

STRONSAY LIMPET

Funded by the Stronsay Development Trust

ISSUE 192 - June 2021





GP & COMMUNITY NURSE ROSTER

The latest available roster for the Doctor and the Community Nurse can now be found on the Stronsay Limpet's website at https://stronsaylimpet.co.uk/RosterGPandNurse.html

WELLBEING WEEK 21-28 JUNE

Walks, Tai Chi, wild swimming, cycling, games, foraging, etc. For details of all the events see the advert in this edition of the Limpet

STRONSAY SURGERY—USE OF 616321

This is a reminder that the surgery telephone number is only accessed between the hours of 9-12 and 1.30-4.30pm. Out with these hours the calls are automatically transferred through to Balfour Hospital switchboard. We have been advised that the switchboard are receiving an increasing number of calls between 12-1.30pm (Katrina's lunch break) which is adding to their workload. Please can we request that routine surgery calls are only made when our reception staff are here to respond to them. Please only phone out of these hours if your call is urgent and you are needing to page the Doctor or Nurse.

Thank you, Stronsay Surgery

FUTURE READY FUEL REPLACEMENT FOR HEATING OIL

https://www.futurereadyfuel.info/how-you-can-help-us

TAKE THE SURVEY

https://www.surveymonkey.co.uk/futurereadyfuel

ROYAL BANK OF SCOTLAND

No Royal Bank of Scotland visits until further notice. There are 2 dedicated tel numbers: 0800 051 4177 for anybody in isolation and 0800 046 6734 for all NHS staff

Both lines are open 8-8

ADVERTISE YOUR EVENT!

If you are arranging an event on Stronsay then why not use the free publicity available from the Limpet and from the Visit Stronsay website <u>visitstronsay.com</u>? Just contact the Limpet's editor (contact details are on the back page of every edition of the Limpet)

The next edition of the <u>Limpet</u> will be published on <u>Thu 29 July</u>. Items for inclusion in that edition should be submitted by 7pm on <u>Sun 25 July</u>. Contact details are on the back page. The Limpet's website address is http://www.stronsaylimpet.co.uk



THE LIMPET'S EMAIL LIST

The Limpet email list has had to be rebuilt from scratch. If you are not receiving your usual Limpet emails and wish to do so please contact the editor—see contact details on the back page of this edition of the Limpet.

Recognising Coronavirus (COVID-19) Symptoms



Symptoms	Covid-19 Symptoms range from mild to severe	Flu Rapid onset of symptoms	Cold Gradual onset of symptoms
Fever (37.8C or above)	Common	Common	Rare
Fatigue	Sometimes	Common	Sometimes
Cough	Common (usually dry)	Common (usually dry)	Mild
Sneezing	No	No	Common
Aches and pains	Sometimes	Common	Common
Runny or stuffy nose	Rare	Sometimes	Common
Sore throat	Sometimes	Sometimes	Common
Diarrhea	Rare	Sometimes (for children)	No
Headaches	Sometimes	Common	Rare
Shortness of breath	Sometimes	No	No
Loss of taste or smell	Common	No	Sometimes

RECENT BIRD SIGHTINGS

Once again there have been a few unusual migrants in late May and early June, but which species we are likely to see is always impossible to guess. An Icterine Warbler was seen at Lower Samsons and a Quail seen in flight near the Rothiesholm School. There was then a Red-backed Shrike along the Cleat Road and a Marsh Harrier at the Meikle Water, but the most unusual sighting was of a Stone Curlew at Holin where it flew across the road towards the Kirk but was not seen again (JH heard a Stone Curlew's distinct 'winnowing' call in the area a couple of days prior to the sighting).

Donald Omand had further sightings of Crossbills at Lower Samsons and I enjoyed a second sight of a Quail along the Airy Road where it rose from the grass field alongside the car and flew on for 30 yds or so before dropping back into cover. 2 sightings of Quail in flight in the same decade would be rare here - hearing their rapid liquid 'wick-wick-wick ' call - not so difficult! The 'rhythmic' noise travels a great distance.

The low number of Greylag Geese this summer has given a much-wanted boost to other ground-nesting species. Although generally regarded as a 'moorland' bird the Curlew here have nested in the fields of grass in good numbers (about 1pr per 20 acres) since silage became the preferred winter-feed for livestock here in the mid-seventies. The parent Curlew have their young up and running before cutting begins.

One minus - there seem to be far fewer Pied Wagtails this year - or are we just missing them on our trips round the roads?



Female Red-backed Shrike – 100yds range along the Cleat Road.



This Quail was found dead on Fair Isle around 1980 - a challenge for my limited taxidermy skills!

(Not much bigger than a Skylark but with 'fuller, more rounded wings' – very noticeable in flight)

STEPHEN CLACKSON'S LETTER FROM SCHOOL PLACE (STILL FROM WEST MANSE)

Keeping the folk of the North Isles ward informed — with Orkney's only councillor newsletter

On 5th June, Orkney moved to COVID-19 Level 0. Despite its misleading name, Level 0 does **not** mean ZERO LEVEL! There are still restrictions, see: https://www.gov.scot/publications/coronavirus-covid-19-protection-levels/pages/protection-level-0/



© MMXX Ælfleda Clackson, student at the Münster School of Design (www.aelfleda.com)

Although most of Orkney's summer agricultural shows have been cancelled again this year, the Sanday Show is an exception. However, in keeping with the Covid restrictions, it'll be a low-key outdoors event limited to the local community. Nevertheless, I'm delighted to see it going ahead, especially to give our new islanders a taste of what Sanday is like in normal times.

Since the 14th June, passengers on Orkney Ferries have been enjoying significantly cheaper fares. Furthermore, my pre-notified amendment and my appeal (a little of which was broadcast on BBC Radio Orkney) at the Special General meeting on the 31st May paved the way for a supportive further amendment by Cllr Rob Crichton, which safeguards, for the forthcoming financial year at least, the books of 50 tickets at their former price. This ensures no rise in travel costs for commuters based (predominantly) in the inner isles. The Development & Infrastructure Cttee must now go back to the island communities and carry out a sufficiently in-depth consultation, take heed of what the people say, and explore options such as an "islander rate".

The 22nd June marked the first anniversary of the wearing of facemasks becoming mandatory on Orkney Ferries' vessels. Under COVID-19 Level 0, this, and the social-distancing rules, still remain in place, preventing, for example, ferries from lying out overnight in the Isles, which is why this year's summer timetables are as they are. None-theless, there are Sunday excursions this summer, and I'll be making use of some of them to re-establish face-to-face contact with my ward constituents.

