

### **STRONSAY LIMPET**

FUNDED BY STRONSAY DEVELOPMENT TRUST ISSUE 122 - August 2015

Published on the last Thursday of the month



## STRONSAY POST OFFICE OPENING HOURS from 31 August 2015

Monday 8.30am-1pm Tuesday 2pm-6pm Wednesday 8.30am-1pm Thursday 8.30am-1pm Friday Closed Saturday 9am-1pm

### STRONSAY POST OFFICE

Monday 7 September CLOSED Tuesday 8 September 8.30am-1pm, 2pm-6pm



### **COMMUNITY FUND UPDATE**

During July and August the following grants were awarded:
6 Educational Bursaries of £1,000 apiece
2 Skills Training Bursaries of £850 and £345 apiece
2-day Sheep shearing Course for 9 residents of Stronsay, £1,770
Concert with Ivan Drever, £423.30
Total: £ 9388.30

### STRONSAY FRIDAY NIGHT GAMES CLUB

Barbara Deavin (teacher at Stronsay school) is hoping to reinstate the Friday night games club at the Community Centre. She needs some trusty volunteers to help her for approximately two hours on a Friday evening. If, for instance, ten people volunteered they would only need to do a "duty" once every ten weeks. If you're interested please ring Barbara on 305.

The next edition of the <u>Limpet</u> will be published on <u>Thu 24 Sep</u>. Items for inclusion in that edition should be submitted by 7pm on <u>Sun 20 Sep</u>. Contact details on back page



# DRIVING LESSONS AND MORE...

Stronsay Development Trust are happy to announce that all Stronsay residents will be able to receive funding for up to 10 driving lessons with a qualified instructor and the test fees (practical and theoretical test). For the time being we will limit the funding to the end of this calendar year (which means the first lesson should not be later than December 30th 2015) for budget planning purposes but we hope that it can be extended into future years.

Hopefully this should contribute to a better mobility in general, make it easier to reach workplaces and also improve the safety on our roads.

This funding is available not only to young drivers living on Stronsay but to every Stronsay resident who does not yet have a full licence.

SCF bursary application forms can be downloaded from the Trust's website (documents -> stronsay community fund -> scf bursary application form pdf) or if you have no access to a computer you can obtain a printed application form (telephone Carole 616250 or Susanne 616498).

If you need any help with the forms or have any additional questions please don't hesitate to ask.

The Trust would also welcome applications from farmers who are required by law to obtain a "certificate of competence" for spraying agro-chemicals.

There are many other useful skills and training courses where the Trust could help you obtaining a qualification or other needed experience and knowledge! Whether it's food and hygiene related or you need a Scottish Certificate for Licensed Premises Staff, First-Aid and CPR qualifications, a butchering course, computing made easy... just to mention a few which come to mind. Since so far there have not been any such applications a general funding decision has not yet been made and therefore it might sometimes be necessary to decide case-by-case but this shouldn't stop you from expressing your interest!

Susanne Davidson, Secretary

### **RECENT BIRD SIGHTINGS**

Autumn migration regarding the smaller 'garden' birds (generally farmland and woodland species) has started with a real bang this year – the SE winds and rain on 2nd-3rd bringing a Blyth's Reed Warbler to the Holin Cottage area where it has been seen on several dates. This species is a major rarity in the UK although it is very numerous in areas of Eastern Europe and beyond. The bird arrived in heavy moult which initially obscured some of the plumage details, but as I write (23rd august) it is still present, occasionally giving stunning close views!

A good selection of waders have been seen during the last month and a real surprise has been the number seen feeding around the two small ponds in the fields between ourselves at Castle, and Linkshouse. One morning in mid-August there were 4 Redshank, and singles of Ringed Plover, Ruff, and Greenshank. Four days later 3 Black-tailed Godwit were present. Today we discovered a flock of at least 15 Ruff near the South School.

There have been sightings of Peregrine, Merlin, Sparrowhawk, and Kestrel in August and an amazing run of sightings of Swifts – the maximum being 8 on 22nd. Most years virtually all of our swift sightings are in July – as we have often stated in our Annual Bird Report! Swallows have done very well this year after a very cold early summer but the House Martins did not arrive this year. The Sand Martin colony on the cliff-face in Mill Bay has split and expanded this year and at least a couple of pairs nested near The Bu.

