



STRONSAY'S MASSIVE WEEKEND

FRIDAY AUGUST 16th AT 9 PM – SUNDAY AUGUST 18th AT 7 PM

See posters in this edition

STRONSAY'S VICTORIOUS TUG OF WAR TEAM



Jack Holland, Craig Stout, Damian Stout, Kevin Kent, Andrew Fraser, Keith Holland, Nicol Holland, Graham Robertson and John Chalmers.

HOW TO CONTACT THE *LIMPET*

Send an email to editor@stronsaylimpet.co.uk (preferred method); phone Bruce Fletcher on 616297 (after 10am & before 8pm, please!); or write to *The Limpet*, Claremont, Stronsay, KW17 2AR.

The next edition of the *Limpet* will be published on **Thu 25 July**. Items for inclusion in that edition should be submitted by 7pm on **Sun 21 July**. Contact details are on the back page. The Limpet's website address is <http://www.stronsaylimpet.co.uk>



Certificate of Thanks
to the community of Stronsay

A huge thank you for all your help during the Long-finned Pilot Whale rescue between 25th to 27th May 2019

SIGNED: 

Emma Neave-Webb (Incident Co-ordinator)



Head Office: Lime House, Regency Close, Uckfield, East Sussex TN22 1DS. 24 hour Tel: 01825 765546. Fax: 01825-768012
British Divers Marine Life Rescue is a UK based International marine animal rescue organization and Registered Charity.



STRONSAY DEVELOPMENT TRUST IS LOOKING FOR ADDITIONAL DIRECTORS

We are a charity that is actively engaged in improving the quality of life and providing greater opportunities for members of the community.

What will you be doing?

We are looking for new Trustees to join our board. You should be passionate about wanting to make a difference in your community. Whether you're an experienced trustee, or wanting to take your first steps at Board level, we would love to hear from you.

The trustees manage the services which we currently provide, and we would also like to increase our range of specific skills and experience.

What are we looking for?

We want hands-on Trustees who have the time actively to make a difference to the running of the charity and its growth. Trustees are expected to attend one board meeting every month, and to potentially get involved in a particular activity or area of the charity's work.

We welcome applications from those whose skills & life experiences could help make Stronsay an even more rewarding place to live and work. The composition of the Board should reflect the diversity of the local community.

What's in it for the volunteer?

Being a Trustee is extremely rewarding and you can develop new skills and experience in leadership, management and governance even if you are previously unfamiliar with working as part of committees. You will have opportunities to shape innovative projects, and to improve the wellbeing of local people and the community.

If you're also able to give some additional time to contribute to working groups, policy discussions & fundraising opportunities on an ad-hoc basis, then that would be great but is not essential.

Please Contact the Operations Manager for further details or for a copy of the nomination form.

Tel: 01857 616410 email: sdtoperations@btconnect.com

Download a form via <http://www.orkneycommunities.co.uk/sdt/>

Stronsay Pop Up Heritage Centre



Situated in the Village of Whitehall, the centre showcases Stronsay's maritime history, specifically related to the herring industry. Stop by to see pictures of Stronsay as it was with 4,000+ people living on island, give the siren a turn, or sit and have a cuppa while browsing the record books, plus much more.

The pop up centre offers the community and visitors the opportunity to influence the permanent Stronsay Heritage Centre by providing a chance to comment and give feedback on existing displays, add ideas and offer suggestions on future displays.

Opening

1st July 2019

Monday - Sunday

9am – 6pm

Located at

Woods Yard

Contact

[STRONSAYHERIT-
AGE@GMAIL.COM](mailto:STRONSAYHERITAGE@GMAIL.COM)

FOR FURTHER INFOR-
MATION

ENTRY IS FREE BUT DONA-
TIONS TOWARDS THE
MAINTENANCE OF THE DIS-
PLAYS ARE GREATLY APPRE-
CIATED



Stronsay ReStore

Opening 1st July 2019

Unit 5, Woods Yard

With the success of the Stronsay Recycling Centre we are happy to announce the opening of Stronsay ReStore.

A place for community members to find new homes for Clothes, textiles, shoes and furniture.

All Items will be available for a donation to the continued maintenance and work of the Stronsay Recycling Centre.

A donation bin for all textiles can be found on site.

For furniture donations please contact us on 616410 or stronsayrecycling@btconnect.com alternatively find us on

Facebook: [Stronsay waste matters](#)

There will also be opportunities for community members to sell items via the notice board and Facebook page.

Please get in touch for further details.

LATEST BIRD SIGHTINGS

The good news goes on - more and more evidence that the bird population is returning to the wonderful balance of species pre 1990, but with the recent cold wet weather, very few migrant species have been seen since last month's Bird Report.

The most interesting sightings around the island in June have been 'in the sky' – but not birds: a sun-pillar towards Eday in mid-month (see photo), and an amazing cloud formation – resembling an albino Sperm Whale leaping from the sea - over 'Lodge' on 20th (see photo). Whilst on the ground, it has been difficult not to see a Painted Lady butterfly among the wild flowers particularly in the gardens and roadside verges (see photo taken in the garden at Osen).

The Reed Buntings have taken up residence at Matpow where they nested last year (see photo of the male taken from the car) and one or two Wood Pigeons have been seen – see photo of one on the fence at Linksquoy.

Mid-summer is generally a quiet time for birds but the lochs will soon start to attract migrant wading species and there is always the chance of a Rosy Starling among the flocks of the common species feeding among the freshly cut/cleared silage. (see photo taken at Holin Farm some years ago).