(continued on next page)

Speaking of such contact, we held a rare face-to-face meeting in Kirkwall to discuss Council priorities for the next 12 months. Other, virtual, meetings I've attended include those of the Orkney College Management Council; Development & Infrastructure Cttee (by invitation); Education, Leisure & Housing Cttee; Monitoring & Audit Cttee; Orkney Health & Care Cttee (OHAC); Orkney Ferries Board; a North Isles catch-up; a discussion about piloting a home-improvement grant scheme in the Isles; and a session with Stephen Brown, the new OHAC Chief Executive. Online in the Isles, I've "been" to meetings of the following community councils: Shapinsay; Papay; and Rousay, Eglisay, Wyre & Gairsay; and to a meeting of Westray Parent Council, at which members (some her former pupils) wished Miss Helen Lumsden a happy retirement after 37 years teaching there.

The 30th June is the deadline for applying for the EU Settlement Scheme and "Settled Status" as an EU, EEA or Swiss citizen resident in the UK. If you require help or need advice, contact the Orkney Senior Registrar on 01856-886333 or e-mail: chief-registrar@orkney.gov.uk. You can also ring the EU Citizens helpline: 0800-916-9847. I have requested the OIC Chief Executive to check whether there are any children, vulnerable adults or elderly people in Council care who might be required to apply for "Settled Status" and need assistance to do so. (One of a councillor's statutory roles is that of "corporate parent".)

A forthcoming deadline, which may seem distant at this stage, is the requirement by February 2022 for all dwellings to have interlinked fire/smoke/heat alarms installed. Isles' community councils and development trusts might consider how they could help island residents to achieve this, e.g. through advice, grants, or bulk purchase to keep the unit cost down. Details of the new mandatory standards can be found here: https://www.gov.scot/publications/fire-and-smoke-alarms-in-scottish-homes/

I was delighted to receive a visit from my colleague, Councillor John Ross Scott. Here is a photograph (by Kris Leask) of us enjoying some fish 'n' chips at the Kettletoft Hotel, whilst discussing how we can work together to drive out dysfunctionalities from OIC.

Stephen

Cllr Dr Stephen Clackson, West Manse, Sanday stephen.clackson@orkney.gov.uk

You can download Letter from School Place from Ifsp.pbworks.com

Records of a bygone age

The 'Improving Lairds' and the Learmonths of Housebay: Robert, followed by his son Donald Horne Learmonth. Part 1

Orkney's agricultural sector has a well justified reputation for having outstanding, well-run and highly productive farms producing excellent crops of grass and grain, and for rearing cattle and sheep second to none.

This wasn't always the case however, and an article in the 'Quarterly Journal of Agriculture' of September 1839 reports on the inferior standard of agriculture, and in particular of ploughing, in Stronsay at that time: "Although there is no such implement now to be seen as the old Orkney side-plough, yet, with the exception of the best farmers and proprietors, the implements are still very deficient, and the lands very ill ploughed. Some of the soils are coming into better management, and after being deeper ploughed, which turned up the fresh soil, produce good crops."

The local Lairds, most of whom for centuries past had taken what they could from land and shore with little thought to the future of the land or those who eked a living from it, were slowly coming to realise that better farming practice and better farms would give their tenants a better standard of living and, ultimately of course, increase their own profits! These 'Improving Lairds', as they came to be called, encouraged their tenants to take on long-term leases and to make lasting improvements to the lands and buildings of the farms they leased.

As part of this process, many of the Lairds began to look to the Lowlands of Scotland, particularly the Lothians, as an example of best practice, employing advisors and managers from that area and importing and utilising the latest farming practices from there. One of these forward-thinking lairds was George Traill of Hobbister, who owned several farms in the North Isles, including the estate of Housebay, which at that time consisted of much of the southern end of Stronsay as well as the island of Auskerry - well over 1200 acres in total.

In the early 1840s the tenant in Housebay, due in some part to age and infirmity, had let the farm become quite neglected and run down, with the result that he struggled to pay his rent and was eventually declared bankrupt. With an eye to the future, Mr Traill decided to look for a more ambitious tenant to take on the farm and to put some of the new farming ideas and practices in place there.

The John o' Groat's Journal of Friday 10th February 1843 carried an advert for the let of the estate, consisting of the farms of Housebay, Cleat, Scarpaquoy and Arifea, along with the island of Auskerry, and highlights the desire of the owner to encourage his tenant to make improvements to the farm in the following terms:

"To a tenant of capital these Farms afford an opening seldom to be met with, possessing the advantage of an excellent soil and an inexhaustible supply of sea-weed and shell sand for manure, of easy access along the shores for the distance of one mile, being the southern boundary of the lands. The shore also affords an abundant supply of small stones for drainage. If let in one farm, the extent will about 600 acres arable and 620 acres of pasture, reserving the remainder for the Cottagers. The Proprietor, whether these lands are let together or separately, will give every necessary encouragement to the Tenant for bringing the Lands into a proper state of cultivation, as well as for their comfortable occupation, in making allowances for Ditching, Draining, Fencing, and for Offices."

The previous rent for Housebay had been £200 but, with the offer of support for making improvements to the farm, the Laird was now asking an annual rent of £350. Some time later, with no suitable applicant to be found as tenant, Mr Traill's attention was drawn to Robert Learmonth, who had been born and raised on a farm near Haddington in East Lothian

and had gone on to study agriculture at college near there. Robert, along with his wife Janet had moved to work on the estate of Lynegar at Watten in Caithness, where Janet had given birth to three sons and a daughter but sadly Janet had died at the birth of their third son in 1835. Subsequently, it appears that the Board of Agriculture offered Robert a post as the first Agricultural Adviser in Orkney and, with several recommendations as to his suitability, this led to his being approached to take on the management of Housebay. Although Robert had little funds to buy any stock or equipment at the time, an arrangement was to be reached whereby, if he was successful in the management of the farm, he would be given the opportunity to gradually take over the tenancy. As far as I can gather, in 1845 a partnership consisting of Donald Horne (an Edinburgh based lawyer who was a mutual friend of Robert Learmonth and George Traill), Miss Horne Macleay and Alexander MacLeay, the latter two being relatives of Donald Horne, took on the lease at the originally requested annual rent of £350. Robert, along with his four children, moved to Housebay soon after to take up the post of manager on their behalf.



The farm of Housebay as it is today

It seems Robert really hit the ground running! One of his first acts was to replace all the old and now obsolete ploughs with the modern Scots swing ploughs which, with their deeper and more consistent ploughing action, immediately helped boost yields of cereal and root crops. That, coupled with making good use of farmyard manure by spreading it liberally on the fields for cultivation, applying large amounts of the locally available 'ware' (seaweed) washed up in abundance on the shore and spreading shell sand, with its high lime content, on the fields was soon to show its effect on the fertility of the land. Robert also had no qualms about importing manures such as superphosphates and bird guano to boost fertility and yields.

In addition to improving the land, Robert also rapidly moved away from the smaller native breeds of cattle and sheep, importing good quality Shorthorn cattle and Halfbred sheep from the Lowlands as the basis of his livestock enterprise.