The weather conditions on 18th-19th were just perfect for bringing birds across the North sea from Europe – the biggest arrival for some time, and since when the following uncommon migrants have been recorded here around the farms and gardens on Stronsay: singles of Wryneck, Marsh Warbler, Icterine Warbler, two Red-backed Shrikes, and a few of the more common species: Wheatears, Whinchats, Redstarts, Garden Warblers, Spotted Flycatcher – and at least a dozen each of Willow Warbler and Pied Flycatcher. A Cuckoo was seen near Scoulters on a few occasions and a single Little Stint has been seen on and off at the Matpow Loch.

John Holloway.

PS The Blyth's Reed Warbler is still in the Linksquoy area as I write (24th August).



Blyth's Reed Warbler, Linksquoy'

(More photographs on next page)



'Marsh Warbler, Hescombe drive'



'Icterine Warbler, Linksquoy'



'Red-backed Shrike opposite Sunnyside'



 $`Wryneck-once\ again\ \hbox{-}\ Links quoy!'$ 

### IVAN DREVER CONCERT

On 29<sup>th</sup> July we were delighted to welcome well-known singer song writer Ivan Drever to Stronsay. Accompanied by his lovely wife Linda they sampled some of the best of what Stronsay has to offer, staying at The Storehouse B&B, sampling coffee and homemade cakes at the Fish Mart Cafe and fortifying themselves with an evening meal at the Stronsay Hotel. With his inimitable sense of humour and playing tunes spanning his 30-year long career he regaled a very appreciative audience. A lovely supper was provided by Anne-Maree and all too soon the evening was over. A few impromptu tunes with Ivan, Ingram Shearer and Mike Holland could have run into the wee small hours, but with a boat to catch in the morning there was nothing for it but to wend our way home. A huge thank you to Ivan and Linda for the wonderful concert. Also many thanks to the Stronsay Development Trust for sponsoring the event, the Stronsay Community Association, Gaynor, Mike, Simone and everyone else in Stronsay for their support in making the evening such a success.



### **NIGHTWATCHMAN**

By Ellie from Newfield

Imagine my surprise When this owl winked at me! I knew of course of his presence, Resident in that tree. And how often in those long night hours With sleep so out of reach I would hear his lonesome hoots Followed by a small mammal's screech. Dappled by the sun Is the copse at the croft, Giving this little woodland A look and feel that's so soft Whilst this laid-back bird With a nonchalant persona Settles right down Amid fuschia and estonia. Like a statue set in stone He feigns realistic sleep, Yet ready in an instance That winking eye-a-peep. An old friend is the owl For we share this wooded space And he allows me access, But I must remember my place. Silent in manoeuvres, Swift in action is he, The owl in the crofters copse Perched majestically. Welcome is he in the copse But the rules may be his nemesis For, tempting as it may be,

©Helene Harrison

There are no take-away snacks on these premises.

### SALES, WANTS, GREETINGS, THANKS

### **BIRTHDAY WISHES**

### **Dorothy Carter**

(late of Mirland, Whitehall, now at St Rognavald's House, Kirkwall) will be 95 on 1st September.

On my visit this month she remains frail, with failing memory but with her lovely smile. I was able to show her recent photos of her cat (gifted to me) "Pussy Willow" who is now 12. Her cat retains the independence and vibrancy of the old Dorothy and he lives a split life between Mirland and Waterhall.

There are very few women now alive like Dorothy who saw 5 years service in WW2, in her case radar plotting.

(Leo Martini-Brown)

### **THANK YOU**

We would like to thank everyone wholeheartedly that was involved in our Blue Door week - the tremendous sum of £3459.58 was raised!!

Stronsay Community Playpark Action Group.

### **FOR SALE**

FAGERHEIM / STRONSAY POST OFFICE 3 Bedroom House with established business. Please contact Lisa for more details: 01857 616349

### SALES, WANTS, GREETINGS, THANKS

### **THANK YOU**

Lee and Debbie would like to say a huge thank you to everyone for being part of their hamefarin weekend. Thanks to the many folk who gave so generously and helped make it such a brilliant spree.

The mystery raffle on Saturday evening raised the amazing sum of £632 for Leaukeamia and Lymphoma research. Thanks to those who kindly donated prizes, organized the raffle and all who bought tickets.

Raffle prize winners on the night are pictured below.



