

**TIMETABLES**[Loganair 20 Feb 2022 to 29 Oct 2022](#)[Orkney Ferries 8 May 2022 to 31 July 2022](#)[Orkney Ferries Sunday excursions 2022](#)**DATES FOR YOUR DIARY**

Stronsay Stitchers	Thu 26 May
Songs & stories for Pentecost & the Jubilee	Tue 31 May
Peedie library	Wed 1 Jun
Queen's Platinum Jubilee celebration	Sat 4 Jun
Beach clean	Sat 11 Jun
<u>North Isles Sports (on Sanday)</u>	Sat 18 June
<u>Library van visit</u>	Mon 20 Jun, 15 Aug, 10 Oct, 28 Nov
<u>Special collection</u>	Mon 25 Jul
<u>Orkney Ferries timetable change</u>	Mon 1 Aug
<u>County show</u>	Sat 13 Aug
<u>Stronsay's Massive Weekend!</u>	Sat/Sun 20/21 Aug
Loganair timetable change	Sun 30 Oct
Christmas Craft Fair	Sat 3 Dec

GP & COMMUNITY NURSE ROSTER

The latest available roster for the Doctor and the Community Nurse can now be found on the Stronsay Limpet's website at <https://stronsaylimpet.co.uk/RosterGPandNurse.html>

ROYAL BANK OF SCOTLAND

No Royal Bank of Scotland visits until further notice. There are 2 telephone numbers:
0800 051 4177 for anybody in isolation and 0800 046 6734 for all NHS staff
Both lines are open 8-8

The next edition of the [Limpet](#) will be published on **Thu 30 June 2022**. Items for inclusion in that edition should be submitted by 7pm on **Sun 26 June 2022**, contact details are on the 2back page. The Limpet's website address is <http://www.stronsaylimpet.co.uk>

“DISTANCE AWARE” SCHEME

The Distance Aware scheme is designed to help those worried about mixing with others as we adapt to living with COVID-19. Find out how to get a Distance Aware badge or lanyard to show others you need more space:

<https://www.gov.scot/publications/coronavirus-covid-19-distance-aware-scheme>

ORCADES PRACTICE—STRONSAY BRANCH

In an emergency phone 01856 888000

LATEST NEWS

The doctors' morning surgery has returned to being by appointment, while the afternoon will still be open for ‘on the day’ calls for urgent needs. Both will initially be phone calls, with an invitation to attend the surgery if an examination is needed. In an emergency you will of course be fitted in straight away.

If you require an appointment please phone 616321 as usual or email ORK.stronsay@nhs.scot. When you book your appointment Katrina will give you a time for your initial call; the doctor will call as close to that time as possible, and hopefully within about 30 minutes. This will hopefully make your day easier to plan. Please help us by bringing just one problem, so that we can help you by sticking as close as possible to time.

If you are travelling abroad and need evidence of your vaccination status, you can now use the link below to obtain it. Please be patient as records are updated, and please don't request your record if you don't need it! Thank you

<https://www.nhsinform.scot/covid19status>.

REQUESTING REPEAT PRESCRIPTIONS

- No more paper requests to be handed in.
- Please phone 616321 or email ORK.stronsay@nhs.scot to order.
- Check one week later to see if they have arrived.
- Time slots will be given for collection.

UP-TO-DATE CONTACT DETAILS

Please can we ask you to contact the surgery (phone 616321 or email ORK.stronsay@nhs.scot) if you have any changes to make to the information we hold. It really helps us if we have your up to date information should we need to contact you.

For example

- *Name*
- *Address*
- *Telephone number (landline)*
- *Mobile number*
- *Email address*

Thank you, Dr Alison Lievesley, Dr Rosalind Fisher and Dr Johnathan Cobb .

COVID VACCINATIONS

We are nearing the end of vaccinating our over 18's population. If you have previously declined but would now like to have the vaccine, or have been giving the matter further consideration and decided you would now like to be vaccinated, can you please contact the surgery to let us know, so we can order vaccines in as appropriate. We are trying to achieve a high percentage of vaccinated residents so we can have a good level of immunity within our island community.

Stronsay Surgery

STRONSAY SURGERY—USE OF 616321

This is a reminder that the surgery telephone number is only manned Monday to Friday between the hours of 9-12 and 1.30-4.30pm. Between 12.00 and 1.30pm, when Katrina is at lunch, there is an answerphone service and calls won't be put through to Balfour so please avoid phoning at lunchtime. If it is an urgent matter, please dial 01856 888000 and ask them to page the Stronsay GP (or nurse if more appropriate). Outside these hours the calls are automatically transferred through to Balfour Hospital switchboard.

Could we kindly ask that if you need to speak with the Stronsay nurse, you call the surgery number on 01857 616321. Katrina will put you into the nurse telephone slot to be called when they are free. The nurse's new phone is such that we are unable to stop the message being left by the person from being overheard.

Thank you,
Stronsay Surgery

IMPORTANCE OF VITAMIN D

From Geramount Surgery

You may know that vitamin D is important in supporting bone and muscle health. A small amount can be absorbed from our diet, but most of it comes from sunlight. Not so much in Scotland though – although 15-20 minutes of sunlight daily (equivalent of both arms from a t-shirt sleeve down) is enough to top up your stores, we only get the right 'type' of sunlight from April to September, mostly from 11am-3pm.

The Chief Medical Officer in Scotland advises that we should all consider taking a daily 10 microgram (400 units) vitamin D supplement, especially during the winter months (beginning of October to end of March inclusive): these can be bought over the counter in the chemist or a supermarket, or online - some places have 3 for 2 offers. Please do use them! (and don't forget to use sunblock once you've had your 20 minutes - sadly we can still burn even this far north!)

The Natural Wellbeing Project

What's it all about?

Stronsay Development Trust has had the Natural Wellbeing Project underway since March. But what does it actually mean for the community on Stronsay, and across the North Isles and what am I spending my time doing?

In a nutshell, we want to encourage time spent in nature to improve mental health and wellbeing in remote island communities. ‘Green health’ and the use of greenspace for health and wellbeing is very much on the agenda at policy backing and strategic planning levels at national government level. Public Health Scotland have assessed the impact and best use of greenspace and the natural assets that Scotland has to offer. Many policies, consultations and government strategies have a common theme to promote the positive use of spaces to improve health and wellbeing and these are to be used as the driving force for greenspace health.

Currently, the third sector are taking the lead in Nature Based Health Activities (NBHA), complimenting other work and attempting to spark change. The Natural Wellbeing Project is an example of this, with the Development Trust a charity, delivering nature-based health activities on Stronsay. The difficulties are that this is a young field which requires evidence-based research to build a framework of support for social prescribing and referrals from primary healthcare, with clear pathways and processes. This is a challenge to establish initiatives with no cohesion at local or national level.

So what am I doing to drive this forward? The research I am gathering is to determine the demand and local interest in natural health activities. I am working with a PhD researcher in health and wellbeing geography who will be visiting Stronsay and the other North Isles and is keen to chat to members of the community. I have been making network connections to work in partnerships e.g. archaeology projects that are established can be incorporated into nature based health activities as it uses our natural space or collaboration with Cycling UK and Leah with Stronsay Waste Matters which links climate, rural connections and wellbeing.

Outreach programmes have been established with Stronsay School which allow pupils to give something back to the community that encourages time in greenspace and bluespace on the island. S1 and S2 pupils are working on a community citizenship element of the Achieve programme, run through the Princes Trust. They are taking part in an 8-week programme to learn about geocaching, take part and promote it to the community and visitors by producing resources that we can publish.