Just ten years after the derogatory comments about the state of farming in Stronsay contained in the 'Quarterly Journal of Agriculture', an article in the 'Scottish Farmer' paints a very different picture. We are now told that, in Stronsay, much is well farmed and Housebay and Holland in particular are singled out to be "uniformly of the finest quality of deep land, a good clay loam, and they are farmed in a style that cannot be surpassed anywhere in the kingdom."

(Continued on next page)

As time passed Robert continued, with the full backing of the owner, to plough out more of the rough pasture; Fields were squared off and enclosed by wire fences, drystone dykes or, in some cases, by 'flag fences' (large, flat stone slabs set into the ground on their edge to form a continuous boundary); ditches were dug, fields drained and new purpose-built 'offices' (the term at the time for the farm steading and farmhouse) constructed to replace the obsolete buildings and make for more efficient working.



A flag fence, still in remarkably good condition after more than 150 years.



Part of the 'March Dyke' boundary between Housebay and Holland.

With the land now being well fed and better cultivated, the benefits were soon evident, with crops of turnips in particular noted as being second to none - and Housebay was now regularly growing 150 acres of them each year! Cereal crops too were profiting from these improvements, with better quality and higher yields of both straw and grain soon apparent in the bere and oat crops being grown. All the turnips and straw, along with some of the grain, was utilised for the livestock over the winter, while some of the bere and oats were dried and ground into meal for human consumption, an allocation of this meal being an essential part of farm worker's pay at the time. Although self-sufficiency was the first priority, surplus grain was exported and proved to be a valuable source of additional income from the farm.

In 1851, when the quality of oats was measured by their bushel weight and a usual weight would be in the region of 35 to 38 lbs a bushel, a part of the oat crop from Housebay was sold at Leith with a bushel weight of 42 to 43 lbs per bushel, a good indicator of the quality of the grain crops now being grown. The following year this success was being shown in other ways too, with two Housebay bred steers carrying off 1st prize at a fatstock show in Linlithgow.

Robert was soon to achieve his ambition of becoming a partner in the tenancy and, very soon after, he was in a position to take on the full tenancy; a remarkable achievement for someone starting off with little or no capital. This wasn't without cost however! As well as purchasing all the stock and implements needed for running the estate, by the time Robert had taken over the full tenancy the rent was no small consideration each year. Robert was in a

(Continued on next page)

way a victim of his own success; as more investment was made into improving the farm and profits increased, so the rent gradually increased too!

In 1865, there were 3,668 individual farm or croft tenancies recorded in Orkney, with rents varying from five shillings for the smallest croft to several hundred pounds for the larger farms and estates. Of these 3,668 holdings, only 49 of them had a rent in excess of £100 and of these Housebay, at 1240 acres and with a rent of £600 a year, had the dubious distinction of being the highest rental farm in Orkney.

His success on the farm continued, with the 1861 census recording Robert as an employer of 31 labourers and 4 boys. It was noteworthy in the local press of April 1866 that Robert shipped off by steamer a consignment of '130 cattle, chiefly fat, with some milk cows, upwards of 30 fat pigs (alive), and 44 very superior sheep', a huge amount of stock for one farm at that time. He continued to achieve top prices for his cattle, sheep and grain and, in 1867, it is recorded that he sold a batch of 19 2-year-old cattle at £21 a head, with a lot of 31 the same age making £20 a head the following year.

Not only was Robert Learmonth good for Housebay, he was also good for Stronsay as neighbours looking over the dyke soon see what is happening, good or bad, on the other side and were quick pick up these new ideas and practices. Robert was a very approachable man who was always willing to pass on his knowledge of farming and give advice freely when it was sought. This was recognised by the whole farming community on the island when a celebratory dinner was held in his honour in 1857 'in testimony of their respect for him as a skilful and exemplary agriculturalist, and of their gratitude for the example and incitement to improvement which his skill and enterprise has afforded'. Quite an event by all reports, but more about that in a future article!

Although enjoying the support and acclaim of his fellow farmers, his family life was, it appears, less harmonious at times. To help look after him and his young family when he arrived at Housebay, Robert employed the services of one of the farm servants, a young Irish milkmaid named Catherine Angus, as his housekeeper. This must have been quite a successful appointment as the following year, in August 1846, they were to get married! Robert was 44 at the time of their marriage while his new bride was only 22 and that, as one of his descendants remarked, was to put the fat in the fire! Robert and Catherine went on to have six children of their own and it seems Catherine was quite possessive, apparently now having little time for any of Robert's first family.

Of the three sons by his first marriage Robert, the oldest son, emigrated to Ohio, USA and never had contact with his father again while the youngest son, Alexander, left and took on the tenancy of Millfield in Stronsay. Middle son John also went to the USA for a time but later returned to Housebay, marrying a Stronsay lass and raising a family there. With Robert having no contact with his father, John should probably now have been seen as 'heir apparent' but it seems he was seldom regarded as anything more than one of the farm servants. Sometime around 1873, with John's father Robert's health failing, John had what was termed 'a severe dispute' with his stepmother and left Housebay that same day, never to return. He and his family moved to the cottage of Hunday for a short time but soon after he was appointed manager of New Holland in Holm, then moving to Holland in Papa Westray as farm manager for the Traills there. He later became a farmer in his own right on Mainland Orkney. Robert's 4th child, his daughter Margaret, married a son of the Manse and they also emigrated, heading off to Ontario, Canada.

Part 2 will be in next month's Stronsay Limpet. Ian Cooper June 2021

DISPLAYS AT CLEAT

(Photographs by Roger Neville-Smith)

Sheena has an expanding range of charming displays at Cleat and is happy to have folk viewing them. Start at the shed outside Cleat Cottage





(More photographs on next page)





(More photographs on next page)







THANK YOU! STRONSAY CHURCH SALE

We would like to pass on our grateful thanks to Andrew and Ruth King for donating so much of their surplus household items to the Church sale on Saturday.

Also a huge and sincere 'Thank you' to all who helped organise and run the sale and to everyone who came along and bought goods, raffle tickets and stopped for a cuppa and a chat.

Your support is greatly appreciated and we're delighted to say that we raised in the region of £740 in aid of Church funds.

HELLO TO STRONSAY!

I'm looking for the possibility to either buy a traditional stone built bungalow - with or without outbuildings

OR

To rent somewhere to live until a property becomes available. I'm not too picky a caravan, small house, room (with access to kitchen and bathroom) or may even consider a boot! Hey joke, unfortunately wouldn't fit into a boot! Maybe long or short term, would be grateful if someone on the great island of Stronsay could please possibly help!

Look forward to hearing from anyone, who may have any of the above - (or may know someone who might).

Contact Paul on mobile 07802 426992 or email pauwat1@gmail.com.

Items on this page are free!