# LOCAL BUSINESSES STRONSAY HOTEL—TAKEAWAY MENU

Phone 01857 616213 Six days a week (Tues - Sun) 16.45 to 20.00

Homemade lasagne + chips	£5.95
Homemade sausagemeat pie + chips	£5.95
Homemade chicken curry + rice or chips	£5.95
Homemade chicken masala curry + rice or chips	£6.50
Homemade chicken & veg pie + chips	£6.50
Breaded haddock + chips	£5.50
Breaded wholetail scampi + chips	£6.50
2 sausages + chips	£3.00
2 fish fingers + chips	£2.80
"Stronsay Beast Burger" + fries	£4.50
"Stronsay Cheese Beast Burger" + fries	£5.00
Portion of chips	£1.30
Half portion of chips	£0.80
Portion of cheesey chips	£2.10
Half portion of cheesey chips	£1.10
Portion of onion rings	£1.20

Stronsay Fish Mart Café is offering a

### Chinese Takeaway Evening

### Monday, 14 September

Please have your completed order form brought in or emailed (fishmartstronsay@gmail.com) no later than 4.30 pm, 10 Sept.

Extra order forms available at the Fish Mart (616401)

Name:		Phone:		
Time to collect:	5.30 pm	6.00 pm	6.30 pm7.00 pm	
Please collect at the time requested.				
All orders will include p	rawn crackers and	l fortune cookies.		
How many people is this	order for?			
Main Dishes - £4.50				
sweet and sour p	ork			
kung po (spicy) o	chicken, veg.			
and cashew nuts				
beef with pepper	s and black bean	Side Dis	hes — £2	
sauce		bo	oiled rice (serves two)	
mixed veg in gin	ger soy sauce	po	ork and egg fried rice (serves two)	
vegetable chow r	nein noodles	2	vegetable spring rolls	
nork show main	noodles			



### **FISH MART CAFE UPDATE**

FISHMARTSTRONSAY@GMAIL.COM 01857 616401

OPEN: TUESDAY-FRIDAY 8.30-4.30 (LUNCH 11.30-2) SATURDAY-SUNDAY 10-4.30 (LUNCH 12-2)



THE LUNCH MENU DURING THE WEEK WILL CONTINUE TO BE HOMEMADE SOUP AND SELF-SERVE SANDWICHES.

WEEKEND MENUS WILL INCLUDE BURGERS AND CHIPS AND OTHER HOT MENU CHOICES.

SUMMER'S NOT OVER YET...

COME TO THE
POP-UP ICE CREAM SHOP
AT THE FISH MART
FRIDAY, 28 AUGUST
3-5 PM
SINGLE SCOOPS, CONES,
BANANA SPLITS, SUNDAES, 'MALTESER
MADNESS'...





Unleash your creativity and make greeting cards, pictures, party decorations and much more. Come for a few hours, organise a party or a crafting holiday. However long you stay, you will take home an original handmade item.

Visit our shop and buy handmade cards (which can be personalised), craft supplies, wool and gifts.





Relax in our tea room with sea views and enjoy our homemade soups, sandwiches, cakes and traybakes.



<u>Local</u> business adverts are free!

The cutoff date for adverts to be included in the next edition of the *Limpet* is on the front page Contact details for the *Limpet* are on the back page



### **STRONSAY ARTWORKS**

Original paintings of Stronsay Landscape; Limited edition prints, greetings cards and postcards which are available for sale at local shops, Post Office, Hotel, B&B's and the Fishmart. Commissions taken.

Phone 01856 870075

http://www.jennystoneart.com
Email jennystone001@btinternet.com

Local business adverts are free!

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### ORKNEY STAR ISLAND SOAP

www.orkneystarislandsoap.co.uk.



Hand-made soaps and balms available online and in Stronsay from Ebenezer Stores, Post Office & Isles View (by arrangement only please. Tel: 01857 616281).

### "NEIL'S ON WHEELS"



- All mechanical work undertaken.
- Tvres
- ECU/ABS/airbag diagnostic testing
- Welding specialist
- MOT prep work
- Home start
- Towing service

MOBILE: 07723 304 260 HOME: 01857 616454



# Support and friendship for families

**Home-Start Orkney** 

Home-Start is the UK's leading family support charity and <u>Home-Start Orkney</u> has been on the go for over 14 years. The scheme was recently awarded a grant from the Big Lottery Fund to develop the service to the outer isles. To provide the service we will train volunteers who then offer support in the family home to parents of young children who are experiencing difficulties. Perhaps a parent is struggling with isolation, post-natal depression, or would just benefit from a couple of hours of practical or emotional help once a week to assist with parenting skills or improve their well-being.

Volunteers will have parenting experience and will be provided with training, out-of-pocket expenses and on-going support from the co-ordinators.

For more information please contact Elsie Cooper at <a href="elsie@homestartorkney.org.uk">elsie@homestartorkney.org.uk</a> or go to the Home Start Orkney website <a href="http://www.orkneycommunities.co.uk/">http://www.orkneycommunities.co.uk/</a> homestartorkney.

