was also the official opening of the new Memorial Hall and Miss Sinclair gathered all present outside for a commemorative photo. The day's events finished off with a lavish supper in the church and new hall and the week of celebration ended with a communion service on Sunday 11th.

(continued on next page)

During the same period that the new Church Hall was being planned and built the United Presbyterian Church and the Free Church amalgamated to form the United Free Church of Scotland, a change that made little difference to the congregation or minister of their church in Stronsay.



This is a photograph taken at the opening of the new Hall in 1901 and, although this reproduction does it no favours, it is quite a clear photo. Amazingly there is also a list of names for most of the folk in this photo!

Mention was made previously of the short-lived Methodist congregation in Stronsay, the origins of which could be linked to the fishing community in Stronsay. This connection between fisher folk and religion was seldom more apparent than during the herring fishing boom in Stronsay from the mid-19th century until the late 1930s. During this time, for the summer months of the herring season, the population of Stronsay could be swelled by up to 5,000 folk, with approaching 2,000 fisher lasses, in excess of that number of fishermen and a large number of coopers, stevedores, coalmen and ancillary workers supplying the needs of around 18 curing stations on Stronsay and Papa Stronsay. To cater for this migrant population's needs, both physical and spiritual, a number of organisations and individuals provided their services, many of those in low cost purpose built buildings.



*Some of the steam drifters jostling for a berth at one of the Stronsay piers.
This was part of the fleet that, together with the fisher lasses, transformed Stronsay for a few months every year.*

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At Helmsley, near the top of the Village, Sister Wray and two assistant nurses ran a sick bay and rest hut funded by the Scottish Episcopal Church. In a March 1927 report of the work carried out there the previous season it was explained that this Mission Church aimed to follow the herring workers from place to place, establishing 'Centres' under the care of skilled church workers. The centres were described as a type of club, the main features of which were holding Mission services, providing rest rooms and carrying out First Aid work. In addition to this, visits were paid to the sick and others, lodgings found where needed and help given in many ways '*too numerous to mention*'. In the Centre at Stronsay the previous season it was reported that Sister Wray and her colleagues had paid 148 visits to people in need of their services and applied an amazing 2,934 surgical dressings in the course of their work, with a cost to the church of around £650.

At this time the Episcopalian centre of worship in Stronsay was the lovely St Ninian's Chapel, one of five 'Mission Stations' in Orkney overseen by St Olaf's Episcopal Church in Kirkwall and known locally as the 'English Kirk'. This chapel stood between the houses of Cedarbank and Glenfield and church services were held there regularly.



Saint Ninian's Chapel (the 'English' Kirk), a simple wooden hut but beautifully decorated internally. It blew away in the hurricane of 1952.

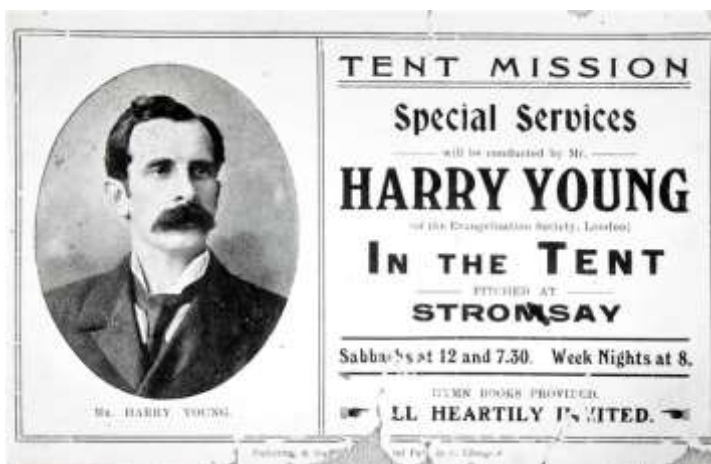
Further down the village, near the Kildiguie Hall, there was a wooden chapel with a rest hut alongside owned and run by the Home Mission of the Church of Scotland, with a similar but smaller chapel and rest hut on Papa Stronsay managed by the United Free Church. It was said that the chapel in the village was absolutely packed for Sunday night services with the fisher lasses and drifter men, many of whom came from Scotland's East Coast where there was a strong religious and musical tradition, combining to raise the roof with their singing of the old Sankey hymns in four part harmony.