WANTED

Hi there, I just wondered if rental property with land is available on the island at all? Looking for a place on the islands for myself my five year old daughter and our animals. We are looking at properties to buy too but should we be able to rent that would speed up our progress. I work from home so can live anywhere but a rural place with plenty of space and some land around it is what we are looking for. I am registered with agents but there seems very little available.

Many thanks.

Anna Holland (annacholland@icloud.com, Scottish Borders)

WANTED

Shorefront piece of land/barn/small house, must be secluded. For Ross-shire crofting couple looking to relocate. We need 2+ acres as we have livestock but would be very happy with just a field that we would look to get planning permission on. Any help would be greatly appreciated. Cash waiting.

Please contact Malcolm and June Purvis on 01445 731681 or email purvis193@gmail.com

THANK YOU!

Many thanks to everyone who supported our barn sale in aid of Prostate Cancer UK. We have since sold a painting by a local artist, which raised an additional £25.00, making the total £341.30.

We wish all of you a happy, healthy and enjoyable summer.

Donna and Dom.

(see letter of appreciation from Prostate Cancer UK on next page)

THANK YOU

You may remember a survey sent from Frideswide Clackson in connection with her Scotish Baccalaureate Science project "The Value of having a Helipad at The Balfour Hospital in Kirkwall, Orkney". Her report has been submitted and the result is awaited. A copy of the report is at http://stronsaylimpet.co.uk/HelipadReport20210604.pdf

Items on this page are free!



Fourth floor The Counting House 53 Tooley Street London SE1 2QN Telephone 020 3310 7000 Fax 020 3310 7107 Infogprostatecanceruk.org prostatecanceruk.org



Mr Dominic Blyth St. Catherines Stronsay ORKNEY KW17 2AN



03 June 2021

Dear Mr Blyth,

Thank you so much for your donation of £316.30 - your gift will help us save men's lives.

You've probably heard that prostate cancer is now responsible for more deaths each year than breast cancer. But we have a plan to halve the expected number of deaths from prostate cancer by 2026. We're investing heavily in research. And through shifting the science and focussing on radical improvements in diagnosis, treatment, prevention and support, we can turn things around.

Your donation will help our plan to tame prostate cancer by 2026.

We're working to make sure all men have access to the best methods of diagnosis; to give doctors new ways to catch the disease before it's too late; and to find the weak spots in each man's cancer so they know how to attack it. We know what needs to be done, we know how to do it, but we still have a long way to go. Your donation can help us get these vital pieces of work over the line.

So I'd like to say a huge thank you for your support and I hope you'll keep working with us to stop this disease in its tracks.

Best wishes,

Dr Matthew Hobbs

Deputy Director of Research

Prostate Cancer UK

Read more about our plan to tame prostate cancer by 2026 at strategy.prostatecanceruk.org

P.S. Thank you for confirming that you are eligible to claim Gift Aid on your donation. It means your donations can work even harder in the coming months in the fight against prostate cancer. Please see your Gift Aid confirmation details below.

Principal Carried to the an expressed thanky in Engagement Week (COSTAN) and in Social Committee of Committee of Engagement and Week and Engagement Costan by Annual Costan Costa

Items on this page are free!

BUILDING PLOTS FOR SALE

2 Building plots, Whitehall Village, Stronsay, Orkney

£35K each. Planning in principle for 2/3 bed bungalow plus 2 parking spaces. Electricity and water supplies are on site.

The plots are behind the village street making a secluded location but within easy walking distance of the shop, ferry, cafe and hotel.

The tried and tested practice on the Orkney isles for building is to buy a house kit and either have it erected by the supplier or our island contractor Castlehill Construction (who can also do the ground works)

For information about Stronsay, our lifestyle, its good school and other facilities please visit www.visitstronsay.com

For further information about the sites please contact

- Sharon at Orkney Property Centre, Kirkwall on 01856 877866 or
- Dianne & Paul on 07785111126 or
- email drileymoore@hotmail.com

Planning ref: 18/038/PIP on Orkney Islands Council planning web site









Items on this page are free!





Marion Miller Jewellery

Unique Jewellery inspired by the sea and shore. Designed and handmade on the island of Stronsay, Orkney

www.marionmillerjewellery.com

Tel 07919550943 E-mail marionmillerjewellery@gmail.com





Local business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page

Contact details for the *Limpet* are on the back page





Traditionally hand-crafted in Stronsay—soaps, solid shampoo bars, conditioner bars and balms. Hand-spun and hand-dyed yarns from Orkney fleeces, woven throws, wall-hangings and more.

Orkney Star Island Soap, Isles View, Stronsay, Orkney, KW17 2AG.

Tel: (+44) 01857 616 281

Email: <u>info@orkneystarislandsoap.co.uk</u> Web: http://www.orkneystarislandsoap.co.uk

Facebook: https://www.facebook.com/orkney.star.island.soap





Gas Safe Registered Engineer

Plumber

Services include:

- Installation, servicing, maintenance of all domestic gas appliances
- · Landlords gas safety checks
- Bathroom fitting
- Bathroom supply
- General heatings
- All other types of domestic, commercial, industrial plumbing works
- Isles work welcome

Call Patrick on **07933 488283**

Email: patrickmcgrathltd@gmail.com



Local business adverts are free!

Roger at Stronsay Photographic

Available for

Portraits - groups and individuals

ID photographs - printing on site

Tuition

Special commissions

Cozy studio with professional lighting

Home visits



Contact via Stronsay Photographic Facebook page and Facebook or tel 616228 Special offers also on Stronsay Facebook page

(Indoor portrait photography is allowed in tier 3 - covid precautions to operate)

Roger at Stronsay Markets



Local seasonal soft fruit and vegetables
Grown naturally without artificial fertilisers, pesticides or weed killer
Cropped same day (usually)

Check out Facebook "Stronsay Markets"

Contact me on stronsaymarkets@gmail.com and I can add you to the regular list of available produce

Local business adverts are free!

The Book Nook

Orcadia, Stronsay

It's a library! Borrow a book!

It's a book exchange! Swap a book!

It's a shop! Buy a book with a donation to the Defib Appeal!



Over 1000



fiction books!

Opening Hours

Thursday to Tuesday 9am to 4pm Wednesday 12 noon to 4pm Open other times on request

Vicki 07873 982648 facebook.com/TheBookNookatStronsay



EMERGENCY NUMBERS

On the back page of every edition of the Limpet there is a list of useful telephone numbers including the emergency numbers for reporting problems with water or electricity.

Local business adverts are free!

REDHOUSE PLANTS MARKET GARDEN



Seasonal vegetables available daily. Bedding, perennial and vegetable plants.

Local honey in season according to availability.

Open 09.00-17.00 Mon-Sat.