(more photographs on next page)



The 70th North Isles Sports 2019

On 15th June 2019 the Stronsay North Isles Sports team went to Westray to compete in the North Isles Sports competition, it was the 70th anniversary. Although it actually started in 1948, they missed a year out somewhere in the middle. Which means it actually started 71 years ago. The North Isles Sports competition is a day of sports either hosted by Westray, Sanday or Stronsay (they take turns every year) and is a day of fun but often competitive individual and team sports. The main teams that compete are Westray, Stronsay, Sanday and Papay (Papa Westray) but sometimes Eday and North Ronaldsay take part. Each island has either one or more colours to represent their team e.g. Stronsay is red and black, Westray is Green and Black, Sanday is Blue and White and Papay is orange. Because it was the 70th anniversary there was also veteran fun events including: Shot putt, Long jump and some runs. And in the Primary fun events there was 75m sprint, Standing Long jump and shot putt. Some other events were: High Jump (School children and adults), Long jump (School Children and adults), . 100m (School children and adults), 200m (School Children and adults), 400m (School Children and adults), 1500m (Only adults) and relay (4x 100m) (school children and adults). And there was also Netball and Football. The school netball team did very well in the netball as both teams were a lot older than us and our team was mainly primaries, Sanday beat us 6-0 and Westray beat us 3-1. Here are some results for the other events: P4/5 GIRLS STANDING LONG JUMP: 1ST Lizzie Harcus (W) 2nd Scarlet Hoque (Sa) 3rd Martha Bremner (St) P4/5 BOYS STANDING LONG JUMP 1ST Jamie Holland (St) 2nd Finlay Risbridger (W) Finlay (Sa) P6/7 GIRLS STANDING LONG JUMP 1ST Millie Dennison (with two other competitors) (St) P6/7 BOYS STANDING LONG JUMP: 1st Milo (W) 2nd Melvin Holland (St) and Ruari Towrie (Sa) TUG OF WAR: STRONSAY!! I think the Tug of War team did well to come 1st for the 3rd time in a row. As there was some really hard competition.



By Melvin P6

STEPHEN CLACKSON'S LETTER FROM SCHOOL PLACE

Reporting on the exploits of your councillor in Orkney and beyond



**A pod of pilot whales circling at Stywick, Sanday on the 26th May 2019.
Were they corralling a shoal of fish or hoping to join in the Soulka?**

At the first Education, Leisure & Housing Committee (ELH) meeting since the “reshuffle” I was reappointed to the Orkney College Management Council, the Education Quality & Standards Consultative Group, and the Housing Strategies Consultative Group, and I shall be continuing in my roles as OIC’s representative on the Highlands & Islands Science Skills Academy Leadership Board and the University of the Highlands & Islands Foundation.

At the Monitoring & Audit Committee meeting there was an internal audit report about OIC’s scheme for employee review, development and training. I asked about how these are achieved for OIC staff living in the Isles, and the chair has requested that an exercise be undertaken to ensure that Isles-based employees are not disadvantaged and have access to the same service provision as those Council employees who live and work on the Mainland.

I had an enjoyable day at the 70th anniversary North Isles Sports in Westray. The North Isles Sports is an occasion where I am able to meet constituents from a large part of my ward all in the same place at the same time. The adult results were: Sanday 26, Westray 70, Stronsay 24, Papay 36, Eday 12. The school results were: Sanday 44, Westray 49, Stronsay 25. Stronsay won the tug-o-war. Now, last year’s Sports in Stronsay were billed as the 69th, which would make this year’s the 70th, however, if the first North Isles Sports took place in 1949, they should be the 71st! Were they cancelled one year?

Sadly, owing to air transport intransigence, I was unable to attend the North Ronaldsay Schoolhouse Opening and Island Conference. I was particularly sorry to miss this event, given my past involvement (as Vice-Chair of ELH) in determining the future of the North Ronaldsay School and its schoolhouse (see the February and March 2017 issues of my *Letter*).

(continued on next page)

At the Policy & Resources Committee meeting it was encouraging to hear that a “participation request” from Westray Community Council related to improving the safety of pedestrians and vehicle manoeuvring at Rapness Pier was granted, and that the resulting “Outcome Improvement Process” is proving reasonably successful in the interim.

Other meetings I have attended this month include: a Community Led Support meeting in Sanday; North Ronaldsay Community Council; a meeting about the use of North Ronaldsay School; a meeting about the island swimming pools; Orkney Health & Care Committee; presentations on progress with the outline business case for our inter-island transport (one together with community council chairs and transport reps), and meetings of the Board of Orkney Ferries.

I have been making enquiries about where our recycled rubbish goes: waste paper is utilised by Saica Natur for paper manufacture; corrugated card is sold to Belgian card manufacturers; aluminium goes to Novellis in Cheshire, where it is made into ingots and exported to Europe; glass is retained by OIC to use as an aggregate in concrete; garden waste is composted by OIC; and the residual rubbish is sent to the Energy Recovery Plant in Shetland, where it is incinerated to supply a district heating system in Lerwick.



Cllr Dr Stephen Clackson
West Manse, Sanday
stephen.clackson@council.orkney.gov.uk



You can download “Letter from School Place” from lfsp.pbworks.com

These 'Nature Notes' featuring Stronsay were contained in a series of three articles by 'W.G.' published in the 'Orcadian' in December 1966. Parts 1 and 2 were included in previous editions of the 'Limpet' and part 3 is shown below. Depending on your interests, this is possibly the most interesting of the three with its statistics for agriculture in Stronsay and some of the other North Isles. It is sad to note that in 1958 we are told there were 93 farms in Stronsay and now there are only about 20 separately farmed units. It would be interesting to know how many were employed in agriculture then compared to the present day. There is also a list of shells found on the Rothiesholm sands - anyone fancy the challenge of seeing how many can be found there now?

Ian Cooper

Nature Notes

The Island of Stronsay

Part III

The tourist to Orkney nowadays may be pleasantly surprised to find how easily and comfortably accessible the North Isles have become by means of the large, modern, well-appointed M.V. "Orcadia."