## THE STRONSAY JUNIOR HIGH SCHOOL PARENT COUNCIL NEEDS YOUR HELP!

The Stronsay Junior High School Parent Council has applied to be a Rag Bag recycling collection point you may have seen the container at the school standing in the north car park. At present we have to site the container but in the near future we hope to start collecting unwanted items of clothing, ties, belts, handbags, bags, pairs of shoes tied together, household linen and towels.

These items are sorted by the Primary pupils, packed into large bags and sent away south where they are baled and shipped to Africa. Local teams of volunteers then dispatch the items to those in need. The Parent Council will receive payment in return for the textiles which will go towards supporting our children within the school.

As islanders we are all aware how the damp and wet can creep in where we least expect it so to ensure all textiles are kept dry we have to request items are placed in plastic bags which can be accessed from the school and placed into the container. This will also make it easier for our pupils to carry the textiles into the school to sort. All bags will of course be recycled!

If you wish to support us please watch out for the notices in our local shops informing you of when we are up and running!

#### **RAG BAG**

#### Items We Collect

- All mens, ladies and childrens clothing
- Paired Shoes (tied together)
- Handbags, bags, ties & belts
- Household linen & towels

### We cannot accept the following items:

- Duvets both synthetic and feathered
- Pillows & cushions
- Carpets & Rugs
- Soiled or wet clothing
- Uniforms & work wear
- Shredded or mutilated textile material
- Textile off cuts, yarns or threaded material

### STRONSAY HEALTHY LIVING CENTRE

### supervised sessions

MONDAY	3.45-5.45
TUESDAY	<b>Buddy system</b>
WEDNESDAY	3.45-5.45
THURSDAY	3.45-5.45
FRIDAY	3.45-5.45
SATURDAY & SUNDAY	Buddy system by request

The gym can be accessed throughout the day if you have a 'buddy' to go with.

A code is required, please speak to one of the team if you have any questions
Inductions by appointment only
Andy - 616277, Julie - 616335 or Tracey - 616350
Gym during supervised sessions - 616449

### STRONSAY SCHOOL BLOG

We would like to remind everyone about the Stronsay School Blog which has been up and running for a few months now. The Blog shares some of Stronsay School's highlights through pictures and articles as well as other relevant school information. You can access the blog at <a href="http://stronsay-jh.blogspot.co.uk">http://stronsay-jh.blogspot.co.uk</a>. We hope you find the site interesting.

### STRONSAY SWIMMING POOL TIMETABLE

### **Mondays:**

7.00 - 7.40 Public Session 7.40 - 8.20 Ladies' Session

### Wednesdays:

3.30 – 4.10 Swimclub Beginners/Developers 7.00 – 7.40 Private Hire 7.40 – 8.20 Men's Session

### Thursdays:

3.30 - 4.30 Swimclub A and B

### **Saturdays:**

2.00 - 2.40 Private Hire 2.40 - 3.20 Public Session

To enquire about Private Hires, phone Elsie on 616331. To enquire about Swim Club, phone Sarah on 616406 or Andy 616277

### **POOL CHARGES**

#### **Public Sessions**

Adults (16 and over) £2.40 Children £1.20

#### **Private Hires**

40 minute session - £15 60 minute session - £20

#### Swim Club

Children will be offered 10 week blocks which can be paid up front (non-refundable) 40 minute sessions - £16 block booking; £2 per session 60 minute sessions - £20 block booking; £2.50 per session

### Men only and Women only Sessions (16 and over)

Block booking of 10 sessions over a 12 week period (non-refundable) £24 block booking £3 per session

Announcements by charities, local groups, clubs and organisations are FREE!

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### **STRONSAY STITCHERS**

This month: Thursday 27<sup>th</sup> August, 7pm – 9.30pm, Church Hall £2 towards hall costs, refreshments & biscuits

Bring along anything stitchy – mending, unfinished work, new project, something you'd like to do but never got round to starting, something you've got stuck on. We can maybe help. If it's not stitchy crafts, but can be done at the hall, then please feel welcome to come join us – we're not just about knitting.

Next month: Thursday 24<sup>th</sup> September

### STRONSAY AUTUMN CRAFT FAYRE



### Saturday 26<sup>th</sup> September, 1pm – 4pm, Stronsay Community Hall

Refreshments & bakes available

Sponsored and supported by the Stronsay Community Association

### **KIRK NEWS**

With the new sound equipment in the Church it is now possible to record the services. If you are unable to get along to church each Sunday and would like to get a copy of the service week by week please give Elsie a phone on 616331.