Redhouse, Lower Whitehall, Stronsay. Tel: (01857) 616 377

BUILDING WORK

Building work carried out by time-served tradesman
No job too small!
Phone Paul Williams on 616443 or email williams 778@btinernet.com

ADVERTISE YOUR EVENT!

If you are arranging an event on Stronsay then why not use the free publicity available from the Limpet and from the Visit Stronsay website <u>visitstronsay.com</u>? Just contact the Limpet's editor (contact details are at the foot of page 1)

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Local business adverts are free!

STRONSAY HOTEL

Phone 01857 616213, email cjdbuk@gmail.com

STRONSAY HOTEL AND THE VIRUS

In these challenging times we have changed the hours that we are open. We will still provide a Takeaway service and we can deliver if required. Ordering can be done via phone or email.

- Mon, Bar closed
- Tues, Bar closed
- Wed, Bar closed
- Thurs, Bar closed Takeaway 5pm.to 7pm
- Fri, **Bar open** 5pm to 11pm (last orders 10:30pm). Takeaway 5pm to 7pm
- Sat, **Bar open** 5pm to 11pm (last orders 10:30pm). Takeaway 5pm to 7pm
- Sun, Bar closed Takeaway 5pm to 7pm

We know this is very drastic but it is a drastic time, hopefully it will not last too long.

TAKE AWAY MENU

£5.95
£5.95
£6.50
£5.50
£6.50
£6.50
£3.00
£2.80
£4.50
£5.00
£1.30
£0.80
£2.10
£1.10
£1.20

Holmsgarth Crafts



Book Pillows, Table Runners
Napkins, Face Masks,
Scrunchies,
Tote Bags,
Pencil Cases and More
Made To Order



Contact Margaret McAnally - Holmsgarth Crafts | Facebook

Local business adverts are free!



An award-winning skincare company with a purpose; to help create a healthier, greener more empowered world.

FREE Catalogue available for pick-up or drop off.

Please be in touch with Sarah Powers Richings at 01857 616495 or follow me on Instagram: @sarahmarie.tropic or on Facebook: Tropic with Sarah Marie

EMERGENCY NUMBERS

On the back page of every edition of the Limpet there is a list of useful telephone numbers including the emergency numbers for reporting problems with water or electricity.

Local business adverts are free!



Hazel Shearer, Airy, Stronsay, Orkney, KW172AG • Phone 01857 616231 hazel.airyfairy@gmail.com • www.airyfairyonline.co.uk

The Wyrd Weaver

Handcrafted Textiles and Primitive Folk Art









Come and visit Eunice's studio at... Newbigging, Stronsay, Orkney KW17 2AN

Open Daily Phone - 01857 616230

Find and <u>buy</u> on Facebook @orkneywyrdweaver Email – thewyrdweaver@btinternet.com



Local business adverts are free!

"NEIL'S ON WHEELS"



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260 HOME: 01857 616454



The Old Manse Bed and Breakfast Logie Easter, Kildary IV18 0NZ



Dating back to the 1780s set in a large woodland garden just off the A9 and six miles from Invergordon, the Old Ensuite Double and twin rooms Tel 01862 842357

> Email <u>oldmanse.kildary@btinternet.com</u> Web www.oldmansebandbkildary.co.uk

> > <u>Local</u> business adverts are free!



We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.

Reasonable prices.

Contact Craig or Christine for more information.

EMERGENCY NUMBERS

On the back page of every edition of the Limpet there is a list of useful telephone numbers including the emergency numbers for reporting problems with water or electricity.

Local business adverts are free!

STRONSAY DEFIB APPEAL

IMPORTANT Announcement !!!

A massive thank you to everyone that has and continues to donate to the appeal your efforts have been amazing.

We would like to announce that with a contribution of £4400 from Cooke Aquaculture and the efforts of the community

We have reached and surpassed our first Target with nearly £7000 raised so far.

The online appeal will be updated this week with the new total which means we are well on track to have the defibs installed as soon as possible.

The STRONSAY DEFIB APPEAL is working with the Community Heartbeat Trust to raise funds for public access defibrillators (AED) to be sited in three locations across the Island including Whitehall village, South end of the Island and Rothiesholm. This would increase the number of publicly accessible defibrillators across the island which already includes the Stronsay School and airport and will give us full coverage of the Island, decreasing the amount of time to get to a device, thus increasing the chance for survival.

Our fundraising goal is £6800, to cover purchase, maintenance and installation costs as well as providing AED/defibrillator first aid courses for interested residents.

Fundraising will be need to be ongoing in order to cover continued maintenance and quality of service beyond our initial target so please continue to donate.

You can donate online at <u>The Community Heartbeat Trust: The Stronsay Deflb Appeal</u> (enthuse.com). Or via one of the collection tubs at the Trust offices, Fishmart, Ebenezer and Olivebank.

ADVERTISE YOUR EVENT!

If you are arranging an event on Stronsay then why not use the free publicity available from the Limpet and from the Visit Stronsay website <u>visitstronsay.com</u>? Just contact the Limpet's editor (contact details are at the foot of page 1)

Announcements by charities, local groups, clubs and organisations are FREE!

STRONSAY DEFIB APPEAL

The STRONSAY DEFIB APPEAL is working with the Community Heartbeat Trust to raise funds for public access defibrillators (AED) to be sited in three locations across the Island including Whitehall village and Rothiesholm. This would increase the number of community available defibrillators across the island which includes the Stronsay School and airport and give full coverage, decreasing the amount of time to get to a device, thus increasing the chance for survival.

After a cardiac event for every minute that the heart is stopped the chance of survival decreases by 10%. By having an AED in key locations across the island it shortens the time it takes to get the lifesaving device to the individual and increases the chance for survival.

First Aid training is not necessary to use an AED but helps create confidence, especially when the training is with a particular AED that is available in the community. The more community members trained on island, the more who can help in the critical moments before medical personnel arrive.

Our fundraising goal is £6800, to cover purchase, maintenance and installation costs as well as providing AED/defibrillator first aid courses for interested residents. Fundraising will be ongoing and will include but not limited to, funds raised through the Ebenezer front porch, the Heart Art Exhibits and through a donation website: The Community Heartbeat Trust: The Stronsay Deflb Appeal (enthuse.com).



ADVERTISE YOUR EVENT!

If you are arranging an event on Stronsay then why not use the free publicity available from the Limpet and from the Visit Stronsay website <u>visitstronsay.com</u>? Just contact the Limpet's editor (contact details are at the foot of page 1)

Announcements by charities, local groups, clubs and organisations are FREE!

MOVE ORKNEY DANCE STUDIO

We are interested in the possibility of visiting your island to deliver fun and inclusive dance workshops for all. If you would like to work with us and make a booking for your island please don't hesitate to get in contact. Please contact us for more information

moveorkney@hotmail.co.uk

07712227093



Announcements by charities, local groups, clubs and organisations are FREE!