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Reports suggest that this chapel was badly damaged or perhaps blew away completely in a storm in 1936 although this is unclear but anyhow that same year the Home Mission entered into negotiations with the Trustees of the Balfour Estates to purchase a larger feu for the erection of a chapel on the same site as the former one. This was agreed and a more spacious block-built chapel was built, on the same site but further away from the public road, and opened there the following year, proving every bit as popular as the old one.

In addition to this religious provision Stronsay was visited regularly by Westray-born colporteur Thomas Groat who held regular services in church and chapel, also visiting throughout the island distributing bibles and religious tracts during his stay.

A number of travelling Evangelists also visited regularly during the herring season, holding services in halls, stores or chapel as the need and opportunity arose. One of the more regular visitors was Harry Young, reputedly '*an able, earnest and enthusiastic preacher*' who travelled throughout Scotland holding meetings in the early years of the 20th century. His services were held in a tent in Whitehall Village and were apparently well remembered by all those attending.



On the left is Colporteur Thomas Groat and his wife Elizabeth. Tom was a nephew of James Groat of Windbreck in Stronsay. On the right is an advertising slip for evangelist Harry Young's 'Tent Mission' meetings held all over the north of Scotland.

With the demise of the herring fishing in 1939 there was little need for a number of the above mentioned buildings so the rest hut and sick bay run by Sister Wray and her colleagues at Helmsley were sold to become a family home.

St Ninian's Chapel (the 'English Kirk') continued in regular use until 1952 when, on 15th January, Orkney was struck by a terrific hurricane from the south-west and the chapel was torn bodily from its foundations, with most of it finishing up 'in the ebb' near the lifeboat slip more than ½ mile away. The roof was never seen again and much of the contents were strewn along the way to mark its passage as it was hurled along by the wind. The area inside the concrete foundations was later used as a garden and grew the most beautiful flowers and apparently the gardener, on being complimented on the beautiful display, replied "What else did you expect? After all, it is holy ground!"

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The chapel and rest hut in Papa Stronsay were both demolished, along with the wooden fisher lasses' huts there and much of it used to make hen houses to be sold in Stronsay. The Rest Hut alongside the chapel in the Village, which had been used as a YMCA as well as a rest hut for a time, was used as the base for a Men's Club for those in the north end of the island, run along the same lines as the South End Men's Club held in the South School.



On the left is the old rest hut, now a family home named 'Dunera', with a rather sorrylooking Village Chapel, hopefully soon to be an new Heritage Centre, on the right.

In 1967 the Church of Scotland's Home Board, who owned the rest hut, indicated their intent to demolish and sell the building. With this in mind they offered the local Congregational Board the first £40 from the sale plus one third of the remainder of the proceeds from the sale of the materials, providing that the Board agreed to be responsible for the demolition and sale of the building. This was thought to be a generous offer and was accepted by the Board but, in the course of events, the sale went down another route and the building was bought as it stood by William Chalmers of Mirland. He and his wife Gladys converted it into a dwelling house and moved in, renaming it Dunera.

The Chapel, by now of course a solid concrete structure, continued to be used as such with church services held there every Sunday night until the late 1980s. One of my abiding memories as a young lad was attending those Sunday evening services on a dark winter's evening where the old Sankey hymns were being sung in harmony to the accompaniment of the old pedal organ, with the Tilley lamps hissing away quietly in the background – an atmosphere never to be forgotten!

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This photo, taken in the mid-1980s, shows the interior of the Village Chapel which held fond memories for me. The Tilley lamps had been replaced by electric light by then, much more practical but so much less atmospheric!

With the chapel no longer being used it was sold in 1991, then sold again a few years later to the Transalpine Redemptorist monks on Papa Stronsay who used it as a library until such time as they erected a purpose built library for their books across in Papa Stronsay. Then, in 2022, the Chapel was sold again, this time to the Stronsay Development Trust and plans are now well advanced to renovate the building and convert it into a Heritage Centre for the island.

Part 5 will be in next month's Limpet.

Ian Cooper

May 2023

ADVERTISE YOUR EVENT!

If you are planning to hold an event on Stronsay then why not use the free publicity available from the Limpet, the editor's contact details are on the back page of every edition of the [Stronsay Limpet](#). You can advertise in the monthly editions of the Limpet and your event can be publicised via the Stronsay Limpet email list. It's always a good idea to check the [Visit Stronsay calendar](#) when planning an event, could avoid embarrassing clash of dates.