It is true that the morning start may be early and that the traveller must generally be prepared to stay overnight in the islands, but the first of these handicaps is well catered for in the luxurious suite of overnight cabins on the ship, while on most of the islands excellent accommodation will be found ashore.

On a visit to Stronsay a few weeks ago we left Kirkwall at 6 a.m., staying overnight aboard ship, came hungrily on deck for breakfast off Shapinsay, and by 9 a.m. were excellently accommodated in the Stronsay Hotel, which stands at the head of the pier.

The Island

The total acreage is 8,736, of which 8,117 consist of crops and rough grass. In size it is the fourth largest of the North Isles, being exceeded by Sanday, Westray and Rousay all of which are between 11,000 and 12,000 acres. The proportion of cultivated acreage in Stronsay, as in Westray and Sanday, is high though there is a recent tendency for grass acreage to increase. The following statistics (Moiral Report 1960) give some interesting details of livestock etc. in the larger isles of the North Isles Group for the year 1958:

Stronsay: No. of Farms - 93; Horses - 41; Cattle - 2,922; Sheep - 6,386; Poultry - 17,181; Boats - 25.

Sanday (incl. N. Ronaldsay): No. of Farms - 138; Horses - 63; Cattle - 4,693; Sheep - 7,105; Poultry - 39,579; Boats - 46

Eday: No. of Farms - 70; Horses - 15; Cattle - 993; Sheep - 2,899; Poultry - 17,136; Boats - 24.

Westray: No. of Farms - 203; Horses - 107; Cattle - 3,983; Sheep - 5,064; Poultry - 41,792.

Rousay (including Egilsay & Wyre): No. of Farms - 68; Horses - 38; Cattle - 2,046; Sheep - 3,916; Poultry - 18,001; Boats - 22.

(continued on next page)

So far as crops are concerned, the following figures (in acres) for 1958 from the same source may be of interest:

Stronsay: Grain - 1,471; Rotation Grass - 3,050.

Sanday (incl. N. Ronaldsay): Grain - 2,127; Rotation Grass - 4,026.

Eday: Grain - 542; Rotation Grass - 1,448.

Westray: Grain- 2,080; Rotation Grass - 3,219.

Rousay (incl. Egilsay & Wyre): Grain - 1,099; Rotation Grass - 1,973.

Stronsay is mainly low-lying, with a central road-ridge running along the island from north to south. The highest land is at Burgh Hill in the southeast, being 154 feet above sea level. Beaches are easily accessible and since one of our objects was to search for shells we had no difficulty in hiring a car to reach them.

A glance at the map will show that at the narrow waist of the island there are three large bays, each of them having a mile-long stretch of fine sand. There are Mill Bay, facing east; Rothiesholm Bay (or the Bay of Holland), facing south; and St Catherine's Bay, facing west.

Having previously consulted our Orkney shell-expert, Mr Robert Rendall, I was obliged to receive from him his paper entitled "A Survey of Some Orkney Beaches," reprinted from the "Journal of Conchology" in 1954.

Of these three beaches Mr Rendall says in his paper-"I have visited most of our Orkney shores, and can say without hesitation that these three Stronsay bays are undoubtedly the best collecting grounds in the islands for bivalves, especially Rothiesholm Bay and St Catherine's Bay. Incidentally, these two, like the nearby Bay of Backaskaill in the island of Sanday (a bay of similar character and fauna) face what may be termed the inner waters of Orkney which, although swept by strong tideways, are not exposed to the unremitting fierceness of the open sea."

Stimulated by Mr Rendall's keenness and advice we searched these bays avidly. We came to the conclusion that, of the three mentioned, Rothiesholm Bay at the time of our visit had by far the richest store of shells. Mr Rendall and other readers may therefore be interested in the following list of shells found on the shore of Rothiesholm (I am indebted to Mrs McMillan of Liverpool Museum for identifying doubtful specimens):

Patina pellucida, the Pellucid Limpet. *Glycymeris glycymeris*, the Dog Cockle or Comb Shell.

Pecten maximus, The Great Scallop.

Phacoides borealis, the Northern Lucina. *Cyprina islandica*, the Iceland Cyprina (or Coe Shell).

Cardium echinatum, the Prickly Cockle. *Cardium edule*, the Common Cockle.

Cardium crassum, the Smooth Cockle *Dosinia lupinus*, the Smooth Artemis.

Venus fasciata, the Banded Venus.

Venus striatula, the Striped Venus,

Paphia pullastra, the Pullet Carpet Shell. *Donax vittatus*, The Banded Wedge Shell.

Tellina tenuis, the Thin Tellin.

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Gari fervensis, the Faroese Sunset Shell.
 Ensis ensis, the Sword Razor Shell.
 Ensis siliqua, the Pod Razor Shell.
 Macra corallina, the Rayed Trough Shell. Spisula solida, the Thick Trough Shell.
 Spisula subtruncata, the Cut Trough Shell. Mya truncata, the Blunt Gaper
 Lutraria lutraria, the Common Otter Shell.
 Colus gracilis, the Slender Spindle Shell.
 Buccinum undatum, the Waved Whelk.,
 Gibbula magus, the Pointed Top Shell.
 Patella vulgata, the Common Limpet.
 Calliostoma ziziphynum, the Common Top Shell.
 Gibbula cineraria, the Grey Top Shell. Lacuna vineta, the Banded Chunk Shell.
 Aporrhais pespelicani, the Pelican's Foot. Natica catena, the Large Necklace Shell.
 Trivia monacha, the Grottie-buckie.
 Tricla lignaria, the Canoe Shell.
 Modiolus modiolus, the Common Horse Mussel.
 Chlamys opercularis, the Common Scallop.
 Chlamys distorta, the Distorted Scallop. Tellina pygmaea, the Little Tellin.
 Mya arenaria, the Sand Gaper. Cochloidesma praetenua, the Thin Lantern Shell.
 Thracia villosiuscula, a var. of the Paper Lantern Shell.
 Littorina littorea, the Common Periwinkle

We visited also the point at Odiness where there is a stretch of shell sand, largely composed of broken Horse Mussels but with a numerous collection of the common uni-valves. Among these we found two more unusual species, Lora turricula, the Turreted Conelet and Diodora apertura, the Keyhole Limpet.