FROM THE STRONSAY COMMUNITY WELLBEING COORDINATOR SARAH POWERS RICHINGS

sdtwellbeing@gmail.com or 616410

Out of Office

I will be on annual leave from July 3-July 25th. If you have a urgent wellbeing concern, please be in touch with Stronsay Development Trust office, <u>cdostronsay@gmail.com</u> or 01857 616410.

July Health Walks

Wednesdays- July 7, 14, 21 and 28 – Let's enjoy our summer weather on an hour-long walk, leaving from Wood's Yard. Hills may be involved. Everyone is welcome. Walks start @ Wood's Yard at 10am. Teri Shearer will lead the July 7th, 14th and 21st walks. Watch the Stronsay Island Wellbeing Facebook Page for updates/cancellations.

Outdoor Games for Dementia

Join us for outdoor games this summer at the Village Playpark to support Dementia Friendly Stronsay and Alzheimer Scotland. We will meet Wednesdays from 3.00-4.30 for a variety of outdoor games such as boules, garden Jenga, giant dominos and bean bag toss. All ages welcome. This is a free event, but donations will be accepted for Alzheimer Scotland and the Dementia Friendly Stronsay Project



JULY DATES: July 7, 14, 21 and 28

AUGUST DATES: August 4, 11, 18 and 25

All relevant Covid-19 Guidelines will be followed

Office Hours

I will be in the office and available for appointments on Monday July 26th and July 28th from approximately 11:00am- 4:00pm. If you have any questions about the Island Wellbeing Project, ideas about wellbeing on Stronsay or need help filling out a form, or questions about benefits, etc., please be in touch or stop by the office. I am also available via email at style="style-type: style-type: square;">style="style-type: square;">style="style-type: square;">style="style-type: square;">style="style-type: style-type: square;">style="style-type: square;">style="style-type: square;">style="style-type: style-type: square;">style="style-type: square;">style="style-type: style-type: style-type: square;">style="style-type: style-type: style-t

Chairman: Ian Stevenson Vice Chairman: Kevin Kent

TENDERS INVITED RED TELEPHONE BOX REPAIR



We welcome quotes to repair three of the red telephone kiosks across the Island, starting with the Rothiesholm box we hope to return them to a usable condition and utilise them as part of a larger project 'The Stronsay Defib Appeal' to establish a public access defibrillator network across Stronsay.

Work will not include the actual payphone or electric works only repairs to the kiosk itself.

Paint and parts will be provided.

How to apply

If you are interested and would like full details of the tender please contact the Stronsay Development Trust office on 01856 616410 or email sdtoperations@btconnect.com

Deadline for Expressions of interest Friday 23rd July 2021

Mobile Library Timetable 2021

	Stronsay	
Dates	Stops and Ti	mes
18 January	Summer/Ref	<u>fit</u>
15 March	Council Hou	ses 9.00—10.00
11 May	School	10.15—12.00
6 July	Kirk	12.30-3.00
31 August	Fish Mart	3.15—5.30
25 October	Winter	
20 December Council Houses 8.4		ses 8.45—9.45
	School	10.00—12.00
	Kirk	12.30-3.00
	Fish Mart	3.15-4.45

Announcements by charities, local groups, clubs and organisations are FREE!

Wellbeing Week 2021

	Monday June 21		
10-11:30 am	Village Walk with Sarah Powers. Open to all abilities and ages. Meet at Fish Mart Café for a short walk, no longer than 30 minutes, and we will enjoy a cup of coffee or tea after.		
6:30 pm	Cycle Grade 2 Proficiency and Bike Maintenance with Duncan Bliss-Davis and Bill Hodgson. Meet in school car park. Bring your bike or be in touch with the SDT office (616410) to reserve a bike for use.		
Tuesday June 22			
	Day 1 of Couch to 5K with Naomi Bremner. Meet at Wood's Yard for		

6:30 pm

Day 1 of Couch to 5K with Naomi Bremner. Meet at Wood's Yard for the first day training session for Couch 2 5K. This will be approximately 30 minutes of walk-jogging to suit all abilities. Wear appropriate clothing and footwear and bring a bottle of water. Download the Couch to 5K app for your phone if you are able.

7:30 pm

Queen's Drive Run with Naomi Bremner. Meet at Community Hall Car Park for a fun run around the Queen's Drive, approximately 4 miles. Wear appropriate clothing and footwear and bring a bottle of water.

ţ,	Wednesday June 23		
+	10:00-11:00 am	Health Walk with Teri Shearer. An hour-long walk (may include hills). Everyone welcome! Meet at Wood's Yard.	
	3:00-4:30 pm	Outdoor Games with Teri Shearer and Anna Bliss-Davis. Join us in the Village Play Park for laughter and a variety of outdoor games. All ages welcome. Treats from the Fish Mart Café will be supplied but bring a water or flask of coffee. Donations to the Dementia Friendly Stronsay Project welcome.	
	7:00 pm	Wild Swim with Alison Lievesley. Meet at Mill Bay. Don't forget plenty of layers, a wooly hat and a hot drink for after you get out!	

(Continued on next page)

Announcements by charities, local groups, clubs and organisations are FREE!

Thursday	. June 94
Triursuay	June 24

11:00 am-1:00 pm

Open House at Recycling Centre with Viv Erdman. Come down to the Stronsay Recycling Centre at Wood's Yard and learn more about our activities, try out the e-bikes, and get a discount on your cardboard briquettes.

2:00 pm

Beach Clean at the Bu Sands with the Stronsay Waste Matters Digital Officer, Leah Shearer. Gloves and bags will be provided. Bring appropriate footwear and a refreshing beverage of your choice.

Friday June 25

12:30 pm

Cycle with Bill Hodgson. Open to all abilities and ages. Meet at Wood's Yard for an inclusive cycle. Bring your own bike, or phone the SDT offices (616410) to reserve a bike. You may want to bring your own water bottle.

1:30 pm

Mummy and Me Boot Camp with Shani Hall. For all Playgroup age children and their parent/grandparents. Meet at the Community Hall Car Park. Wear appropriate clothing and shoes and bring water for all participants.

6:00 pm

Foraging Walk at St. Catherine's with Marion Miller. Meet at top of St. Catherine's Bay track (may need to park at the Community Hall). Bring a bucket or basket for collecting and a pair of scissors. Please contact Marion to RSVP or for any queries 07919550943.

Saturday June 26

10:00 -11:00 am

Boot Camp with Shani Hall. Meet at School Field for an hour of body weight and cardio exercise. Can be modified for all fitness levels. Wear appropriate clothing and footwear and bring a bottle of water.

10:00 am

Wild Swim with Alison Lievesley. Meet at Mill Bay. Don't forget plenty of layers, a wooly hat and a hot drink for after you get out!