FOR SALE, WANTED, THANK YOU, etc

BUILDING PLOTS FOR SALE

2 Building plots, Whitehall Village, Stronsay, Orkney

£35K each. Planning in principle for 2/3 bed bungalow plus 2 parking spaces. Electricity and water supplies are on site.

The plots are behind the village street making a secluded location but within easy walking distance of the shop, ferry, cafe and hotel.

The tried and tested practice on the Orkney isles for building is to buy a house kit and either have it erected by the supplier or our island contractor Castlehill Construction (who can also do the ground works)

For information about Stronsay, our lifestyle, its good school and other facilities please visit www.visitstronsay.com

For further information about the sites please contact

- Sharon at Orkney Property Centre, Kirkwall on 01856 877866 or
- Dianne & Paul on 07785111126 or
- email drileymoore@hotmail.com

Planning ref: 18/038/PIP on Orkney Islands Council planning web site



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Contact details for the *Limpet* are on the back page

FOR SALE, WANTED, THANK YOU, etc

CHANGE OF TELEPHONE NUMBER

Paul & Dianne Riley are cancelling their landline telephone. With effect from 2nd May please call them on 07785 111126 or 07802 604506

Prescription Collection and Delivery Service



Please contact the wellbeing coordinator on
01857 616410 or email sdtwellbeing@gmail.com
if you would like a prescription collected and
delivered.

PROPERTY FOR SALE

Dunera, Lower Whitehall Road, Stronsay, KW17 2AS

A detached bungalow (period 1920-60s) with garden and parking space.
Comprising huge sitting room sea facing, kitchen/diner, 4 bedrooms, shower room & hall
(167 sq. metres) plus 4 sq. metre porch.

Habitable but needs upgrading or project development.

Oil fired central heating with multi fuel stove in living room.

Water, phone connected.

SEPA for up to 6 residents.

Council Tax C.

Primary energy indicator 288 kWh.

£5736 over 3 years. Energy Efficiency Band E (44) – Scottish average is Band D - 60

Environmental Band F (37) – Scottish average band D - 59

HRV is £130,000 (25 Aug 2022). Condition = 13 (1), 8 (2), 0 (3).

Interest invited. Not currently with external agent.

Viewing by advanced appointment only. Flexible entry date.

Offers invited above £125k. Finance options from seller.

Leo Martini-Brown

lmartinibrown@yahoo.co.uk

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FOR SALE, WANTED, THANK YOU, etc

PRIVATE TUITION

I am offering private tuition in a range of subjects to all school-age pupils and adult learners on a 1:1 or small group basis. I am available to teach all primary subjects, including reading, writing, spelling and numeracy, and English for BGE and Senior Phase pupils. I am happy to liaise with class teachers at Stronsay Junior High School in order to support progress towards targets and estimated grades, if a client (and parents/carers) are willing for this to occur.

I am also available to teach adult literacy and Higher/ Advanced Higher English or to lead a community literary appreciation class now again if there is enough interest.

As a Support for Learning Teacher and former SENCo I have spent many years specialising in teaching pupils with a range of learning and behaviour difficulties. I am qualified to complete assessments and to write reports for examination access arrangements and for Pupil Support Plans/Child Plans.

If anyone would like to learn to play Clarinet, I am happy to take pupils of any age – beginners up to Grade 5, along with tuition in Music Theory as needed.

Please contact me on 616242 for an informal chat and details of prices and availability.

Donna Blyth BA Hons, MEd, PGCE, SQH, CPT3A, CELTA

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FOR SALE, WANTED, THANK YOU, etc

CLIFTON FREE RANGE EGGS!

EGGCITING NEWS!!

ENJOY SOME CRACKING GOOD EGGS

Our happy hens are delighted to let you know that they are now producing top quality free range eggs. The eggs are available from outside the annex at Clifton for only £1.50/box.

Help yourselves and just put the money in the box.

WANTED

Brenda Alexander wonders whether anyone reading the *Limpet* would have a register of Rothiesholm School, early 1900

VAN AVAILABLE FOR CHARITY WORK

The Pomona Prefect logo peedie red van is available for charity work on the island if anyone needs a man and a van and wants to help the island reach the target. Saturdays service and cost for this is suggested as £10 per hour min donation for half hour units. All to the Stronsay Defib fund. No live animals, persons transported or dirty, sloppy stuff carried. Limited load and not a taxi service. This is a temporary thing to raise money and not a challenge to any services on the island. Call Don and Julie for all taxi work and Jim Holland for freight!