On my return I showed Mr Rendall an unusual flat shell-like object, rather like part of an echinoderm, which neither he nor I had seen before. Mrs McMillan found this puzzling and has sent it to an expert at the British Museum, from whom I hope to note its identification when received.

Population

The highest recorded population of Stronsay (Barclay's "The Population of Orkney") shows 1,267 in the year 1871; this compares with 497 in the 1961 Census. This shows a decline from the maximum of 61%, which nevertheless is not quite so marked as the average rate of decline for the North Isles as a whole. . Towards the end of the First World War there were four schools on Stronsay, with about 140 pupils and seven teachers. By 1958 these numbers had declined to 88 pupils with 4 teachers. Now there is only one school in the centre of the island.

Fishing

As has been indicated in an earlier note, Dutch sailing vessels were engaged in fishing at Stronsay as long ago as the early 17th century. Lobster, herring and cod fishing grew in importance from the early 1800's. The older part of the village of Whitehall was built during this period in the early 19th century, and the village then became an important centre of herring fishing, with many hundreds of fishing boats taking part.

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The 1842 New Statistical Account gives the following information: “The fishing, which is of the most importance to the great body of the inhabitants, is the sillock or cooth. Lobsters are caught during April, May and June, using small nets with flesh or fish as bait. The lobsters when caught are transferred to chests floating in some sheltered place, from which they are taken generally every week, and conveyed to London by welled smacks.”

“Cod-fishing for export commenced in 1828, prosecuted by small decked sloops. The herring-fishing was begun here by Mr David Drever, farmer at Huip, in the year 1814. Soon after, the harbour in Papa Sound became a great resort of boats from the North Isles and indeed from All Orkney. Mr Laing of Papdale, the proprietor of the adjacent ground, has built a considerable village for the accommodation of fishermen who have come from distant parts to reside here, and likewise a commodious pier for the curing and the loading of fish. The herring fishing commences towards the end of July and continues for from 6 to 8 weeks, during which the number of boats has been sometimes about 400, most of them manned by four or five men. There are also anchored in Papa Sound from 20 to 35 vessels, sloops and brigs, mostly from the south west of Scotland. And in addition to coopers and others there are several hundreds of women employed in cleaning and salting the fish. Numbers of persons also resort to the station to traffic with the curers and fishers while visitors come to visit the busy scene, so that the fishing season is a memorable part of the year in Stronsay. The number of crans caught by a boat varies from small amounts to about 200, the average being 35-70.”

Such was the bustle of trade in Whitehall more than one hundred years ago. What happened thereafter? Till the time of the First World War the herring-fishing prospered. A new pier (the south pier, now almost entirely unused) was built in 1910-11, and a fish-mart was built at that time. At about that time "there were five fish-curing stations on Papa Stronsay": (Moir's Report), "and a further 15 at Whitehall. Each station employed about 60-90 people, mostly fisher girls from the North of Scotland, totalling about 1,500 of the latter. There were four shipbrokers at Whitehall, exporting to Russia and other Continental ports, salt was imported from Scandinavia and Spain, barrels from Aberdeen (in addition to those made on the island). It is estimated that at the peak period of the herring fishing there were some 300 fishing vessels employing about 2,400 fishermen." Between the wars the industry slowly declined although it still was bringing prosperity to the island. The Second World War and its aftermath gave the knock-out blow, so that by 1950 Whitehall ceased to be a fishing centre of any importance. Alas, there be are now only six boats of small seine-net size operating locally from Whitehall. The old ruinous East Pier as well as the new West Pier are now disused and the fishermen's houses in the eastern part of the village are largely dilapidated. The population of the village has declined to a little over one hundred, and the long frontage has a bleak, deserted look.

(concluded on next page)

Conclusion

Space forbids further reference to the many natural attractions of this island with its sandy bays, brown cliffs, trim green fields, its air of unpretentious prosperity and quiet contentment and symphonious sound of bird and wave. The timid honking of nearly a hundred Whooper Swans on the small loch at Rothiesholm, blended with the rhythmical swish of wavellets on the sands of the bay, is a symphony that will remain long in the memory.

W. G.

FOR SALE, WANTED, THANKS & GENERAL NOTICES

THANK YOU

From Kate Work, Daisybank (phone 330)

I would like to thank the wonderful people who have helped Myra and I during the time before moving and also with the smooth move to Daisybank. I have come to the last 2 boxes to open!

I would also like to thank all who sent “new house” cards, birthday cards and gifts, not forgetting the lovely bunch of flowers from the Community Greenhouse. Thank you all.

A special thank you to Calum who has done all that we asked of him and more.

FREE TO GOOD HOME - KEFIR “PLANT”!

Kefir is a natural yoghurt base. My ‘plant’ has increased in size and is ready for splitting but the bigger the ‘plant’ the more yogurt it will make. It’s easy to look after and will give you a portion of yoghurt every day. Totally organic and free from any additives, it’s great to drink on its own or you can add fresh fruit or use it on cereal. All you need is a clean jam jar.

Email me, Mandy Heaton, at mandy@justwait.co.uk.

WANTED

Mairi Dennison is looking for a willing person or two interested in the future of the North Isles Sports and with useful ideas to join her at a review meeting with island reps and Active Schools, and possibly be involved next year and beyond. Meeting will be in Kirkwall, probably in the second week of July. Either way, please (anyone) contact Mairi with feedback and ideas.