‘Up the Garden Path’ is regenerating the small greenhouse space for community learning and growing. Community members are invited to take part in the initial clean up and weeding whilst a small group of pupils are taking on the planning of the greenhouse in order to grow. It’s a great example of learning new skills and utilising knowledge from other members of the community to give something back that is sustainable. It’s a big undertaking but the pupils are keen, and we have already had some help from Roger to tackle the overgrown space. We will also be working on the willow structure, beds and orchard to restore its former glory.

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The Community Greenhouse is now part of Social Farms and Gardens, putting us on the map alongside Sanday, Westray, North Ronaldsay and Rousay. It aims to **advocate** and campaign for greater recognition, funding and opportunities for nature-based activities, provide expert advice and deliver innovative training programmes which empower and enable communities to grow.

Events and programmes are being introduced to increase community awareness of the impact of nature-based health, increase people's contact in nature and increase awareness in health professions of the contribution of nature-based health. Archaeology and heritage-based events are planned for summer as well as Bike Week, more led rides over summer, children's activities, and regular Bookbug sessions in nature. I am creating connections with North Ronaldsay with community interest in attending the Sheep Festival. Later in the year will be introducing Citizen Science and the impact you can have by contributing to bigger research projects in your normal outdoor activities.

The bigger and most challenging aspect of the project is maintaining sustainability which can only be established through policy, strategic planning, funding and establishing nature-based health activities as mainstream approaches to promote health and wellbeing. NHS England have successfully started Green Social Prescribing to tackle ill mental health and reduce pressures on the NHS by providing a holistic approach to working with primary healthcare with links to trusted professionals providing a range of activities. NatureScot are working on a similar system of Green Health Partnerships with 4 areas in Scotland currently taking part. However, we have not reached a mainstream framework yet. Supporting the Natural Wellbeing Project is a step towards building a framework that can support both our NHS and community resilience. At the end of this project, the aims are to produce a toolkit that other Islands can utilise, introducing a small-scale framework across the North Isles and a step towards establishing Green Health Partnerships in Orkney.

If you would like any further information or a chat about what this project means for you, please do not hesitate to get in touch.

Louise McQuaid
Project Officer, Natural Wellbeing Project

Email [sdtpointofficer@gmail.com](mailto:sdtprojectofficer@gmail.com)
WhatsApp 07749215591 (work number)
fb @naturalwellbeingstronsay





6th-12th June



This year Bike Week is all about you and your local community, we want to encourage as many people as possible to get out there and enjoy their community by bike. We want you to dream big and imagine how your community could be improved if everyone in it used their bikes more, together we can make a better world by bike.

We would like to invite you to join us for a bike ride at a gentle speed, along quiet roads. If you feel less confident on your bike, would like to return to cycling, or simply would like a buddy to ride with, these regular sessions could be just for you.

For booking links and enquiries, please contact Louise

sdtprojectofficer@gmail.com

WhatsApp 07749215591

fb @naturalwellbeingproject





1. The first led ride will take place on Friday 10th June, from 2-4pm. We will meet at the top of the pier and cycle an 11.5-mile return route to Rothiesholm & Bay of ~~Bomasty~~ and back. It will be a gentle ride at a slow pace (with a coffee and cake break halfway!). Simply bring your own, roadworthy bike.



2. The second ride will take place on Saturday 11th June, from 1-3pm. We will meet at the top of the pier and cycle an 11.5-mile return route to Vat of Kirbister and back. It will be a gentle ride at a slow pace (with a coffee and cake break halfway!). Simply bring your own, roadworthy bike.



Please note that participants should be 16 or over and are kindly asked to book their spaces in advance. If you don't have your own bicycle but would like to join in, please get in touch, we may be able to help.



Events Booking Links

Friday 10th June:

Stronsay Bike Week 2022 - Family Drop-In Session Tickets, Fri 10 Jun 2022 at 10:00
<https://www.eventbrite.com/.../stronsay-bike-week-2022...>

Stronsay Bike Week 2022 - Basic Bike Maintenance Session Tickets, Fri 10 Jun 2022 at 12:30
<https://www.eventbrite.co.uk/.../stronsay-bike-week-2022...>

Stronsay Bike Week 2022 - Bike Led Ride Tickets, Fri 10 Jun 2022 at 14:00
<https://www.eventbrite.co.uk/.../stronsay-bike-week-2022...>

Saturday 11th June:

Stronsay Bike Week 2022 - Basic Bike Maintenance Session Tickets, Sat 11 Jun 2022 at 10:00
<https://www.eventbrite.co.uk/.../stronsay-bike-week-2022...>

Stronsay Bike Week 2022- Bike Led Ride Tickets, Sat 11 Jun 2022 at 13:00
<https://www.eventbrite.co.uk/.../stronsay-bike-week-2022...>

Stronsay Bike Week 2022 - Family Drop-In Session Tickets, Sat 11 Jun 2022 at 16:00 | Eventbrite
<https://www.eventbrite.co.uk/.../stronsay-bike-week-2022...>

BIRD REPORT

*(Alas, John Holloway's internet connection is down.
However, he dictated this brief message over the phone)*

There were two good sightings in the last month - the island's second Avocet and photographs of a new Curlew species for the UK.



Join us

Up the Garden Path

Community clean up

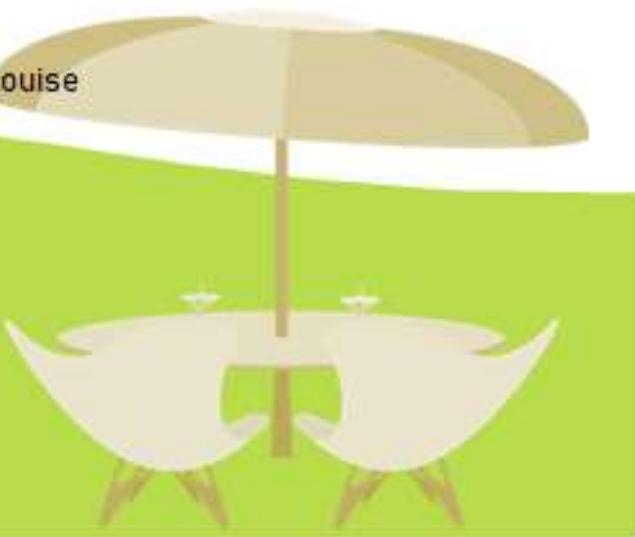
Sunday 29th May 1-3pm

Monday 30th May 1-3pm

The small greenhouse has plans for regeneration to reinstate it's use for the community. We need volunteers to help with the initial clean up of the garden space and greenhouse.

Tools and gloves provided.

For more information contact Louise
sdtprojectofficer@gmail.com
WhatsApp 07749215591
fb @naturalwellbeingproject



Stephen Clackson's Letter from School Place

***Experienced – Established – Effective – Engaged – Enthusiastic – and
ELECTED***

I am indebted to the 256 voters who placed me 1st on their ballot paper, beholden to the 212 people who put me 2nd, obliged to the 142 individuals who made me their 3rd choice, and I acknowledge the 49 persons who wrote a 4 next to my name and the 27 folk who ranked me at number five. After all the calculations, transfers, and exclusions that the STV system applies, this meant I got re-elected with 314.88160 votes. (I was only just short of the quota of 258 to get in on 1st preference votes alone.)