Also, if anyone needs their car karcher jet washed and vaccuming and then can do at Ellerslie as you pass for a donation to same Defib Fund. Cost is £10 per basic body wash and wheels rinsed and boot/inside vacted. Limited to cars. No monster trucks, panel vans, lorries or camper vans sorry.

This charity service will be hopefully available until there are enough defib machines in position with the people trained to cover us all 24/7. Availability is limited to Saturdays.

Any questions and to book give me a call.

Nicandro J. Porcelli, Ellerslie. Telephone or text to - 07732 276046

Items on this page are free!

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SHORT TERM LETS—LICENSING

From OIC Updates on Facebook

The Scottish Government is raising further awareness around the new short-term lets licensing and what hosts need to do as part of the application process.

Like all local authorities throughout Scotland, the Council has been tasked with administering the new scheme on behalf of the Scottish Government and a number of hosts have successfully applied for their new licences through OIC – and a number of others are within the system.

Did you know that from 1 October 2022, new hosts of short-term lets are legally required to obtain a licence from their local council before accepting bookings and hosting guests?

Hosts of short-term lets that have operated prior to 1 October 2022 (existing hosts) have until 1 October 2023 to apply for a licence and can continue operating until their application has been determined.

The Council has a dedicated web page on short-term lets licensing to try and assist folk through the application process. Please take a look here <https://www.orkney.gov.uk/Service-Directory/L/short-term-lets.htm> as it contains links to a wealth of information on the Scottish Government legislation, the application process, downloadable form and fees.

If you need support through the process then please contact the Short-term Lets Licensing Team via email shortletslicensing@orkney.gov.uk or by telephone to 01856873535 extensions 2232 or 2229 and leave a voicemail if officers are not available.

More information about the new licensing requirements can be found at <https://shorttermlets.campaign.gov.scot/>

STRONSAY'S MASSIVE WEEKEND 2023!

18 Aug at 7pm to 20 Aug at 11:55pm

See the posters in this edition of the *Limpet*,

Announcements by charities or local groups, clubs and organisations are FREE!

The cutoff date for the next edition of the *Limpet* is at the foot of page 1

Contact details for the *Limpet* are on the back page



Equipment for Hire

Well its getting to that time of year again when we may spot that big ball of heat in the sky, remember the Sun, and contemplate some fun outdoor activities in our gardens, at the beach and in the sea, before it leaves again for the winter.

Well the Trust has some ideas for you, why not utilise some of the equipment we have for the community and visitors to use.

Located at Woods Yard we have a cabin full of great pieces of equipment including E bikes, Kayaks, wetsuits, beach games, sports equipment, accessibility aids and more.

We will be advertising the full range on our website soon so watch this space or pop in, give us a call 616410 or email cdostronsay@gmail.com and see whats available.



DEVELOPMENT AND INFRASTRUCTURE **ISLES SPECIAL COLLECTION ROTAS**



The dates for isles special collections up to 30 September 2023 are detailed below.

If you wish to have domestic bulky items uplifted you can apply online via the Council's Website, see link

<https://www.orkney.gov.uk/Service-Directory/S/Special-Refuse-Collections.htm> , if you do not have internet access then please contact Customer Services on telephone number 873535 to book. Bookings must be placed as soon as possible and up to 2 working days prior to the week commencing collection date, any special collection bookings received after 5pm on the Wednesday prior to the week commencing collection date will not be processed and will be held over until the next available collection date.

Please note that payment for collection is required on application and prior to collection.

Only items that are on the request form will be collected by the contractor.

Special collections from commercial premises can be arranged by contacting Development and Infrastructure on telephone number 873535 extension 2320.

Eday

Week Commencing: 1 May 2023 and 24 July 2023

Graemsay

Week Commencing: 22 May 2023 and 11 September 2023

Hoy and Flotta

Week Commencing: 17 April 2023, 3 July 2023, and 4 September 2023

North Ronaldsay

Week Commencing: 12 June 2023 and 21 August 2023

Papa Westray

Week Commencing: 5 June 2023 and 14 August 2023

Rousay, Egilsay and Wyre

Week Commencing: 8 May 2023 and 7 August 2023

Sanday

Week Commencing: 22 May 2023 and 21 August 2023

Shapinsay

Week commencing: 15 May 2023 and 21 August 2023

Stronsay

Week Commencing: 15 May 2023 and 07 August 2023

Westray

Week Commencing: 08 May 2023, 10 July 2023, and 18 September 2023

For further information on refuse and recycling services please refer to the Council's website

www.orkney.gov.uk

Are you missing out on £200?