For sale, wanted, thanks & general notices are free
The cut-off date for notices to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES

Tea Room trial opening on Wednesday 26th June.

A nice afternoon....

Tea



Stronsay Licensed Tea Room

Teas, coffee and a selection of cakes and biscuits.

Opening hours Monday-Friday 12pm - 5pm



**Toilets, baby changing station and disabled
facilities on site.**

WIFI also available.

Please use the hotel door

Local business adverts are free!
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LOCAL BUSINESSES



Craftship Cafe

**Open: Saturday, Sunday, Monday, Tuesday and Wednesday
11.30 to 15.30 (closed Thursday and Friday)**



Serving homemade lunches, cakes and a variety of teas and coffees.

Directions: Out of the village on the main road, up the hill to the junction, turn right and our driveway is just on the left, after the hydro station

Example menu

Mains

- Cottage pie £8.50
- Macaroni cheese and salad £7.00
- Quiche and salad £7.50
- Jacket potatoes with choice of tuna, cheese and coleslaw £5.50
- Salads: tuna, cheese, egg £6.50
- Ploughman's lunch: Selection of cheeses, pickled onion, pickles, coleslaw and homemade bread £6.50
- Nachos with sour cream, Orkney cheese, salsa and jalapenos £6.00

Puddings £3.99

- Rhubarb crumble and custard
- Mandarin cheesecake
- Banoffee pie

Selection of tray bakes and scones from £1.50

Drinks

- A wide variety of tea and coffee
- Canned drinks

Bookings

- Phone: 07785 111126
- Online: message Dianne on Facebook
- Email: dianne@craftshipenterprise.co.uk

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LOCAL BUSINESSES

It would be very much appreciated if Stronsay residents would book for lunch so that waiting times can be kept to a minimum and Dianne will have a good idea of how many people to cater for.

Phone 07785 111126, email dianne@craftshipenterprise.co.uk,
or message Dianne on Facebook

COMPUTER CLUB

The first Stronsay Computer club will be held on Wednesday 17th July 2019 at 10am -11.30am. The second will be held on Wednesday 31st July at 6.30pm to 8pm. We will be meeting in the conference room in Unit 1 of Wood's Yard. There will be internet access and laptops available for use free of charge thanks to the support of Your Island Your Choice 2 funding, alternatively feel free to bring along your own technology.

You are welcome to come along for free support to use a device, guidance and assistance with programming or use of the internet, whether that be just the comfort of knowing there is someone to help out if you run into a problem or more in depth support. We can help with everything from the basics of getting started right through to using word processors, spread sheets or setting up a website.

We can also guide you through staying safe online and being "share safe" on social media, as well as help for individuals and businesses to use Facebook and other social media platforms to advertise and market their products whilst reducing spam and the risk of malware or hacking.

There will be refreshments available.

ADULT TABLE TOP GAMES CLUB

The first Games club will be held on Wednesday 24th July at 7.30pm till approximately 9pm. We will be meeting in the Carpet room at the Community Hall. There will be a selection of games to play as a big group or break into smaller groups.

Hot & cold drinks as well as biscuits will be available. The games club and refreshments are free thanks to the support of Your Island Your Choice 2 funding.

If you need help with transport please contact me.

Please contact Duncan Bliss-Davis on 616317 or duncandavis79@gmail.com for further details about the Computer or adult games club.

Local business adverts are free!

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LOCAL BUSINESSES

REDHOUSE PLANTS MARKET GARDEN



Seasonal vegetables available daily. Bedding, perennial and vegetable plants.

Local honey in season according to availability.

Open 09.00-17.00 Mon-Sat.

Redhouse, Lower Whitehall, Stronsay. Tel: (01857) 616 377

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LOCAL BUSINESSES

handmade  with love

Airy Fairy

- ★ Handmade Quilts, cushions & clothes ★
- ★ Beautiful, bespoke & personalised gifts ★
 - ★ Handmade especially for you ★
- ★ Makower fabrics in stock £10 per metre ★
- ★ Studio visits welcome by appointment ★



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hazel.airyfairy@gmail.com • www.airyfairyonline.co.uk

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LOCAL BUSINESSES

MAURICE A. WILLIAMSON **YOUR LOCAL ONE STOP SHOP** **Grocer/Butcher/Fuel/Hardware Supplies**

Olivebank, Stronsay, Orkney, KW17 2AF

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Email: m.williamson1@btconnect.com

Find us on Facebook at Maurice A. Williamson

PROUDLY SERVING THE COMMUNITY SINCE 1967

Serving all your butcher needs;

All cuts of beef; Silverside, topside, mince, rump, minute steak, stewing steak, fillet etc.

Pork/pork products; Loin, gammon, home-cured bacon, luxury medallions

Chicken; Whole, portions, breasts, kiev's, cooked chicken strips

Our very own premium quality sausages; including a wide variety of flavours – Pork /beef /pork, cheese & chive/pork & red onion/pork & black pudding/ beef, onion & mustard etc.

Home-made; White puddings, black puddings, our very own Olivebank grill, sandwich fillings, ready-made meal options

....AND SO MUCH MORE!



Local business adverts are free!
The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page
Contact details for the *Limpet* are on the back page

LOCAL BUSINESSES



We are a brand new local company, we decided to take the plunge after many years of working for others, to set up our own business. Craig has many years experience in general building work, labouring, ground work ect. I am a time served joiner. We have all our own equipment so no need for the extra cost of hiring from elsewhere.

**We can do all types of ground work, pipe laying, guttering and roofing. Replacement windows and doors, finishings, concrete and general work. All types of work considered, no job too small, all work finished to a high standard. Full public liability insurance, safe, reliable and trustworthy.
Reasonable prices.**

Contact Craig or Christine for more information.