On the morning of Monday 16th May, following the blessing of the new Council by Councillor Revd David Dawson, we held our first proper meeting, the Statutory General Meeting, at which former Deputy Lieutenant and OIC education officer, Graham Bevan was appointed Convener and James Stockan was re-appointed Council Leader (both unopposed). I congratulate my fellow North Isles councillors, Heather Woodbridge on being appointed (unopposed) to the position of Depute Leader, and Melissa Thomson on her appointment to the Chair of the Board of Orkney Ferries Ltd. (I am no longer on the Ferries Board.) I shall be serving again on the Education, Leisure & Housing Committee and on the Monitoring & Audit Committee, and, like every other councillor, I am on the Policy & Resources Committee. I have been re-appointed as OIC's representative on the Scottish Councils Committee on Radioactive Substances and the Dounreay Stakeholder Group, and I shall be returning (after my principled resignation in August 2020) to the Orkney & Shetland Valuation Joint Board.



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Since the election, councillors, both old (12) and new (9), have been solidly undergoing “induction”, in which we are lectured about our roles and responsibilities as councillors, governance, council structures, services and committees, standards, etc. On the day after the Statutory General Meeting, it made a pleasant change to vacate School Place and attend the Norwegian Constitution Day events, the service at St Olaf’s Cemetery, and take part in the Tog. I had an interesting conversation with one of the Norwegian delegation who was brought up on an island in the Finnmark in the far north. He agreed with a comment I once heard a Norwegian spokesman make on Radio 4, that building a fixed-link is the quickest way to kill an island.

At the Special Policy & Resources Committee Meeting held to make appointments to sub-committees and working groups, I was re-appointed to the Constitutional Reform Consultative Group and to the Empowering Communities Steering Group. Given the challenges faced by North Isles students if they need to stay in town to attend Orkney College courses, I requested that the ex-officio membership of the Student Housing Working Group be increased to include the Chair or Vice-Chair of the College Management Council. Although no change could be made at the meeting, a report is going to be prepared on this.

My policy on social media: You’ll note from my manifesto that I did NOT promise to communicate via social media, and I’ll be sticking to this. Being a councillor is a very time-consuming vocation (as the new councillors will soon discover!), and one has more important things to do than constantly monitor social media and defend oneself against toxic comments. Because, for reasons I have publicised, I was unable to get out canvassing, I did join Facebook for about a month in order to “canvass” online. I don’t know how well my posts were broadcast, but I suspect Facebook’s arcane algorithms did not do a very good job. Indeed, they threw me off twice! On the day after the election, the toxic commenting started (I won’t say by whom), so, as I was intending anyway, I deleted my account. If you can post or comment on Facebook, you can send me an e-mail.

Here’s to the next five years!



Cllr Dr Stephen Clackson,
West Manse, Sanday
stephen.clackson@orkney.gov.uk



Letter from School Place is also available on-line at clackson.info

Records of a bygone age

The rise and fall o' the milkan coo

Part 2

During the herring fishing season in Stronsay, the population could swell by about 4,000 souls and all those extra folk needed to be fed. This was another golden opportunity for the milkan kye to come into their own! The herring season lasted from about the middle of May until August, coinciding with the time that the cows would be grazing on the lush spring and summer grass and producing at their best. This was a boom time for many of the local farmers, as any surplus produce was sure of a ready market.

Although many local farms and crofts capitalised on selling some of their produce to supply the local need, the farm that was the biggest supplier of milk at that time was Hunton. The Miller family at Hunton supplied milk to the folk in Whitehall Village for many years, during the herring fishing and afterwards, when the Village was a hive of industry and had a large and active population. Jim Miller of Hunton, now in Kirkwall, told of how his father Bobby, while still a young lad at school, had an exemption from lessons for a time each morning so that he could deliver the milk to the Village and Station. The milk was measured out with a ‘leem’ (earthenware) jug into the customer’s container, which was quite often simply a 1 pound or 2 pound jam jar. Bobby also spoke of there being about 100 folk living in the Lower Station when he was a lad delivering milk – now there are only about 15.



Hand milking a cow – a process which has changed little in the last 10.000 years!

Also supplying milk during the herring fishing and later was James T Stout, the tenant of Papa Stronsay. He had moved with his parents to Papa Stronsay (known locally as Papay) to work in 1921 and it was there he met and later married Maggie Eunson. Together with some of the other workers, they hand milked up to 8 cows twice a day, at 7.00 a.m. and 7.00 p.m., supplying the needs of the Papay residents and up to 600 seasonal herring workers who were based on that island from May to August. When the herring workers left at the end of the season, more of the milk was made into butter and cheese and sold across in Stronsay. With no fridges in those days, the milk, butter and cheese had to be kept as cool as possible and, in Papa Stronsay, they used the coolest place they could find – the cupboard under the stairs in the farm house! A good percentage of the milk was also fed by bucket to those 8 cows’ calves until they were old enough to be weaned – a fairly labour intensive but necessary method of rearing calves!

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There was a small but well stocked shop on Papa Stronsay, selling fresh bread taken across from the Stronsay bakers every day and, amazingly, also a small ice-cream parlour which was open during the herring fishing season. Blocks of ice were imported from Kirkwall twice a week to provide the refrigeration and Papa Stronsay milk used for the production of the ice cream sold in the parlour.



The shop and the ice cream parlour on Papa Stronsay, open annually to cater for the influx of workers to Papay during the herring fishing.

The Stouts and milk production were to go hand in hand for three generations covering more than 60 years, firstly in Papa Stronsay and subsequently in Stronsay. I'm grateful to a number of those Stouts – Isobel, Nan, Linda, Harald, Erik, Rhoda and Ingram – for being so willing to share their memories of milkan the kye and delivering the milk, both on Papay and Stronsay.

Jimmy and Maggie Stout took over the lease of Papa Stronsay in 1936 when Jimmy's sister and brother-in-law Betsy and John Scott gave up the tenancy and moved to Skaill in Westray. Then, in 1944, the Stouts took on the lease of Whitehall Farm when Tom Pottinger, the previous tenant, moved to Caithness, and they moved there with their young family while Edward Seatter took on the tenancy of Papa Stronsay. Both these properties were leased from the Balfour Estates, and the Stouts went on to purchase Whitehall Farm from that estate in 1952.

Sadly Maggie Stout had passed away in 1948 and Jimmy Stout later married her sister Ivy Eunson. They went on to have four sons to add to the son and five daughters he already had.

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Here at Whitehall Farm they continued to milk a few cows, still being hand milked, for the farm and their workers, with any surplus being sold, but gradually business built up until, in 1947, Jimmy started a milk delivery in Whitehall Village, delivering the milk himself in one or two pint bottles from his Ford van. Later that same year, the first steps into mechanisation took place when they bought a mechanical milking machine and converted a byre for the new milking line. Later additions were an electric cream separator and electric kirk (butter churn) which made the milking and processing much quicker and life much easier. The only downside to this was that, with no mains electricity on the island, the generator had to be started and run twice a day to power the machines.



Jimmy and Ivy Stout with family Tom and Duncan at the back, Irene, Margaret, Kathleen, Nan and Linda in the middle row and Harald and Rodney at the front. Youngest son Erik was born later and, over the years, every one of the family was involved to some extent with milking the kye or processing the milk.

Linda Gorn (nee Stout), one of the ‘Whiteha’ lasses’ recalls part of her duties when she left school until she left the island at the age of 19 in the mid-‘60s was helping in the dairy. Linda recalls:

“We would have had up to 10 milking cows. They were milked by machine and we would have had about 4 cans filled with milk. The cans were about 8 gallons. They were milked once a day I think and most of the milk was sold to the village. Left over milk was made into cheese and butter. The cheese was made in a large pot on the Aga stove, rennet was added when the temperature was reached and then, when it was curdled, it was put into cheese presses and, when cured, sold in the local shop, Stronsay Supply Stores”

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She also told of how “The butter was made from the cream that was put through the separator. The cream came out of one part and the skimmed milk came out of the other. This was an electric separator powered by a generator. The cream was put into a Kurn (Churn). It was also powered by electricity. The butter was salted in a large metal trough and took quite some time to work the salt evenly into the butter. Once the butter was weighed into the appropriate size we took wooden butter pats and shaped them ready for sale.”