Claim your cost of living payment now

Whether working, self-employed,
a stay-at-home parent or claiming
benefits – you could be entitled!

Automatic payments will be made to people in Orkney receiving:

- Housing benefit
- Council Tax reduction (means tested)
- Free school meals/clothing allowance (means tested)
- Exempt from council tax because all occupants are under the age of 18
- Exempt from council tax due to being under 26 and previously in care / looked after

You can apply if you currently receive
Universal Credit or Pension Credit

You can also apply if you have savings under £6000 and your
earnings are below the threshold in the table below.

Number of Children	Single Person Earnings	Couples Earnings
0	£1928 per month	£2361 per month
1	£3300 per month	£3734 per month
2	£4048 per month	£4482 per month
3+	£4978 per month	£5412 per month

To apply visit the website below, call 01856 873535

www.orkney.gov.uk/COL

...or scan
me into
your phone
camera



MOBILE LIBRARY VAN VISITS 2023

5 June, 31 July, 25 September, 20 November

For further information go to web page <https://orkneylibrary.org.uk/mobile-library>,
email library@orkney.gov.uk or telephone 01856 873166.

Winter	Council Houses	8.45	-	9.45
	School	10	-	12
	Kirk	12.45	-	3
	Fish mart	3.15	-	4.45
Summer/Refit	Council Houses	9.25	-	10
	School	10.15	-	12
	Kirk	12.45	-	3
	Fish mart	3.15	-	5.30

RECYCLING GUIDE FOR OUTER ISLES

Orkney Islands Council has published a “Household refuse and recycling welcome pack” which is available online at <https://tinyurl.com/3bjcbacm>.

If you see something in the *Limpet* that is inaccurate or no longer valid
please drop a line to "*The Editor, Claremont KW17 2AR*"
or email editor@stronsaylimpet.co.uk

Announcements by charities or local groups, clubs and organisations are FREE!

The cutoff date for the next edition of the *Limpet* is at the foot of page 1
Contact details for the *Limpet* are on the back page

STRONSAY COMMUNITY ASSOCIATION

Why not hire the Stronsay Community hall? We have a kitchen and fully licensed bar, with two large halls and a small meeting room; perfect for weddings, parties, games, meetings and much more!

- Disco equipment
- Table tennis
- Badminton
- Air hockey
- Pool Table



For more information & bookings contact Mary McLaughlin email thecatstail@outlook.com

Rooms for hire from only £2 per hour plus hydro charge.

Adult supervision (over 18) must be present during hire.

Find us on Facebook <https://www.facebook.com/hallcommittee>

ADVERTISE YOUR EVENT!

If you are planning to hold an event on Stronsay then why not use the free publicity available from the Limpet, the editor's contact details are on the back page of every edition of the [Stronsay Limpet](#). You can advertise in the monthly editions of the Limpet and your event can be publicised via the Stronsay Limpet email list. It's always a good idea to check the [Visit Stronsay calendar](#) when planning an event, could avoid embarrassing clash of dates.

HOW TO CONTACT THE [LIMPET](#)

Send an email to editor@stronsaylimpet.co.uk or write to *The Limpet*, Claremont, Stronsay, KW17 2AR.

EMERGENCY NUMBERS

On the back page of every edition of the Limpet there is a list of useful telephone numbers including the emergency numbers for reporting problems with water or electricity.

SWIMMING POOL - OPENING TIMES

Monday	Adult lane 6:30-7:10	Public session 7:10– 7:50
Thursday	Private hire 6:30-7:10	Public session 7:10-7:50
Saturday	Private hire 2-2:40	Public session 2:40-3:20

Charges - Adults £3, Children £1.50, Private Hires £15.

Maximum 12 in the pool.

To book a private hire phone Elsie on 616238.

LIFEGUARDS WANTED!

Stronsay swimming pool is looking for enthusiastic, reliable and conscientious people to become part of the pool team.

We will train you using the national standard RLSS National Pool Lifeguard Qualification and in return all we ask is you help us keep our small pool open and sustainable.

The ability to swim and a degree of fitness is required before you start your journey into 'lifeguard life'.

Interested parties should contact Andy Rose: email andyrose85@btinternet.com, phone 01857 616277 or mobile 07769 689 310

OVERSEERS WANTED !