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LOCAL BUSINESSES



*New business, a mini market garden, set up in late 2015 at
Sunnybank, Stronsay*

*Currently supplying mixed salad leaves, some winter vegetables and
bedding plants. There will be more as the season progresses.*

I will supply a list each week with availability

*Please look at my Face book page "Stronsay Markets" or
send me an email "stronsaymarkets@gmail.com and I will put you
on my mailing list*

**PATRICK
McGRATH
LTD**

**PLUMBING
& HEATING**

**Gas Safe Registered Engineer
Plumber**

Services include:

- Installation, servicing, maintenance of all domestic gas appliances
- Landlords gas safety checks
- Bathroom fitting
- Bathroom supply
- General heatings
- All other types of domestic, commercial, industrial plumbing works
- Isles work welcome

Call Patrick on **07933 488283**
Email: patrickmcgrathltd@gmail.com



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LOCAL BUSINESSES

JOHN DUNNE GARDEN SERVICES

- * General Garden Maintenance
- * Window Cleaning and Guttering Services

- * Reasonable rates
- * Quick and professional

NO JOB TOO SMALL

Tel: 616276

The Old Manse Bed and Breakfast Logie Easter, Kildary IV18 0NZ



Dating back to the 1780s set in a large woodland garden just off the A9 and six miles from Invergordon, the Old
Ensuite Double and twin rooms

Telephone : 01862 842357

Website : www.oldmansebandbkildary.co.uk

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LOCAL BUSINESSES

STRONSAY HOTEL

Phone 01857 616213

Open Tue, Wed, Thu, Fri, Sat, & Sun 5pm to 9pm

TAKE AWAY MENU

Homemade lasagne + chips	£5.95
Homemade chicken curry + rice or chips . .	£5.95
Homemade chicken & bacon pie + chips . .	£6.50
Breaded haddock + chips.	£5.50
Battered haddock +chips	£6.50
Breaded wholetail scampi + chips	£6.50
2 sausages + chips	£3.00
2 fish fingers + chips	£2.80
“Stronsay beast burger” + fries	£4.50
“Stronsay cheese beast burger + fries	£5.00
Portion of chips	£1.30
Half portion of chips	£0.80
Portion of cheesy chips	£2.10
Half portion of cheesy chips	£1.10
Portion of onion rings	£1.20
Half cheesy chips = minus 20p	
Cheesy chips = add 80p	
Half chips = minus 60p	
Half rice = minus 60p	

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LOCAL BUSINESSES

“NEIL’S ON WHEELS”



- All mechanical work undertaken.
- Tyres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260

HOME: 01857 616454

Ebenezer Oil Heating Services

Oftec trained engineer



Oil Tank Installation



Boiler Servicing

Oil boiler servicing,
repair and replacement



**Boiler Installation
& Commissioning**

A serviced boiler
is an efficient boiler
and will save you money

Tel 01857 616339
ebenezer@stronsay.org

Anthony Potts
Foot Health Professional

Qualified Foot Health Professional
MCFHP MAFHP

About Me
I qualified as a foot health professional (FHP) in 2017 studying at the SMAE Institute in Maidenhead. I am a Member of The British Association of Foot Health Professionals.

Treatments offered
Nail cutting and filing
Callus (hard skin) removed
Corns treated
Nail conditions treated
Verrucas treated
General assessment and advice on foot health
Home visits
Please telephone for an appointment

Tel: 07570531618
antpottsguitar@btinternet.com
Gesty Dishes, Stronsay, Orkney, KW17 2AJ

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LOCAL BUSINESSES



The home of traditionally hand-crafted Orkney soaps, solid shampoo bars and balms.
Hand-spun yarns, woven throws, wall-hangings and more.

Member of Stronsay Craft Trail: Orkney Star Island Soap & Textiles, Isles View, Stronsay, Orkney.

Open all year round. Visitors welcome by arrangement. 

Tel: (+44) 01857 616 281. Email: info@orkneystarislandsoap.co.uk

Web: www.orkneystarislandsoap.co.uk.



BELLIE M DESIGNS

Tieve Studios, Berryhill Road, St Ola, Orkney KW15 1SF.

Online shop www.belliemdesigns.com

Orders also taken via Facebook, Twitter, Instagram or phone 07736838489 with email invoices that can be easily paid by card or PayPal.

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GUITAR TOTS



Aged 5 to 9

**Would you like to learn to play guitar
and have fun making music during the**



summer holidays?

**Guitar Tots is a fun group that will take place on
Stronsay every week during the summer holidays**

**Cost will be £20 for the course which includes a book/DVD
with all the learning materials**

Guitars can be provided if required

No need to have any experience of playing guitar

Tutor has PVG certificate

Dates/Times to be confirmed depending on interest

**To express interest/for further information telephone
Anthony on 616420 or email: antpottsguitar@btinternet.com**

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GROUPS, CLUBS & ORGANISATIONS



STRONSAY'S

MASSIVE

16th, 17th & 18th AUGUST 2019

WEEKEND!



Stronsay
Orkney's Island of Bays

ACCOMMODATION-

STRONSAY HOTEL

Open from 5pm
Evening meals available
Tel: 01857 616213

STOREHOUSE B&B

Tel: 01857 616263

STRONSAY FISHMART HOSTEL

Tel: 01857 616401

Car Hire/Taxi: 01857 616335

Mini-BUS Hire: 01857 616255

Stronsay's Massive Weekend has been brought to you by the
Stronsay Community Association
in co-operation with
The Stronsay Sprites

Thank you!

For any further information or queries;
Email: massiveweekend@hotmail.com
Tel: 01857 616287

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GROUPS, CLUBS & ORGANISATIONS

FRIDAY 16TH AUGUST;

STRONSAY HOTEL; 9PM-1AM

Come along to the Stronsay hotel for a tune and a yarn.
A great way to get to know your fellow weekenders

Bring your instrument if you have one!