11:00 am-4:00 pm

Healthy Living Centre Open House with Andy Rose. If it has been a while since you have visited the Healthy Living Centre, stop by, have a look around and speak with Andy about membership options. Please mind how many cars are in the car park and do not enter the HLC if other visitors are already inside.

(Continued on next page)

Announcements by charities, local groups, clubs and organisations are FREE!

Su	nda	٧J	une	27
		,, -		

2:00-4:00 pm

Stone Painting with Anna Bliss-Davis. Meet at the Greenhouse to enjoy the beautiful flowers and the warmth while stone painting to celebrate Wellbeing Week. All painting supplies will be provided. Bring your own stones to paint.

Monday June 28

10-11:30 am

Village Walk with Sarah Richings. Open to all abilities and ages. Meet at Fish Mart Café for a short walk, no longer than 30 minutes, and we will enjoy a cup of coffee or tea after.

6:30 pm

Queen's Drive Cycle with Duncan Bliss-Davis and Bill Hodgson. An inclusive, family friendly cycle around the Queen's Drive. Meet at the School car park. Bring your own bikes, or call the SDT offices (616410) to reserve a bike.

Tuesday June 29

10:00 am

Tai Chi for Arthritis with Jim Lawson. For all abilities, focusing on learning the adapted short hand form, together with loosening up exercises. This type of Tai Chi can be done while seated. Meet at the Community Hall car park. We will be outside if weather permits. Wear loose, comfortable clothing and bring a water bottle. Will last approximately one hour.

1:00 pm

Wudang Style Tai Chi with Jim Lawson. Approximately a two-hour long session introducing the hand form, qigong exercises and stepping drills. All abilities welcome. Meet at the Community Hall car park. We will be outside if weather permits. Wear loose, comfortable clothing and bring a water bottle.

■ Wednesday June 30

10:00-11:00 am

Health Walk with Sarah Richings. An hour long walk, may include hills. Everyone welcome! Meet at Wood's Yard.

3:00-4:30 pm

Outdoor Games with Sarah Richings and Teri Shearer. Join us in the Village Play Park for laughter and a variety of outdoor games. All ages welcome. Treats from the Fish Mart Café will be supplied but bring a water or flask of coffee. Donations to the Dementia Friendly Stronsay Project welcome.

Announcements by charities, local groups, clubs and organisations are FREE!

VAO ARE HIRING

Isles Self Management Group Coordinator

You will work alongside people with long-term conditions who live on the ferry-linked isles, developing groups that support selfmanagement. We particularly welcome applications from those with a lived experience of a long-term condition, or who live on one the isles. Home working can be accommodated, with travel into Kirkwall and across the isles as required.

Find out more at www.vaorkney.org.uk/vacancies

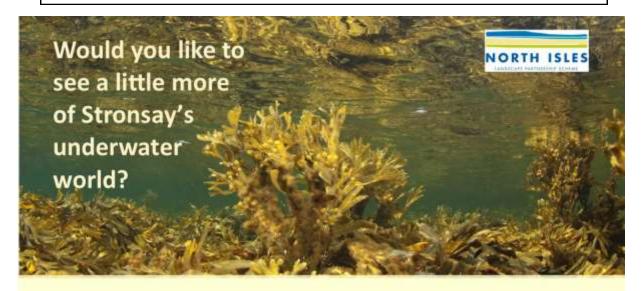
Closing date 5pm, 12th July 2021.







Announcements by charities, local groups, clubs and organisations are FREE!



We are planning a day of exploring and recording marine wildlife in Stronsay this summer

Snorkel Safari (Morning)

Join Kraken Diving to explore Stronsay's coastal waters and learn to snorkel.

(Unfortunately this event is only for over 15s and adult participants due to equipment sizes)

Marine wildlife recording

An afternoon recording seaweeds and other shore life with marine biologist Jenni Kakkonen, searching rocky shores and recording the seaweeds and other life we find along the way.

Marine Film evening

A showing of 8 new mini-films showing marine life in Orkney's North Isles created by Aquatera for the North Isles Landscape Partnership Scheme

Proposed date Wednesday 25th August

If you would be interested in attending any of these events, please contact Anne Bignall to register your interest by emailing anne.bignall@orkney.gov.uk

Announcements by charities, local groups, clubs and organisations are FREE!



Are you interested in Stronsay's wildlfowers?

We are aiming to run a 1-day workshop in mid-late August to learn about seed collection and cultivation of Orkney's wildflowers.

If you would be interested in attending the workshop, please contact Anne Bignall to register your interest by emailing anne.bignall@orkney.gov.uk

The workshop may also lead to an on-going project growing further wildflower plug plants for selected community spaces in Stronsay.

If you're interested in being involved in this element of the project please contact Anna Bliss-Davies by emailing cdostronsay@gmail.com



Announcements by charities, local groups, clubs and organisations are FREE!

The cutoff date for items to be included in the next edition of the *Limpet* is on the front page

Contact details for the *Limpet* are on the back page

CROSSROADS ORKNEY

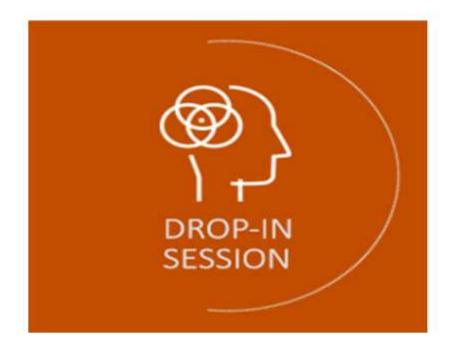


We would like to help ease the loneliness and difficulty of lockdown for Dementia sufferers and their carers at home. We have a variety of puzzles, crafts and activities which we can post or deliver. All free of charge. If you know someone who could benefit from this or wish more information please call Crossroads 870500 or Lorna Reid 781329



Stronsay Dementia Friendly digital drop-in sessions

Starting December 16th from 11am-2pm



These drop-in sessions will be held every third Wednesday of each month from 11am-2pm

Please do not hesitate to call or email about anything regarding the project.

Email: dementiafriendlystronsay@gmail.com

Tel: 01857 616410

ADVERTISE YOUR EVENT!

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Announcements by charities, local groups, clubs and organisations are FREE!

Stronsay Dementia Friendly Project Steering Group



What is a steering group?

The role of this group is to steer work being undertaken by others.

Members of steering groups use their experiences, skills and
knowledge of specific topics and sectors to help make strategic
decisions.

Everyone and anyone is welcome!!

Your contribution and ideas would be greatly appreciated.

Meetings will be held quarterly.

For further questions and information contact Teri at

dementiafriendlystronsay@gmail.com or on 01857 616410

Announcements by charities, local groups, clubs and organisations are FREE!

STRONSAY COMMUNITY COUNCIL

Chair: Ian Cooper Vice Chair: Shirley Whiteman

ROAD SURFACE DRESSING PROGRAMME

The 2021 road surface dressing programme is scheduled to commence on 24 June.