Services at 11am unless otherwise stated. The Sunday Club is taking a break over the summer but a crèche is available for children aged 9 and under

• August 30th – Mike Erdman

### GROUPS, CLUBS & ORGANISATIONS (continued)

### **MOBILE LIBRARY**

Next visit:

**Tuesday 8 September** 

Council Houses 9 - 10 School 10.15 - 12

Kirk 12.30 - 3

Fish mart 3.15 - 5.30

Mobile library schedule <a href="http://www.orkneylibrary.org.uk/assets/Isles\_Mobile\_2015.pdf">http://www.orkneylibrary.org.uk/assets/Isles\_Mobile\_2015.pdf</a>
Kirkwall library contacts - <a href="http://www.orkneylibrary.org.uk">01856 873166</a> or <a href="mailto:general.enquiries@.orkneylibrary.org.uk">general.enquiries@.orkneylibrary.org.uk</a>
Kirkwall library website - <a href="http://www.orkneylibrary.org.uk">http://www.orkneylibrary.org.uk</a>
Kirkwall library online book catalogue - <a href="http://212.219.208.10/TalisPrism">http://212.219.208.10/TalisPrism</a>
Library opening times
<a href="http://www.orkneylibrary.org.uk/html/opening.htm#NewHours">httm#NewHours</a>

### **STRONSAY COMMUNITY ASSOCIATION**

Rooms for hire from only £2 per hour plus hydro charge.

Special event coming up? Why not hire the disco equipment with rotating glitter globe and pulsating coloured lights for only £5 plus room and hydro charge? A DJ from the Hall list must be used.

Also available for hire: badminton, table tennis and snooker all at £2 per hour plus hydro. All equipment provided.

Adult supervision (over 18) <u>must</u> be present during hire.

For details and booking contact Colin on 616446.

# STRONSAY FRIDAY NIGHT GAMES CLUB (SEE NOTICE ON PAGE 1)

Announcements by charities, local groups, clubs and organisations are FREE!

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### **USEFUL INFORMATION**

### **POST OFFICE OPENING TIMES**

Monday to Saturday 8:30—12 & 3-6 (see notice on page 1)

Sunday Closed

Post collection times . . . . . 07:30, Monday to Saturday

Replacement bin bags..... Telephone OIC (Technical Services) on 01856 873535

Sunday service at the Kirk ... 11 am (see http://tinyurl.com/kvk5gfp)

Our Lady's chapel, pier head Mass 11.30am (weekdays), 10.30am (Sundays & Holidays)

Next Special Collection . . . . ? (Phone 01856 873535)

Rubbish collection . . . . . . . Tuesday (bags out ready by 9am)

Doctor 616321	Balfour hospital 01856 888000
Nurses 616480	Hydro
Medical emergency 01856 888000	All water enquiries 0845 601 8855
Registrar 616239	Kirkwall Library 01856 873166
Hall bookings 616446	Kirkwall Police 101
Post Office 616278	Vets:
Companions	Flett & Carmichael 01856 872859
Kirk 616311	Northvet
Stronsay Hotel 616213	Dentists:
Olivebank 616255	Great Western Rd 01856 879683
Ebenezer stores 616339	King Street
Neil's on Wheels 616454	Earls Palace 01856 872958
Taxi 616335	Golgotha monastery 616210
Castle Bird Reserve 616363	Email contact@the-sons.org

### JIM HOLLAND HAULAGE—DELIVERIES

Catalogue deliveries made on Wednesday and Friday only.

Large items will be delivered on Saturday.

### **HOW TO CONTACT THE LIMPET**

Send an email to editor@stronsaylimpet.co.uk, phone Bruce Fletcher on 616297 (after 11am & before 9pm, please!) or write to *The Limpet, Claremont, Stronsay, KW17 2AR*. Details of the deadline for the next edition are on the front page

### SUBSCRIPTIONS TO THE LIMPET

You can send a subscription to a friend or relative for a birthday present? 12 editions for £20.00 including P&P

Please make cheques—UK banks <u>only</u>—payable to "Stronsay Development Trust". <u>UK only</u>. Non-UK subscriptions, please ask for a quote. Contact Bruce, details above

The Stronsay Development Trust, a Scottish Charity SC038888

Company number SC271553

Registered Office: Unit 1, Woods Yard, Stronsay, Orkney KW17 2AR

http://www.orkneycommunities.co.uk/SDT

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