OBSTACLE COURSE; 3:30PM

Put your team to the final test!

Mystery course with a timed race to crown the BEST of the BEST!



Orkney Buffalo will be available for burgers, teas and coffees

Raffle tickets available

COMMUNITY HALL; 9PM

Dance to the Gablos!
Adults: £5 Under 16's: £1

- BAR-
- SUPPER-
- RAFFLE-

Everyone welcome!

SUNDAY 18TH AUGUST;

COMMUNITY HALL; 1:30PM

Floats will be travelling past the hall at 1:30pm (North to South)

Make sure you're there to see it!

-ORKNEY VINTAGE CLUB-

- BBQ-
- GAMES-
- CRAFT SALE-
- INFLATABLES-
- FIRE ENGINE TOUR-
- BAR-

Raffle to be drawn at 3:30pm in the Main Hall



Boat departing Stronsay- Westray: 4:20pm
Boat departing Stronsay- Kirkwall: 5:40pm

SATURDAY 17TH AUGUST;

COMMUNITY HALL; 11AM START

Get your 5-a-side teams ready!
Teams preferably in by 5pm Friday 16th to: massiveweekend@hotmail.com

- FUN NETBALL-
- FUN FOOTBALL-
- INFLATABLES-



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GROUPS, CLUBS & ORGANISATIONS

STRONSAY'S SINGING GROUP

The singing group with some money from Stronsay Development Trust community funding has been meeting and enjoying a range of music. A very big thank you to David Hudson for leading the group and Marion for organising the sessions. The photo is the last session from this round. Our numbers were a little depleted but pleased to welcome a Swedish visitor



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GROUPS, CLUBS & ORGANISATIONS

LEONORA'S WILDLIFE AND BUMBLEBEE GARDEN **HESCOMBE COTTAGE**

On the Saturdays June 22nd, July 20th, and August 17th, I am opening my garden to interested visitors from 2-5pm, weather permitting.

The bees are coming now and will be here in increasing numbers as the summer progresses. In August there will be hundreds collecting nectar and pollen. The new queens and males will also be mating at that time.

My garden is not suitable for young children to play, there just isn't any room, but children are welcome to play on the unfenced grass outside. If you have limited mobility like me you might find it useful to bring your stick.

If you would like to come please ring to book 01856 252083 (satellite phone hence odd number).



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GROUPS, CLUBS & ORGANISATIONS

STRONSAY STITCHERS & SPINNERS

STITCHERS

Reminder - Thursday 27th June, 7.00pm-9.30-pm, Church Hall
£2/person, refreshments available.

Thursday 25th July, 7.00pm-9.30-pm, Church Hall
£2/person, refreshments available.

SPINNERS

Saturday 6th July, 11am-2pm, Church Hall
£2/person, bring your own lunch, refreshments available.

STRONSAY'S MASSIVE WEEKEND

16th,17th & 18th August 2019

CRAFT SALE on Sunday 18th August

Bookings for Tables Being Taken Now

Among all the fun stuff taking place over the weekend there will be a craft sale in the Hall from 1.00 – 4.00pm. Would all folks interested in taking part in the craft sale please be sure to book your tables ASAP. You can do this by contacting Simone on (01857) 616 281 or messaging her on FB.

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GROUPS, CLUBS & ORGANISATIONS

STRONSAY COMMUNITY COUNCIL

Chair: Ian Cooper Vice Chair: Shirley Whiteman

STRONSAY FISH MART HOSTEL & CAFÉ

The opportunity has arisen for a flexible, helpful and welcoming person to run the Stronsay Fish Mart Hostel and Café.

The Fish Mart re-opened in July 2015 following a total refurbishment and now offers en-suite hostel accommodation, café and public toilet and shower facilities.

If interested, Stronsay Community Council would be happy to discuss the operational arrangements that could have flexibility to accommodate you.

For further information or enquiries please contact Ian Cooper, t: 01857 616322 or e: ian.cooper56@gmail.com

8 April 2019

STRONSAY COMMUNITY ASSOCIATION

Why not hire the Stronsay Community hall? We have a kitchen and fully licensed bar, with two large halls and a small meeting room; perfect for weddings, parties, games, meetings and much more!

- Disco equipment
- Table tennis
- Badminton
- Air hockey
- Pool Table

Rooms for hire from only £2 per hour plus hydro charge.

Adult supervision (over 18) must be present during hire.

For more information & bookings contact:

Pam Shearer Tel: 616397 Email: pamshearer@hotmail.com

Find us on Facebook <https://www.facebook.com/hallcommittee>



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GROUPS, CLUBS & ORGANISATIONS

KIRK CORNER

Locum minister—Scott Daily. Manse telephone 616286

One of the advantages to writing these articles is it helps me reflect on the many benefits of living on Stronsay. Recently I was thinking how peaceful it is, a normally quiet and tranquil place in an often-chaotic world. The friendly people, the beautiful beaches, the lovely farmlands and gardens, and the generally slow pace of life contribute to a certain level of calmness. But even in the most idyllic of places there can be trouble and turmoil, both inwardly and outwardly. Somedays I am amazed at how easily my “peace” is disturbed, whether it is our boys not getting ready for school quickly enough, concern over a loved one’s health, news of tragic events, or decisions being made by others that I disagree with. And sometimes I am just not a peace within myself, I am both my biggest fan and harshest critic. As Jesus said of the disciples, often my spirit is willing to do right, but my flesh is weak, and I end up being in inward turmoil at my failure to do something. There have been times where I have realized that my lack of peace is because I know inwardly that everything is not right in my life. I become worried others might see just messed up I really am. I am like Adam and Eve who use to walk with God in the garden, but who after sinning tried to hide from Him.