The following roads, with estimated dates, will be affected and due to the manner of works and limited road widths a road closure is required to undertake work safely. The road will be closed for vehicular access from 9am to 5pm on treatment days, although the aim is to minimise any closure wherever possible. These works are weather dependant, so the programme may vary. Regular updates will be available on the OIC Updates Facebook page and on the OIC website www.orkney.gov.uk.

1.	Kirbuster Road	full length	24/06/21.2	25/06/21 and 28/06/21	1
			, -		-

Odiness Road full length 28/06/21 – 29/06/21

Everbay Road from Oddiness Road to Hescombe Road

29/06/21 - 30/06/21

Hescombe Road full length 30/06/21 – 01/07/21

Airafea Road full length 01/07/21 – 02/07/21

Holland Road from Dishes to Holland

02/07/21 and 05/07/21

Furrowend Road full length 05/07/21 – 06/07/21

For emergency access during the works please call 01856 876338 or speak to the member of staff at the traffic control point.

After initial works are completed speed limits will be on display. It is essential that these speed limits are adhered to for road safety.

Colin McAlpine Stronsay Island Link Officer 20 May 2021

Announcements by charities, local groups, clubs and organisations are FREE!

HANDY EMAIL ADDRESSES:

Ebenezer Stores <u>stronsaystores@gmail.com</u>
Olivebank <u>m.williamson1@btconnect.com</u>
Stronsay Hotel <u>cjdbuk@gmail.com</u>
Fishmart café fishmartcafehostel@gmail.com

For telephone numbers see the back page of this edition.

OUR LADY'S CHAPEL, PIERHEAD NOW OPEN FOR PUBLIC MASSES

Our Lady's Chapel on the pier is now open for public Masses with the permission of the Bishop of Aberdeen.

Mass times are as follows:-

• Sunday & holidays: 10.30am

• Tuesday: 8.00am

• All other days: 11.20am

GOLGOTHA MONASTERY, PAPA STRONSAY DAILY STREAMING BROADCAST

There is a daily streaming broadcast from Golgotha Monastery, Papa Stronsay. http://www.papastronsay.com/live

The broadcast runs from 4pm - 7pm (the times shown are approximate):

• 4pm Short talk by one of the priests.

• 4:30pm Recitation of the Rosary.

• 5pm Mass.

• 6pm Further prayers and office of the day.

STRONSAY KIRK

Stronsay kirk's website:

http://www.orkneycommunities.co.uk/stronsaykirk
Stronsay kirk's Facebook page:

https://www.facebook.com/groups/1553904828107651

ADVERTISE YOUR EVENT!

If you are arranging an event on Stronsay then why not use the free publicity available from the Limpet and from the Visit Stronsay website <u>visitstronsay.com</u>? Just contact the Limpet's editor (contact details are at the foot of page 1)

Announcements by charities, local groups, clubs and organisations are FREE!

KIRK CORNER

We are delighted to announce that we have elected our new minister! Rev David Locke and his family will be moving to the island some time in August, with the induction being planned for the $6^{th \text{ of}}$ September. More information will follow nearer the time.

I would also like to draw your attention to a new initiative. The Church of Scotland is partnering with Christian Aid to support people across the world who do not have access to a Covid-19 vaccine. As well as advocating for a just vaccine rollout, Christian Aid works with vulnerable communities, helping to limit the impact of the virus on health, livelihoods, and personal safety.

Lord Wallace, Moderator of the General Assembly of the Church of Scotland is urging everyone to join him in supporting the appeal and helping vulnerable people stay safe as they wait for the vaccine. Your donation can save lives.

To give a gift, please click on the following link: https://giving.give-star.com/online/christian-aid/cos-just-vaccine-rollout .

A Prayer of Thanksgiving

God of Hope, Sustainer of all life,

We give You thanks for the Coronavirus vaccines, for the skill and wisdom of scientists, NHS staff and Key Workers.

By the power of Your Spirit, may we overflow with hope and joy as we see our friends, families and neighbours protected.

God of Justice, Protector of the vulnerable, may we be your well-washed hands and willing feet.

Move us to give and act, to challenge the injustices that anger You.

May we seek to protect all Your children, particularly those for whom the vaccine is out of reach.

With hope and trust we pray,

Amen.

Rev Julia Meason, 01856 874789, JMeason@churchofscotland.org.uk



USEFUL INFORMATION

POST OFFICE OPENING TIMES etc

Monday to Saturday 8:30am—5:00pm

Sunday Closed

Post collection times 07:30, Monday to Saturday Bank day No bank until further notice.

Island Link Officer...... Fishmart office 10 to 12 on Tue, Thu & Sat. Phone 616475

SDT Office Wood's Yard 10am - 11am Mon-Fri. Phone 616410

Sunday service at the Kirk ... One-off service on Sun 30 May (see notices in this edition) Our Lady's Chapel, pier head Mass: Sun & hols 10.30am, Tue 8am, other days 11.20am

Next Special Collections 26 July 2021

Weekly rubbish collection Tuesday (bags out by 8am but <u>not</u> on the night before!)

Recycling skips nearly full? . . Send email to at recycling@orkney.gov.uk

EMERGENCY! POLICE, FIRE, AMBULANCE or COASTGUARD - dial 999

Airy Fairy 616231	Star Island Soap 616281
Castle Bird Reserve 616363	SDT office 616410
Craftship Enterprise 616249	Stronsay Band 616335
Doctor 616321	Stronsay Hotel 616213
Ebenezer stores 616339	Taxi
Electrician (Dave) 616230	Stranded seals, etc 616207/206/498
or 07917 191 797	Balfour hospital (24/7)01856 888000
Fish Mart 616401	Electricity
Hairdresser 616337	general enquiries 0800 048 3516
Hall bookings 616263 or	lines open Mon-Fri 8am-5pm
email annemaree.carter@btinternet.com	problems (24/7) 0800 300 999
Highland Fuels 01856 873766	power cut (24/7) 105
Island Link Officer 616475	Water problems (24/7) 0800 0778 778
Limpet editor 616297	Highland Fuels 01856 873766
Medical emergency 616321	Kirkwall Library 01856 873166
Neil's on Wheels 616454	Kirkwall Police <i>(24/7)</i> 101
Manse 616286	Vets:
Nurses 616480	Flett & Carmichael . 01856 872859
Olivebank 616255	Northvet 01856 873403
OIC out of hours 01856 873535	Dentists:
Post Office 616499	Orkney Dental 01856 872030
Red House Plants 616377	King Street 01856 888258
Registrar 616239	Deyanov Dental 01856 877118
School 616246	Golgotha monastery 616210 or
Silver Darlings 616412	email contact@the-sons.org
-	

HOW TO CONTACT THE LIMPET

Send an email to <u>editor@stronsaylimpet.co.uk</u> or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page