Always looking for reliable overseers for the swimming pool, please! Previous volunteers welcome. Involves taking payment, handing out bands, helping with evacuation procedures etc. Contact Mairi Dennison via Facebook messenger or tel 616331. We politely request that parents/guardians whose children use the pool regularly take a turn at overseeing, in particular.

HANDY EMAIL ADDRESSES:

Ebenezer Stores stronsaystores@gmail.com

Olivebank m.williamson1@btconnect.com

Fishmart café fishmartcafehostel@gmail.com

For telephone numbers see the back page of this edition.

OUR LADY'S CHAPEL, PIERHEAD **NOW OPEN FOR PUBLIC MASSES**

Our Lady's Chapel on the pier is now open for public Masses with the permission of the Bishop of Aberdeen.

Mass times are as follows:-

- Sunday & holidays: 11am
- Tuesday: 8.00am
- All other days: 11.20am

GOLGOTHA MONASTERY, PAPA STRONSAY **DAILY STREAMING BROADCAST**

There is a daily streaming broadcast from Golgotha Monastery, Papa Stronsay.

<http://www.papastronsay.com/live>

The broadcast runs from 4pm – 7pm (the times shown are approximate):

- 4pm Short talk by one of the priests.
- 4:30pm Recitation of the Rosary.
- 5pm Mass.
- 6pm Further prayers and office of the day.

STRONSAY KIRK

Weekly service at 11am.

Minister—Rev David Locke, phone 616284.

Stronsay kirk's website:

<http://www.orkneycommunities.co.uk/stronsaykirk>

Stronsay kirk's Facebook page:

<https://www.facebook.com/groups/1553904828107651>

STRONSAY COMMUNITY COUNCIL
Chair: Shirley Whiteman Vice Chair: Damian Stout

APPLICATIONS FOR FINANCIAL ASSISTANCE

Stronsay Community Council invites applications for financial assistance from anyone who is permanently resident on Stronsay.

Grants are available for travel assistance and events and/or projects of benefit to the community.

If the request is for travel assistance, members can award 50% of the requested amount with a capping limit of £200 funding within twelve months.

Full details of the event and/or project will be required and will be submitted to the next Community Council meeting for consideration.

Financial requests must be with the Island Link Officer prior to the event/project taking place and the payment of any grant awarded will require submission of evidence of expenditure from the applicant.

Each application will be considered on a case-by-case basis and should be submitted on an Application For Financial Assistance form available from the Island Link Officer.

If more information, or an Application for Financial Assistance form is required, please contact the Island Link Officer, tel: 616446 email: stronsaycc@gmail.com

Colin McAlpine
Stronsay Island Link Officer
19 October 2022

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please drop a line to "*The Editor, Claremont KW17 2AR*"
or email editor@stronsaylimpet.co.uk

SCRAP CAR SCHEME

The Scrap Car Scheme operated by Stronsay Community Council is still open and is now available for anyone who may have a vehicle for disposal.

The scheme will be administered by the Community Council and will remain open until further notice. The vehicle owner will have two months in which to arrange disposal of the vehicle.

At present there is no gate fee for vehicle disposal, but the scrap value will be paid to Stronsay Community Council and **not** the vehicle's registered keeper.

The haulage cost from Stronsay to the scrap yard, Kirkwall, will be met by Stronsay Community Council.

If you wish to dispose of a scrap car, please: -

1. Request a Verification Form from the Island Link Officer – t: 616446 e: stronsaycc@gmail.com or by writing to the address below.
|
2. Complete the Verification Form and liaise with Jim Holland (haulier) for the vehicle's delivery to the scrap yard.
3. Give the completed Verification Form to Jim Holland which must be presented to the scrap yard at the time of vehicle delivery, along with all necessary documentation, (the vehicle's V5 document) to meet the DVLA and dismantler requirements.

A Verification Form will be required for each separate delivery of a car to the scrap yard.

Should you require any further information please do not hesitate to get in touch.