Nothing was wasted however, as she recalled “The left over milk was fed to bucket fed calves and the pigs. We would usually have about 4 calves to feed and on average 4 pens of pigs 8 to 10 altogether. The skimmed milk was carried in the 8 gallon cans quite a few metres to the piggery where the pigs got the milk plus bruised oats.”

Another of the ‘Whiteha’ lasses’ was Linda’s sister Nan Rendall who also worked in the dairy, doing two weeks working at home and in the dairy then 2 weeks in her father’s shop in the Village. She much preferred the two weeks at home and remembers David Rendall of Ebenezer Stores coming to the farm every day to pick up milk to sell in his shop, and also the chore of feeding the bucket calves and pigs. She also recalled how the milk was poured through a siar (strainer) containing a disposable filter and, when finished, the filter was thrown out of the dairy door to be devoured without trace by the farm cats, who also usually also got a treat of some of the surplus milk.

Nan married in 1969 and it seems that, with Linda having previously left the island and Nan also away from Whitehall, their dairying fell away to supplying little more than themselves and their staff.



Farm butter and the butter spoons (or butter pats) used to form the butter into blocks. This was quite a skill and it was fascinating to watch the butter spin in the air as the spoons were used to form one side of the block and then the other.

This left a gap in the market and some of the local milk production moved to the farm of Clestrain. Stewart Shearer recalls his father Tommy Shearer of Clestrain milking cows and supplying milk to the Village for a few years. In 1970 Tommy bought a milking machine from Mr Peace of South Cara in South Ronaldsay and he had four good milking Shorthorn cross cows that supplied the milk. He delivered to many houses in the Village every day, measuring out the milk in a jug which was then used to top up the customer's own containers. When Tommy retired from farming, he bought a house in the Village and took up his old trade of weaving for a number of years before moving to Kirkwall.

Tommy Shearer supplied milk for about four years and then, when he stopped, Tom and Isobel Stout at Whitehall Farm took over milk supply once again, firstly in a small way but gradually expanded their dairy enterprise until they were machine milking enough cows to supply the whole island with milk.

In the mid-70s Whitehall had four milkan kye, with most of the milk produced being for their own and their workers use, but very soon some was again being supplied to Whitehall Village. With farms getting larger and farm workers getting fewer, it was around this same time that many farmers found they simply didn't have the time to deal with a milkan coo and demand for milk from Whitehall Farm gradually increased until, in 1981, the Stouts erected a new byre and small dairy specifically for their milkan kye and increased their dairy cows to around eight. In this same period, they started to deliver milk 'up the island' and employed someone to deliver it. Among those who acted as milk-men/maids delivering milk during this time were John Smith, Isobel Stout, Isobel's daughter Rhoda, Harry Burden (whose wife Barbara also worked in the dairy) and Erik Stout.

Tom and Isobel's daughter Rhoda remembers vividly the time she spent working in the dairy and bottling the milk, not all with fondness! One of her tasks was to collect empty '40 ouncer' whisky and rum bottles from the local hotel which, holding 2 pints each, were ideal containers for the milk. She recalls how she first had to steep (soak) them in water to help remove all the labels and then had to sterilise them, flushing them several times with boiling water to remove all trace of their previous contents. She hated the smell given off by the heated alcohol and thought that probably had much to do with her still not appreciating the taste or smell of alcohol.

This all came to an end around 1988, when new legislation meant that the government's Suckler Cow subsidy paid on the Whitehall beef cattle herd would be lost if they had milkan kye on the farm and that, coupled with a raft of new hygiene rules to comply with and the need to pasteurise any milk being sold, meant it was no longer viable to continue with their dairy business and milk round.

Harald Stout reminisced that he and his wife seriously considered taking on the island milk production at this time. After looking in depth at the logistics of the operation, they felt that they could overcome most of the problems caused by legislation, had sourced milk quota to buy and discovered the availability of a small milk pasteurisation plant. To proceed, they would also have had to put up a building to house the cows, the milking plant and a milk processing area and, after doing their sums, sadly decided that the project simply wasn't financially viable.

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With this bringing an abrupt end to local milk production, milk now had to be imported from the Orkney Mainland, mostly from Crantit Dairy, in cardboard containers. For the next two years or so, Tom Shearer of Seafield delivered this milk in its cartons in a round covering most of the island until that too came to an end and, ever since then, anyone needing milk has to order and collect it from one of the island's two shops.

The final part will be in next month's Limpet
Ian Cooper
May 2022

SWIMMING POOL - HELP WANTED!

We are in desperate need of more volunteer overseers to hand out bands and handle payments at our swimming sessions. If you or your family are pool users and don't already help, it would be a great way of giving back! Or if you have a spare evening or Sat afternoon now and then your help would be greatly appreciated.

Please contact me, Elsie or Andrew Rose. Thank you.

Mairi Dennison

A KINDLY REMINDER FROM GERAMOUNT SURGERY

We understand that on occasions you cannot attend your booked appointment at the surgery, but if for whatever reason you cannot attend your appointment, could we please ask that you inform the surgery as soon as possible. This then allows the appointment to be given to another patient.

"JUST FOR THE RECORD" 7pm ON SATURDAY 25 JUNE

We are gearing up for our next show! Just For The Record will be presented at the Stronsay Community Centre (Kirkwall, UK) Saturday 25 June, 2022 at 7pm. Mark your calendars and come for the fun and games - and history too.

The gramophone is the foundation for all of home entertainment. In this one man show, Christopher Andrew Maier will offer a look at Mr Eldridge Reeves Johnson, the founder of Victor Talking Machine and its subsidiary, HMV His Master's Voice.

We'll have a specially prepared 155th birthday cake for the occasion, made by Stronsay designer chef Angela Johnston. We'll play ring toss at the spinning gramophone turntable. And we'll take a look at slides and videos created for the show. One hour start to finish, including questions and a look under the hood of the Gramophone. 7pm sharp. Donations benefit Stronsay DeFib Fund.

FOR SALE, WANTED, THANK YOU, etc

THANK YOU

I would just like to say a very big thank you to everyone in the community who contributed to my retirement gift. It was a lovely surprise to receive some beautiful flowers & a very generous Amazon voucher to mark my years working as your community nurse. I have really enjoyed working amongst you all.

We are decorating at home at the moment, so I am looking forward to choosing something new for our home once we have finished the decorating project.

Thank you again,
Shirley x

WANTED—HOME FOR YOUNG BARN CATS

Would anyone be willing to give a comfortable forever home to young barn cats? They will be vet checked, neutered/spayed, flead and wormed prior to rehoming. Contact Lyn Oag at info@orkneycats.co.uk or send a pm on [Orkney Cats Facebook page](#).

There's no fee & these cats will be neutered/spayed & flead and wormed.

CHIROPODIST?

I am looking into getting a chiropodist out to Stronsay. Could you let me know if you would be interested by phoning me on 616 375.

Thanks. Yvonne

VAN AVAILABLE FOR CHARITY WORK

The Pomona Prefect logo peedie red van is available for charity work on the island if anyone needs a man and a van and wants to help the island reach the target. Saturdays service and cost for this is suggested as £10 per hour min donation for half hour units. All to the Stronsay Defib fund. No live animals, persons transported or dirty, sloppy stuff carried. Limited load and not a taxi service. This is a temporary thing to raise money and not a challenge to any services on the island. Call Don and Julie for all taxi work and Jim Holland for freight!