The past month in the Sunday morning services the Bible passages we have been looking at were from Paul’s letter to the Philippians. Paul wrote to them about God’s peace that is beyond our human understanding. A peace that can only come from God, as we cast our cares and anxieties on Him. When we come to Him in faith and confess our sins and mistakes, then He forgives us and loves and cares for us. We can have a wonderful assurance that we are in His hands, we can have a heavenly perspective that realizes, like Paul, that we can do all things through Christ who gives us strength. We can have peace with God and a steadfast hope for the future. I certainly need to be reminded again and again that when troubles and inconveniences spring up, when things take a rough turn, when clouds suddenly cover up the sun, that I need to refocus. It is not always easy, that is why Paul states the peace comes from God and is beyond our understanding. We need to focus on Him, His amazing love and care. We need to pray for His strength and ask for this peace. The apostle Paul also taught the Philippians that we must train ourselves to look not only on our own needs but the needs of others. This involves two parts, first of course we need to have an outward focus, where instead of looking at our own needs and wants only, we also look to help out others. Secondly, it requires us to let others know when we are in need. I am not sure which part is harder for me as they both demand self-sacrifice and humility. I have written often before about how well this community does in helping each other out and it is clear how important it is to continue to do so, now I want to encourage us all to share our needs. One need that I have experienced myself on occasion is that need of transportation around the island.

(continued on next page)

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GROUPS, CLUBS & ORGANISATIONS

We have been blessed with many helping us during times when our car was being repaired or one of us was using it off the island, and we want to both thank all who helped and offer to help any who may need a lift anywhere. Certainly, if you need a ride to the church service on Sundays let us know and we will seek to arrange one, but if any need arises or there is anything with which I can assist you please feel free to contact the manse.

Blessings
Scott Daily

Sunday services start at 11am unless otherwise stated.

For details of services see the kirk's website:

<http://www.orkneycommunities.co.uk/stronsaykirk/index.asp?pageid=595575>

STRONSAY HEALTHY LIVING CENTRE **supervised sessions**

All Supervised Sessions will run from 4.30 pm to 6.30.pm

MONDAY	4:30—6:30
TUESDAY	Buddy system
WEDNESDAY	4:30—6:30
THURSDAY	4:30—6:30
FRIDAY	4:30—6:30
SATURDAY & SUNDAY	Buddy system by request

The gym can be accessed throughout the day if you have a 'buddy' to go with.

A code is required, please speak to one of the team if you have any questions

Inductions by appointment only

Andy - 616277 or Julie - 616335

Gym during supervised sessions - 616449

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GROUPS, CLUBS & ORGANISATIONS

STRONSAY SWIMMING POOL TIMETABLE

Monday

7-7.40 public session
7.40-8.20 adult lane (16+)

Thursday

7-7.40 private hire (pre-booked)
7.40-8.20 private hire

Saturday

2-2.40 private hire (pre-booked)
2.40-3.20 public session
3.20-4pm private hire

Swim club lessons weekly

To enquire about private hires, phone Elsie 616238

To enquire about swim club, phone Sarah 616406 or Andy 616277

POOL CHARGES

Public Sessions

Adults £3
Children £1.50

Private Hires

40 minute session - £15
60 minute session - £20

Swim Club

Children will be offered 10 week blocks which can be paid up front (non-refundable)

40 minute sessions - £16 block booking; £2 per session
60 minute sessions - £20 block booking; £2.50 per session

Adults (16 and over)

Block booking of 10 sessions over a 12 week period (non-refundable)
£24 block booking
£3 per session

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GROUPS, CLUBS & ORGANISATIONS

PEEDIE LIBRARY IN THE CHURCH HALL

We have a great many books on a wide range of subjects. We also have a DVD section. Tea, coffee, juice & biscuits available - sometimes even cake!

Even if you're not a reader why not call in for a cuppa & a chat. If you need a lift please ask Viv Erdman (Ebenezer Stores) and we will arrange it. See you there!

The Peedie Library will be open between 3pm and 4:30 pm on these dates in 2019:

- July 2nd
- August 13th
- September 3rd
- October 8th
- November 5th
- December 3rd

KIRKWALL MOBILE LIBRARY VISITS TO STRONSAY

Date of mobile library van's next visit to Stronsay in 2019

Tuesday 6th August

Winter

- Council Houses 8.45 - 9.45
- School 10 - 12
- Kirk 12.30 - 3
- Fish mart 3.15 - 4.45

Summer/Refit

- Council Houses 9 - 10
- School 10.15 - 12
- Kirk 12.30 - 3
- Fish mart 3.15 - 5.30

For full details visit the library's website

<http://www.orkneylibrary.org.uk>

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GROUPS, CLUBS & ORGANISATIONS

STRONSAY MEDICAL PRACTICE

In an emergency phone 01856 888000

Surgeries by appointment only

Phone 616321 to book an appointment

Monday 9:30—10:30, 15:30—16:30

Tuesday 9:30—10:30, 14:30—15:30

Wednesday 9:30—10:30, from 14:00

Thursday—no surgery

Friday 9:30—10:30, 15:30—16:30

Ordering repeat prescriptions

Phone 616321

Please note the changed email address orkney.stronsay@nhs.net

Website www.orkadespractice.co.uk

Please will patients order prescriptions at least 8-10 days before they are needed. This will reduce frustration when items have not been delivered from the mainland.

Collecting prescriptions

Please will patients collect their ordered prescription 10:30-11:30am or 2-4pm Monday, Wednesday or Friday. This avoids the busiest time when the prescription boxes are being unpacked.

In an emergency phone 01856 888000

DIABETES SUPPORT GROUP

The next meeting of the Diabetes Support Group will be held in the carpet room at the Community Centre on Wednesday 31st July from 3pm-4.30pm.

JIM HOLLAND HAULAGE—DELIVERIES

Catalogue deliveries made on Wednesday and Friday only.

Large items will be delivered on Saturday.

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