Colin McAlpine
Stronsay Island Link Officer,
The Hill,
Stronsay,
KW17 2AT

18 October 2022

FISHMART CAFE SUMMER OPENING TIMES

(April-September)

Monday CLOSED

(Breakfast only served from 7am - 10am on weekdays)

Tuesday 7am - 3pm

Wednesday 7am - 3pm

Thursday 7am - 3pm

Friday 7am - 3pm

Saturday 9am - 2pm (Breakfast served all day)

Sunday 11am-2:30pm (Breakfast served all day)

FISHMART CAFE WINTER OPENING TIMES

(October-March)

Monday CLOSED

(Breakfast only served from 7am - 10am on weekdays)

Tuesday CLOSED

Wednesday 7am - 2pm

Thursday 7am - 2pm

Friday 7am - 2pm

Saturday 9am - 2pm (Breakfast served all day)

Sunday 11am-2:30pm (Breakfast served all day)

LOCAL BUSINESSES

POMONA PREFECT

ORKNEY NORTH ISLES' COMMERCIAL
AND LEISURE SMALL BOAT CHARTER

+44 (0)7707 306787



pomonaprefect@gmail.com



www.pomonaprefect.com



Google Maps

Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES

REDHOUSE PLANTS MARKET GARDEN



Seasonal vegetables available daily. Bedding, perennial and vegetable plants.

Local honey in season according to availability.

Open 09.00-17.00 Mon-Sat.

Redhouse, Lower Whitehall, Stronsay. Tel: (01857) 616 377

BUILDING WORK

Building work carried out by time-served tradesman

No job too small!

Please note changed telephone number

Phone Paul Williams on 616222 or email williams778@btinternet.com

ROYAL BANK OF SCOTLAND

No Royal Bank of Scotland visits until further notice. There are 2 telephone numbers:

0800 051 4177 for anybody in isolation and 0800 046 6734 for all NHS staff

Both lines are open 8-8

HOW TO CONTACT THE [LIMPET](http://www.limpet.co.uk)

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Love Parties, but hate waste?



Reduce landfill waste by hiring Peedie Party Packs range of children's reusable plates, cups & cake stands instead of buying disposable! we even have themed packages & games packs available, happy to accept hires from across Orkney including the Isles.



Peedie Party Packs



peediepartypacks2221



PeediePartyPacks@hotmail.com

Local business adverts are free!

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LOCAL BUSINESSES

Holmsgarth Crafts



*Seasonal Gifts,
Memory bears,
Stronsay book bags, and much more
Many items can be personalised
Made To Order*



Contact Margaret McAnally - [Holmsgarth Crafts | Facebook](#)
[07432614089](#)

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LOCAL BUSINESSES



Marion Miller Jewellery

Unique Jewellery inspired by the sea and shore.
Designed and handmade on the island of Stronsay, Orkney

www.marionmillerjewellery.com

Tel 07919550943 E-mail marionmillerjewellery@gmail.com



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LOCAL BUSINESSES



Traditionally hand-crafted in Stronsay—soaps, solid shampoo bars, conditioner bars and balms. Hand-spun and hand-dyed yarns from Orkney fleeces, woven throws, wall-hangings and more.

Orkney Star Island Soap, Isles View, Stronsay, Orkney, KW17 2AG.

Tel: (+44) 01857 616 281

Email: info@orkneystarislandsoap.co.uk

Web: <http://www.orkneystarislandsoap.co.uk>

Facebook: <https://www.facebook.com/orkney.star.island.soap>

**PATRICK
McGRATH
LTD**

**Gas Safe Registered Engineer
Plumber**

Services include:

- Installation, servicing, maintenance of all domestic gas appliances
- Landlords gas safety checks
- Bathroom fitting
- Bathroom supply
- General heatings
- All other types of domestic, commercial, industrial plumbing works
- Isles work welcome

Call Patrick on **07933 488283**
Email: patrickmcgrathltd@gmail.com

**PLUMBING
& HEATING**

gas safe

Local business adverts are free!

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LOCAL BUSINESSES

Roger at Stronsay Photographic

Available for:

Portraits - groups and individuals

ID photographs - printing on site

Tuition

Special commissions

Cozy studio with professional lighting

Home visits



Contact via Stronsay Photographic Facebook page and Facebook or tel 616228

Special offers also on Stronsay Facebook page

Roger at Stronsay Markets



Local seasonal soft fruit and vegetables

Grown naturally without artificial fertilisers, pesticides or weed killer

Cropped same day (usually)

Check out Facebook "Stronsay Markets"

Contact me on stronsaymarkets@gmail.com and I can add you to the regular list of available produce

See Stronsay Markets on YouTube https://youtu.be/8e6sz_Z2eQU

Local business adverts are free!