Also, if anyone needs their car karcher jet washed and vaccuming and then can do at Ellerslie as you pass for a donation to same Defib Fund. Cost is £10 per basic body wash and wheels rinsed and boot/inside vacced. Limited to cars. No monster trucks, panel vans, lorries or camper vans sorry.

This charity service will be hopefully available until there are enough defib machines in position with the people trained to cover us all 24/7. Availability is limited to Saturdays.

Any questions and to book give me a call.

Nicandro J. Porcelli, Ellerslie. Telephone or text to - 07732 276046

Items on this page are free!

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Contact details for the *Limpet* are on the back page

FOR SALE, WANTED, THANK YOU, etc

WELL DONE!

Thanks to the Stronsay football team for turning out to practices and for doing their best at the school field on Sunday 22 May. The red & blacks gave the minister's young son his first chance to see a proper football match.

Thanks also to the Stronsay spectators for their support.

HELLO TO STRONSAY!

I'm looking for the possibility to either buy a traditional stone built bungalow - with or without outbuildings

OR

To rent somewhere to live until a property becomes available. I'm not too picky a caravan, small house, room (with access to kitchen and bathroom) or may even consider a boot! Hey joke, unfortunately wouldn't fit into a boot! Maybe long or short term, would be grateful if someone on the great island of Stronsay could please possibly help!

Look forward to hearing from anyone, who may have any of the above - (or may know someone who might).

Contact Paul on mobile 07802 426992 or email pauwat1@gmail.com.

WANTED

Hi there, I just wondered if rental property with land is available on the island at all? Looking for a place on the islands for myself my five year old daughter and our animals. We are looking at properties to buy too but should we be able to rent that would speed up our progress. I work from home so can live anywhere but a rural place with plenty of space and some land around it is what we are looking for. I am registered with agents but there seems very little available.

Many thanks.

Anna Holland (annacholland@icloud.com, Scottish Borders)

WANTED

Shorefront piece of land/barn/small house, must be secluded. For Ross-shire crofting couple looking to relocate. We need 2+ acres as we have livestock but would be very happy with just a field that we would look to get planning permission on. Any help would be greatly appreciated. Cash waiting.

Please contact Malcolm and June Purvis on 01445 731681 or email purvis193@gmail.com

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LOCAL BUSINESSES

Love Parties, but hate waste?



Reduce landfill waste by hiring Peedie Party Packs range of children's reusable plates, cups & cake stands instead of buying disposable! we even have themed packages & games packs available, happy to accept hires from across Orkney including the Isles.



Peedie Party Packs



peediepartypacks2221



PeediePartyPacks@hotmail.com

Local business adverts are free!

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LOCAL BUSINESSES

REDHOUSE PLANTS MARKET GARDEN



Seasonal vegetables available daily. Bedding, perennial and vegetable plants.

Local honey in season according to availability.

Open 09.00-17.00 Mon-Sat.

Redhouse, Lower Whitehall, Stronsay. Tel: (01857) 616 377

BUILDING WORK

Building work carried out by time-served tradesman

No job too small!

Please note changed telephone number

Phone Paul Williams on 616222 or email williams778@btinternet.com

HOW TO CONTACT THE *LIMPET*

Send an email to editor@stronsaylimpet.co.uk or write to *The Limpet, Claremont, Stronsay, KW17 2AR*.

EMERGENCY NUMBERS

On the back page of every edition of the *Limpet* there is a list of useful telephone numbers including the emergency numbers for reporting problems with water or electricity.

Local business adverts are free!

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FOR SALE, WANTED, THANK YOU, etc

BUILDING PLOTS FOR SALE

2 Building plots, Whitehall Village, Stronsay, Orkney

£35K each. Planning in principle for 2/3 bed bungalow plus 2 parking spaces. Electricity and water supplies are on site.

The plots are behind the village street making a secluded location but within easy walking distance of the shop, ferry, cafe and hotel.

The tried and tested practice on the Orkney isles for building is to buy a house kit and either have it erected by the supplier or our island contractor Castlehill Construction (who can also do the ground works)

For information about Stronsay, our lifestyle, its good school and other facilities please visit www.visitstronsay.com

For further information about the sites please contact

- Sharon at Orkney Property Centre, Kirkwall on 01856 877866 or
- Dianne & Paul on 07785111126 or
- email drileymoore@hotmail.com

Planning ref: 18/038/PIP on Orkney Islands Council planning web site



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LOCAL BUSINESSES



Marion Miller Jewellery

Unique Jewellery inspired by the sea and shore.
Designed and handmade on the island of Stronsay, Orkney

www.marionmillerjewellery.com

Tel 07919550943 E-mail marionmillerjewellery@gmail.com



Local business adverts are free!

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LOCAL BUSINESSES



Traditionally hand-crafted in Stronsay—soaps, solid shampoo bars, conditioner bars and balms. Hand-spun and hand-dyed yarns from Orkney fleeces, woven throws, wall-hangings and more.

Orkney Star Island Soap, Isles View, Stronsay, Orkney, KW17 2AG.

Tel: (+44) 01857 616 281

Email: info@orkneystarislandsoap.co.uk

Web: <http://www.orkneystarislandsoap.co.uk>

Facebook: <https://www.facebook.com/orkney.star.island.soap>

**PATRICK
McGRATH
LTD**

Gas Safe Registered Engineer

Plumber

Services include:

- Installation, servicing, maintenance of all domestic gas appliances
- Landlords gas safety checks
- Bathroom fitting
- Bathroom supply
- General heatings
- All other types of domestic, commercial, industrial plumbing works
- Isles work welcome

Call Patrick on **07933 488283**

Email: patrickmcgrathltd@gmail.com

safe

Local business adverts are free!

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LOCAL BUSINESSES

Roger at Stronsay Photographic

Available for

Portraits - groups and individuals

ID photographs - printing on site

Tuition

Special commissions

Cozy studio with professional lighting

Home visits



Contact via Stronsay Photographic Facebook page and Facebook or tel 616228

Special offers also on Stronsay Facebook page

Roger at Stronsay Markets



Local seasonal soft fruit and vegetables

Grown naturally without artificial fertilisers, pesticides or weed killer

Cropped same day (usually)

Check out Facebook "Stronsay Markets"

Contact me on stronsaymarkets@gmail.com and I can add you to the regular list of available produce

See Stronsay Markets on YouTube https://youtu.be/8e6sz_Z2eQU

Local business adverts are free!

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The Book Nook

Orcadia, Stronsay

It's a library! Borrow a book!

It's a book exchange! Swap a book!

It's a shop! Buy a book with a donation!



Over
1000



fiction books!

Opening Hours

Thursday to Tuesday 9am to 4pm

Wednesday 12 noon to 4pm

Open other times on request

Vicki 07873 982648
facebook.com/TheBookNookatStronsay



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LOCAL BUSINESSES

Holmsgarth Crafts



Book Pillows, Table Runners

Napkins, Face Masks,

Scrunchies,

Tote Bags,

Pencil Cases and More

Made To Order



Contact Margaret McAnally - [Holmsgarth Crafts | Facebook](#)

Local business adverts are free!

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LOCAL BUSINESSES

handmade with love

AiryFairy

- ★ Handmade Quilts, cushions & clothes
- ★ Beautiful, bespoke & personalised gifts
- ★ Handmade especially for you
- ★ Makower fabrics in stock £10 per metre
- ★ Studio visits welcome by appointment

Hazel Shearer, Airy, Stronsay, Orkney, KW172AG • Phone 01857 616231
hazel.airyfairy@gmail.com • www.airyfairyonline.co.uk

The Wyrd Weaver

Handcrafted Textiles and Primitive Folk Art

Come and visit Eunice's studio at...
Newbigging, Stronsay, Orkney KW17 2AN

Open Daily
Phone - 01857 616230

Find and buy on Facebook @orkneywyrdweaver
Email - thewyrdweaver@btinternet.com

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LOCAL BUSINESSES

“NEIL’S ON WHEELS”



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260

The Old Manse Bed and Breakfast Logie Easter, Kildary IV18 0NZ



Dating back to the 1780s set in a large woodland garden just off the A9 and six miles from Invergordon, the Old
Ensuite Double and twin rooms

Tel 01862 842357

Email oldmanse.kildary@btinternet.com

Web www.oldmansebandbkildary.co.uk

Local business adverts are free!

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LOCAL BUSINESSES



Tel: 01857 616 469 Mob: 07741 778 750

We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.

Reasonable prices.

Contact Craig or Christine for more information.

HOW TO CONTACT THE LIMPET

Send an email to editor@stronsaylimpet.co.uk or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page

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GROUPS, CLUBS & ORGANISATIONS

STRONSAY COMMUNITY COUNCIL

Chair: Ian Cooper Vice Chair: Shirley Whiteman

NURSE SHIRLEY WHITEMAN'S RETIREMENT GIFT

Members would like to thank everyone who contributed towards nurse Shirley Whiteman's retirement gift.

A total of £255 was raised and an Amazon voucher for this amount, along with a bouquet of flowers, was presented to Shirley yesterday evening.

Shirley was delighted with the voucher and flowers and has asked for her thanks to be passed on to everybody.

Happy retirement Shirley!

Colin McAlpine
Stronsay Island Link Officer
3 May 2022

STRONSAY WASTE MATTERS

To celebrate Her Majesty's 7 decades on the throne, we will be selling our cardboard briquette boxes at only £7 each over the next two weeks (Mon 23 - Sun 5) - that's only £7 for approx. 30 kg of multi-purpose fuel!

We will also hide 'crown jewels' inside one of the boxes - find them and you can claim another whole box for free!



PLATINUM JUBILEE DEAL
ONLY £7 PER APPROX. 30KG BOX OF
CARDBOARD BRIQUETTES!

**FIND THE 'CROWN JEWELS' WITHIN ONE
MYSTERY BOX TO WIN ANOTHER BOX FOR FREE!**

Announcements by charities, local groups, clubs and organisations are FREE!

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GROUPS, CLUBS & ORGANISATIONS



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GROUPS, CLUBS & ORGANISATIONS

JUBILEE CELEBRATIONS

(See poster on previous page)

Come along to the community hall for some fun on June 4th!

Decorated crown competition with age categories as follows:

- Under 5
- 5-7 years
- 8-10 years
- 11-13 years
- 14 and over!

Islanders' Know Their Marine Environment

The Council's Marine Planning team has completed the first phase of island visits to discuss marine planning in Orkney.

Between mid April and early May 2022, the team visited Stronsay, Hoy, Sanday and Westray, holding two public sessions on each island. The team visited schools to help pupils learn about marine issues and to hear the views of young people. These sessions demonstrated just how much the children know about their islands and their extensive marine life and maritime activities. 70 children and about 25 adults participated in lively discussions, from how many eyes a scallop has (200!), to issues on marine litter and fishing.

The Council are in the early stages of preparing the Orkney regional marine plan, with support from an advisory group representing community, environmental, economic and recreational interests. The plan will contain local policies to support decision making on issues from aquaculture to harbours and marine biodiversity, to name only a few.

The recent visits helped local communities to gain an understanding of Orkney's regional marine plan-making process before the plan goes out to public consultation around summer 2023. It was also an opportunity to find out more about the Orkney Coastal and Marine Recreation Survey (www.orkney.gov.uk/seeker) currently being undertaken to inform the plan.

Shona Turnbull, Marine Planner, said: "The knowledge and enthusiasm of the island communities has really helped us understand island marine issues. We would like to thank everyone for taking the time to speak to us and we look forward to continuing these discussions as we take forward Orkney's marine plan".

A virtual event will be planned for the rest of the non-mainland isles, and in person drop-in events are planned for Kirkwall, Stromness and St Margaret's Hope over the summer; further details will follow in the next few months.

(There are short updates on the Marine Plan 2-3 times per year. If you would like to sign up to these updates, please email Shona Turnbull Shona.Turnbull@orkney.gov.uk)

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GROUPS, CLUBS & ORGANISATIONS



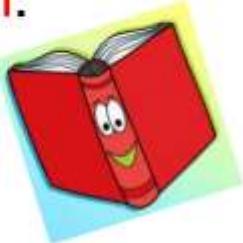
Songs and stories for Pentecost* and the Jubilee

An hour of play, stories, songs and crafts for under 5s
and a chance to chat for grown-ups.

Please join us in the church hall on
Tuesday 31st May at 3.15pm.



ALL WELCOME



Any questions contact 616284. We will have a few activities for older siblings too.

* Pentecost is the Christian celebration of God's Spirit coming to help people



PLATINUM JUBILEE DEAL

**ONLY £7 PER APPROX. 30KG BOX OF
CARDBOARD BRIQUETTES!**

**FIND THE 'CROWN JEWELS' WITHIN ONE
MYSTERY BOX TO WIN ANOTHER BOX FOR FREE!**

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charities, local

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GROUPS, CLUBS & ORGANISATIONS

NORTH ISLES SPORTS 2022

SANDAY - SATURDAY 18 JUNE

WE NEED YOU - ATHLETES AND VOLUNTEERS!

For those who have moved here relatively recently or would like to know a bit more about the annual community-led event, please read on. Each June either Stronsay, Sanday or Westray is the host island for a sociable (but competitive!) day of athletics and team sports. Orkney Ferries provide a special timetable on the day to allow travel between the isles, encouraging as many visitors as possible. Papa Westray, North Ronaldsay and Eday also take part.

Points are awarded to the school and adult sections, with a winning island for each section as well as an overall winner. Two competitors from each island may take part in each event. The day begins with a welcome, accompanied by soup and sandwiches, after which the sports begin. Later in the afternoon, tea is provided, prizes are presented and often, a sports dance is held to round off the day.

Athletics events are 100m, 200m, 400m, 1500m, 4 x 100m relay, long jump, high jump and shot put. In recent years there have been primary events too (not counting towards school points). Netball and football follow, with the Men's Tug o' War as the final event of the day.

There are rules for eligibility to participate – you must either have lived on the island for which you are competing for the 3 months prior to the event, lived on the island for 10 years, or been registered on the island at birth. Rules and routines are reviewed regularly by representatives from all the islands who come together for meetings – handicaps change according to school numbers for example.

It is a tradition where sustainability is extremely important. As well as helpers on the island, Active Schools and volunteers from the mainland do a lot of the organising and officiating. Anyone who would like to be involved in any way, please contact Mairi Dennison at the school. It would be great to see as much enthusiasm for all the events as there is for Tug o' War - it's only 2 months away!

PEEDIE LIBRARY - WEDNESDAY 1ST JUNE

The next peedie library will be held on Wed 1 June from 2.30-4pm at the Kirk hall.

Refreshments provided.