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LOCAL BUSINESSES

handmade with love

Airy Fairy





- ★ Handmade Quilts, cushions & clothes ★
- ★ Beautiful, bespoke & personalised gifts ★
- ★ Handmade especially for you ★
- ★ Makower fabrics in stock £10 per metre ★
- ★ Studio visits welcome by appointment ★



Hazel Shearer, Airy, Stronsay, Orkney, KW172AG • Phone 01857 616231
hazel.airyfairy@gmail.com • www.airyfairyonline.co.uk

The Wyrð Weaver

Handcrafted Textiles and Primitive Folk Art









Come and visit Eunice's studio at...
 Newbigging, Stronsay, Orkney KW17 2AN

Open Daily
 Phone - 01857 616230

Find and buy on Facebook @orkneywyrðweaver
 Email - thewyrðweaver@btinternet.com



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LOCAL BUSINESSES

“NEIL’S ON WHEELS”



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260

The Old Manse Bed and Breakfast Logie Easter, Kildary IV18 0NZ



The Old Manse is a listed building dating back to the 1780s set in a large woodland garden just off the A9 and commanding far reaching views of the surrounding countryside.

We are ideally located for those travelling to and from Orkney. The ferry terminals of Gills Bay (Pentland Ferries) and Scrabster (North Link Ferries) are no more that 2.5 hours drive with John O’Groats just 2 hours away.

Ensuite Double and twin rooms

Tel 01862 842357 Email oldmanse.kildary@btinternet.com

Web www.oldmansebandbkildary.co.uk

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LOCAL BUSINESSES



We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

**We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.
Reasonable prices.**

Contact Craig or Christine for more information.

HOW TO CONTACT THE *LIMPET*

Send an email to editor@stronsaylimpet.co.uk or write to *The Limpet*, Claremont, Stronsay, KW17 2AR. Details of the deadline for the next edition are on the front page

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USEFUL INFORMATION

POST OFFICE OPENING TIMES etc

Monday to Saturday 8:30am—5:00pm
 Sunday Closed all day
 Post collection times 7:30am, Monday to Saturday
 OIC Special collection. Week Commencing: Mon 7 Aug
 Island Link Officer. Fishmart office 10 to 12 on Tue, Thu & Sat. Phone 616475
 SDT Office Wood's Yard 10am - 11am Mon-Fri. Phone 616410
 Sunday service at the Kirk Weekly service at 11am
 Our Lady's Chapel, pier head Mass: Sun & holidays 11am, Tue 8am, other days 11.20am
 Next mobile library van visit Mon 5 Jun
Weekly rubbish collection Tuesday (bags out by **8am** but **not** on the night before!)
 Recycling skips nearly full? Send email to recycling@orkney.gov.uk
 Forward scam emails to report@phishing.gov.uk
 Stronsay's Facebook page <https://www.facebook.com/groups/476168409207488>

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999
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Airy Fairy 616231 Castle Bird Reserve 616363 Community council 616446 Companions Club 616352 Craftship Enterprise 0778 511 1126 Doctor 616321 Ebenezer Stores 616339 Ebenezer Oil Heating . . . 616207 or 07500 682 867 Fish Mart 616401 Golgotha monastery. . . . 616210 or contact@the-sons.org Hairdresser 616337 Hall bookings 616263 or annemaree.carter@btinternet.com Highland Fuels 01856 873766 Island Link Officer 616475 Kirk secretary 616238 Limpet editor 616297 Medical emergency 616321 Neil's on Wheels 07723 304 260 Manse 616284 Nurses 616321 Olivebank 616255 OIC out of hours 01856 873535 Post Office 616499 Red House Plants 616377 Registrar 616239	Scottish Fuels 01856 873105 SDT office 616410 Silver Darlings 616412 Star Island Soap 616281 Stranded seals, etc 616207/206/498 Stronsay Band 616335 Stronsay Pub & Hotel . . . 616407 Stronsay school 616246 Stronsay taxi 616335 Balfour hospital (24/7). . . 01856 888000 Water problems (24/7) . . 0800 0778 778 Electricity general enquiries 0800 048 3516 (lines open Mon-Fri 8am-5pm) problems (24/7) . . . 0800 300 999 power cut (24/7). . . 105 Police (non urgent) (24/7) 101 Kirkwall Library 01856 873166 Dentists: Daisybank Clinic . . 01856 870547 Deyanov Dental . . . 01856 877118 King Street 01856 888258 Orkney Dental 01856 872030 Vets: Flett & Carmichael . 01856 872859 Northvet 01856 873403
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