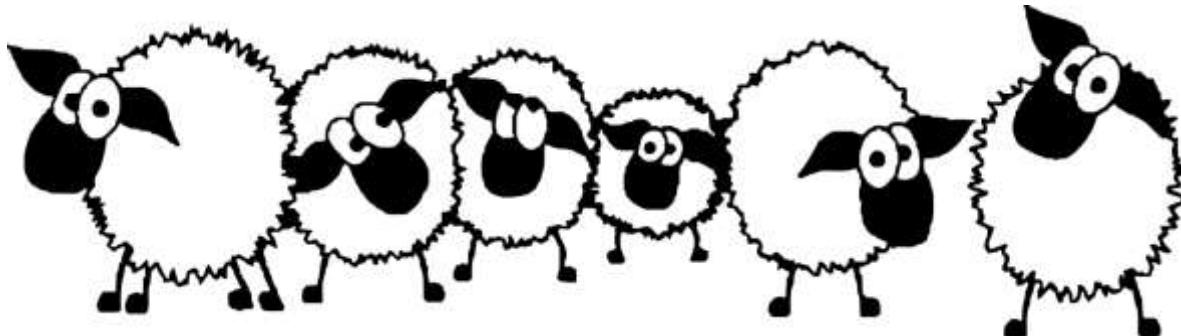
Come for a browse of our books and enjoy a blether with friends

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Stronsay Stitchers



May 2022
Thursday 26th May, 7.00pm-9.30pm, Church Hall.
£2/person, please bring your own refreshments



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GROUPS, CLUBS & ORGANISATIONS

Community Research Coordinator Job

Seas of the North Isles

Are you outgoing and friendly?

Do you like to bring people together in your community?

Do you enjoy local history and capturing the stories of the isles?

Can you use Microsoft Word and email?

Wessex Archaeology are currently looking for a Community Research Coordinator on your island as part of the Seas of the North Isles project for the North Isles Landscape Partnership Scheme. The topics will be **Maritime Cultural Landscapes** and **Shipwrecks**.



The research can include traditional archival research, looking through old collections of local newsletters or advertisements, learning from older members of the community about disappearing knowledge and traditions, cataloguing items or parts of wrecks that have washed ashore / were taken ashore historically/ been used in buildings etc.

Wessex Archaeology will run a research training session on each island at the start of each topic.

The job is flexible, can fit your schedule and will involve half days/ evenings between June 2022 and January 2023.

For the Job Description please email Natalia Bain at nilps.sea@wessexarch.co.uk

The closing date for applications is June 3rd 2022.



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NORTHVET
VETERINARY GROUP

FLOCK HEALTH CLUB

A HEALTHY FLOCK IS A PRODUCTIVE FLOCK

GREAT VALUE!
Annual membership: £180
(or £15/month)

THE AIMS OF THE HEALTH CLUB ARE:

- To provide advice to members regarding their flock health.
- To gather data to benchmark the flock and identify problem areas.
- To increase flock productivity by planning preventative treatments through the year to reduce losses.
- To create a community of like-minded sheep farmers, for mutual advice and support.



WHAT IS INCLUDED?

- 2 x vet visits per year - health plan visit & pre-lambing visit
- Free participation to members' only events
- Discount on Faecal Egg Counts (10%)
- Discount on fees (10%)
- Flock-tailored parasite control plan

For more information:

- phone 01856 873403
- email info@northvet.co.uk
- speak to our vets

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GROUPS, CLUBS & ORGANISATIONS

FISHMART CAFE SUMMER OPENING TIMES

(April-September)

Monday **CLOSED**

(Breakfast only served from 7am - 10am on weekdays)

Tuesday **7am - 4pm**

Wednesday **7am - 4pm**

Thursday **7am - 4pm**

Friday **7am - 4pm**

Saturday **9am - 3pm** **(Breakfast served all day)**

Sunday **11am-2:30pm** **(Breakfast served all day)**

MOBILE LIBRARY VAN VISITS IN 2022

20 June, 15 August, 10 October, 28 November

For further information go to web page <https://orkneylibrary.org.uk/mobile-library>,
email library@orkney.gov.uk or telephone 01856 873166.

Winter	Council Houses	8.45	-	9.45
	School	10	-	12
	Kirk	12.45	-	3
	Fish mart	3.15	-	4.45
<hr/>				
Summer/Refit	Council Houses	9.25	-	10
	School	10.15	-	12
	Kirk	12.45	-	3
	Fish mart	3.15	-	5.30

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GROUPS, CLUBS & ORGANISATIONS

STRONSAY HEALTHY LIVING CENTRE

After the recent changes to the Scottish Government COVID-19 guidance Orkney Islands Council have reviewed the procedures for the Healthy Living Centre. The following procedures now apply:

- 5 people can use the gym at any one time.
- The previous buddy system has still to be reinstated as the gym needs to be fully cleaned after each use.
- The opening hours are as follows:
 - Monday 18.00 - 18.45
 - Tuesday 18.00 - 18.45
 - Wednesday 11.00 - 11.45 and 17.30 - 18.15
 - Thursday 17.30 - 18.15
 - Friday 11.00 - 11.45 and 17.30 - 18.15
 - Saturday 10.00 - 10.45
- Booking need to be made 24 hours in advance either through the council website or by emailing stronsay.hlc@glow.orkneyschools.org.uk.
- Memberships can still be purchased or patrons can pay as they go.

There may be a little flexibility around opening times but these need to fit around the availability of Andy and Bill. Any further updates will be communicated through the Limpet and the Stronsay FaceBook page.

Thank you for all your support.
Bill Hodgson

STRONSAY COMMUNITY ASSOCIATION

Why not hire the Stronsay Community hall? We have a kitchen and fully licensed bar, with two large halls and a small meeting room; perfect for weddings, parties, games, meetings and much more!

- Disco equipment
- Table tennis
- Badminton
- Air hockey
- Pool Table



For more information & bookings contact Anne-Maree Carter (Tel: 616263 or Email: annemaree.carter@btinternet.com)

Rooms for hire from only £2 per hour plus hydro charge.

Adult supervision (over 18) must be present during hire.

Find us on Facebook <https://www.facebook.com/hallcommittee>

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CROSSROADS ORKNEY

and



We would like to help ease the loneliness and difficulty of lockdown for Dementia sufferers and their carers at home. We have a variety of puzzles, crafts and activities which we can post or deliver. All free of charge. If you know someone who could benefit from this or wish more information please call Crossroads 870500 or Lorna Reid 781329



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GROUPS, CLUBS & ORGANISATIONS

SWIMMING POOL NOW OPEN

Good news! The swimming pool reopened on Saturday 26th March.

Monday	Public session 6:30-7:10	Adult lane 7:10– 7:50
Thursday	Private hire 6:30-7:10	Public session 7:10-7:50
Saturday	Private hire 2-2:40	Public session 2:40-3:20

Charges - Adults £3, Children £1.50, Private Hires £15.

Note - pool will not be open 2nd April.

Maximum 12 in the pool.

To book a private hire phone Elsie on 616238.

LIFEGUARDS WANTED!

Stronsay swimming pool is looking for enthusiastic, reliable and conscientious people to become part of the pool team.

We will train you using the national standard RLSS National Pool Lifeguard Qualification and in return all we ask is you help us keep our small pool open and sustainable.

The ability to swim and a degree of fitness is required before you start your journey into 'lifeguard life'.

Interested parties should contact Andy Rose: email andyrose85@btinternet.com, phone 01857 616277 or mobile 07769 689 310

OVERSEERS WANTED

Looking for reliable overseers for the swimming pool reopening please! Previous volunteers welcome. Involves taking payment, handing out bands, helping with evacuation procedures etc. Contact Mairi Dennison via Facebook messenger or tel 616331.

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GROUPS, CLUBS & ORGANISATIONS

HANDY EMAIL ADDRESSES:

Ebenezer Stores stronsaystores@gmail.com

Olivebank m.williamson1@btconnect.com

Stronsay Hotel cjdbuk@gmail.com

Fishmart café fishmartcafehostel@gmail.com (re-opens 3rd Feb 2022)

For telephone numbers see the back page of this edition.

TIMETABLES

[Loganair 20 Feb 2022 to 29 Oct 2022](#)

[Orkney Ferries 8 May 2022 to 31 July 2022](#)

OUR LADY'S CHAPEL, PIERHEAD NOW OPEN FOR PUBLIC MASSES

Our Lady's Chapel on the pier is now open for public Masses
with the permission of the Bishop of Aberdeen.

Mass times are as follows:-

- Sunday & holidays: 11am
- Tuesday: 8.00am
- All other days: 11.20am

GOLGOTHA MONASTERY, PAPA STRONSAY DAILY STREAMING BROADCAST

There is a daily streaming broadcast from Golgotha Monastery, Papa Stronsay.

<http://www.papastronsay.com/live>

The broadcast runs from 4pm – 7pm (the times shown are approximate):

- 4pm Short talk by one of the priests.
- 4:30pm Recitation of the Rosary.
- 5pm Mass.
- 6pm Further prayers and office of the day.

STRONSAY KIRK

Weekly service at 11am.

Minister—Rev David Locke, phone 616284.

Stronsay kirk's website:

<http://www.orkneycommunities.co.uk/stronsaykirk>

Stronsay kirk's Facebook page:

<https://www.facebook.com/groups/1553904828107651>

Announcements by charities, local groups, clubs and organisations are FREE!

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Contact details for the *Limpet* are on the back page

GROUPS, CLUBS & ORGANISATIONS

Sunday 22nd May 2022

The Manse, Stronsay KW17 2AF **KIRK CORNER**

DLocke@churchofscotland.org.uk

01857 616284



Hello again everyone.



We live on a wonderful, exciting, lovely and sometimes challenging island, and its joys become so much clearer to me as summer develops. But could we get even better?? Stronsay Parish church [Moncur Memorial], working with the Natural Wellbeing project, is leading a survey questionnaire of the community: **what improvements does our Community in Stronsay need?; what can Stronsay's Moncur Memorial Church or the Natural Wellbeing Project help with?**

Together, we are trying to clarify what services, projects, initiatives or help does our community need, or need improved.

For this we have gained business support through the Scottish Government Accelerate programme, being delivered by Community Enterprise. The support will help us to explore how the church or Project can best develop in serving the community.

Our church is here to offer both spiritual support and practical care to all who want it, of any age on our island. The Natural Wellbeing Project which is run through the [Stronsay Development Trust](#), aims to implement initiatives, using the nature of our remote and rural landscape to improve wellbeing by being physically active, learning new skills, connecting with other people, giving back to others, and being in the moment (mindfulness). Please fill in this survey either by hand, or online through Survey Monkey by following this link : <https://www.surveymonkey.com/r/StronsayCommSurvey>

The deadline for completing the forms is 4th June. Your thoughts will help us to plan ways forward in the best interest of the whole community, and ideas identified would be taken forward in consultation with others. If you have any questions about this survey or the scope of the work, please contact kate@communityenterprise.co.uk, or any church leader or Louise at the Wellbeing project. Paper copies of the survey can be provided by Kate or are available through the church, and returned to any organisation leader. Survey responses will be gathered and collated using Survey Monkey and analysed by Community Enterprise, with results passed to both the church and the Wellbeing project

As to other news, there will be **no church service here on Sunday 12th June..** I hear you groan with disappointment!! Its for a good reason - **we can all go across to Westray for a fun day out** starting with an informal church service for all ages at Westray church along with folk from Westray and Papa Westray. Church will be followed by lunch of soup and sandwiches and a cuppa and then free time exploring.

(continued on next page)

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The Westray congregations are very much looking forward to hosting us, and anyone from our island is welcome. Its the day that the ferry goes direct to and from Westray from Stronsay, departing here at 10.50, and arriving Westray at noon. we leave Westray at 4pm back here just after 5. Westray church will sort out car lifts for anyone if you let me know you intend to come. They will also organise something to do for those not wanting to go off by themselves eg to visit relatives - maybe visits to the castle, Heritage Centre or play area for children if the weather is good. All welcome

The Queen's Jubilee celebrations are being planned for the holiday weekend of 3rd-5th June, and your church hopes to play its part. It's also the traditional weekend of Pentecost when we celebrate the availability of the Spirit of Jesus for anyone, and the church is planning events to combine the spirit of Jubilee and Pentecost. We also hope on Tuesday afternoon 31st May to have another of our songs, crafts and stories times for under 5s, see poster on page 34.

I am conscious the financial situation facing our country and so many people, is getting worse week by week- the church will be praying especially for those most in need. May God bless you all over the summer months with spirit and strength to face whatever lies ahead.

David Rev David I W Locke.MA M.Sc., BD

ADVERTISE YOUR EVENT!

If you are planning to hold an event on Stronsay then why not use the free publicity available from the Limpet, the editor's contact details are on the back page of every edition of the [Stronsay Limpet](#). You can advertise in the monthly editions of the Limpet and your event can be publicised via the Stronsay Limpet email list. It's always a good idea to check the [Visit Stronsay calendar](#) when planning an event, could avoid embarrassing clash of dates.

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USEFUL INFORMATION

POST OFFICE OPENING TIMES etc

Monday to Saturday 8:30am—5:00pm
Sunday Closed
Post collection times 07:30, Monday to Saturday
Special collection 25 July 2022
Island Link Officer..... Fishmart office 10 to 12 on Tue, Thu & Sat. Phone 616475
SDT Office Wood's Yard 10am - 11am Mon-Fri. Phone 616410
Sunday service at the Kirk ... Weekly service at 11am
Our Lady's Chapel, pier head Mass: Sun & holidays 11am, Tue 8am, other days 11.20am
Weekly rubbish collection Tuesday (bags out by 8am but not on the night before!)
Recycling skips nearly full? .. Send email to at recycling@orkney.gov.uk

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

Airy Fairy	616231	Silver Darlings	616412
Castle Bird Reserve	616363	Star Island Soap	616281
Community council	616446	Stranded seals, etc	616207/206/498
Companions Club	616352	Stronsay Band	616335
Craftship Enterprise	616249	Stronsay Hotel	616213
Doctor	616321	Taxi	616335
Ebenezer Stores	616339		
Ebenezer Oil Heating ...	616207	Balfour hospital (24/7) ..	01856 888000
	<i>or</i> 07500 682 867	Dentists:	
Fish Mart	616401	Daisybank Clinic ..	01856 870547
Golgotha monastery....	616210	Deyanov Dental ...	01856 877118
	<i>or</i> contact@the-sons.org	King Street	01856 888258
Hairdresser	616337	Orkney Dental	01856 872030
Hall bookings	616263	Electricity	
	<i>or</i> annemaree.carter@btinternet.com	general enquiries	0800 048 3516
Island Link Officer	616475		<i>(lines open Mon-Fri 8am-5pm)</i>
Kirk secretary	616238	problems (24/7) ...	0800 300 999
Limpet editor	616297	power cut (24/7)...	105
Medical emergency	616321	Highland Fuels	01856 873766
Neil's on Wheels	07723 304 260	Kirkwall Library	01856 873166
Manse	616284	Police (non urgent) (24/7)101	
Nurses	616321	Scottish Fuels	01856 873105
Olivebank	616255	Vets:	
OIC out of hours	01856 873535	Flett & Carmichael .	01856 872859
Post Office	616499	Northvet	01856 873403
Red House Plants	616377	Water problems (24/7) ..	0800 0778 778
Registrar	616239		
School	616246		
SDT office	616410		

HOW TO CONTACT THE *LIMPET*

Send an email to editor@stronsaylimpet.co.uk or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page